



the pulse

newspaper



March 2024

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Your Neighborhood Newspaper Since 1977

Brentwood Public Library seeks voter approval for new building

Renewal project would include additional space for programming, meetings, events

The Brentwood Public Library Board of Trustees has elected to pursue a new facility to satisfy the mission of the library as a place for the community to connect, learn and grow. This is in direct response to feedback from patrons and staff in a 2022 survey that identified the need to modernize, update and provide additional space for programming and community gathering. A new, expanded facility would eliminate expenses currently incurred for off-site space rentals necessary to meet the demand for programming for which the existing library is lacking in space. The new facility, just two blocks north of the existing library, would roughly double the size of the library's current space, increasing from 7,000 square feet to 15,000 square feet over two floors. Plans in development include additional, accessible indoor/outdoor space for programming, events, meetings, displays, independent or group study and technology services.

Residents are invited to an open house from 1-3 p.m. **Sunday, March 24** at the Brentwood Public Library, 8765 Eulalie Ave., where renderings of the proposed plans will be available for viewing, and staff and trustees will be available to answer questions.

Proposition L will appear on the April 2, 2024, ballot to seek voter approval of a 21-cent tax levy increase to generate \$8 million for the purchase, renovation and increased operating expenses of a new facility. Brentwood Public Library will use \$1 million in existing funds toward the project. For more information, including a tax calculator, visit brentwoodlibrarymo.org/renew-bpl.



The proposed new Brentwood Public Library at 2201 S. Brentwood Blvd. will have an addition to the existing building, as shown in this rendering on the right side of the building. The 5,000-square-foot addition will include two stories and allow for the installation of an elevator and other accessible features.



The first floor of the proposed Brentwood Public Library will include an expanded technology room with computers and printers as well as a community room that can seat more than 50 patrons and will provide ample meeting space for groups, presentations, book clubs, and more.



The children's space in the proposed new Brentwood Public Library was thoughtfully planned to include cozy, colorful reading nooks, accessible shelving for the children's collection, open floor spaces for story time and other activities, as well as a lot of natural light. Both levels of the proposed new library will include space for the children's collection.

Continued on page 6

Brentwood Early Childhood Center Multicultural Night

The Brentwood Early Childhood Center hosted its second annual Multicultural Night on Thursday, Feb. 22, transforming the school into a community hub for cultural celebration and exploration.

The event transported students, staff and families on an exciting journey through exhibits representing 14 different cultures. Participants collected passport stickers for each destination, enhancing engagement and expanding cultural awareness.

"BECC is often the first school experience for our students and families," said Kristin Clemons, director of early childhood education. "Providing opportunities to explore diverse cultures firsthand helps us celebrate our differences, while recognizing the common threads that unite us as a school community."

The exhibits, brought to life by presenters dressed in authentic attire, included hands-on displays featuring musical instruments, art demonstrations and cultural artifacts. In addition to the international exhibits, the event honored Black History Month and promoted disability awareness, highlighting the center's commitment to embracing all aspects of diversity, equity, inclusion and accessibility.

"It's heartwarming to see our students, staff and families engaging with each other and learning from one another," added Clemons. "This event plays an important role in creating a sense of belonging and understanding within our school community, and preparing our students to thrive in an increasingly interconnected and diverse society."



Inside: 5...Brentwood Library Open House | 8...Spanish Clubhouse | 14...Easter Recipes
Deadline for next issue is April 1



BRENTWOOD SCHOOL DISTRICT

Board of Education Approves New Strategic Plan

During its January meeting, the Brentwood School District Board of Education approved a new five-year strategic plan that defines our vision, mission and values, and outlines priorities and objectives that are essential for student success.



The plan will serve as a roadmap for our administrative leadership team to develop specific and measurable action steps through the 2028-29 school year. It will also be used to create our annual Continuous School Improvement Plan, which is required by the Missouri Department of Elementary and Secondary Education.

“Our goal was to develop a comprehensive plan that reflects the collective voice of our entire community - students, parents, teachers and staff, and the wider community,” said Dr. Brian Lane, superintendent of schools. “We value the input we received, and we are committed to keeping our community informed as we work to achieve our objectives.”

Last fall, we partnered with Hazard, Young, Attea and Associates to facilitate the development of the new strategic plan. Community engagement was an essential part of the process, which included focus groups with students, staff, families and community members, as well as an in-person forum and online survey.

After all of the data was collected, the Brentwood Strategic Plan Steering Committee held two full-day workshops to review community feedback and provide direction for the new strategic plan. The committee identified our top strengths and areas for improvement, and agreed that the new strategic plan should include the following four priorities:

- **Student Success:** Maximize student learning, growth and achievement.
- **School Culture:** Nurture a kind and respectful environment for all.
- **Diversity, Equity, Inclusion and Accessibility:** Assure a sense of dignity and belonging for all.
- **Unified Community Engagement:** Connect our community to achieve shared goals.

The committee also used these four priorities to develop our new vision, mission and values:

- **Our Vision:** Passion. Purpose. Pathways for Success.
- **Our Mission:** We inspire every learner, every day to thrive academically, socially and emotionally in a supportive and inclusive community.

- We Value:**
- **The individuality** of each learner
 - **A diverse, equitable, inclusive and accessible** learning environment
 - **Authentic and personalized** learning experiences
 - **The contributions** of our community
 - **Open communication** and mutual respect

We are excited to begin implementing this dynamic strategic plan at the start of the 2024-25 school year. With a shared commitment to student success, a nurturing school culture and a focus on equity and community engagement, we are poised to bring our new vision, mission and values to life.

Meet the New Superintendent at Visual and Performing Arts Night



The Brentwood community is invited to experience an evening of artistic expression at Brentwood High School’s Visual and Performing Arts Night on Thursday, April 25.

Join us in the BHS Large Gym from 3:15-6:45 p.m. for a showcase of student artwork, featuring captivating pieces crafted by our talented high school students. The BHS Jazz Band will add its rhythmic flair to the festivities with a special performance from 5:30-6:30 p.m.

Attendees are also encouraged to visit the Library Media Center between 5:15-6:15 p.m. for an exclusive opportunity to meet Dr. Amy Zielinski, our new superintendent of schools. Engage in meaningful conversations and learn more about Dr. Zielinski’s vision for the future of public education in our community.

The BHS Theatre Troupe will take the auditorium stage at 7 p.m. for the opening night of the magical spring musical, “Frozen Jr.” This family favorite features all of the memorable songs from the animated film, expanding on the adventures of Elsa and Anna as they discover their hidden potential and the powerful bond of sisterhood. With a cast of beloved characters,

“Frozen Jr” will warm even the coldest hearts.

Showtimes for the spring musical are April 25-26 at 7 p.m. and April 27 at 3 p.m. in the BHS Auditorium. Tickets are \$5 for students and \$10 for adults. “Frozen Jr.” is a fun, family-friendly musical for all audiences.

BHS Sophomore Qualifies for State Leadership Conference

Brentwood High School sophomore Alex Tung recently made school history by qualifying for the Missouri Future Business Leaders of America (FBLA) State Leadership Conference. FBLA prepares students to become community-minded business leaders through relevant career preparation and leadership experiences.



“FBLA provides our students with invaluable hands-on experiences to develop their business skills and make connections with their peers statewide,” said Christine Tilley, BHS business teacher and FBLA adviser. “They gain a better understanding of the business world and unlock opportunities for scholarships, empowering them to pursue postsecondary pathways in business education.”

Tung qualified for the state conference in two events - Introduction to FBLA and Introduction to Information Technology - by finishing in the top five at the District 9 competition, which included participants from more than 40 high schools across the St. Louis region.

This is the first year for FBLA at BHS, which means Tung is the first FBLA state qualifier in school history. Three other BHS students - Ariana Hewitt, Kellie McGee and August Morgan-Scott - also competed at the district level in the Hospitality event.

“Our FBLA team’s exceptional debut is a reflection of the high-quality education our students receive at Brentwood High School,” added Tilley. “We are proud of their accomplishments and excited for the future of our program.”

The State Leadership Conference is scheduled for April 14-16 in Springfield, Mo.



BHS Girls Basketball Captures Conference Championships

The Brentwood High School girls basketball team captured the South Central Conference Championship with a 36-33 victory over Bayless on Thursday, Feb. 15.

Sophomore guard Kensington Curd drained a baseline jumper to give Brentwood a 32-31 lead with 1:50 remaining in the fourth quarter, and senior forward Anna Jones hit four free throws down the stretch to seal the victory for the Eagles.

Brentwood finished its season with a record of 12-8, including a 9-1 mark in conference play, and won nine of its last 12 games.



Mark Twain Construction and Renovation Update

Mark Twain Elementary School renovations continue to move forward as scheduled. Masonry workers are laying exterior brick veneer and finishing breezeway concrete slabs, while ironworkers are setting the two-story steel stairwell in the new main entrance foyer. Crews are also installing exterior windows in the new addition, and insulation and drywall in the existing buildings.

The ground floor of the addition will be the new home for the school’s library media center and serve as an ICC 500 storm shelter. The second floor will connect to the second floor of the original two-story building, creating a total of six classrooms and three dedicated spaces for special education services.

“Our contractors did a great job of enclosing critical areas before things got too cold this winter,” said Andy Hartnett, director of facilities. “Having these areas under roof creates the working conditions they need to keep things on track and transition from rough-in to finish work.”

We will continue to keep you updated throughout the project as we work to create safe, accessible and future-ready learning spaces at Mark Twain.

Senior Citizens Brunch Set for Thursday, March 28

Community members are invited to attend the Brentwood School District’s annual Senior Citizens Brunch on Thursday, March 28 from 9-10:30 a.m. in the Brentwood middle and high school cafeteria. This FREE event includes a breakfast buffet, student entertainment and updates from district leaders.

Designated parking will be available on the north side of White Avenue between High School Drive and St. Clair Avenue. Attendees are encouraged to use the cafeteria entrance on White Avenue, which is located near the former main entrance of Brentwood Middle School at 9127 White Ave.

Please contact Kate Hastings at 314-962-4507 or khastings@brentwoodmoschools.org before Friday, March 15 to RSVP for the event.



World Affairs Council of St. Louis Hosts 75th Anniversary Gala

Nonprofit has fostered global awareness in St. Louis since 1948.

The World Affairs Council of St. Louis (World Affairs STL) — a non-profit organization that connects the St. Louis region with the world — will host its 75th anniversary gala on Wed., April 10 at the Missouri History Museum located at 5700 Lindell Blvd. The event begins at 5:30 p.m., and tickets are \$300 per person.



Community members and leaders, as well as diplomats and educators, will attend the celebration which features cocktails and dinner catered by Butler's Pantry. A fireside chat will take place with St. Louis' own ambassadors Kevin O'Malley, W. Stuart Symington, and the U.S. Department of State's Foreign Service Officer Gavin Sundwall. Gala sponsors include Bayer Crop Science, Missouri History Museum, POWERS Insurance & Risk Management, Commerce Bank, Emerson, Greater STL, Inc., Grimco, Inc., Harbour Group, RSM, The Yield Lab, and WISHH.

Signature World Affairs STL programs include the U.S. Department of State's International Visitor Leadership Program (IVLP), high school Academic WorldQuest, and Great Decisions. The IVLP brings current and emerging foreign leaders to St. Louis. The Council facilitates discourse with businesses, nonprofits, educational institutions, and government. Members are "citizen diplomats" who connect the world at their dinner tables. "This gala reflects the strong partnerships and friendships we have built over the years and is a testament to the importance of fostering global awareness in our local community," said World Affairs STL president Pierce W. Powers Jr.

Founded in 1948, the World Affairs STL is a nonpartisan membership organization formed by prominent St. Louisans after World War II to keep the region connected globally and educate citizens about international matters. The Council continues the founders' mission to facilitate and promote understanding, engagement, relationships, and leadership in world affairs. World Affairs STL, which is one of 90 chapters of the World Affairs Councils of America, is located at 812 Olive St. in downtown St. Louis.

Sponsorship opportunities are available. For more information about the World Affairs Council of St. Louis' gala, call (314) 727-9988 or visit www.worldaffairsstl.org.

FOOD OUTREACH NEWS: 2023 By the Numbers



In 2023, Food Outreach served 564,450 meals to 1,953 clients living in 164 zip codes in the St. Louis area. We welcomed 592 new clients -- the largest number of new clients in agency history!

Food Outreach also welcomed 1,705 volunteers who donated 20,318 hours. That is the equivalent of 10 full-time employees.

Thank you to everyone who helped us provide nutrition support to individuals living in our community with a diagnosis of cancer or HIV. Together, we are a community of caring.

Look for the upcoming 2023 Annual Report for a full review of last year.

Apex Restaurant & Market Solutions Hires Executive Chef Blake Hammond

Apex Restaurant & Market Solutions recently hired Blake Hammond as Executive Chef for its Elite Cuisine corporate dining and catering services. His responsibilities include overseeing the company's food preparation processes, as well as creating diverse menus focused on variety and quality. Hammond will manage a kitchen staff who will provide nutritional meals for their customers.

Hammond brings more than 20 years of culinary experience to Apex Restaurant & Market Solutions, the largest independently owned corporate food service company based in Missouri with offices in St. Louis, Kansas City, Colorado, and Iowa.

Prior to joining Apex, Hammond was the Director of Operations for MG Foods, which was known as Company Kitchen before being acquired by Compass Group USA. He previously served as the Chef/Director for the company's commissary in Kansas City. Hammond worked for nearly 15 years in various capacities including as Executive Chef at Rock Island Arsenal, an Army base in Illinois with three different cafes where he helped feed 3,000 customers per day. Earlier in his career, Hammond served as the PGA Tour's Executive Chef for eight years.

"Blake is a strategic operations innovator who builds effective teams to carry out his culinary vision," said Apex Restaurant & Market Solutions Founding Partner Jim Schewpe. "We welcome Blake as both a team leader and talented addition to our organization, and we look forward to all he will accomplish in the upcoming years."

For more information about Apex Restaurant & Market Solutions, call (866) 607-4400 and visit www.apexrefresh.com.

Former Queens Meet for Lunch

The former Ms. Missouri Senior Pageant winners met for a luncheon that included organizing to continue their support of the Missouri Senior Cameo Club. "It is our mission to assist in creating interest

in the pageant, and contributing to the success of fundraising efforts," said Dr. Vernica Hilyard, 2012 Ms. Missouri Senior.

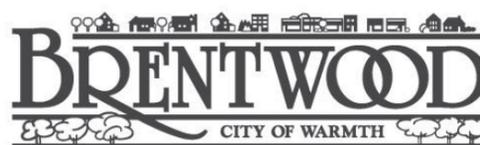


Should You Get a Veteran ID Card?



The VA is offering a free Military ID Card as a way to give all honorably discharged veterans proof of service regardless of era or time in service as ordered by Congress.

A valid ID card is proof of service that may be required to receive special benefits from private firms as a "Thank you for your service". Perks like free meals, parking spots and discounts at many retailers. Accept a bit of gratitude when it's offered as it's nice getting respect for your service to your country. It's easy to apply, log on to VETS.GOV and create an account. Then scan and upload your DD-214 form and your photograph. It's that easy and you've earned it.



CITY OF BRENTWOOD
2348 SOUTH BRENTWOOD BOULEVARD
ELECTION DAY – TUESDAY, APRIL 2, 2024

THE FOLLOWING CANDIDATES HAVE FILED for THE APRIL 2, 2024 ELECTION

(FILING DATE CLOSED ON DECEMBER 26, 2023)

ALDERMAN – WARD 1: (2-Year Term)

NANCY PARKER TICE Incumbent 2301 Parkridge Ave.

ALDERMAN - WARD 2: (2-Year Term)

SUNNY SIMS Incumbent 2016 Spanish Dr.

ALDERMAN - WARD 3: (2-Year Term)

JEFF GOULD Incumbent 2517 Mary Ave.

ALDERMAN – WARD 4: (2-Year Term)

SULLIVAN ERGER Incumbent 1727 Redbird Cove

ALDERMAN – WARD 4: (1-Year Term)

SHARON HARTER Incumbent 9133 North Swan Circle

Missouri Botanical Garden will stay open until 8 p.m. on Thursdays starting March 21

Spring will soon be here, and the Missouri Botanical Garden is celebrating the warming weather with extended hours on Thursday evenings.

The Garden will stay open until 8 p.m., last entry at 7:30 p.m., on Thursdays from March 21 to September 26.

Take a sunset stroll through the Garden and enjoy seasonal blooms in the evening hours. Sit down to dinner on the patio at Sassafras Restaurant or grab a drink and a bite to-go from Sassafras Cafe. The restaurant will take orders until 6:30 p.m., and the cafe will be open until 8 p.m. The Garden Gate Shop will remain open until 8 p.m. for your shopping needs.

All indoor conservatories, including the Climatron, will be open during evening hours on Thursdays.

Beginning April 4, the Doris I. Schnucks Children's Garden will remain open until 7 p.m. Children's Garden entry will be included with general admission tickets from 5 to 7 p.m. on Thursdays starting April 4.

For tickets and other information about nightly offerings throughout the season, please visit mobot.org.

Reminder from Brentwood Police Department: Leash Your Dog

The Brentwood Police Department has received several complaints of dogs being left off leash in unsecured yards or on walks in our neighborhoods.



We remind our residents there is a leash law in place for the safety of our residents and our pets, and we will be enforcing the law if we are alerted to additional violations.

Please be respectful of your neighbors and of other pets – make certain you leash your dog on walks or while otherwise unsecured.

Explore St. Louis Presents: A Journey Through Women's History Month Celebrate and Honor Women's Contributions Across St. Louis

March is Women's History Month, and Explore St. Louis is delighted to share a series of engaging and educational events to celebrate and honor the remarkable contributions of women in St. Louis.

At Bellefontaine Cemetery and Arboretum, embark on a Women's History Trolley Tour, highlighting the cemetery grounds, horticulture and various intriguing historical figures specific to Women's History Month. On March 13, the Missouri Athletic Club hosts a Women's History Month Breakfast and panel discussion, while on March 21, the Missouri History Museum hosts a Black Women in Leadership panel.

Explore St. Louis also encourages visitors and residents alike to support women-owned businesses in the area. At City Foundry STL, Procure by The Women's Creative offers a curated collection of local women-owned brands, and in Webster Groves, Green Door Art Gallery celebrates local creatives, including Mary Engelbreit. The Novel Neighbor and Left Bank Books are both woman-owned, as well, and they'll feature appearances by women authors throughout the month.

Hungry? Check out one of the locations of Katie's Pizza & Pasta Osteria, an award-winning Italian restaurant owned by chef Katie Collier. And don't ignore your sweet tooth. Indulge in delicious treats at The Caramel House, The Fountain on Locust, Goey Louie, La Pâtisserie Chouquette, Serendipity Homemade Ice Cream and Clementine's Naughty and Nice Creamery, all women-owned.

For more on what to explore in St. Louis during Women's History Month, visit ExploreStLouis.com.

About Explore St. Louis

Explore St. Louis is the driving force behind St. Louis' \$5.9 billion convention and tourism industry, the official destination marketing organization of St. Louis City and County, and operator of the America's Center Convention Complex and The Dome.

STRAIGHT NO CHASER SUMMER: The 90s FRIDAY, JULY 26, 2024 at THE FACTORY

RIAA-certified Gold a cappella group STRAIGHT NO CHASER makes a triumphant return to St. Louis by time traveling three decades with the "Summer: The 90s" tour on Friday, July 26 at The Factory at The District. Show time is 7:30 p.m. (doors open at 6:30 p.m.).

Tickets are \$79.50, \$69.50, \$59.50 and \$49.50. Tickets go on sale this Friday, February 23 at 10 a.m. and can be purchased online at Ticketmaster and TheFactorySTL.com.

"Our group initially came together in the 90s while we were in college," said Straight No Chaser member, Walter Chase. "For that reason and so many others, it's a very special time period for us. We're so excited to breathe new life into these classic songs that will remind our fans where they were 30 years ago, and maybe even introduce a new generation to why the 90s was such a memorable decade."

Initially formed at Indiana University, a cappella group Straight No Chaser emerged at the forefront of the modern day a cappella movement, and has since sold more than three million albums worldwide, garnered more than a billion streams on Pandora alone, and sold more than 1.5 million concert tickets worldwide. In the fall of 2023, the group performed in more than 50 cities across the US with multiple sold-out shows, including a record-breaking run in Indianapolis.

Located at 17105 North Outer 40 Road, just off Interstate 64/40 at the Boone's Crossing exit, The Factory at The District is the newest addition to the vibrant entertainment scene in St. Louis, and offers complimentary, well-lit parking for all events. For more information, visit www.thefactorystl.com or www.stevelitmanpresents.com.



Maryville University's Kids Rock Cancer Turns 15 Milestone Year Kicks off With a New Look, New Partnerships, New Advisory Board, and a Mother's Day Concert

Maryville University's Kids Rock Cancer program is now in its fifteenth year serving the St. Louis region and has a new look, new partnerships and a new concert coming up. An outreach initiative of Maryville's longtime Music Therapy Program (the only music therapy program in the St. Louis region fully accredited by the National Association of Schools of Music, and fully approved by the American Music Therapy Association), Kids Rock Cancer launched in 2009 and has impacted thousands of young "rock stars."

The program offers therapeutic songwriting sessions for children, teens and other family members who are dealing with a diagnosis of cancer and blood-related disorders like sickle cell disease. Kids Rock Cancer provides therapeutic services at no charge to families.

"We are marking the 15th anniversary of Kids Rock Cancer in 2024 by taking our mission to the next level," said Damon Mitchell, development director of outreach programs, Maryville University. "We have a new logo and website, an upcoming Mother's Day Tribute benefit concert, and are developing game-changing partnerships to expand our reach."

Now with the aid and expertise of Kids Rock Cancer, Healing Reimagined is expanding to provide music therapy services to children whose loved ones have been diagnosed with cancer or a blood-related disorder. Through Kids Rock Cancer's therapeutic songwriting and heartbeat songs initiatives, Healing Reimagined patients and their children can engage in joint music therapy sessions facilitated by a board-certified music therapist to create positive shared experiences and living legacies.

Maryville's Kids Rock Cancer also has a new look. Its new logos and website are designed with an eye toward inclusion and accessibility.

The new look is just in time for the next Kids Rock Cancer benefit concert on May 8. Brian Owens will headline this Mother's Day-themed event at The Sheldon Concert Hall.

evolution
FESTIVAL
SEPTEMBER 28 & 29, 2024
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SUNNY WAR • BILLY TIBBALS BAND • CHAPARELLE • PEARL CHARLES
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Pajama Day at Saint Mary Magdalen



When you are through with this newspaper, please put it in its place.

Recycle it or donate it to your local animal shelter.

ROCKY MOUNTAIN HIGH EXPERIENCE® AT THE WESTPORT PLAYHOUSE

Emery Entertainment is pleased to bring the ROCKY MOUNTAIN HIGH EXPERIENCE® starring St. Louis's own Rick Schuler to the Westport Playhouse over Mother's Day weekend for five performances, May 9-12.

Tickets are \$60 and are on sale now. Tickets may be purchased through MetroTix at www.metrotix.com or by calling 314/534-1111. Use promo code SUNSHINE to save half-off tickets.

Schuler has emerged as the leading performer of John Denver's music. His ROCKY MOUNTAIN HIGH EXPERIENCE® is just that, a true, intimate experience. Schuler performs in front of thousands of Denver fans each year singing favorite hits such as "Sunshine on My Shoulders," "Take Me Home Country Roads," "You Fill Up My Senses," and "Thank God I'm a Country Boy."

This show will captivate audiences and offer an unforgettable experience celebrating the life and music of John Denver. Even Denver's bandmates sing Rick's praises. Schuler not only sings, sounds, and looks like Denver, he shares his humanitarian spirit and incorporates his global works into the show. Also, Rick was chosen to open and close an upcoming major Hollywood film release called "Grace and Grit" starring Mena Suvari and Frances Fisher among others and directed by Sebastian Siegel. For more information on Rick Schuler, visit <https://www.rickschulermusic.com>.

YOU'RE INVITED

Brentwood Public Library Open House

Sunday, March 24th • 1 - 3

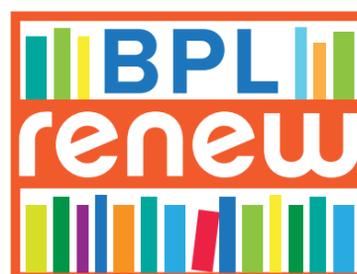
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Learn More About:



Election on April 2



Brentwood Public Library
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Brentwood Public Library *continued from page 1*



Patrons will enter the proposed Brentwood Public library from the 70-space parking lot to the south of the building. Accessible parking spaces will be in front of south main entrance. The existing vehicle entrance from Brentwood Boulevard will be closed to allow safe pedestrian entry into the main south entrance of the building. Vehicles may enter the parking lot from Moritz Avenue from the north and Bridgeport Avenue from the south.



The main circulation desk will be on the first floor as patrons enter the building. To the right, you'll see custom display cases that will display rotating exhibits of Brentwood Historical Society memorabilia and artifacts.



The upper level of the proposed Brentwood Public Library will include books and materials for adults, comfortable seating, and tables with chairs for studying or working. This area shows the stairs to the first floor as well as the entrance into the second-floor children's space.



The interior of the proposed Brentwood Public Library will include accessible shelving for materials, spaces for independent or group study, technology services, a large meeting room for events, and rotating displays of Brentwood Historical Society memorabilia.



BRENTWOOD
PUBLIC LIBRARY

NAVIGATE
BUILDING SOLUTIONS

STIFEL

ARCTURIS

THE UPCYCLED GARDEN AT CITY MUSEUM Through June 1



Attaboy, cofounder of contemporary art magazine Hi-Fruc-tose, comes to City Museum in downtown St. Louis with The Upcycled Garden installation.

The exhibit is an ever-growing and touring concept by Daniel Attaboy Seifert, featuring locally sourced recycled cardboard, house paint, and spray paint remnants. While beautiful and organic on the outside, when

many of the sculptures are flipped over, you can see a visual diary of consumption (gluten free pizza, Covid tests, light bulbs and Amazon boxes, etc.) used to create the art.

Attaboy started making the works when dealing with the pandemic lockdown, rising costs of living and as therapy for post-car crash PTSD and a neurological condition. There is little-to-no planning while making them, and the open-ended play of constructing them is soothing for the artist. Different groupings of the sculptures are being created all the time, and the installation is set to grow in 2024 and beyond.

The Upcycled Garden began at a converted mortuary turned gallery in Oakland and has been exhibited at: Uma Gallery, The Brea City Gallery, Mainstreet LA, Art Thou Gallery and more prior to coming to City Museum.

The Upcycled Garden is included with City Museum general admission and is located in the Sullivan Architecture Gallery on the fourth floor.

About City Museum

Housed in an old shoe factory in Downtown St. Louis, City Museum is an ever-evolving, always-thrilling, artist-built playground full of weirdly wonderful spaces to explore. This iconic St. Louis attraction is considered one of the great public spaces and a must-see for visitors. City Museum is located at 750 N. 16th St., St. Louis, MO 63103; 314-231-2489; www.citymuseum.org; @citymuseum. City Museum opens at 10 a.m. Closing hours vary.

Neighborhood Eyes

Neighborhood Eyes is a program for Brentwood residents who have surveillance systems for home protection. If you have cameras on your property, you may have valuable video that could aid in the investigation of a crime in your neighborhood. Find out how to sign up and help your police department solve crime on your block by visiting brentwoodmo.org



brentwoodmo.org

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BRENTWOOD PUBLIC LIBRARY

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 Registration required.

Two class options:

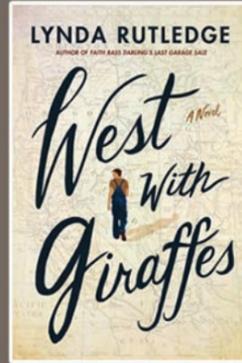
- Saturday, March 16 at 2:00 p.m.
- Tuesday, March 19 at 6:00 p.m.



April 2
 at 6:30
 p.m.

Ask for a copy at the
 circulation desk.

Newcomers are always
 welcome and no
 registration is required.



BRENTWOOD BOOK CLUB

Held at the Brentwood Public Library (8765 Eulalie Avenue)
 brentwoodlibrarymo.org



Balance Barre for Seniors

THURSDAY, MARCH 21
 10:00-11:00 AM

Improve your balance and
 independence through dance!

Balance Barre consists of combinations
 of modified barre exercises and
 stretches.

No dance experience is necessary.

Free. For ages 50 and up.

REGISTRATION REQUIRED. Call
 (314)963-8689 to register.

Held at the Brentwood Community
 Center (2505 S Brentwood Blvd,
 Brentwood, MO 63144).



VITALITY STRETCH YOGA

THURSDAY, APRIL 4
 10:00-11:00 AM
 (REOCCURS MONTHLY)

Our certified yoga instructor
 guides the class through chair
 stretches, postures and flows.

Free. For ages 50 and up.

REGISTRATION REQUIRED. Call
 (314)963-8689 to register.

Held at the Brentwood
 Community Center (2505 S
 Brentwood Blvd, Brentwood, MO
 63144).



make some cute shrinky dinks

Children and families can make a fun
 shrinky dink keychain or necklace.
 Draw your own design and then watch
 it shrink!

Choose one of two dates:

- Monday, March 18 at 6:00 p.m.
- Saturday, March 23 at 3:00 p.m.

Registration required!
 Call 314-963-8630.



Toddler Story Time

Tuesdays at
 9:30 a.m.

30-minutes of songs, stories, and
 bubbles. Best for preschool ages,
 but open to all children and
 families.

Free. No registration required.



CRAFTIBILITY FRIDAY, MARCH 22 AT 10:00 A.M.

STORY
 TIME

ARTS &
 CRAFTS

PLAY

Craftibility and Easterseals volunteers craft
 with preschool age kids and their caregivers.

Held at The Brentwood Community Center.

Want to register? Call the library or e-register
 through our website's online calendar of events.



EARTH DAY CRAFT



Reduce, Reuse, Recycle:
 Crafting with T-Shirt Yarn

Two class
 options:

- Monday, April 22 at 6pm
- Saturday, April 27 at 3pm

There's so much you can make with a recycled t-shirt!
 Headbands, necklaces, even dog toys. Let's get creative.

Free. Children and families. Registration required.

CREATE A VISION BOARD

TWO CLASS OPTIONS:

- SATURDAY APRIL 13 AT 2-3
- TUESDAY APRIL 16 AT 6-7PM

Ages 18+. Free.
 Registration opens March 10.
 Call 314-963-8630 to register.



children's yoga

Thursdays at 9:30 a.m.

Children's Yoga is presented by
 Complete Harmony Yoga for Youth.

Bring a yoga mat or towel.

Classes are great for children ages
 3-5, but open to children of all ages.

Free. No registration required.



How Do CDs Work? Making the Most of Rising Rates

By: West Community Credit Union

Rates on Certificates of Deposit aren't just rising, they're soaring! If you're looking to kick-start your savings strategy, consider adding CDs to the mix.

CDs are seen as safe bets for saving or investing since they are federally insured and returns are guaranteed. And when CD rates go up, as they have in the past year, you'll earn more money.

CDs Work Best When...

1. You want to protect your savings for something in the future. These may include saving for a down payment on a home or car. Whatever the goal, the money won't be used for years and can stay safely out of reach in CDs.

2. You want to build short-term wealth. CDs with short terms, such as one or two years, can make sense if there's a plan to later invest that money. For example, if you want to invest a large sum in the market, you might spread out when you buy stocks or funds over time using a popular investing strategy called dollar-cost averaging. The money waiting to be invested could go into CDs to earn more interest than it would in a regular savings account.

3. You want to ensure returns without risk. Investing in long-term CDs is generally best for people, typically retired, who want to avoid risking their money in the stock market. They also want to stop their savings from eroding because of inflation.

CD ladders can be a useful strategy in a rising-rate environment

A CD ladder is a way to spread out a large amount of money into multiple CDs of varying term lengths, such as one year, two years and three years. When each CD expires, you either withdraw funds if you need them or reinvest in another CD. If your financial institution has raised rates since you started the ladder, you benefit from higher rates with each new CD.

Financial advisors will usually encourage the ladder method when it comes to CDs. That said, if there's an attractive long-term rate that suits your portfolio — maybe it comes due when you'll need a new car or have to pay a college bill — by all means take advantage of it. It's really important to consider your particular situation and talk it over with your advisor so you know it will help you achieve your financial goals.

Overall, CDs are a safe form of savings that keep things simple, with the caveat you have to keep your hands off your funds for some amount of time. Whatever your future holds, we're positive it holds something worth saving for so take advantage of these fantastic rates and contact Member Services at **636.720.2400** or visit us online at westcommunitycu.org to learn more about opening a CD today!

March is

National Craft Month

Brentwood Library patrons can access 1,000s of award-winning art & craft video classes taught by recognized design experts and artists through...

creativebug

Visit creativebug.com/lib/bplmo and log in with your library card.



BRENTWOOD PUBLIC LIBRARY
 8765 Eulalie Avenue, Brentwood, Missouri
 brentwoodlibrarymo.org

TEACHING AREA STUDENTS SINCE 2006



The Spanish Clubhouse

in Glendale offers Spanish language education for children age 1-year to grade 5 and adults of all skill levels

WE ALSO OFFER TUTORING FOR ANY GRADE LEVEL

Classes are in-person. We have morning, afternoon and evening classes available Monday – Saturday.

10038 Manchester Road | Suite 210 | Glendale, MO 63122

Please check out our website at www.stl-scfk.com

Contact us at admin@stl-scfk.com or call 314-695-4331

Rock Hill Public Library

2024 Winter Reading Club Winners

Rock Hill Public Library recently kicked off 2024 by hosting our annual **Winter Reading Club** from January 8 – February 24, 2024. Adults (18+), Teens (13-18), Kids (5-12) and Early Readers (0-4) signed up at the library and received a fun filled Bingo card. Drawings took place on February 26.

The chilly weather didn't stop our readers at Rock Hill Public Library from warming up with a good book! Shout out to our Winter Reading Club champions in every age group - you're all winners in our book!

Congrats to our grand prize winners: **Teddy Schondelmeyer** (Early Readers), **Gus Gazzoli** (Kids), **Aeden Zirkle** (Teens), and **May Yu** (Adults). Thanks to the winners and everyone who participated in this year's Winter Reading Club. See you later in May when we kick off the Summer Reading Club.



Teddy, Gus and May Yu

Special Encore Presentation of Barbie: The Movie

You asked for it! Get ready to relive the magic of *Barbie: The Movie* with a special encore presentation at the Rock Hill Public Library (9811 Manchester Road)! Don't miss out on this fun event on **March 19** from 1-3 PM! It's the perfect way to celebrate Women's History Month!

Get there early!! Seats are limited! Free to the Public. Popcorn and refreshments are provided. Other upcoming movies for March include *9-5* (March 12) and *Everything Everywhere All at Once* (March 26).

STEAM Club Saturday

This month's *STEAM* club for school-age children will be taking place **Saturday, March 16** at 11 AM! Join us for a THE FLOOR IS LAVA activity. In this *STEAM* challenge, kids will work together to build a structure to save their bears (or any other small and numerous toy) from the lava. Find out more at RHPL on the 16th!!

Rock Hill Public Library receives \$2,000 grant from Ameren

Rock Hill Public Library has been selected to receive a \$2,000 unrestricted grant through Ameren's "Love Your Library" program.

Our library was nominated by one or more Ameren co-workers due to the outstanding role we fill in the community.

Ameren values how local libraries connect people to resources. Beyond books, libraries provide free summer programming, internet access, job search resources, polling stations and so much more. During these hot summer months, libraries provide a cool and safe space for community members to gather.

Thank you Ameren and our awesome Rock Hill Community!



Rock Hill Public Library Director, Erin Phelps



Deb Barry shows off the new Rock Hill Public Library Bags.

STEAM CLUB
The Floor is Lava!

School-aged kids are welcome to this Science, Technology, Engineering, Art, and Math Club each month for an hour of making, experimenting, and play!

Saturday, March 16th, 11 AM – 12 PM
9811 Manchester Rd. 63119 ★ 314-962-4723 ★ www.rockhillpubliclibrary.org

PRESENTED BY Rock Hill Public Library

SPRING FILM SERIES 2024

Women Who Advocate for Equity, Diversity & Inclusion

<p>9 to 5 (PG) 3.12.2024 1 - 3 PM</p>	<p>Barbie: The Movie (PG-13) 3.19.2024 1 - 3 PM</p>	<p>Everything Everywhere All At Once (R) 3.26.2024 1 - 3 PM</p>
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FREE ENTRY! POPCORN & REFRESHMENTS | MORE INFO: (314) 962-4723 | www.rockhillpubliclibrary.org | @rockhillpubliclibrary

Rock Hill Public Library, 9811 Manchester Road, Rock Hill, MO 63119

The St. Louis Battlehawks 2024 Season Announced! Home Opener at The Dome on April 6

Explore St. Louis is thrilled to welcome the St. Louis Battlehawks back to The Dome at America's Center for their 2024 season. In the newly formed United Football League (UFL), the St. Louis Battlehawks aim to put on a great show for fans – and hopefully break attendance records again this spring! The UFL season kicks off on March 30, and the St. Louis Battlehawks play their first home game on April 6.

The schedule:

Saturday, March 30, at Detroit, 3 p.m.
 Saturday, April 6, vs. Arlington, 7 p.m.
 Sunday, April 14, at San Antonio, 2 p.m.
 Saturday, April 20, vs Memphis, 11:30 a.m.
 Sunday, April 28, at D.C., 11 a.m.
 Saturday, May 4, vs. Houston, 2 p.m.
 Saturday, May 11, at Birmingham, 3 p.m.
 Sunday, May 19, vs. D.C., 11 a.m.
 Saturday, May 25, at Arlington, 11 a.m.
 Saturday, June 1, vs. San Antonio, 3 p.m.



Nearly \$65,000 In Grants Awarded to 12 Arts Educators Across St. Louis Region

The Arts and Education Council today announced the grant recipients who will share in nearly \$65,000 from the Arts and Education Fund for Teachers. The fund, which is administered by the Arts and Education Council with financial backing from PNC Foundation, helps support classroom-based projects and opportunities designed to connect the arts with curriculum and enhance learning for K-12 students in the St. Louis bi-state area.

For the past decade, PNC Foundation's support has helped to drive engagement and access to the arts throughout Greater St. Louis. This commitment has come to life in multiple ways, including through a collaboration with the Arts and Education Council that has funded programming for nearly 240 organizations, totaling more than \$450,000.

"The Arts and Education Council is proud to support these incredible educators from across our bi-state region who are creating meaningful curriculum-driven arts experiences for local students," said Jessiree Jenkins, interim executive director of the Arts and Education Council.

The educators that have been awarded 2023-24 Arts and Education Fund for Teachers grants are, in alphabetical order:

- Dawn Lynn, Willow Brook Elementary School
- James McKay, Hazelwood Northwest Middle School
- Robin Mik, Adams Elementary School
- Constance Miller, Ames Visual & Performing Arts Elementary School
- Tyler Moore, STEAM Academy Middle School
- Tim Mulhall, Confluence Academies-Grand Center Arts Academy
- Karen Norman, Mason School of Academic and Cultural Literacy
- Kari Schepker-Mueller, Maplewood Richmond Heights Early Childhood Center
- Milton Stevenson V, Parkway South Middle School
- Justin Straight, STEAM Academy Middle School
- Sydney Swanson, North Point High School
- Larissa Young, Larimore Elementary School

Grant applications were reviewed and decided by a volunteer panel of the Arts and Education Council's Grants and Programs Committee.

For more information about the Arts and Education Fund for Teachers, visit KeepArthappening.org.

About the Arts and Education Council – The Arts and Education Council ensures the 16-county, bi-state region is rich with arts and cultural experiences for all through programs and services that support more than 60 organizations each year, including: Arts and Education Fund for Teachers; Bayer Fund Rural Community Arts Program; Amer-

enCares – Equity in the Arts. The Arts and Education Council is entirely funded by individual donors, corporations and foundations in the St. Louis region. Since its inception in 1963 as the region's only privately-supported united arts fund, the Arts and Education Council has raised and distributed more than \$100 million in private funding for the arts – a significant contribution that directly impacts the quality of life in our region. The Arts and Education Council meets all 20 Better Business Bureau Charity Standards and has earned the Wise Giving Seal of Approval, a three-star rating from Charity Navigator and a Guidestar Exchange Gold Participant rating. Connect with us – Website: KeepArthappening.org | Arts and Education Council of St. Louis; Phone: 314.289.4000; Facebook: [ArtsandEducation](https://www.facebook.com/ArtsandEducation) Twitter: [@ArEdSTL](https://twitter.com/ArEdSTL) Instagram: [Arts_Education_Council](https://www.instagram.com/Arts_Education_Council) LinkedIn: [Arts-Education-Council](https://www.linkedin.com/company/Arts-Education-Council)

About PNC Foundation – The PNC Foundation, which receives its principal funding from The PNC Financial Services Group (www.pnc.com), actively supports organizations that provide services for the benefit of communities in which it has a significant presence.

Your comfort is important.



Chris Roth

That's why our handicap accessible facility includes a visitation room for gatherings of all sizes. Whether the visitation is large or just family, you will find comfort in our care.

Online register book available at www.boppchapel.com.



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**What did the kids do when
their treats were all hidden
on Easter morning?**



They demanded an eggsplanation!

Joey's Mazes

by Joey Barzantny



**McDonnell Planetarium
 (Open Dome of Stars)
 St. Louis Science Center**

REGISTRATION NOW OPEN FOR THE SPRING 2024 SESSION OF CITIZENS FOR MODERN TRANSIT'S TEN TOE EXPRESS® WALKING PROGRAM



With the start of spring just weeks away and area residents eager to get back outside, Citizens for Modern Transit (CMT) and AARP in St. Louis have announced that registration is now open for the CMT Ten Toe Express® program. This award-winning program features weekly guided tours that mix walking and transit use to help older adults and other interested individuals lead healthier lives. The 12-week spring session will kick off Friday, April 5, with a special walking tour of CITYPARK Stadium in downtown St. Louis and will run through the end of June. Registration for the spring session is required and can be completed online at www.cmt-stl.org or at one of the many in-person registrations events being held community wide. There is a registration fee of \$15 to cover a portion of the program costs.

The Ten Toe Express® program links activity, sociability and exercise with the use of MetroLink and MetroBus. Each weekly walking tour is led by a trained, volunteer walk leader and ranges in length from 0.3 to 5 miles, depending on the group and destination. Each tour starts from an area Metro Transit Center – including Brentwood I-64, Forest Park-DeBaliviere, Belleville and Shrewsbury-Lansdowne 44. Participants then take the MetroLink or MetroBus to Forest Park, downtown St. Louis, the Delmar Loop, downtown Belleville or other areas (depending on the week), where they explore local attractions and stop for lunch or a snack before heading back. Walking maps with instructions on how to utilize transit to get to many of the region's cultural and entertainment hot spots are available online to assist those who want to explore areas independently.

All registrants receive a walking kit, which is valued at \$50 and includes a CMT Ten Toe Express® belt bag, pedometer and MetroLink tickets. Any individual who opts into receiving information on AARP also receives a special gift, while supplies last. Registration can be completed at www.cmt-stl.org or at the following registration events being held in March and April:

Tuesday, March 12, from 9 a.m. to noon – Belleville Transit Center, 718 Scheel St. Belleville, IL 62220

Wednesday, March 20, from 10 a.m. to noon – Shrewsbury Community Center, 5200 Shrewsbury Ave. St. Louis, MO 63119

Friday, March 22, from 10 a.m. to noon – St. Clair County Office on Aging, 201 North Church Street Belleville, IL 62220

Tuesday, April 9, from 9 a.m. to noon – Florissant Senior Resource Fair at JFK Community Center, 315 Howdershell Road Florissant, MO 63031

Special walks, like the April 5 walking tour at CITYPARK Stadium, home to St. Louis CITY SC, are scheduled periodically throughout the season and may include additional costs. This particular one-hour walking tour is two to three miles in length and will be led by a CITYPARK guide, giving walkers access to parts of the stadium typically not available to fans. After the tour, walkers will have the opportunity to explore the Pillars of the Valley monument, a tribute to Mill Creek Valley. Space for this special tour is limited,



and registration – which can be completed online or at one of the in-person registration events – is required.

“Over the years, the Ten Toe Express® program has helped thousands of older adults maintain their independence and mobility by providing them with an opportunity to get moving, socialize with others and become familiar with our region's transit system,” said Kimberly Cella, executive director of Citizens for Modern Transit. “The spring and fall sessions attract hundreds of participants each year. While many of these are new registrants, there are dozens who have been participating in the Ten Toe Express program for years – a testament to how truly impactful this program really is.”

To learn more about the Ten Toe Express® program, visit www.cmt-stl.org or call 314-231-7272.

About Citizens for Modern Transit

Citizens for Modern Transit (CMT) is the region's transit advocacy organization. It was established in 1985 to help bring light rail to St. Louis and works to develop, support and enhance programming and initiatives to ensure safe, convenient and affordable access to the region's integrated public transportation system. CMT champions, challenges, encourages and advocates for public transit in an effort to drive economic growth and improve the quality of life in the St. Louis region.

For more information on AARP: www.aarp.org/stlouis

Kathleen Clark - Write-In Candidate for Brentwood School Board

Kathleen Clark Lived in Brentwood since 2011

Occupation: Mom, Wife, and Daughter. My husband and I moved to Brentwood in 2011.



We are a multi-generational household and include my mom and our two children (Ages 4 and 3).

I am a firm believer in the public educational system - my entire education from Pre-K through college was in public schools and I think it played a hugely important part in the person I am today. Now that I have two preschoolers, I want to be involved in their public school journey and believe I can be of service to the community by serving on the board. Public education is so important to the community because it brings together people of different races, cultures, religions, and socio-economic backgrounds. It is also where students meet people with different abilities, talents, skills, personalities, and beliefs. Because I love public education, I want to be involved and support the Brentwood School District.

I am a voracious and passionate learner. I think that being interested in a variety of topics and really digging into them with research and critical thinking will provide support to the administration. I graduated from Truman State University with a degree in Business Administration and a Minor in Economics and have both knowledge and a deep interest in budgets.

Thanks!
Kathleen Clark

EVIL WOMAN – THE AMERICAN ELO

Thursday, April 25
The Factory at The District

Steve Litman Presents is thrilled to welcome the successful return of the Electric Light Orchestra experience to St. Louis, Evil Woman: The American ELO, will perform Thursday, April 25 at The Factory at The District. Show time is 7:30 p.m. (doors open at 6:30 p.m.) Tickets are \$59.50, \$49.50, \$39.50 and \$29.50.

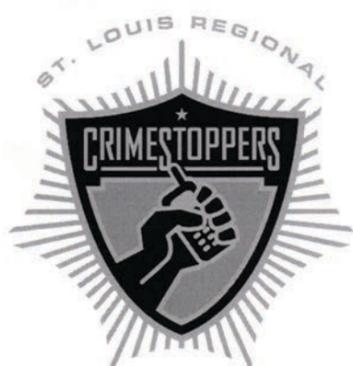
Tickets can be purchased online at Ticketmaster.com or at TheFactorySTL.com.

Audiences are left spellbound by the flawless musicianship and vocals of Evil Woman: The American ELO's 12 musicians as well as the fusion of Beatlesque-Pop and classical arrangements where cellos co-exist with guitars, and where classically tinged rock intersects with pop. “Mr. Blue Sky,” “Roll Over Beethoven,” and “Evil Woman” are among a list of over 20 instantly recognizable chart-topping hit songs audiences can expect to hear at this multi-media concert celebration of the music of ELO.

Evil Woman: The American ELO carries on the group's legacy by performing all those tantalizing tunes from ELO's radio heyday. This 12-member band includes a 4-piece string section and a lead singer who embodies Jeff Lynne to a T. On stage, they recreate ELO's biggest hits in two magical sets. With so many great songs, you'll feel a Strange Magic when you hear them performed live in concert! For more information, visit www.theamericanelo.com.

Located at 17105 North Outer 40 Road, just off Interstate 64/40 at the Boone's Crossing exit, The Factory at The District is the newest addition to the vibrant entertainment scene in St. Louis, and offers complimentary, well-lit parking for all events. For more information, visit www.thefactorystl.com or www.stevelitmanpresents.com.

**St. Louis Regional
CrimeStoppers Tip Hotline
866-371-TIPS (8477) www.stlrcs.org**



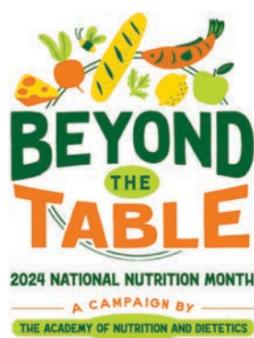
**CRIMESTOPPERS WILL PAY UP TO \$1000
FOR INFORMATION LEADING TO A FELONY ARREST**

- Location of Wanted Felons
- Location of Missing Persons
- Information on any Past, Present, or Future Crime that leads to a Felony Arrest.

Cottage Cheese: A Nutritional Powerhouse Takes Center Stage for National Nutrition Month

March is National Nutrition Month®, an annual campaign by the Academy of Nutrition and Dietetics that promotes the importance of making informed food choices and healthy eating habits. Established in 1973, this initiative raises awareness about the significance of proper nutrition for individuals of all ages.

As part of this campaign, St. Louis District Dairy Council celebrates cottage cheese for its growing popularity as a powerhouse superfood. “Social media influencers have played a significant role in highlighting cottage cheese’s versatility in recipes, nutritional benefits and alignment with current health and wellness trends,” said Maggie Cimarolli, registered dietitian and nutrition educator with St. Louis District Dairy Council.



Health and Wellness Trends

As individuals prioritize fitness and overall wellness, the demand for foods supporting these goals has increased. Cottage cheese, with its protein-rich content and versatility, seamlessly fits into various meal plans, including high-protein, low-carb and balanced eating meal plans. Cottage cheese, like all dairy foods, pairs well with other food groups and is a nutritious option for snacks and meals. “The dairy case has something for everyone, no matter what health goals are in place,” Cimarolli said. “Cottage cheese is a great example of that with different calorie versions, large package options and also flavored individual servings.”

For more information on National Nutrition Month®, visit www.eatright.org. To download a tip sheet on cottage cheese or for more information on dairy’s benefits, visit www.stldairyCouncil.org or contact Maggie Cimarolli at 314-835-9668 or MCimarolli@STLDairyCouncil.org. Follow us on Facebook and Instagram at [STLDairyCouncil](https://www.facebook.com/STLDairyCouncil).

The St. Louis District Dairy Council (SLDDC) is a nonprofit nutrition education organization funded by local dairy farmers. Since 1932, SLDDC has served 131 counties in central/southern Illinois and eastern Missouri as the go-to educational resource and advocate for the role of dairy foods as part of a healthful diet. As The Nutrition Education People, we are proud to spread knowledge to local communities, bridging the gap between local dairy farmers and consumers. The staff is comprised of professionals with experience in nutrition, food service management, education and communication, and we take pride in delivering engaging programs throughout the communities we serve.

Versatile Ingredient

The rising popularity of cottage cheese stems from its versatility in the culinary world. From savory to sweet, this dairy product has become a staple in various recipes. Its mild flavor and creamy texture enhance a wide range of recipes. “Use cottage cheese for a light and creamy alternative to cream cheese, ricotta or Greek yogurt,” Cimarolli said. “The neutral taste allows for a sweet or savory flavor, depending on what ingredients are added.”

Cottage cheese enhances both traditional and innovative recipes for creative cooks and the health conscious. With a quick online search, this star ingredient is found in a variety of dishes, including salads, smoothie bowls, sandwiches, dips, ice cream and baked goods.

Remarkable Nutrition Profile

Beyond its culinary flexibility, cottage cheese boasts a remarkable nutritional profile. Packed with high-quality protein and essential vitamins and minerals, it aligns with the demands of health-conscious consumers. “The high protein-to-calorie ratio keeps you full longer,” Cimarolli said. “A half cup of low-fat cottage cheese has around 12 grams of protein.”

Cottage cheese also provides healthy fats, calcium, B vitamins and phosphorus. These nutrients support the immune system; energy metabolism; kidney function; nerve function; and healthy skin, bones and cells. Cottage cheese is also more digestible for people with mild lactose intolerance due to a lower lactose content.



Cottage Cheese Buffalo Chicken Dip

This twist on traditional buffalo chicken dip includes blended cottage cheese for a higher protein, lower fat dip that is packed with flavor. Serve it up with veggies, crackers or tortilla chips.

Ingredients

- 2 cups low-fat cottage cheese
- ½ cup hot sauce
- 2 cups chicken breast cooked, shredded and chopped
- 1 cup sharp cheddar cheese, shredded
- 1 teaspoon garlic powder
- ½ cup green onions, chopped
- ¼ cup blue cheese crumbles (optional)

Instructions

1. Preheat oven to 350°F.
2. Add the cottage cheese and hot sauce to a blender or food processor. Blend on high speed until the cottage cheese is completely smooth. Scrape the sides if needed.
3. Transfer the cottage cheese mixture to a medium mixing bowl. Stir in the shredded chicken, shredded cheddar cheese and garlic powder. Mix until well combined.
4. Transfer the mixture to a greased 8 x 8-inch baking dish or 9-inch pie plate. Bake the mixture in the preheated oven for 20 to 25 minutes, or until the dip is heated through.
5. Stir well. Top with sliced green onions and blue cheese (optional). Serve hot with your choice of veggies, crackers or tortilla chips.

6 Reasons to Love Cottage Cheese



1 High protein-to-calorie ratio keeps you full longer

Help prevent overeating between meals with a half-cup of 2% cottage cheese, which has around 90 calories and 12 grams of protein.

2 Versatile flavors and recipes mean you won't get bored

Use cottage cheese for a light and creamy alternative to cream cheese, ricotta, or Greek yogurt. The neutral taste lets you make it as sweet or savory as you want, and you can adjust richness with low-fat, reduced-fat, and regular options.

3 Nutrient-rich cottage cheese can support essential nutrition

Cottage cheese has healthy fats, calcium, B vitamins, and phosphorus. These support the immune system, energy metabolism, kidney function, nerve function, and healthy skin, bones, and cells.

4 Lower lactose content makes it more digestible

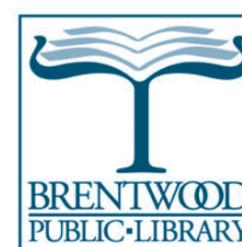
People with mild lactose intolerance might be able to eat cottage cheese.

5 Effective and affordable muscle recovery

The protein content provides amino acids to repair muscle tissue after workouts.

6 Easy to make at home to control freshness and quality of ingredients

All you need is milk and acid from lemon juice to curdle the milk.



Pom poms are always a crowd pleaser! We had some great pom pom animal creations in February at the Brentwood Public Library. Thank you for coming out to make a fun craft!



INSIDE BASEBALL

By Rob Rains of StLSportsPage.com

Thomas Saggese keeps mom's memory alive every time he comes up to bat for Cardinals

It's a gesture which at first glance might come across as a nervous habit, how Thomas Saggese taps his wrists together every time he steps into the batter's box.



For the young Cardinals' prospect, however, there is a far deeper meaning and motivation that explains why he has done that for almost five years now.

Look closer at Saggese's wrists as he approaches home plate and you will see the tape wrapped around his left wrist. Before every game, he writes the word "more" on the tape. That's where he is tapping as he comes up to bat.

When Saggese was growing up in southern California, he always told his mom, Wendi, that he loved her. She always responded with, "I love you more."

Wendi died from breast cancer on July 24, 2019, the summer before Saggese's senior year in high school. He was 17 at the time.

"It's a reminder that she is still with me," Saggese said. "My brother has a tattoo that says 'more' on his chest.

"My first game back after she passed away, in summer ball in 2019, I was batting and had two strikes and was nervous because I didn't want to strike out.

"I had a little routine where I kind of shake my hands out and I kind of looked up to the sky as if my mom was there. It was like she is always with me and she can be with me whenever I want her to be. I started writing that on my wrist just as a reminder of that."

Saggese knew then, and realizes it even more now, that he had a special connection with his mom, a bond that many people don't have. He knew his friends didn't have it; that they didn't consider their mothers their best friend.

Baseball was part of the reason.

"His mother was 42 when he was born," said Saggese's dad Tom, who is retired from his job as a civil engineer. "She just loved kids, loved having kids and would do anything for her kids. They were always together.

"She really liked being competitive. She was a gymnast and she put him in hockey when he was little. She did gymnastics with him, but he really just took a liking to baseball, so she really supported him in everything baseball. He's always been focused on baseball."

The elder Saggese recalled his young son going to his brother Tristan's games, and could tell then his love of the game was different than most kids that age. Thomas is seven years younger than Tristan.

"He was completely focused," Tom Saggese said. "He would bring his little catcher's gear and I would throw him pitches on the side. Every time he caught it he took off his mask and threw the ball back to me. Then he put the mask back on and got all set up. He did that the whole game."

Tom Saggese has had videos of his son, as a little skinny kid, practicing his swing without a bat.

"He would do that all day – swing, swing, swing," Tom Saggese said. "He was just really into baseball."

And Wendi was always there to support him – even after the family's world was upended.

"I can't be without him"

Saggese was only eight when his mother's cancer was diagnosed in August 2010. Two years later, she went to New York to participate in some clinical trials, which were to last for several months.

"About a week or two later, she said, 'send him (Saggese) out here. I can't be without him,'" Tom Saggese said. "I put him on a plane ... and they had a great time for a few months."

Wendi home-schooled Saggese while they were living in Manhattan, but not wanting his baseball skills to suffer, she signed him up for a Little League team – in Harlem.

"It was really cool actually," Saggese said. "The competition wasn't quite as good (as California) but it was fun."

Saggese learned how to navigate the subways in New York, to the point that his mother relied on him to know which train to take when they needed to go someplace. As long as he was with his mom, and playing baseball, Saggese was happy.

"He was always laughing and smiling," Tom Saggese said. "He's been like that since he was a toddler ... There's not a mean bone in that kid's body. I don't know where he got that from. He doesn't like to hurt people's feelings. He's just nice. He's a better person than I am."

Saggese's parents also realized when he was young that he was pretty good at baseball and was serious about the sport. He was in the eighth grade when a family friend gave Saggese a book to read. It was one of the classics in baseball literature, "The Science of Hitting" by Ted Williams.

"That was his Bible," Tom Saggese said.

The book was published in 1971 and even the revised edition came out 16 years before Saggese was born. No matter, he devoured the book and Williams' philosophy became his philosophy – hit, hit, hit, then hit some more.

Years later, Saggese's takeaways from the book remain the same.

"I remember him writing about how he hit until his hands starting bleeding," Saggese said. "He put in all that work, and he got upset when people called him a natural hitter. I kind of took that to heart."

When it came time for Saggese to start high school, Wendi talked her husband into getting an apartment about 30 minutes away from their home in Carlsbad so they could be inside the Rancho Bernardo High School district, a decision based entirely on the fact she thought the school had a better baseball program.

Saggese went to school there for two years before the family moved back to Carlsbad when Wendi's health started to decline.

It was when Saggese was a sophomore that he first caught the eye of veteran scout Steve Flores.

"He may be the best human being I've ever signed"

Flores has been a scout for 43 years, including a seven-year stint with the Cardinals in the 1980s. Among the players he signed were future Cardinals Todd Worrell, Terry Pendleton and Greg Mathews.

Saggese was in a showcase tournament that Flores, working for the Texas Rangers, happened to attend.

"He probably weighed about 140 pounds," Flores recalled. "All I said in my notes was

'strong backside kick move to the ball,' which is what I look for in hitters."

Flores also made a note to continue to pay attention to this kid, and the more he did, the more he learned about the relationship between Saggese and his mother.

"His mother drove him 2 ½ hours to the San Fernando Valley for hitting lessons and then drove him back," Flores said. "She would wake him up, put him in the back seat and he would sleep all the way. She also drove him to play on a scout team run by Chuck Fick (another former Cardinals' scout)."

Flores watched as Saggese got a little bigger his junior year, in which he hit 10 home runs to go with a .422 average, then noticed as he hit 10 more homers in summer ball – followed by three in the 2020 high school season, shortened to just seven games before the Covid-shutdown.

"His senior year I was at a game at Murrieta Valley, which is a huge ballpark," Flores said. "It's 420 feet to straightaway center with a backdrop, and Tommy hit a line drive halfway up the backdrop. He maybe weighed 165 pounds at the time.

"I looked around and I was the only scout there. I was like, 'I've been doing this 40 years; how am I the only guy on this guy?' It was crazy."

The more Flores watched Saggese, the more he liked what he saw in him as a player. Then he met Saggese, and his affinity for the person began to develop.

"His makeup is off the charts," Flores said. "He may be the best human being I've ever signed. He's incredible. His parents did a great job. I just heard one story after another about his makeup; it was almost hard to believe.

"The more you are around him, the more you adore his mentality. He's not afraid to work. ... His philosophy is just enjoy life. I think he did it to honor his mother because she did everything for him baseball-wise... 'anything you need Tom' basically.

"I think what he plays for is to honor his mother."

"I want to feel the ground when I hit"

After Saggese's senior season was stopped because of Covid, Flores wasn't sure what would happen with the draft. Luckily, he thought, the Rangers had been able to get two of their crosscheckers in to see Saggese during the abbreviated season.

He sent a text to Saggese one day just to check in and see what he was doing to work out, knowing all of the hitting cages were closed.

"He sent me a video back of him hitting off a tee barefoot in the grass," Flores said. "I went, 'OK, here's something I've never seen before.' I texted him back and asked what he was doing. He said, 'I want to feel the ground when I hit. I want to feel if I'm driving into the ball.' I just went, 'wow, this is a high school senior.' This is like watching Honus Wagner or something."

Saggese said, "that sounds like something I would do, but to think I thought that back then is pretty cool. It's interesting because that's what I feel now. I probably did it this offseason too ... I'm positive I did. I like to be barefoot."

Wanting to feel all of the as-



pects of hitting is also the reason Saggese has stayed away from using batting gloves, except on really cold or humid days.

"I never liked the feel of batting gloves when I was little," he said. "I just didn't think they were made that well. I felt like I couldn't feel the bat like I wanted to. I just didn't see the purpose of them."

Flores noticed that, of course, along with all of the other elements of Saggese's game that he really liked. What impressed him even more, however, was how well Saggese had dealt with his mother's illness and the maturity he showed at such a young age.

"My brother had died right after his mother," Flores said. "I texted him and said, 'I feel for you' and told him my brother had just died. He texted me right back and said, 'I appreciate your thoughts.'

"When I was preparing to go to their house to visit with him and his dad before the draft, I kept saying to myself, 'Is this real?' Then I went to the house and I realized this kid is really that humble and he really does love baseball like crazy. This is real.

"This kid is going to play baseball for a different reason. Everybody wants to be a millionaire, but this kid is going to play to honor his mother and for the love of the game."

Flores was able to convince the Rangers to select Saggese in the fifth round, the final round in that 2020 draft, and signed him away from a college commitment to Pepperdine.

"After we drafted him, I asked him what would your mother have wanted you to do?" Flores said.

The answer was obvious.

"The connection we had was unlike anything else," Saggese said about his mother. "I was grateful for that. I knew it was different. There's some people you connect with and some people you don't. I feel like that happens even within families. I'm lucky that I think our connection was beyond anybody else's."

Even when his mom's illness got worse, Saggese knew he was bringing her some joy by playing.

"Toward the end, my junior year, that's when I started to get good," he said. "She was in a lot of pain, although I didn't really realize that at the time. I saw her posts on Facebook that she had a bad day, and then I went 3-of-3 with a home run, and it like made her day."

Saggese pauses for a moment, his emotions still very real, as he knows, even now, what he does on the baseball field has a meaning beyond the day's box score.

"I'd like to think she would be really proud and excited," Saggese said. "Even before she passed, I played because I loved the game and I want to play to respect the game and play hard. I kind of want to honor what God has given me and I want to honor what my mom has done for me."

"He truly does understand the beauty of life"

Saggese's pro career began in 2021 and just two years later, he found himself traded to the Cardinals. Coming to the organization with him was Tekoah Roby, who had become one of his best friends after he also was selected in that 2020 draft.

Roby, and Flores, watched as Saggese led all of the minor leagues in hits and total bases in 2023, establishing himself, at 21, as one of the top prospects in the game. He was named the MVP of the Double A Texas League after a season in which he posted a .306 average with a combined 26 home runs, 34 doubles and 111 RBIs.



Continued on page 19



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Easter Deviled Eggs



Ingredients

- 12 large eggs
- ¼ cup creamy salad dressing (such as Miracle Whip)
- ¼ teaspoon dry mustard
- salt and ground black pepper to taste
- hot sauce
- 4 drops red food coloring, or desired amount
- 4 drops blue food coloring, or desired amount
- 4 drops green food coloring, or desired amount
- 3 cups water, divided, or as needed

Directions

Place eggs into a large saucepan; cover with cold water and bring to a boil. Let eggs boil for 3 minutes; turn off heat, cover pot, and let eggs cook in hot water for at least 20 minutes. Drain and cover eggs with cold water. Peel cooled eggs.

Cut hard-cooked eggs in half lengthwise and remove yolks; mash yolks in a bowl with creamy salad dressing, dry mustard, salt, pepper, and hot sauce until smooth.

Place red, blue, and green food coloring into 3 different bowls and add about 1 cup water to each bowl. Steep 8 egg white halves in each bowl, tinting the egg whites pink, light blue, and green. If color is too pale, add more food coloring to bowls. Drain colored egg whites on paper towels.

Pipe or spoon egg yolk filling into colored egg white halves; cover and chill before serving, at least 30 minutes.

Peanut Butter Easter Eggs



Ingredients

- 2 cups creamy peanut butter
- ¾ cup butter
- 3 ½ cups confectioners' sugar
- 3 cups crispy rice cereal
- 1 (12 ounce) package semisweet chocolate chips
- 2 tablespoons shortening

Directions

Combine peanut butter and butter in a mixing bowl until smooth; stir in confectioners' sugar and crisp rice cereal until a dough is formed. Refrigerate the mixture for about 1 hour to allow it to be easier to work with. Shape mixture into egg shapes and freeze for 20 minutes.

Melt chocolate chips and shortening in a double boiler over low heat until smooth; dip egg shapes into chocolate. Place on waxed paper and allow to cool.



By Kevin McCarthy

RESTAURANT REVIEWS

You Can Eat Your Spinach in Popeyes Hometown!



We recently visited Popeye's hometown and enjoyed a great lunch in one of Chester, Illinois' oldest buildings with a history dating back to 1829, The Landmark allegedly attracting such folks as Mark Twain and Charles Dickens. Over the centuries, the building has been used as a buggy shop, bakery, grocery, candy store and restaurant. It is now home to the Landmark St. Nicholas Brewery

While the regular menu offers an array of sandwiches, appetizers and other pub grub, and yes, there are two spinach items for the Popeye fans; a spinach dip and a spinach salad. There are many menu specials as well as some menu surprises. A Sunday brunch is very popular, and we decided to give it a try.

Sue ordered two tacos topped with purple cabbage, tomato, mozzarella cheese, southwest drizzle, and cilantro lime cream with fresh chips & homemade salsa. You can



choose between: Fried or grilled cod, Fried or grilled shrimp. Sue decided on Catfish tacos and they were delicious. The chips are homemade, and while they were nice and crispy, they literally melted in your mouth. The salsa had a slightly smokey taste with just the right amount of heat to compliment the saltiness of the chips. While I only got a taste of this combination, I could easily have made a meal of this. One of their nearly dozen craft beers would have been a great addition. The catfish tacos were light, fresh, delicious.

I decided to order the Sunday Brunch Conductor's Platter. This item pushed all my buttons. It is scrambled eggs, two biscuits, bacon and ranch potatoes topped with grilled onions with everything covered with milk gravy. This is a bit of heaven on platter for \$11.00! The gravy was a bit salty, but again, one of their craft beers would have solved that situation.



The extensive menu has something for everyone, and the other items we saw coming from the kitchen assured us that all serving sizes were well above average, and reasonably priced.

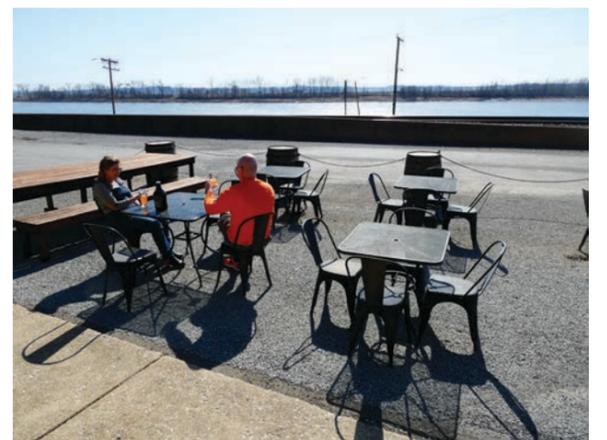
We sat at the bar and the service was good. There are tables upstairs and down. There is also an outdoor seating area with a view of the Mississippi River.

The owners are avid cyclists, and you will see a number of antique bicycles and memorabilia decorating the building. There is also a larger than life Popeye statue in the dining room that is great for a souvenir photo. (See Sue's travel article in this issue)

If you are hungry when you get to Chester, Illinois the Landmark St. Nicholas Brewery is waiting for you.

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Cell Phones for Safe Homes program raises funds through phones

Drop off your used cell phones at the Gene-Del Printing/Pulse Newspaper office to be recycled through Lydia's House "Cell Phones for Safe Homes" fundraiser.

For each phone collected, our recycling partner will make a cash donation of up to \$100 to Lydia's House.

If you'd like to donate your phone, stop by this location:

- Gene-Del Printing (9019 Manchester Rd.)

If you are interested in collecting phones for Lydia's House through a drive at your business, faith community or school, please contact Ellie Lorenz at (314) 771-4411 ext. 116 or elorenz@lydiashouse.org.

About Lydia's House

Lydia's House works in faith to end domestic violence by being a place of healing and a voice of hope for abused women and their children. Our program provides up to two years of transitional housing and critical support services to survivors of domestic violence.

Web: www.lydiashouse.org Email: info@lydiashouse.org Connect: Find us on Facebook, Follow us on Twitter

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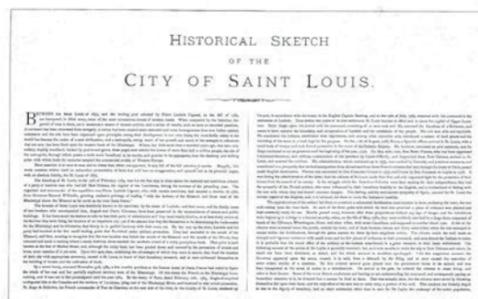
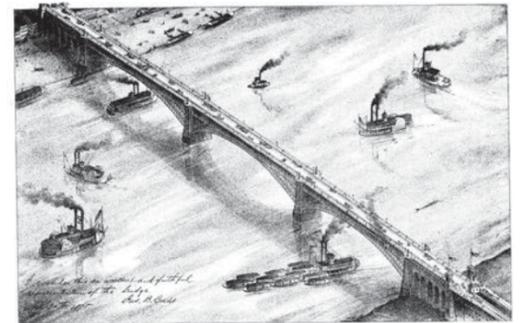
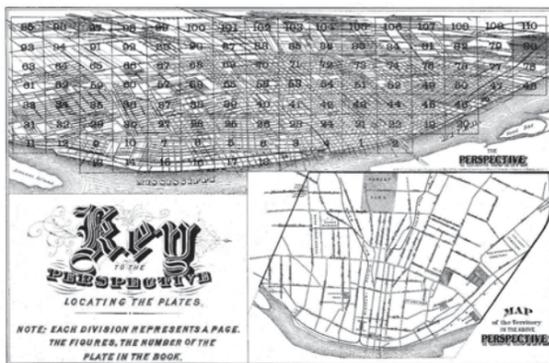
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Pictorial St. Louis A Topographical Survey Drawn in Perspective A.D. 1875

This is a reprint of the 1971 version of the original book. The book was painstakingly scanned from the original in my collection. Each page is reproduced in high resolution and coil bound so the pages lay flat while viewing. Printed on 12" x 18" high quality acid free paper. A nice edition to your historical book collection. Perfect coffee table book as people are attracted by the cover art.

PICTORIAL ST. LOUIS: The Great Metropolis of the Mississippi Valley A Topographical Survey, Drawn From Perspective 1875.

Illustrations by Camille N. Dry and designed & edited by Rich. J. Compton.

Over 220 pages of illustrations and descriptions of life in St. Louis in the late 1800's. The preliminary drawings for this work were made early in the spring of 1874. After a careful consideration of the subject, it was determined to locate the point of view so that the city would be seen from the southeast, believing that to be the most advantageous in all respects. Accordingly, the point of site was established on the Illinois side of the river, looking to the northwest, and at sufficient altitude to overlook the roofs of ordinary houses into the streets.

A careful perspective, which required a surface of three hundred square feet, was then erected from a correct survey of the city, extending northward from Arsenal Island to the Water Works, a distance of about ten miles, on the river front; and from the Insane Asylum on the southwest to the Cemeteries on the northwest.

Every foot of the vast territory within these limits has been carefully examined and topographically drawn in perspective, by Mr. C. N. Dry and his assistants, and the faithfulness and accuracy with which this work has been done an examination of the pages will attest. Absolute truth and accuracy in the representation of the territory has been the standard and in no cases have additions or alterations been made unless the same were actually in course of construction. In a few cases, important public and private edifices that are not yet finished are shown completed, and as they will appear when done.

All the buildings within the limits of the survey in July, 1875, are shown; and a very large number of those executed or commenced since that date have been also introduced, the pages having been constantly corrected up to the last possible moment before publication.

This book is available from Gene-Del Printing for \$75.00. Please call Keith at 314.962.4750 or email him at keith@genedel.com. You may also stop by our office at 9019 Manchester, 63144 in Brentwood to view the book.

Brentwood Board of Aldermen Minutes

Monday, February 5, 2024
 PARTIAL BOARD OF ALDERMEN
 REGULAR MEETING MINUTES

1. CALL TO ORDER & PLEDGE OF ALLEGIANCE

A. Call to Order - Mayor David Dimmitt called the meeting to order at 7:00PM
 B. Pledge of Allegiance - Immediately followed

2.ROLLCALL

Seven of the eight members were present representing a quorum.
 Alderman Plufka - Present
 Alderwoman Tice - Present
 Alderman Wegge - Absent
 Alderwoman Sims - Present
 Alderman Lochmoeller - Present
 Alderman Gould - Present
 Alderwoman Harter - Present
 Alderman Erger - Present

Other staff members present for the meeting included: Kevin O'Keefe (City Attorney), Joe Spiess (Chief of Police), Angie Hawkins (Police Major), Joe Simpson (Police Major), Ed Beirne (Assistant Fire Chief), Whitney Kelly (Planning and Development Director), John Benisch(Building Official - virtually), Michelle DePew (Finance Director), Dan Gummshheimer (Director of Public Works - virtually), Eric Gruenenfelder (Director of Parks and Recreation), Tangula Bell (Human Resources Manager), Michelle Boyer (Communications Manager), Bola Akande (City Administrator), and Kelle Silvey (Deputy City Clerk).

ANNOUNCEMENTS, APPOINTMENTS, PROCLAMATIONS & RECOGNITIONS

A. Police Department Recognition

Chief Spiess presented the following of-ficer promotions and shared their Bio information (available in BoardDocs):

- Lieutenant Josh Bowersox - His wife Megan pinned his badge.
- Lieutenant Joe Sullivan - His wife Kelly pinned his badge.
- Sergeant Vince Mullen - His family was recognized by not present
- Corporal Seth Mundorf - His wife Clare pinned his badge.

Major Simpson presented the following recognitions and shared the Bio information (available in BoardDocs).

- Officers for 3rd Quarter of 2023 - Officer Phil Meyer and Officer Chris Chambers
- Officer for 4th Quarter and also Officer of the year for 2023 - Officer Jamie Clark

Major Hawkins presented the new officers to the department and read their Bios available in BoardDocs.

- Officer Richard Pettit - Alderwoman Harter shared thanks from a friend at DSW who is thrilled to have this officer in Brentwood
- Officer Padon Barron
- Officer Amber Hawkins

The Mayor thanked the Police Chief for sharing this recognition of officers with the Board.

B. Appointment to the Brentwood Public Library Board of Trustee

Mayor Dimmitt stated that Cindy Bechtel is retiring from the Library Board after many years and that Mary Stevens has expressed interest in this position. (Bio available in BoardDocs)

The Mayor asked for a motion to make this appointment.

Motion was made by Alderwoman Tice and seconded by Alderman Plufka to approve the appointment of Mary Stevens to the Brentwood Public Library Board,

Motion carried by unanimous voice vote.
 Congratulations and thanks to Mary for her willingness to serve were extended by the Mayor.

C. Brentwood Public Library - Tax Levy Increase

Ed Wright Jr. (President of the Board of Trustees of the Brentwood Library) introduced Gina Gibbons (Library Director) and Laura Mccallister (Library Board member) and her husband Brian McAllister who is helping with the graphic art for the library and has done other design work around the city.

Mr. Wright opened with a quote from Laura Schapiro, "Great libraries have always looked to both the future and the past."

He shared historical information, noting the library has been here 80+ years and shared many activities with the community. He stated that the proposed future home of the library will be 2-blocks down the street. This item will be placed on the April 2, 2024, ballot for a tax levy increase. He also referenced that items from the Brentwood Historical Society (which are currently housed upstairs in City Hall) will be able to be on a rotational display in the new location.

Gina Gibbons then shared her Power Point presentation (available in BoardDocs) stating:

The library has served Brentwood for 85 years. She read the new Mission statement and shared pictures of activities and events hosted in the library, noting the space is crowded and the need for more room. She shared that the Historical Society also uses this space and hopes to have renderings of the new building to show at the next Board meeting.

She talked about the contingent space for a new location at 2201 S. Brentwood Blvd., noting there are 70 parking spaces, it is close to the current location in the center of Brentwood, is much more walkable for students being closer to the school, and provides room for future growth.

The plan is to pay for this new location through Proposition L on the ballot, that will generate \$SM for the purchase, renovation and operational expenses of the new building, which is approximately \$.21 per \$100 of assessed value. They have \$1M saved for the project, and a link on their website has a calculator to assist those who are interested in knowing what this will cost per individual household.

The Mayor asked Gina to explain the connection between the library and the city. Gina said that the library is completely independent from the city and is governed by a 9-member Board, and they are fully supported by property tax dollars only. They receive no revenue from the City Budget.

Alderman Gould noted that the library has leased space from the city, and asked how that will work moving forward.

Gina stated that the earliest they could have the new space would be July 31st, but they will need to do renovation and add an addition on as well. It would be 7-months to 1-year before it would all be complete or ready for a move. They plan to stay in their current space until then.

Ed Wright shared that the library is its own political subdivision. They are pleased

to continue to operate with the City in the current location until the move, which makes it easy. They have pamphlets and bookmarks that they are handing out. He noted that the household cost equates to about 1 Carl's milkshake per month on average.

He closed with a quote from Walter Cronkite: "Whatever the cost of our libraries, the price is cheap compared to that of an ignorant nation." We are happy to be updating and moving forward.

A. Citizen Comments

1) Kim Gardner - 2011 Spanish Dr. - shared his comments about gentrification. (His written comments are attached to the end of the minutes.) He feels that tearing down old houses in the neighborhood and replacing them with homes for only high-income earners is not a benefit. He asked that the city discourage this practice of tear-down and rebuild, and offered some steps he feels the city can take.

7. CITY ADMINISTRATOR REPORT

A. Brentwood Bound Update - Craig Schluter (Navigate Building Solutions) shared the construction costs, soft costs, and noted there were no changes in the other funding categories.

There were no questions regarding his report.

8. CONSENT AGENDA

A. Standing Committees Reports
 B. Warrant Lists - Operating Funds and Expenditures from the 2019 Series Certificates of Participation Proceeds (COP)
 C. Approval of Meeting Minutes from January 16, 2024
 D. Approval of Meeting Minutes from January 17, 2024 - Workshop
 E. Special Use Permit Application for St. Mary Magdalen School

Motion was made by Alderman Plufka and seconded by Alderwoman Sims to approve the Consent Agenda. Roll call:
 Alderman Plufka - Yes Alderwoman Tice - Yes
 Alderwoman Sims - Yes

Alderman Lochmoeller - Yes Alderman Gould - Yes Alderwoman Harter - Yes Alderman Erger - Yes
 Motion carried by a vote of 7 (yes) to 0 (No).

9. OLD BUSINESS

A. Bill No. 6471 - An Ordinance to Amend Chapter 500 Buildings and Building Regulations to add Article XVII, Infill Development Stormwater Management. (Second Reading)
 City Attorney did the second reading of Bill # 6471.

Whitney Kelly presented information stating that the first reading was done in August, where they were referred back to the Public Works Committee and take a look at the stormwater regulations, particularly for new residential developments. At the previous meeting of the Committee, they proposed a uniform sizing guide that allowed for staff approval of the majority of projects they have seen, and it addressed the expectations of stormwater run-off for new construction and expense considerations for residents.

Alderwoman Tice stated that the committee spent a great deal of time on this and the concerns were to be tough enough to keep control of run-off but not so tough for those people who want to do small projects. The committee feels the new presentation meets the needs of the request and is a good solution that they all could agree on.

Alderman Gould also commented that this was the right move for this ordinance.

Motion was made by Alderman Plufka and seconded by Alderwoman Tice to Perfect Bill #6471 into ordinance form. Roll call.

Alderman Plufka - Yes
 Alderwoman Tice - Yes
 Alderwoman Sims - Yes
 Alderman Lochmoeller - Yes
 Alderman Gould - Yes
 Alderwoman Harter - Yes
 Alderman Erger - Yes
 By a vote pf 7 (yes) to 0 (No), Bill# 6471 will become Ordinance #5113.

A. Adjournment

The Mayor stated that there was no further business, and the meeting adjourned at 6:48PM



Mayor David Dimmitt

Ward 1



Alderwoman Nancy Parker Tice



Alderman David Plufka

Ward 2



Alderwoman Sunny Sims



Alderman Brandon Wegge



Municipal Judge Patrick Dignam

Ward 3



Alderman Jeff Gould



Alderman Steve Lochmoeller

Ward 4



Alderwoman Sharon Harter



Alderman Sullivan Erger

Brentwood 2024 Holiday Trash Schedule

Holiday	Date	Change
Memorial Day	Monday, May 27	Regular services (Monday-Friday)
Juneteenth	Wednesday, June 19	Regular services (Monday-Friday)
Independence Day	Thursday, July 4	No trash service. Pickup resumes one day after regular schedule (Fri-Sat)
Labor Day	Monday, September 2	Regular services (Monday-Friday)
Veterans' Day Observed	Monday, November 11	Regular services (Monday-Friday)
Thanksgiving Day	Thursday, November 28	No trash service. Pickup resumes one day after regular schedule (Fri-Sat)
Christmas Day 2023	Wednesday, December 25,	No trash service. Pickup resumes one day after regular schedule (Thurs-Sat)

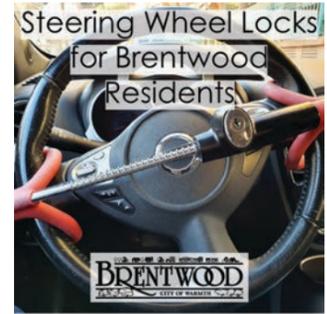


Low Mow April

April is a critical month for emergent pollinator populations which are supported by new growth and development of grasses, flowers, and trees; and mowing during this period has a negative impact on pollinator-friendly habitats.

The Sustainability Commission is promoting a “Low Mow April.” During April, Brentwood residents are encouraged to limit their lawn mowing to every two weeks, with the mower set on maximum height to preserve flowering capabilities for pollinators. To learn more about “Low Mow April” visit: <https://brentwoodmo.org/2580/Low-Mow-April>.

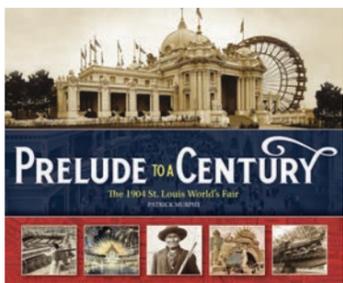
If you are interested in ordering a yard sign (shown above) email sspaid@brentwoodmo.org.



Brentwood Police Department received a donation of steering wheel locks and is offering them free of charge to Brentwood residents. If you are interested, they can be picked up at Brentwood City Hall. Supplies are limited. First come, first serve.

Questions, call City Hall at 314.962.4800
Keep your car protected!

PRELUDE TO A CENTURY: THE 1904 ST. LOUIS WORLD'S FAIR



Reedy Press is pleased to announce the release of its newest local interest book, *Prelude to a Century: The 1904 St. Louis World's Fair*, by Patrick Murphy.

No single event in the history of St. Louis shines as brightly as the 1904 World's Fair. Forest Park was transformed into a magnificent Ivory City of immense palaces and dramatic vistas. Cascades and fountains splashed and bubbled. Giant engines hummed, powering a million electric lights. Twenty million visitors passed through its gates to witness wondrous displays of the technological achievements of humankind.

In this spectacular volume, Patrick Murphy takes us beyond the sights and sounds of the Fair into the minds of those who were there. His stories are those of a generation standing on the brink of a new century, with a sense of wonder and optimism. Murphy helps us appreciate how the Fair was a product of its time both in noble aspirations and base prejudices. Exhibits featuring flying machines, automobiles, enormous turbines, and wireless telegraphy stood beside “villages” displaying Indigenous people as if they were in a zoo.

Murphy's storytelling takes us to the heart of the Fair, amid its sights, sounds, and smells. We're part of the crowd. If the past is a different country, *Prelude to a Century* is the perfect traveler's guide to a monumental event that continues to resonate with history lovers.

Prelude to a Century: The 1904 St. Louis World's Fair is available wherever books are sold beginning March 18.

ABOUT THE AUTHOR

As a television producer, Patrick Murphy has earned six Emmys for his public television documentaries on the history and culture of the American heartland. He is the author of *Candy Men: The Story of Switzer's Licorice*, *The Irish in St. Louis: From Shanty to Lace Curtain*, and *Places to Pray: Holy Sites in Catholic Missouri*.

BOOK LAUNCH & SIGNINGS

Thursday, April 11 – Book Launch at the Missouri History Museum

Saturday, April 13 from 1 – 3 p.m.

Webster Books

27 N. Gore, Webster Groves, MO 63119

Free and open to the public

Sunday, April 14 from 1 – 3 p.m.

Main Street Books, 307 S Main St, St Charles, MO 63301

Free and open to the public

Saturday, April 27 from 12 – 2 p.m.

Kerry Cottage

113 N Kirkwood Rd, Kirkwood, MO 63122

Free and open to the public



Maplewood Lions Club

Annual Easter Egg Hunt

Deer Creek Park

Laclede Station Rd & Marshall Ave

Maplewood, MO 63143

Saturday, March 30, 2024

1:00pm Sharp

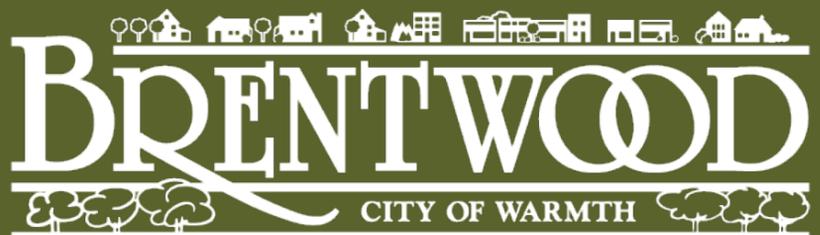


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The City of Brentwood provides information and connects with the community through a variety of communication channels. Choose the tools you prefer to use to find City of Brentwood updates, news, events and more. Choose how you wish to stay connected and informed.

Connect with City of Brentwood's communication channels here



Thomas Saggese *continued from page 12*

Part of the reason for his friend’s success, Roby believes, is the attitude that Saggese has about life – shaped at least in part because of his mother’s death.

“I think when something like that happens, it can either help a person gain perspective or he can become bitter,” Roby said. “I think he chose to gain perspective. I think he truly does understand the beauty of life.”

Roby and Saggese are sharing an apartment in Jupiter this spring, and Roby has marveled about how his friend lives his life.

“He’s got a lot of great attributes,” Roby said. “He’s one of the best people that you could meet. One thing I think he does that kind of stands out is he truly does care about everybody around him. I think he takes time to get to know people around him, and he truly cares.

“His attitude toward life, baseball, whatever, I think it’s very healthy.”

Saggese’s faith also has grown since he started playing baseball professionally. It’s also been a factor in his success, he believes.

“Pro ball makes you grow up quick,” he said. “It was a lot of stuff (in a short time) ... my mom, the Covid season, the draft. I started going to chapel and I grew more in my faith. I’m pretty strong at this point but there is room to grow.”

That sounds like the description of Saggese as a baseball player too.

“It’s interesting, and pretty wild, because it’s kind of like it happened over time,” Saggese said. “It’s almost like if your child is growing but you see them every day, you don’t really notice it. I would describe it the same way.

“I’ve loved pro ball. I’ve noticed that people who have a beginning to faith, and who grew up in that kind of household, they get to pro ball – and they know it can tear you down. I think people have to have faith in something to survive.”

One of the highlights of Saggese’s spring was getting some tips on playing defense from Ozzie Smith. Watching Nolan Arenado and Paul Goldschmidt go about their pre-game preparation, and what he learned from that experience, will stick with him into the regular season.

As much as Flores wanted personally to see Saggese remain with the Rangers, he knew the trade to the Cardinals would be good for him.

“You look at our (the Rangers) infield and those guys, barring injury, are going to be there for six or seven years,” Flores said. “It was right for Tom.

“I text him every month or so because I don’t want him to think just because he’s no longer a Ranger we don’t think of him. Everybody in the organization misses him. I get texts from other scouts all the time; ‘did you see what Tommy did today?’ or ‘I read this about Tommy.’ Everybody loved him.”

Saggese joined the Springfield Cardinals after last summer’s trade. He had not been there long when he learned that he had something in common with one of his new teammates, Pedro Pages.

Pages’ mother had also died of cancer, in 2016, when he also was a senior in high school.

“My mother is a big part of my story too,” Pages said. “When my mom passed it motivated me more. Everything I do now is for her. I went up to Saggese and shared my story with him and that honestly brought us to be closer. We are like brothers now I guess.

“It’s part of life. At the end of the day you can’t control it. I want to make it to the major leagues for my mom. That’s my goal. She kept fighting for two years, so why would I stop fighting? I’m just fighting for my dream.”

Saggese is too.

“I didn’t really feel like I was a victim,” he said. “Her having cancer was all I ever knew. I was more grateful that she had cancer for 10 years. It was a blessing that I got that much time with her.”

Even though they are no longer together physically, Saggese knows his mom is always there. All he has to do is tap his wrists together.

What would she be thinking about Saggese’s success?

“She would be in Jupiter right now, I’m sure,” her husband said. “I’m sure she would move there. She would be absolutely thrilled.”



*Photos courtesy of the Saggese family and Springfield Cardinals
Follow Rob Rains on Twitter @RobRains*



FREDDIE
MALE, NEUTERED, 2

Freddie is very sweet and walks well on the leash. Appears to be potty trained; has had ZERO accidents in his kennel. Treat motivated. Come meet him today!



BEATRICE
FEMALE, SPAYED, 9 weeks

Beatrice is a bundle of love, waiting to bring joy to her forever home. She's a cuddly companion, always ready to snuggle up for a good nap after a fun-filled day. Adopt Beatrice from our Brentwood location today!



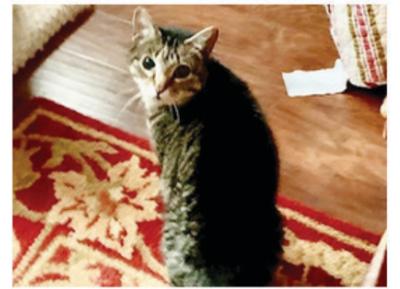
SNOWBALL
MALE, NEUTERED, 3

Hi, I'm Snowball! I've been known to charm everyone with my tender purrs and soft paw pats. I love to spend my days curled up in a cozy corner, or playing with my favorite toy mouse. Help me find my furrever home today!



TOODLES
FEMALE, SPAYED, 9 weeks

While we gather all the details about this adorable companion, why not give us a ring at 314.645.4610 to uncover the secrets of their playful personality, their favorite treats, and the special quirks that make them one of a kind?



CARRIE
FEMALE, SPAYED, 8

Meet Carrie! At 7 years old, Carrie is a gentle kitty whom her foster refers to as a "timid spirit". She loves snuggling in beds and is looking for a quiet home where she can bond with her owner.



HONEY
FEMALE, SPAYED, 3

While we gather all the details about this adorable companion, why not give us a ring at 314.645.4610 to uncover the secrets of their playful personality, their favorite treats, and the special quirks that make them one of a kind?



SIMBA
MALE, NEUTERED, 9 weeks

While we gather all the details about this adorable companion, why not give us a ring at 314.645.4610 to uncover the secrets of their playful personality, their favorite treats, and the special quirks that make them one of a kind?



BELL
FEMALE, SPAYED, 2

Hi, I'm Bell! I am available as a working cat as outdoor pest control. Come ask about me today!

For Adoption Information, Call 314.645.4610



**Mosaics Fine Art Festival
Seeks Artists for 29th Annual Event**

Mosaics Fine Art Festival recently opened the application process for its 29th annual event to be held Fri., Sept. 13 through Sun., Sept. 15. Only 100 artists will be invited to showcase and sell their wares at this exclusive juried event. The application deadline is March 31, and notification of acceptance will take place May 5.

The family-friendly event, which is free and open to the public, will be held along several blocks of North Main St. in Historic St. Charles, Mo. where more than 30 restaurants and over 75 shops are located.

A distinguished panel of jurors will select artists based upon their original work in a variety of media categories including clay, drawing, glass, leather, metal, pastel, oil/ acrylic, photography, printmaking, sculpture, watercolor, and wood. A total of \$5,000 will be awarded to the top nine artists.

Mosaics Fine Art Festival features live musical entertainment, a Children’s Village Creation Station for hands-on art experiences, the Mary Hediger Memorial Art Shop for Kids where children ages 14 and younger can buy professional artwork, and the Joyce Rosen Founder’s Scholarship art display where emerging high school artists showcase their work. The Artists for Adoption Pet Pavilion is open to families interested in adopting pets from Stray Paws Adoptables.

The Mosaics Fine Art Festival is a nonprofit organization that showcases local and regional artists while educating the community’s children and adults in how art can enhance their lives. The festival features a wide array of artwork produced by a mix of emerging, mid-career, and established artists in all media. Artists can apply before the March 31 deadline at <https://www.zapplication.org/event-info.php?ID=11842>. For more information, call (314) 406-2067 or visit <http://www.stcharlesmosaics.org>.

Neighborhood Nostalgia

By a Brentwood Alum

Looking back many years ago, Brentwood was such a close-knit town with small neighborhoods stretched across. We seemed to know everyone in our particular neighborhoods...We knew all our neighbors...played games, such as monopoly, in others' homes. Memories come to me, like how our mothers cut their kids sandwiches differently, a big deal to some of us, at the time...how some neighbors smoked and some did not, playing in the evenings - kick the can and hide and seek - with so many hiding places. Many neighborhoods were next to open fields or woods where we could play things like cowboys and Indians, such as at the Moss farm property on Brentwood Blvd. A neighborhood couple who had no children used to have banana splits for us kids in their basement; they were professional square dancers who had square dancing in that basement. We had parties in many basements around, too! Some of us shared our mothers' kitchens to make holiday cookies together...Another thing...we usually walked to school, and could walk all over town, even at night, to visit others for parties and get-togethers. In a second grade class at No 1, the teacher, Mrs. Eatherton, took us over to see the earth-moving at the future site of the new library to replace the old one on Brentwood Blvd., south of Manchester. This new one, with beautiful wood furniture and spacious tables, was very peaceful and filled with books. Over many school years, we spent much time in evenings seeking knowledge in the great assortment of reference books, working on term papers. We in Brentwood, for such a small town, had a bowling alley, restaurants, a movie theatre, a pony ride, many churches, and several good drug stores. You name it, we usually had it. What a wonderful town, really a city!

Nowadays...looking forward

There are so many new, wonderful homes being built to replace older houses almost everywhere in Brentwood. That's progress in an exceptional town. Perhaps a new library will be constructed in the future to allow more space for community use. The old neighborhoods are now being replaced with younger children as happens in most neighborhoods. They have a great place to have friends and exceptional schools in Brentwood.

Brentwood Alumni Association

Here are a few snapshots of the **3rd Weekend In September** All-School Reunion held last September 21 at Brentwood High. This is a yearly event for all alumni, teachers, and friends.



Alison Reed '82, Barb Clemens, Debbie Sutterer Houlihan '73



Jan Niehoff, Greg Niehoff '66, Kurt Niehoff '69



60s and 70s grads



Art Toney '59, Ed Holt '58



Dave Heger '83(?), Kenneth Levin '69



George Clements '57, Dennis Kurre '58



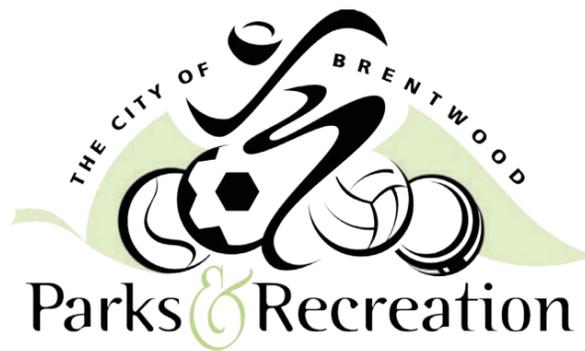
LtoR: Charles LaGarce '59, Alison Reed '62, George Clements '57



Marcia Hunsinger Werremeyer '66



John Kaufman '73, Gary Byrd '72, Debbie Sutterer Houlihan '73, Rodney Carr '73, Carol Bolling Rapp '73, Mike Moore '73, Tim Hoffman '73



Drop off the kids and have a night out! Children will have the opportunity to eat dinner, watch movies, play games, and go ice skating. Each night has a unique theme.

Dates: Fridays, Dec. 1, Jan. 12, Feb. 9, March 1, April 5

Time: 5:30-9:30pm

Ages: 5-10

Location: Brentwood Community Center

Price: Res. \$25/Non-Res. \$30

Activity Number: 945100, 145100



The Easter Bunny has made some very special boxes for the community. Each box will include: all the fixings for a very special Bunny breakfast for a family of 4 on his special day, craft projects for 2 children and egg dye. Emails will be sent out when boxes are ready for pick up.

Dates: Thursday, March 21 and Friday, March 22

Time: 8am-5pm

Location: Pickup at Brentwood Community Center

Price: Res. \$30 per family

Activity Number: 145113



Join us for a FREE community egg hunt! There are 10,000 eggs to be found and plenty of candy and prizes to discover!

Dates: Saturday, March 23

Time: 9-10am

Location: Brentwood Park

Price: Free



In today's digital age, it's essential for children to not only navigate the online world safely but also to harness its potential for creativity and personal growth. This camp is designed to provide children with the knowledge and skills they need to thrive in the digital landscape while staying safe. This hands-on educational program combines online safety education with an introduction to the world of digital marketing. Students must bring an iPad or cellular device.

Dates: Saturday, April 13

Time: 12-4pm

Location: Brentwood Community Center

Ages: 13-16

Price: Res./Non-Res. \$75 per child

Activity Number: 145116



Piggie and Elephant

Each week participants will read a story and enjoy either a cooking or crafting activity. This is a parent-child class.

Featuring: I Broke My Trunk, Are You Ready to Play Outside? and Waiting Isn't Easy

Dates: Saturdays, April 13, 20 and 27

Time: 10-11am

Location: Brentwood Community Center

Ages: 3-6

Price: Res. \$25/Non-Res. \$30 per child

Activity Number: 145108



Release all the holiday energy with Brentwood Parks and Recreation staff during a select couple of days during break. We will be ice skating a couple days along with crafts, sports and science projects. Register for one class or all 5. Registered participants will receive an email one week prior to Spring Break explaining the weeks activities.

Dates: Monday-Friday, March 18-22

Time: 8:30am-4:30pm

Location: Brentwood Community Center

Ages: 5-10

Price: Full Week-Res. \$185/Non-Res. \$205

Individual Days-Res. \$50/Non-Res. \$60

Activity Number: 145104



Nerf Wars aren't just for kids! Join Brentwood Parks and Recreation staff at Brentwood Park for a Nerf war, pizza and non-alcoholic drinks. Nerf darts and eye wear will be provided. Meet at the Brentwood Park Pavilion.

Dates: Friday, April 12

Time: 6-8pm

Ages 18+

Location: Brentwood Park

Price: Res. \$12/Non-Res. \$15

Activity Number: 145117



Grab the family (or partner with another) and be prepared to work together for eight rounds of family friendly trivia. Snacks and prizes included! Preregistration required. Teams of 8 or less. Fee is per team.

Dates: Friday, April 19

Time: 6-8pm

Location: Brentwood Community Center

Price: Res. \$25/Non-Res. \$30 per team

Activity Number: 154102



Brentwood Police Department

Calls for Service Report

*Note: CFS Do Not Always Become Written Police Reports

2-5-24 TO 2-11-24

CFS for Person Crime	
Murder / Manslaughter	0
Sex & Sexual Assaults CFS	1
Robbery /Car-Jack	0
Assaults	2
Peace Dist -Domestic- Misc	11
Calls for Mental Health	3

CFS for Property Crime	
Arson/Bombing/Burning	0
Burglary - Residential	0
Burglary - Business	1
Destruction of Property	3
Frauds & ID Theft	2
Larceny - Shoplifting	13
Larceny - From Vehicle	0
Stolen Vehicles	0
Trespassing	2

Weapons Related	
Utilized/Taken	1
Recovered	0

Auto Accidents	13
-----------------------	-----------

Patrols	
Building & Business Check	96
Schools	18
Parks - Misc	55

Notable CFS	
Alarm Calls	9
Animal Related	2
Assist FD & etc ..	18
Check Welfare/Notification	7
Contact Another Agency	18
Motor Assist	2
Police Community Relations	0
FLOCK/LPR/RADAR-FTY	2
Solicitors	0
Suspicious Person/Vehicle	7
Traffic Control/Details	9
Traffic Stops	7
Vacation Checks/Close Watch	4
Fireworks	0
ARREST	
Prisoner Conveyance	4
Adults	4
Juvenile	1
ARREST TYPE	
FTA/Fugitive	1
Original Non-Traffic	4
Original Traffic	0

Miscellaneous CFS	34
Minus Arrest/Types/Weapons	-11
Total Calls For Service	343



Brentwood Police Department

Calls for Service Report

*Note: CFS Do Not Always Become Written Police Reports

FEBRUARY 2024

CFS for Person Crime	
Murder / Manslaughter	0
Sex & Sexual Assaults CFS	1
Robbery /Car-Jack	0
Assaults	2
Peace Dist -Domestic- Misc	42
Calls for Mental Health	8

CFS for Property Crime	
Arson/Bombing/Burning	0
Burglary - Residential	0
Burglary - Business	2
Destruction of Property	7
Frauds & ID Theft	10
Larceny - Shoplifting	45
Larceny - From Vehicle	4
Stolen Vehicles	2
Trespassing	13

Weapons Related	
Utilized/Taken	4
Recovered	5

Auto Accidents	
-----------------------	--

Patrols	
Building & Business Check	537
Schools	103
Parks - Misc	274

Notable CFS	
Alarm Calls	36
Animal Related	16
Assist FD & etc ..	102
Check Welfare/Notification	30
Contact Another Agency	94
Motor Assist	14
Police Community Relations	4
FLOCK/LPR/RADAR-FTY	14
Solicitors	8
Suspicious Person/Vehicle	54
Traffic Control/Details	39
Traffic Stops	354
Vacation Checks/Close Watch	21
Fireworks	0
ARREST	
Prisoner Conveyance	9
Adults	40
Juvenile	1
ARREST TYPE	
FTA/Fugitive	18
Original Non-Traffic	29
Original Traffic	0

Miscellaneous CFS	158
Minus Arrest/Types/Weapons	-97
Total Calls For Service	2003



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 Traintown
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 sherryhill143@gmail.com

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TRAVEL

By Sue McCarthy



POPEYE and FRIENDS

By Sue McCarthy

The cartoons with Popeye the Sailor Man brings back many childhood memories. My husband and I decided to take a weekend trip to Chester, IL in search of Popeye and friends. I didn't realize Popeye had so many friends! The characters were created by E.C. Segar with their first appearance at the Thimble Theatre comic strip in 1929.

Some of the characters were: Sea Hag the nemesis of Popeye the sailor. She is the last witch on earth and she is a pirate who sails the Seven Seas in her ship "The Black Barnacle." She had a love-hate relationship for Popeye. With her magic she can change her appearance to that of her alter ego, "Rose of the Sea." She has a pet vulture named Bernard.

Popeye's girlfriend is the tall thin Olive Oyl. Other more well-known characters are Swee Pea (a crawling baby was adopted by Olive Oyl), Bluto, Wimpy, Poopdeck Pappy.

There is a Popeye Character Trail with 19 stops along the trail. You can walk or drive to follow the trail. There are also huge murals with the characters and sayings that were familiar to Popeye followers. "I Y'AM WHAT I AM AND THAT'S ALL THAT I AM." "I'M STRONG TO THE FINICH CAUSE I EATS MY SPINACH, I'M POPEYE THE SAILOR MAN."

Wimpy always said "I'LL GLADLY PAY YOU TUESDAY FOR A HAMBURGER TODAY." Cost of the hamburger was \$1.

You can join the Popeye Fan Club at the Spinach Can Collectibles shop. We had wanted to go inside the shop, but even though it said OPEN...it was closed. I would suggest you call in advance if you plan on shopping. Looking through the window we saw many collectibles, such as, cups of Popeye, Olive Oyl, Brutus, Swee Pea and Bluto. We saw comic books too.

Www.popeyethesailor.com We drove down RT 3 on the Illinois side of the Mississippi River and returned to St. Louis by crossing the Chester Bridge to I-55 in Missouri. This is the only bridge between St. Louis, MO and Cape Girardeau, MO. There is also a ferry crossing at Chester, but it is not operating at this time.



IF YOU GO - Chester IL

By Sue McCarthy

Chester Welcome Center
10 Bridge By-Pass Road
Chester, Illinois
618-826-2326



Brentwood Alumni News



The new Hall of Fame display in the high school above the Commons area near the library. Go find it!

PAST REUNIONS

1983 40th

The Class of 1983 held its reunion on September 16, 2023. Our classmate, **Virgil Avanzado**, hosted us at Boardwalk Pizza in Ellisville, which he owns and manages. We had a fun night catching up with each other, and Virgil created a great atmosphere with craft beer brewed on the premises and plenty of appetizers and pizza for snacking. We were lucky to have many classmates return from far away. The classmates who traveled the farthest were **Gary Russell** from the Los Angeles area and **Jeff Bingley** from Alberta, Canada. The time flew by quickly that evening, so we're already looking forward to getting back together in 2028!

Submitted by **David Heger**



L to R: Seated – Kathi Cartwright, Debbie Shaw Pearman, Kim Dayton Dubrow, Susie Gill Bennett, Jeff Bingley, Mike Peters. Standing Row 1 – Therese Hutsell Heard, Diana Chapman, Greg Carr, Amy Eckart Meyer, Jill Drury Gundy, Pam Featherston McGrath, Joann Sirota Kole, Melanie Buerkle Maesaka, Earl Laseter. Standing Row 2 – Dave Heger, Christine Brenton Kelly, Joe Magee, Anthony Harper, Jerry Featherston, Virgil Avanzado, Gary Russell, Karen Bush Keller, Sara Soebbing Hacala

One of our oldest alums reading the BAA August newsletter...

Eva Moritz Bouvier '43

She remembered some of the names. Eva was 99 years old and the aunt of **Charles '59 and Sandy '61 LaGarce**. She passed away December 5, 2023



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Federally insured by NCUA for \$250,000.

**Additional minimum coverage of \$750,000 provided by Excess Share Insurance Corporation, a licensed insurance company.

*APY=Annual Percentage Yield. Actual rate is 5.25%. Limited time special offer. APY accurate as of 11/06/2023. Rates may change without notice. Early withdrawal penalties apply. Offer requires 100% of funds as new funds not currently on deposit with West Community Credit Union. Minimum opening deposit of \$500. Membership eligibility required.



Scholarships available to 2024 high school grads!



APPLY BY MARCH 15!

Scan the QR code or visit our website for details.

Scholarship applications are reviewed and awarded by our Scholarship Committee. Students applying for this scholarship are not eligible for any other West Community Credit Union scholarships. West Community Credit Union staff, volunteers and their family members are not eligible.