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the pulse

newspaper



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Volume 47, Number 11

November 2023

Your Neighborhood Newspaper Since 1977



Garden Glow Presented by Wells Fargo

November 18–January 6 | Closed November 23, 27, and December 24–25
Celebrate the holiday season at the most spectacular holiday lights experience in the St. Louis area.

Featuring nearly two million dazzling lights, Garden Glow transforms the iconic setting of the Missouri Botanical Garden into an enchanted wonderland rich with mesmerizing displays and unforgettable moments.

Book your visit soon to secure your preferred date and timeslot and take advantage of special group pricing for parties of 15–25 guests.

Upcoming Events

Holiday Flower and Train Show

November 18–January 1

Delight in festive Victorian-themed holiday installations and miniature trains.

Chanukah: Festival of Lights

December 10

Join us for an afternoon of festive Israeli music and dance, a menorah-lighting ceremony, and more.

Kwanzaa: Festival of the First Fruits

December 27

Join us for an afternoon of festive Israeli music and dance, a menorah-lighting ceremony, and more.

HALLOWEEN IN BRENTWOOD

Brentwood Ice Rink



Brentwood Parks Pumpkin Carving Night



McGrath Trunk or Treat



Saint Mary Magdalen



Toys for Tots!!!! It's that time of year again!!! The opportunity for our community to help those who may otherwise not receive gifts this Christmas. The Professional Firefighters of Brentwood MO, in partnership with the Marines of 3rd Battalion 23rd Marines, are collecting new, unwrapped toys. Please show your generosity by dropping off toys at the fire station. Let's put a smile on thousands of children's faces this Christmas season!



BRENTWOOD SCHOOL DISTRICT

Kensington Curd Crowned Cross Country State Champion

Brentwood High School sophomore Kensington Curd capped a sensational sophomore season with a first-place finish at the MSHSAA Class 2 Cross Country Championship on Friday, Nov. 3. Curd is the first cross country state champion in school history, and the first individual girls champion in any sport since Sophia Rivera won the discus and javelin in 2016.



Curd came into the state championship meet with high expectations. She earned victories in five races this season, including the Class 2 District 3 championship, and her season-best time of 18:38.50 was listed as the fastest time in Class 2. She also finished fourth at last year's state championship meet as a freshman.

"I knew I'd have to fight for it," said Curd. "No matter what time I had put up before, in moments like this with the pressure of wanting to succeed, I know everyone gets that boost. I knew I was going to have to work for it."

As exhausted as Curd was after crossing the finish line, the sophomore immediately grabbed water and began passing it out to other finishers. It was something she had done all season, so it was no surprise that the newest state champion was helping out other runners.

"Cross country is a hard sport for everyone," said Curd. "It is one of the hardest things you can do. You have to push yourself mentally as well as physically. Everyone should have someone at the end to pick them up and tell them how amazing they did."

District Receives \$100,000 for School Safety Improvements

The Brentwood School District has been awarded \$100,000 from the Missouri Department of Elementary and Secondary Education School Safety Grant Program. Brentwood was one of 566 school districts, charter schools and nonpublic schools to receive grants from the second round of funding for the program.



Brentwood will use the funds for safety improvements related to the Mark Twain Elementary School renovation project, including fencing, security cameras and a badge entry system for all exterior doors. The grant will be funded on a reimbursement basis, meaning the district must submit payment requests after the expenses have occurred.

"Improving the safety and security of our schools is an issue we can all support, and these grants help ensure our schools remain safe environments for Missouri children to learn," said Governor Mike Parson. "While threats of violence are something we never want to see in our classrooms, we must be prepared and have proper resources and response plans in place. This second round of school safety grants continues our commitment to doing just that and helping keep kids safe."

Governor Parson approved an additional \$50 million to expand the program for the fiscal year 2024 budget. More than 150 school districts and charter schools received \$20 million in funding during the first round of grants from the fiscal year 2023 budget.

"Missouri families continue to tell education leaders that ensuring their child's school remains safe and secure is their biggest concern," said Commissioner of Education Margie Vandeven. "We thank Governor Parson and the General Assembly for their ongoing support and commitment to ensuring our schools remain among the safest places for our students."

High School Student Council Food Drive

The Brentwood High School Student Council is collecting canned goods, non-perishable food items and personal care items for families in need this holiday season. Brentwood community members have two options for participating in this year's Student Council Food Drive.



Option No. 1 - Drop off your items at Brentwood High School on Nov. 6, 10 and 13 from 3-5 p.m. near the school's side entrance on Moritz Avenue. Simply drive up to the side entrance and our students will take care of the rest.

Option No. 2 - To have your items picked up from your home, please complete the online request form at brentwoodmoschools.org/fooddrive and place your bagged items outside of your front door on Monday, Nov. 13 for collection. Our students will stop by your home between 3-5 p.m. that day to collect your items.

"We have always been able to count on the Brentwood community to support our local families in need," said Amelia Spencer, BHS Student Council president. "Thank you for helping us spread the giving spirit this holiday season."

If you have any questions, please contact the Brentwood High School Student Council via email at stuco@brentwoodmoschools.org.

Middle School Career Day Inspires Postsecondary Exploration

More than 20 business professionals shared their experiences and insights about their respective fields as part of Brentwood Middle School's second annual Career Day on Friday, Oct. 27.

From aerospace engineering to multimedia journalism, this event showcased a diverse array of career options, offering students a firsthand look at how the skills they are learning in the classroom can be applied in the real world. The professionals all had direct connections to the Brentwood community, which included parents, residents, business owners and local first responders.

During the event, students had the opportunity to attend five 20-minute breakout sessions to explore the different career paths that were represented. The event also included an exhibit hall, which allowed students to engage directly with the professionals and ask questions about their postsecondary educations and career journeys.

"It was exciting to see our students connecting with real-world professionals," said Anne Bosche, BMS school counselor. "We are thankful to all of the volunteers who took the time to share their expertise and inspire our students to begin shaping their own career paths."



School Board Candidate Informational Session



The Brentwood School District Board of Education will host an informational session for prospective school board candidates on Wednesday, Dec. 6 at 6:30 p.m. in the Administrative Office Conference Center

(1201 Hanley Industrial Ct.).

As elected representatives, the seven-member Board of Education serves as the governing body for the Brentwood School District. The school board sets district policies, selects the superintendent of schools, adopts the annual budget and determines the tax rate.

Board members serve three-year overlapping terms with two or three members elected each year. Board members, who receive no salary, are committed and concerned citizens who devote hours working on behalf of students and the educational interests of the Brentwood community.

Board candidate filing opens Tuesday, Dec. 5 at 8 a.m. and closes Tuesday, Dec. 26 at 5 p.m. The election will be held on Tuesday, April 2, 2024. Please visit brentwoodmoschools.org/board to learn more about the Brentwood School District Board of Education.

BHS Proudly Presents 'And Then There Were None'

Prepare for a thrilling evening of suspense and intrigue as Brentwood High School presents four performances of "And Then There Were None," a gripping murder mystery based on Agatha Christie's bestselling crime novel.

Set against the backdrop of an isolated island in England, this tale of 10 strangers with dark secrets will keep you on

the edge of your seat. As death strikes the group one by one, paranoia sets in, and fingers point in all directions. Could the killer be among them?



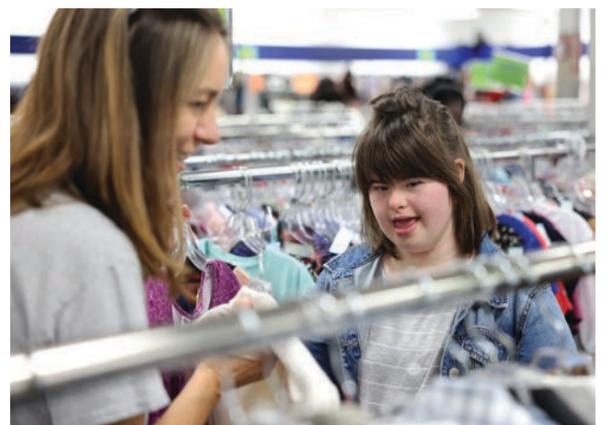
AND THEN THERE WERE NONE

Showtimes are Nov. 15-18 at 7 p.m. in the Brentwood High School Auditorium (2221 High School Dr.). Tickets are \$5 for students and \$10 for adults.

Don't miss this opportunity to test your wits and unravel the mystery. Will you survive the show?

Students Master Style and Savings at Local Goodwill

Brentwood middle and high school students recently visited the neighborhood Goodwill in search of the perfect job interview outfit without breaking the bank. Students embraced the challenge of staying within a budget and picking out clothes, shoes and accessories fit for the fall season. Kudos to our savvy shoppers for their style and financial skills!





INSIDE BASEBALL

By Rob Rains of StLSportsPage.com

Best friends Tekoah Roby, Thomas Saggese excited about future – together – with Cardinals

They met in June of 2020, two 18-year-old kids from different coasts, brought together in the middle of America because of baseball.

Tekoah Roby and Thomas Saggese met the day they signed with the Texas Rangers after being selected in the amateur draft, a pitcher from Florida and an infielder from California, ready to begin their professional journeys.

What they didn't know then was that they would be doing it together, becoming best friends in the process.

"We've been through everything together, really," Saggese said.

Said Roby, "It's funny. We are from complete opposite sides of the country but we are pretty similar people. I don't really know how to describe it. We just like to hang out and kick back and relax. That's kind of why we get along."

It's not unusual, especially in the minor leagues, for players to become close friends. What makes the story of Roby and Saggese's friendship unique, however, is that it isn't often that those best friends get traded – together.

"It's actually happening"

Roby, whose nickname is TK, was at the Rangers' spring training facility in Surprise, Ariz., on the morning of July 30, going through rehab for a sore shoulder that had sidelined him for more than a month.

"I knew there really was no time when a player couldn't be traded, even during rehab," Roby said. "But it definitely was the last thing on my mind."

A telephone call from the Rangers' farm director changed that, alerting Roby to the fact that he was part of a trade package that was being discussed as the deadline approached. He did not go into any specifics about the proposed deal with Roby.

"He told me to kind of hang tight and that he would get back to me," Roby said. "I ended up going for a walk."

While on the walk, Roby used his phone to pull up the box score of the Frisco game. He and Saggese were teammates on the Double A team before Roby's injury.

"I saw Tom got pulled out of the game," Roby said. "I knew that meant there was a good chance he was probably in a deal too."

Was it possible they would be going to the same team, Roby wondered, or was that too much to ask for?



Saggese, like Roby, was aware of the trading deadline. It's hard to ignore the rumors, but he also knew that many times those rumors don't turn into reality.

"At first I thought I was going to be traded, then maybe that I wouldn't get traded, then I was pulled out of the game," Saggese said. "I thought, 'Holy crap, it's actually happening.'"

About 15 minutes after he was pulled from the game in Wichita, Saggese found out Roby was in the same trade – and that both were headed to the Cardinals as part of the deal that sent Jordan Montgomery to the Rangers.

"I think it was probably worse for him because he was rehabbing at the time and was really blindsided," Saggese said. "All of a sudden, boom, 'you're traded.'"

At about the same time that Saggese got the official news of the trade, another phone call gave Roby the same news. As soon as the Frisco game ended, while Saggese was still in the clubhouse, Roby called him on Facetime.

"There was definitely some emotion," Roby said.

The trade meant that Saggese had to join the Springfield Cardinals while Roby moved his rehab from Arizona to the Cardinals' spring training facility in Florida.

"That was tough for me," Saggese said. "The first time you go into a new clubhouse it's tough. It was so nice to get traded with one of your best friends, in baseball and in life too. For the first couple of days we were on Facetime all the time, talking about the new organization, and what was different."

"It's nice to have somebody who is going through the same thing. Leaving all of your friends is tough, leaving everything you've known behind."



While Saggese immediately began to meet his new teammates, Roby continued his rehab for three more weeks, until Aug. 21, when he was cleared to join Saggese in Springfield.

Their reunion lasted for 18 days, until Saggese – on his way to being named the MVP

of the Texas League – was promoted to Triple A Memphis.

"It was some of the most fun I've had," Roby said. "Playing with him, watching him do what he does, it was awesome."

John Mozeliak, the Cardinals' president of baseball oper-

ations, said the team was not aware of how close the relationship was between Roby and Saggese at the time of the trade – but learned about it soon after the deal was completed.

Unintentionally, it was the latest move to bring close friends into the organization. The trade that brought Matthew Libertore to the Cardinals from Tampa reunited him with childhood friend Nolan Gorman. Jordan Walker, Masyn Winn and Tink Hence all knew each other before the Cardinals selected them in the 2020 draft.

"I think it's really cool to have guys on the team who are friends," Roby said, "to have somebody you can kind of ride the ups and downs with is a big help. I think it helps create a good culture as far as being good teammates, caring for one another outside the field, being there to pick each other up when things don't go right or to praise each other when things are going good."

That's what Roby and Saggese have been doing the last three seasons, and want to continue well into the future.

"We talk about the game," Roby said. "I ask him about his at-bats, what he felt at the plate. He plays behind me when I'm pitching so he can see some things that I can't. It's nice being able to break down the game with him. He can give me a little insight from the outside looking in."

Saggese finished the year in Memphis and returned home to California while Roby, after being limited to just 58 innings during the regular season because of his shoulder injury, reported to the Scottsdale Scorpions in the Arizona Fall League to try to make up for some of that lost time.

It's the latest stop on his journey.

"Sound of the trumpet"

Roby was born in Asheville, N.C., and that setting offers part of the story behind his unusual first name. His father, Sean, was running a wilderness program for juveniles in the area at the time.

"At the time I wanted all my sons to have names that ended in the same way," Sean Roby said. "His older brother is Ukaia and his other brother is Jonah. He (Tekoah) was going to be named Noah, but a buddy of mine had a kid like three months before he was born and named him Noah, so that was out."

"I was driving around and saw this camp, Camp Toccoa. I started saying it and looked it up, and it's actually the Hebrew spelling of his name that means 'sound of the trumpet.' Not that we're Jewish, but I just liked the name."

Roby had been living in Pensacola, Fla., before spending those few years in North Carolina and moved back to Florida soon after Tekoah was born, where he is now the vice principal at a high school. Roby's first indication that his son might have a future in baseball came when Tekoah was eight years old.

He had a friend who was catching a team of nine-year-olds and he brought Tekoah up for a game. Tekoah had been playing in a coach-pitch league.

"My buddy knew I had been working with TK as a pitcher so he put him on the mound and he struck out like 12 kids," Sean Roby said. "They made a rule after that that eight-year-olds coming up could no longer pitch."

"He wasn't the biggest kid but he could throw strikes. At 10 he started working with Tim Spooneybarger (also from Pensacola) who pitched for the Braves and Marlins. Tim was great. He didn't talk about 'your elbow is supposed to be here' or 'your hips need to be here.' He was more about the mental approach to pitching. That's when TK kind of started taking it more seriously, wanting to throw and wanting to work outside of practices."

Roby transferred to Pine Forest High School, where his father worked at the time, before his junior year. The baseball coach, Brett McCullough, had seen Roby pitch as an opponent as a sophomore.

"We met in the gym one afternoon that summer and my first question to them was, 'What do you want out of this?'" McCullough said. "He and his dad both said they were just looking for an opportunity to keep playing in college. I told them, 'Guys, you are selling yourself short.'"

Roby ended up receiving a scholarship offer to Troy University, and both father and son were happy.

"My wife and I were talking about getting a camper and pulling it up to Troy on the weekends to watch him play," Sean Roby said. "That's the way I thought things would go."

"He was very much a late bloomer on the prospect scene. When he was in high school the thought of him being a professional baseball player wasn't even on my radar."

That began to change the summer before Roby's senior season. He went to the East Coast Pro showcase and about a week later, Sean Roby got a phone call from a scout who had coached Roby's team.

"When he called he said, 'I want to come by the school and talk to you guys,'" Sean Roby said. "I said, 'About what?'" He was like, 'the draft and TK.' I went, 'The draft?'"

That was the first of several visits from scouts who liked

Roby's ability. Still, his future was hard to map out because of the Covid-19 pandemic, when Roby was only able to pitch three official innings before the high school team's season was canceled.

"After a few visits from scouts, TK asked me, 'I don't know if this even possible, but let's say it was. Would you be mad if I didn't want to go to college and wanted to just go play baseball?'" I said, 'Not at all.' Baseball will pay for your education when you are done ... Here we are."

The fact that Roby has reached Double A in only three pro seasons, overcoming a couple of injuries along the way, has not surprised McCullough. He saw the dedication and work ethic from the first day the two met.

"To be honest, the most impressive thing was how he prepared," McCullough said. "Before the trip to East Coast Pro he had a scheduled mapped out of what he needed to do for the next 30 days to prepare – in the weight room, conditioning, throwing flat grounds, throwing bullpens. You don't see high school kids map out a plan like that for a month of workouts."

"He always had a plan, long term and short term. I can tell you this: I've got a nine-year-old daughter, and he's the kind of dude you hope your daughter finds. He's a class act from day one. You never had to worry about what he was going to do in the classroom or what he was going to do on Saturday night. You knew if you had a group hanging out with him, you were in good business."

A friendship is born

The Rangers made Roby the 86th overall pick in the 2020 draft, taking him in the third round. With the minor-league season canceled because of Covid, he was not able to begin his pro career until the fall, when he – and Saggese, the team's fifth-round draft pick – were invited to the instructional program.

Their friendship really started then, and another person in their inner circle was the Rangers' second pick in that draft, Evan Carter, who was promoted to the major-league team this summer and now is starting in the World Series.

Back then, the three were just kids, months out of high school, unsure of their future. All they knew was they were having fun, playing baseball and hanging out.

"He (Tekoah) has an amazing personality," Saggese said. "He's the man. He is really down to earth, just a quality dude. Everything about him is just very respectful, honest. He's just a really nice guy."

"I've said this since 2020 – I love playing behind him. It's like, 'OK, this is fun to watch.' He's so competitive and he just has a presence on the mound."

"He has the ability to be a really good power arm. He executes all of his pitches pretty well, all above average. I think the Cardinals got a really high-end starter, that's my opinion. I think he will be in the big leagues for a long time."

Eric Peterson was the pitching coach for Springfield this season and worked with Roby after he joined the team in August. He also is the Scottsdale pitching coach in the Fall League, giving them a chance to continue to work, and learn, each other.

"He works hard, he's got good stuff and he knows how to pitch," Peterson said. "He goes out there and attacks. He has a game plan. Anytime you ask him, 'What do you want to get done today?' he knows what he wants to do."

"He's very structured. He likes to have things mapped out and he works hard. Pair that with an understanding of what makes him good and he's got a good future."

Until their lives were upended by the trade, Roby and Saggese thought their future would be in Texas, playing with Carter, as the trio, together, one day helped the Rangers win the World Series.

While they now cheer for Carter, they are glad that their futures are still connected. Each are each other's biggest fans and supporters.

"Tom is super gifted at the plate and is very passionate about what he does," Roby said. "He knows himself very well as a hitter. I kind of do the same thing. I know myself as a pitcher and try to play the game with passion and have fun. That's what Tom does really well. He has a lot of fun when he plays."

"My dream was to play with him and Evan on the big-league club. Now Tom and I are here with the Cardinals and we want to both help that team win. To be there with him, one of my best friends, would be exciting. It's hard to not look at the future and see what it could be like."

Follow Rob Rains on Twitter @RobRains

Photos courtesy of MLB via Getty Images, the Springfield Cardinals, Tekoah Roby and Thomas Saggese



LEGAL NOTICE FOR APRIL GENERAL ELECTION

LEGAL NOTICE

In compliance with RSMo Sec. 115.127 (5), notice is hereby given to the qualified voters of the City of Brentwood, St. Louis County, Missouri, that the annual election of officers of the City of Brentwood, Missouri, shall be held on the **2nd day of April 2024**, in conformity with RSMo Sec. 79.030. At said election, there shall be elected:

1. A member of the Board of Aldermen from Ward 1 for the full term of two (2) years.
2. A member of the Board of Aldermen from Ward 2 for the full term of two (2) years.
3. A member of the Board of Aldermen from Ward 3 for the full term of two (2) years.
4. A member of the Board of Aldermen from Ward 4 for the remaining one year term of two (2) years.
5. A member of the Board of Aldermen from Ward 4 for the full term of two (2) years.

All candidates desiring their names on the official ballot in the election aforesaid are hereby notified to file their names in person with the Deputy City Clerk of Brentwood, Missouri, at the Brentwood City Hall, 2348 S. Brentwood Blvd., Brentwood MO 63144. The filing hours are 8:00 a.m. to 5:00 p.m. Tuesday, **December 5, 2023**, through Tuesday, **December 26, 2023**. The office of the Deputy City Clerk will not be open on Saturdays and Sundays or those days designated a holiday by the City of Brentwood.

All qualified candidates are hereby notified of the statutory requirement to provide to the Deputy City Clerk, at the time of filing, proof of identity such as social security card, Missouri driver's license, or must be recognizable to the Deputy City Clerk.

Candidates must have filed the required Campaign Finance Disclosure reports, and the Financial Disclosure Statement for Political Subdivisions (Ethics) for any prior elections before they can file as a candidate for another office.

All candidates' names shall appear in the same form in which the candidate is registered to vote except that, when certified by the candidate as a necessary means of identification, the following may be allowed:

1. Commonly used nicknames
2. Commonly used abbreviations
3. Parenthetical reference to married names

Persons who, after filing their names as candidates, wish to withdraw as such candidate, must file their notice of withdrawal with the City Clerk in the City Clerk's office no later than 5:00 p.m. on Tuesday, December 26, 2023.

The filing fee for each elective office shall be \$5.00 payable by check or cash. In case of withdrawal of a candidate, there shall be no refund of filing fee. All filing fees shall be paid to the Deputy City Clerk at the time of filing. Provided however, if a candidate files a sworn affidavit with the City Clerk/Administrator stating he/she is financially unable to pay the filing fee, the candidate shall not be required to pay the fee.

The Deputy City Clerk shall be responsible for the oversight of the filing of candidates and shall clearly designate where candidates shall form a line to effectuate such filings and determine the order of such filings; except that, in the case of candidates who file a declaration of candidacy with the City prior to 5:00 P.M. on the first day for filing, the Deputy City Clerk shall determine by random drawing the order in which such candidates' names shall appear on the ballot. Any drawing conducted pursuant to this Section shall be conducted so that each candidate, or candidate's representative if the candidate filed under Subsection 2 of Section 115.355.2 of the Missouri Revised Statutes, may draw a number at random at the time of filing. If such drawing is conducted, the number drawn shall be recorded with the candidate's declaration of candidacy. If such drawing is conducted, the names of candidates filing on the first day of filing for each office on each ballot shall be listed in ascending order of the numbers so drawn.

All candidates must file in person in the Deputy City Clerk's office. Filing will occur at the Brentwood City Hall. This building opens at 8:00 a.m. **For this purpose, a line for filing may be formed outside the main entrance to the Brentwood City Hall on Brentwood Blvd. Then at 8:00 a.m., all persons may proceed to the receptionist's desk at that time.** The forms, or notices used, shall be made available on December 5, 2023 at 8:00 am by the Deputy City Clerk at the Brentwood City Hall. Each day thereafter the forms will be available from 8:30 am to 5:00 pm, Monday – Friday.

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To accommodate Saturday donation drop-offs, we are open on the **FIRST SATURDAY** of every month. Stop by between 9am and 12pm, and drop off your linens, dressers, or kitchen tables. If you can fit it on a truck or a van - we can take it. We will have two movers available to help you unload your vehicle and volunteers to help sort all donations coming in!

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RESTAURANT REVIEWS

By Kevin McCarthy

Dining With The Eagles

We recently dined with the eagles, not the musical group, but real eagles flying around us. We celebrated my wife Sue's birthday at her favorite winery in Grafton, Illinois.

Aeries Winery sits on top of a bluff overlooking the confluence of the Illinois and Mississippi rivers. The view is fantastic all day, and sunsets are amazing! Over the years it has grown from a small lounge serving drinks and cheese trays into a full service winery, restaurant, resort and destination. Please see Sue's travel article in this issue to learn the details.

Originally Aeries only offered wines from other wineries. They now offer their own selection of wines as well as a wide selection of domestic and imported wines at all price points. I found one of my favorites that is not included on many wine lists. I immediately ordered a bottle of French Cote du Rhone. It was reasonably priced at \$36. This wine is usually found only at upscale restaurants at up to twice that price.



All items were larger than expected, perfectly prepared, and very tasty. My niece took home enough leftovers to be dinner for her and her husband that night.

Our service was top notch and server made our visit a very pleasant experience.

On a side note, the Grafton area now has one of the largest concentrations of Bald Eagles in America. They are here year round, and we did see some of them fly by as we dined.

Weekends at Aeries can be very crowded and the easiest way to get to the resort is by the cable car from downtown Grafton where there is more parking spaces. We were there on a Thursday and it was not at all crowded. There is also a large balcony at the Terrace and live entertainment on the weekends.

Dining is available Sun-Thu: 11:00am-7:00pm and Fri-Sat: 11:00am-8:00pm, phone # 618.786.8439 and e-mail at office@aeriesview.com



The restaurant and bar are located in the "Terrace". We were joined by my sister and brother-in-law and their daughter, so we had the opportunity to try a number of menu items. We started with the Charcuterie Board priced at \$19. It was huge and more than enough for the five of us. It included three types of cold cuts, various cheese cubes, celery, carrots, peppers, nuts, crackers, cherry tomatoes, broccoli, and more. This could have been lunch for all of us.



My sister had a Chicken Wrap. Her husband had a chicken salad and my niece had a Caesar salad. Sue ordered a honey garlic chicken and bacon flat bread. I ordered the Buffalo chicken and bacon flat bread. I actually shared part of mine with my niece.



Webster Best Chili Fest Wednesday, November 22nd 5:00-7:00pm WGHS Cafeteria

Please join us for the annual Webster Groves High School Chilifest brought to you by the WGHS Parents Club. Tickets can be purchased at the door or via the QR code below. Enjoy chili made by six local restaurants and six amateur teams—then vote for your favorite!! Hotdogs and drinks are also available for purchase.



Scan the QR Code to get your tickets!!



Thanksgiving Sweet Potatoes

These Thanksgiving sweet potatoes are made even sweeter with orange juice, cinnamon, and marshmallows.

Ingredients

- 2 (15 ounce) cans sweet potatoes
- ¼ cup orange juice
- ¾ cup all-purpose flour
- ½ cup white sugar
- 1 teaspoon ground cinnamon
- 1 pinch salt
- ½ cup margarine
- 1 ½ cups miniature marshmallows

Preheat the oven to 350 degrees F (175 degrees C).

Place sweet potatoes in a 6 x10-inch shallow baking dish. Drizzle with orange juice and set aside.

Mix together flour, sugar, cinnamon, and salt in a medium bowl until combined. Cut in margarine with 2 knives or a pastry blender until mixture resembles coarse crumbs; sprinkle evenly over sweet potatoes.

Bake in the preheated oven for 30 minutes.

Remove casserole from the oven and turn on the broiler. Sprinkle marshmallows evenly over the top of casserole. Cook under the broiler until marshmallows are puffed and golden brown.

3 Ways to Safely Thaw a Frozen Turkey

How to Thaw a Turkey In the Refrigerator

Allow approximately 24 hours for every 5 pounds of turkey. A 15-pound bird will take about three days to thaw completely.

Keep the turkey in its original wrapping while it's thawing.

Place the turkey, breast-side up, into a baking pan to keep any drips from contaminating other foods and refrigerator surfaces.

Once thawed, you can keep the turkey in the fridge for up to two days before cooking.



How to Thaw a Turkey In Cold Water

Allow approximately 30 minutes for every pound of turkey. A 15-pound bird will take about 7½ to 8 hours to thaw completely.

Keep the turkey in its original wrapping. Place the wrapped turkey into a larger, leak-proof plastic bag. Squeeze out any extra air and seal the bag.

Place the sealed bag, with the turkey breast facing down, into a sink or bucket large enough so the turkey will be completely submerged. Fill with cold water. You may need to cover the turkey with a plate and place some heavy cans on top of it to keep it totally submerged. Change the cold water every 30 minutes.

Cook the turkey immediately after thawing.

It is also possible to use a combination of these two methods: Use the fridge for the first two days of thawing, then finish in the sink early Thanksgiving morning.

How to Thaw a Turkey In the Microwave

Read the user manual for your microwave oven to get instructions for thawing a frozen turkey. The times and power settings will vary from model to model. In general, it could take an hour or more on the defrost setting, depending on the size of the turkey.

Take the turkey out of its wrapping and remove any metal clips or tags.

Place the turkey, breast-side up, into a microwave-safe pan to catch any drips.

After the turkey is thawed, wash the inside of your microwave to prevent cross-contamination.

Cook the turkey immediately after thawing.

How Long to Thaw a Turkey

Thaw time in the fridge requires about 24 hours for every 5 pounds in a refrigerator set at about 40 degrees F (5 degrees C).

Thaw time in cold water requires about 30 minutes per pound in cold water, refreshed every 30 minutes.

A Tasteful Affair to Remember



Thank you to everyone - Food Outreach staff, volunteers, supporters, and guests--for making the 2023 A Tasteful Affair a record-breaking event! Not only did we have a great time, but raised over \$300,000! A Tasteful Affair is our largest fundraiser, and the money raised will go to providing nutritional support to individuals in our community living with HIV or cancer. Here's to dreaming big for another 35 years! For photos from this year's A Tasteful Affair, please visit our Facebook page: facebook.com/foodoutreach.



As the holidays roll in the spirit of the season brings us together for all things St. Louis Union Station, plus a Christkindl Market, making for a memorable experience. From Santa and the Polar Express Train Ride, dining that makes your taste buds merry, to our new 45 foot tree bar, one-of-a-kind gift ornaments and more, the experience will be magical.



CHRISTKINDL MARKET on the Purina Performance Plaza

From unique retail offerings to games and festive snacks, guests can enjoy a new holiday tradition here at St. Louis Union Station, the Christkindl Market on the Purina Performance Plaza!



The Sleigh Shed

St. Louis' newest pop-up cocktail experience is returning for the 2023 holiday season. Gather your friends and experience a wonderland of whimsy, decorated from top to bottom with the bling and baubles of the season. With traditional Christmas colors, dripping icicle lights and elaborate table and bar decor, the excess of the holidays is on full display at Sleigh Shed.



An important St. Louis holiday tradition is bringing joy to families this year. THE POLAR EXPRESS™ train ride returns to St. Louis Union Station for the 2023 holiday season.

This year the beautifully decorated trains take you on a journey to the North Pole as you interact with the Polar Express characters, Santa Claus and his elves. THE POLAR EXPRESS™ is the magical story of a boy's search for the real meaning of Christmas, based on the beloved children's book.



Scuba Claus is back! Who knew Santa was a certified diver?

Check Scuba Claus out in Shark Canyon Friday, November 24th at 1:15pm and every Saturday and Sunday after that at 1:15pm.

Free with your paid admission to the Aquarium.



STATE BOUND!

The Brentwood High School girls cross country team qualified for the 49th MSHSAA Cross Country Championships with a third-place finish at last Saturday's Class 2 District 3 meet! Sophomore Kensi Curd also captured the individual district championship, finishing the 5K race with a time of 19:29.91.

The Class 2 state championship is scheduled for noon on Friday, Nov. 3 at the Gans Creek Cross Country Course in Columbia, Mo. Go Eagles!



BRENTWOOD SCHOOL DISTRICT SCHOOL BOARD ELECTIONS (Public Notice of Filing)

The Brentwood School District encourages qualified persons interested in running for a position on the School Board to file to be a candidate in the April 2, 2024 election. There are two positions available with three-year terms.

Interested persons may file at the superintendent's offices located at 1201 Hanley Industrial Court, Brentwood, Missouri. In accordance with the law, candidates may file by certified mail if they are unable to file the declaration of candidacy and other necessary paperwork in person due to a physical disability or because they are members of the U.S. Armed Forces on active duty. For more information, contact Kate Hastings, secretary to the Board of Education, at 314-962-4507.

Filing will begin on December 5, 2023, at 8:00 a.m. and will continue during the district's regular business hours, which are Monday through Friday from 8:00 a.m. to 4:00 p.m. Except for the first and last day of filing, filing will not occur on the days that the school district's central offices are closed due to inclement weather or health-related reasons.

Filing will also not occur on the following holidays and breaks when the school district's central offices are closed: December 22, 2023 and December 25, 2023. *A December schedule of office hours will be posted by December 4, 2023.* **Filing will end on December 26, 2023 at 5:00 p.m.**

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Three Shows! Thanksgiving Weekend

Westport Playhouse - 635 W Port Plaza Dr. - St. Louis, MO

Fri Nov 24 @7p
Sat Nov 25 @2p & 7p

Brentwood Contingent at Club Deer Hunt



Left to right: Jake Caragher, Henry Drane, Dave Bruno and Joey Reiter

In mid-October, the **South County Archers of St. Louis** held their annual Club Hunt and Fish Camp at Mark Twain Lake in northeast Missouri. Four of the two dozen participants had a Brentwood connection. **Dave Bruno** is a retired firefighter from the Brentwood Fire Department; **Joey Reiter** and **Jake Caragher** are Brentwood High School graduates, 2010 and 2012 respectively; and **Henry Drane** has been a resident of Brentwood for the past 43 years.

The archers and fishermen enjoyed the comfortable and ample facilities of the Si Colburn group camp operated by the Missouri Department of Natural Resources Parks Department. They dined in a spacious dining hall; meals cooked by volunteers in an industrial style kitchen with walk in cooler and freezer; slept in bunk style beds in four bunk buildings and an administration building (total capacity of 75); and had toilet facilities and hot showers in a convenient building for men and women.

During the course of the deer hunt, only one deer was harvested, and that one by retired fireman Bruno, who has hunted these woods for over 40 years. Bruno also set hunters up where they saw deer but passed for one reason or another. Another retired fireman and president of the club, **Mike Gapsch**, had a very makeable opportunity on two young bucks, barely legal by their antler count, but he passed to let them grow up another year or two. Other reasons for passing on deer are many, but usually “the deer saw or smelled me first” or “I had not cut a shooting lane in that direction” or “the doe was with a fawn”.

After the day’s hunt, participants had a hearty meal prepared by volunteers **Don Sinovic** and **Julie Tilander**. After dinner, everyone sat around sharing stories, hunting tips and techniques, as well as a tale or two from their past hunts. On Saturday night after dinner, the gang retired to the grounds campfire circle and sat around a toasty, warm and blazing bonfire prepared by club vice president **Malcolm Grundy**. By now the tales and stories were getting better! Mid-day meal was brunch around 11:00 am, again prepared by Sinovic and Tilander. Breakfast was coffee, juice, rolls, muffins and snack bars, enough to carry you through the morning until brunch.

In between hunting, Dave Bruno demonstrated some of his up to date and innovative equipment, including a saddle hunting setup, a deer carrier/cooler bag, a Jisulife neck fan, a deer slide, Onx and Huntstand apps, and an electric bike with a trailer with independent wheel suspensions. You learn a lot when you hang around with experienced hunters.

Ken Winkelman, organizer and manager of the event stated, “While this may not have been the most successful hunt in terms of game harvested, it certainly was tops in the categories of fabulous dining, learning, sharing experiences, and camaraderie.”



Fishing in Brentwood Park in November!

Thank you Carol Schmidt for submitting these pictures to us!



South County Archers, Inc (SCA) is a leader in promoting and supporting the sport of archery in St. Louis & surrounding areas. SCA formed as a club in 1964 and incorporated as a non-profit corporation in 1994. The purpose of this organization is to foster, expand and perpetuate the sport of archery; to promote the spirit of good fellowship and encourage the use of bow and arrow in the hunting of all legal game; and to cooperate with conservation organizations in the conservation and management of all wildlife, forestry and property.

SCA maintains a walk-through field course archery range consisting of 28 stationary targets in Jefferson Barracks County Park. They conduct three major 30 target 3D archery tournaments annually plus host 16 target 3D fun shoots weekly every Wednesday from the first Wednesday in April through the first Wednesday in October at the archery range located in the Jefferson Barracks County Park. Another purpose of the club is to promote camaraderie around the sport of archery and to unite families in the great outdoors.

Below: participants enjoying their evening meal in Si Colburn dining hall



Maplewood Walmart Supercenter Sponsors 3rd Annual Domestic Violence Awareness Rally and Walk



L-R: LaTonya AnNoor and Adrienne Norise



Walmart Swag Bags

In honor of Domestic Violence Awareness Month, the Diamond Diva Empowerment Foundation – a local nonprofit organization dedicated to educating, strengthening and empowering survivors affected by domestic violence and various socio-economic conditions – hosted its 3rd Annual DV Awareness Rally and Walk in The Grove on Saturday, Oct. 21. Presenting sponsor Maplewood Walmart Supercenter was represented by Coach Adrienne Norise, People Lead Lamecka Truman and Senior Community Relations Manager LaTonya AnNoor, who gifted 500 Walmart swag bags filled with essential healthcare supplies to survivors and their families, in addition to a \$1,000 community grant to the Diamond Diva Empowerment Foundation to support the organization’s efforts.

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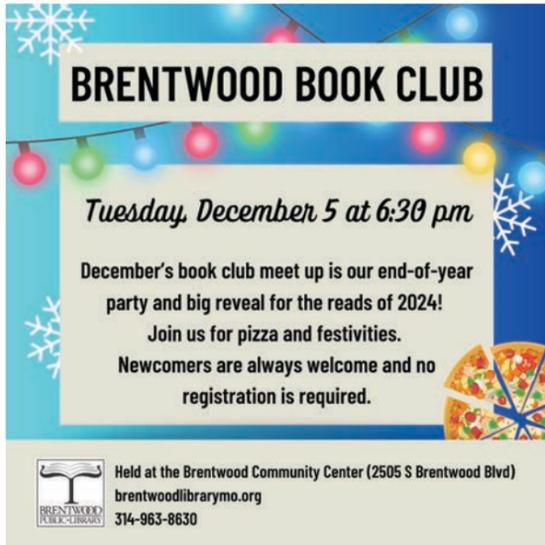
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BRENTWOOD BOOK CLUB

Tuesday, December 5 at 6:30 pm

December's book club meet up is our end-of-year party and big reveal for the reads of 2024! Join us for pizza and festivities. Newcomers are always welcome and no registration is required.

Held at the Brentwood Community Center (2505 S Brentwood Blvd)
 brentwoodlibrarymo.org
 314-963-8630



CRAFTABILITY
 FRIDAY, DEC. 8 AT 10:00 A.M.

STORY TIME | ARTS & CRAFTS | PLAY

Craftability and Easterseals volunteers craft with preschool age kids and their caregivers. Held at The Brentwood Community Center. Want to register? Call the library or e-register through our website's online calendar of events.

BRENTWOOD PUBLIC LIBRARY
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 brentwoodlibrarymo.org



COOKIE DECORATING
 DECEMBER 11 AT 6PM

For children and families. Registration required. Free.

BRENTWOOD PUBLIC LIBRARY 8765 Eulalie Avenue, Brentwood MO
 brentwoodlibrarymo.org (314) 963-8630



PAINT NIGHT 4 KIDS!
 Monday, December 18 at 6:00 p.m.

Children and families can paint with a variety of supplies at this fun social event. No registration required.

BRENTWOOD PUBLIC LIBRARY 8765 Eulalie Avenue, Brentwood MO
 brentwoodlibrarymo.org (314) 963-8630

Brentwood Book Club

Tuesday, December 5 at 6:30 p.m.

December is our end-of-year party and reveal for 2024 book titles! Pizza will be served. Newcomers are always welcome and no registration is required. We will be meeting at the Brentwood Rec Center, 2505 S. Brentwood Blvd, 63144.

Craftability Inclusion Class

Friday, December 8 at 10:00 a.m.

This event will be held at the Brentwood Parks and Recreation Center (2505 South Brentwood Blvd. Brentwood, MO 63144 – Room C). Craftability Foundation's mission is to teach youth to be comfortable around adults with special needs through arts and crafts. For children 16 months through 6 years old. The class consists of a story, songs, and a craft based on the book. Children are assisted by volunteers from Easter Seals of Midwest. The children will take home their projects. FREE. Dress to be messy. Call the Brentwood Public Library at 314-963-8630 to register.

Cookie Decorating Event

Monday, December 11 at 6:00 p.m.

Children and families are welcome to come decorate some holiday cookies. This event is free to attend but registration is required.

Paint Night 4 Kids

Monday, December 18 at 6:00 p.m.

Children and families can paint with a variety of supplies at this fun social event. No registration required.

Local Farmers Building Stronger Students

McGrath Elementary and Mark Twain Elementary awarded grants

October 2023 McGrath Elementary and Mark Twain Elementary in the Brentwood School District recently received help from local farmers in their efforts to build a healthier student body. The schools were two of 18 Missouri schools awarded Dollars for Dairy grants to encourage students to choose nutrient-rich dairy foods during school meals. The awards, funded by local dairy farmers, are provided through St. Louis District Dairy Council, a non-profit nutrition education organization.

"As October is National Farm to School Month, it's the perfect time to highlight the connections between schools and local food, like dairy," said Maggie Cimarolli, nutrition educator with St. Louis District Dairy Council.

Congress declared October as National Farm to School Month in 2010. Since then, National Farm to School Month has recognized the important role local farmers play in promoting well-being among children and strong local economies.

"Dollars for Dairy is another way Missouri farmers contribute to local communities and help students make healthier choices," Cimarolli said.

The 2023-24 school years marks the twelfth year that Missouri schools have had the opportunity to enhance student health through the program. Last spring, 70 schools submitted proposals aimed at boosting dairy consumption in schools. After going through a competitive application review, the St. Louis District Dairy Council announced the 29 winning schools in July.

These schools are conducting a variety of projects, such as adding yogurt smoothies to breakfast menus, serving panini sandwiches and quesadillas at lunch, and using class curriculum to show students how milk can be made into yogurt and cheese. McGrath Elementary and Mark Twain Elementary both purchased new blenders to create smoothies for students. The smoothies are being offered at both breakfast and lunch, creating new menu options for students to enjoy. Smoothies are also a great way to incorporate milk, yogurt and fruit into meals.

Each of the projects encourages students to make smart choices at breakfast and lunch. "We're excited to support local schools in their efforts to boost student health and wellness," Cimarolli said. "Drinking milk and eating dairy foods makes it easy for kids to get the bone-building calcium and other nutrients their growing bodies need."

For more information about the health benefits of dairy, please call St. Louis District Dairy Council at 314-835-9668 or visit www.stldairyCouncil.org.



2023 Girls in Aviation Day Empowers Young Women to Pursue Aviation and Aerospace Careers

Approximately 150 young women from 17 bi-state area high schools and organizations recently gathered at St. Louis Downtown Airport for the 2023 Girls in Aviation Day event, where they had the unique opportunity to learn more about the aviation industry and related career fields. The event, which was held Sept. 18, is hosted annually by Saint Louis University's Oliver L. Parks Department of Aviation Science at the school's hangar at St. Louis Downtown Airport, in partnership with Women in Aviation International.

"This was our largest Girls in Aviation Day event yet," said Amy Preis, Outreach Coordinator for SLU's School of Science and Engineering. "Our goal is to connect students with the opportunities in the aviation industry that are out there and possibly haven't been considered before. The entirety of the aviation industry is hungry for more women in its ranks. We are helping to bridge that gap by exposing women in our community to aviation, encouraging them to consider the types of careers that are available and empowering them to pursue whatever they are interested in."

During the event, attendees had the opportunity to climb into and check out the cockpit inside a variety of aircraft used by St. Louis University's certified flight instructors for pilot training and learn more about each plane. "The planes are so cool, and I liked learning about them," said Allie Meyers, a freshman at Lafayette High School.

The event also featured a career expo, where students had the opportunity to connect with representatives from more than a dozen organizations in the aviation industry about different job opportunities and the paths leading to them. The FAA/NATCA (Air Traffic Control), Greater St. Louis Business Aviation Association, Gulfstream, Ideal Aviation, SLU admissions, St. Louis Lambert International Airport, Take Flight Girls, Inc., Transportation Security Administration, the United States Air Force and West Star Aviation were among those investing their time to spotlight the world of opportunities in the aviation industry. St. Louis Downtown Airport provided a static display of a firetruck from its Fire and Rescue department that participants were able to climb into and explore, and AeroCareers, NFP; Gateway Jets, GoJet Airlines and SLU Oliver L. Parks Department of Aviation Science provided the static displays of the planes that students were able to see up close. The event was sponsored by GoJet Airlines, Ideal Aviation, Gulfstream and the Greater St. Louis Business Aviation Association. GoJet served as the headlining sponsor and flew a CRJ-550 into St. Louis Downtown Airport during the event. Attendees were able to see the plane land and tour the inside.

"It's really an honor to be part of Girls in Aviation Day, helping to grow the next generation of aviators," said Rick Leach, CEO of GoJet Airlines, as he addressed the participants during the event after the plane landed. "The future of our industry is bright, and when I look around this room, I see a lot of leaders that can be leaders in the aviation industry as well. We are so glad you are taking the first step to look at the aviation industry because the career opportunities are there. It takes a lot of hard work, but the pathway to a career in aviation is achievable."

Students attending the event were excited to learn about the possibility of pursuing a career in aviation. Lexi Timmerman, a freshman at Mehlville High School, said, "It's a good opportunity to come here and see if I'm interested in a career in aviation because I hadn't really learned anything about it yet before today. Aerospace is a big field, but there are a lot of different career options. I think it's a cool thing to learn about."

To help provide the young women attending the event with more insight on their pathways to pursuing a career in aviation, three panelists from SLU's Women in Aviation student chapter participated in a panel discussion, providing the young women attending the event a chance to ask them questions about their journeys and experiences. Hafsa



Esther Kang and Morgan Hart, Parkway North Seniors



Senior Kennedy Robinson and Jamia Davidson, 10th grade - U. City High School



Laila Odneal, 9th grade, Cahokia High School

Mou, a junior, Mary Cortesi, a senior, and Jocelyn Ciotti, a freshman, are all pursuing a degree in aviation science from SLU and plan on starting their careers as pilots. Cortesi and Ciotti both said they stumbled across aviation – it wasn't something they were exposed to growing up – while Mou decided at an early age she would like to be a pilot.

"I couldn't have been more than four or five when I saw this plane and said, 'one day, I'm the one who's going to fly that,'" Mou said. "And everyone around me laughed. Since then, I've done everything I could do to make sure I could be here today and become a pilot."

While only 5% of airline pilots are women, the panelists are hoping that will change. "In the aviation program at SLU, 14% of seniors are girls, but it's growing each year," said Cortesi. "About 25% of the freshman class are women."

Rounding out the event, students heard from Stephanie McCloud, founder of Take Flight Girls, Inc., a nonprofit that empowers girls ages 12 to 21 by introducing them to the industries of aviation, travel, entrepreneurship and philanthropy. McCloud is a member of the United States Air Force Reserve, where she serves as an aviation resource manager and the UN Community Service coordinator. In addition, she works as a flight attendant for Delta Airlines. She was able to provide insight on her unique experience in the aviation industry.

"We were part of the induction of the Girls in Aviation event at St. Louis Downtown Airport back in 2019, so it's very rewarding to see it come full circle today," said McCloud. "I started Take Flight Girls in 2014 because of the lack of women in aviation, especially minorities that include women of color. We've issued over 10,000 scholarships and connected countless girls to resources and mentors and inspired them to pursue their dreams in aviation and aerospace."

To learn more about Girls in Aviation Day or opportunities to participate in future events, contact Amy Preis at Saint Louis University's Oliver L. Parks Department of Aviation Science via email at sseoutreach@slu.edu.

St. Louis Downtown Airport is owned and operated by Bi-State Development. It is located a few minutes east of downtown St. Louis in Illinois on 1,000 acres in Cahokia Heights and Sauget.

Narrated by John Goodman, "Flavors of St. Louis" featured on November 15

ST. LOUIS: Explore St. Louis is pleased to announce that its just-released short film, Flavors of St. Louis, will be included in the prestigious 32nd annual St. Louis International Film Festival (SLIFF). Produced in partnership with MacGillivray Freeman, and narrated by John Goodman, Flavors of St. Louis takes a close look at our region's innovative culinary landscape through the lens of some of our best local chefs.

In the film, viewers will be invited into the kitchen with Nick Bognar of Indo and Sado, as well as Michael and Tara Gallina of Take Root Hospitality and Simone Faure of La Pâtisserie Chouquette. Sharing their personal compelling stories, Flavors of St. Louis explores what makes St. Louis one of the most vibrant and highly rated restaurant scenes in the country.

Flavors of St. Louis will screen at the Alamo Drafthouse St. Louis (3700 Forest Park Ave, Saint Louis, MO 63108) on Wednesday, Nov. 15th at 7:15 PM CST. It is included as part of SLIFF's shorts program titled "Documenting St. Louis."

The film festival will run November 9 - 19, 2023. For more information, please visit <https://www.cinemastlouis.org/sliff/festival-home>



About Explore St. Louis

Explore St. Louis is the driving force behind St. Louis' \$5.9 billion convention and tourism industry, the official destination marketing organization of St. Louis City and County, and operator of the America's Center Convention Complex and The Dome.



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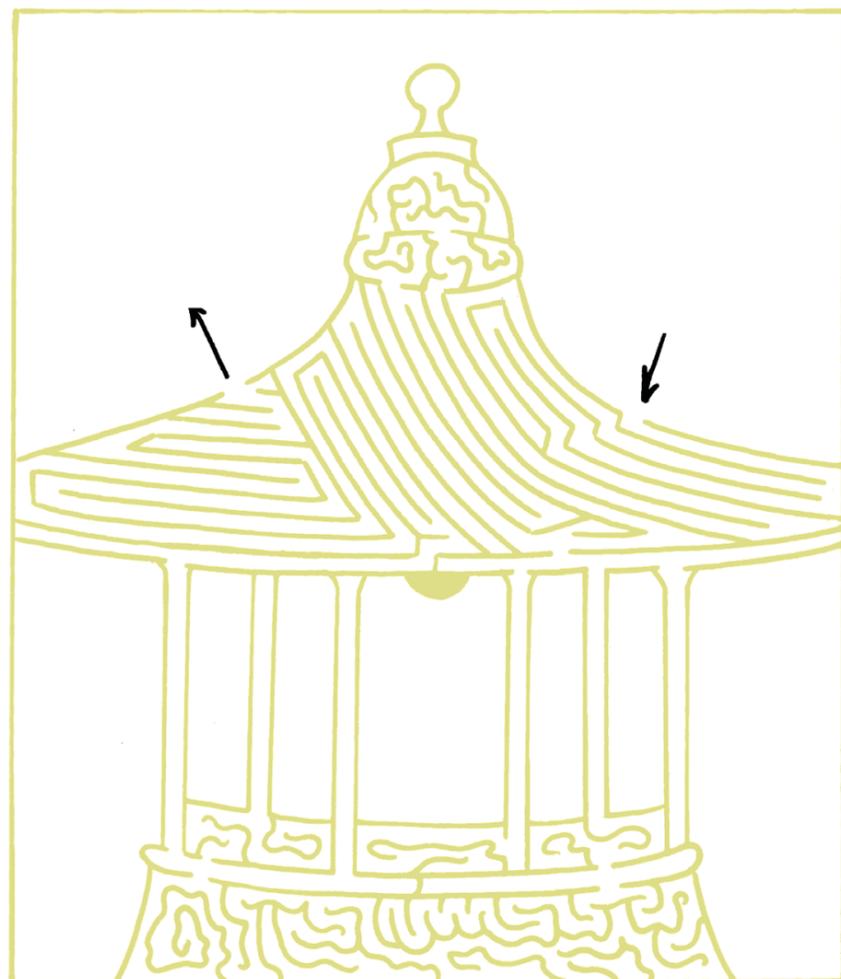
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Release all the holiday energy with Brentwood Parks and Recreation staff during a select couple of days during break. We will be ice skating a couple days along with crafts, sports and science projects. Register for one class or all 5. Registered participants will receive an email one week prior to the Winter Break explaining the week's activities.

Dates: Tuesday, Dec. 26 – Friday, Dec. 29; Tuesday, Jan. 2
Time: 8:30am-4:30pm
Location: Brentwood Community Center
Ages: 5-10
Price: Full Week – Res. \$185/Non-Res. \$205
Individual Days – Res. \$45/Non-Res. \$50
Activity Number: 945104



Looking for activities for your New Year's Eve Party? Don't worry, Brentwood Parks and Recreation has your party covered! Pre-ordered boxes will be filled with party favors, noise makers, activities and treats. Great for ages 4-10. Boxes will be available for pick up at Brentwood Community Center, 2505 S. Brentwood Blvd.

Dates: Wednesday, Dec. 27 – Friday, Dec. 29
Time: 8am-5pm
Location: Brentwood Community Center
Price: Res. \$25/Non-Res. \$35
Activity Number: 945109

Adult Hockey 2024 Winter Brentwood Hockey Leagues



Summer 2023 Novice League Champions:
Nordiques

Brentwood Parks and Recreation offers adult hockey leagues for all levels of play throughout the year. The winter season will consist of a 10 week league for all sections. Teams will be awarded playoff positions based on points for the season. The top 4 teams from each league will qualify for playoffs. Advanced and Intermediate leagues will hold playoffs in April with the combination of points from fall and winter used to determine playoff seeding.

Saturday, Novice League
Team - \$2300
Sunday, Intermediate League
Team - \$2300
Thursday, Advanced League
Team - \$2300

Each player must be at least 18 years of age to play in the Brentwood Hockey League. All players must have current USA Hockey Membership. All games are played at the Brentwood Ice Arena, located at 2505 S. Brentwood Boulevard. Returning teams will be given priority payment time periods for upcoming seasons. See policies for details.

Winter: Teams that played the previous fall session will have priority until December 15. Open enrollment will follow beginning December 16.
Registration Deadline:
Thursday, December 28. (Advanced & Intermediate)
Friday, February 2 (Novice)

Unveiling Festive Dairy Trends: A Holiday Exploration

As the holiday season approaches, Maggie Cimarolli, a nutrition educator and registered dietitian with St. Louis District Dairy Council, shares the latest dairy trends that will delight taste buds during the upcoming festive celebrations. From comforting dairy-infused beverages to tasty traditional treats and enticing butter boards, Cimarolli highlights delicious trends taking center stage on holiday tables.

Classic to Creative Dairy Beverages

As temperatures drop and the holiday spirit soars, dairy-based beverages take the spotlight as comforting indulgences. From the classic warmth of hot chocolate and rich eggnog to creatively spiced lattes and artisanal milkshakes, the versatility of dairy knows no bounds. “Dairy is the perfect foundation for festive beverages,” Cimarolli notes. “It not only brings a rich and creamy texture but also complements the warmth of seasonal spices, creating savory sips that capture the essence of the holidays.”

Baking Traditions

Dairy ingredients play a significant role in holiday baking traditions, contributing to the richness, flavor and texture of a wide variety of festive fare. From rich buttery cookies and flaky pies to indulgent cream-filled pastries, the versatility of dairy ingredients make them a kitchen staple, especially during the holidays. “Dairy baking techniques handed down through generations bring a sense of tradition to holiday recipes,” says Cimarolli. “The quality and richness of dairy make these treats truly special.”

Enticing Butter Boards

Adding to the holiday festivities, butter boards have emerged as a popular trend for parties and gatherings. These creative boards display an array of artisanal butters thoughtfully paired with flavored salts, honey and jams, providing a delightful way to savor different flavors while enhancing the overall visual appeal of the spread. The build-it-yourself boards provide a unique tasting experience and add an interactive element for party guests to enjoy.

Dairy Fills Nutrition Gaps

Beyond the flavor, richness and texture they add to recipes, dairy foods fill in nutritional gaps in meals. Dairy foods are packed with essential nutrients like calcium, protein, and vitamins that contribute to bone health, muscle strength and overall well-being. “Dairy is not just a treat for taste buds; it’s a nourishing addition to seasonal meals, providing nutrients that support our health,” Cimarolli said.

For more information on dairy’s benefits, visit www.stldairy-council.org or contact Maggie Cimarolli at 314-835-9668 or mcimarolli@stldairy-council.org. For a complimentary collection of kid-friendly holiday recipes, send an email to info@stldairy-council.org, with HOLIDAY RECIPES in the subject line. Follow the St. Louis District Dairy Council on Facebook and Instagram at [STLDairyCouncil](https://www.facebook.com/STLDairyCouncil).

The St. Louis District Dairy Council (SLDDC) is a nonprofit nutrition education organization funded by local dairy farmers. Since 1932, SLDDC has served 131 counties in central/southern Illinois and eastern Missouri as the go-to educational resource and advocate for the role of dairy foods as part of a healthful diet. As The Nutrition Education People, we are proud to spread knowledge to local communities, bridging the gap between local dairy farmers and consumers. The staff is comprised of professionals with experience in nutrition, food service management, education and communication, and we take pride in delivering engaging programs throughout the communities we serve.



Enticing Butter Board

Elevate your gatherings with this delightful centerpiece, where your guests can savor the richness of artisanal butters alongside a symphony of flavors. Perfect for holiday festivities or any special occasion!

Ingredient Suggestions

Artisanal Butters:

- Salted butter
- Unsalted butter
- Cultured butter
- Herb-infused butter (e.g., garlic herb or rosemary)

Condiments and Accompaniments:

- Flavored salts (e.g., sea salt infused with herbs or spices)
- Honey (preferably in small bowls or jars)
- A variety of fruit jams (apricot, raspberry, fig, etc.)
- Fresh herbs (rosemary, thyme, chives)
- Assortment of bread slices (baguette, sourdough, rye)
- A selection of crackers and breadsticks
- Nuts (almonds, walnuts, pecans)
- Sliced fruits (figs, apples, pears)

Presentation:

- A large wooden board or platter

Instructions:

Select Your Butters: Arrange a selection of artisanal butters on your board. Place them in small, attractive dishes or shape them into decorative forms if desired.

Flavored Salts: Sprinkle flavored salts generously over the butter varieties to enhance their flavors. Use sea salt infused with herbs or spices, such as rosemary-infused sea salt or smoked paprika salt.

Honey and Jams: Set out small bowls or jars of honey and a variety of fruit jams. These will provide a delightful contrast to the richness of the butter. Ensure you have a spoon for easy serving.

Fresh Herbs: Scatter fresh herbs like rosemary, thyme, or chives across the board. These not only add color but also infuse the air with a burst of fragrance.

Breads and Crackers: Arrange an assortment of bread slices, crackers and breadsticks around the board. These act as perfect carriers for the butter and condiments. You can also warm the bread for a delightful touch.

Nuts and Fruits: Incorporate nuts like almonds, walnuts and pecans. Place them strategically for added textures and flavors. Slice fruits like figs, apples and pears and arrange them attractively on the board.

Presentation: Assemble all the ingredients on your chosen wooden board. Get creative with your arrangement, making sure it is visually appealing and accessible to your guests. Provide small butter knives and utensils for spreading the butter and jams.

Enjoy: Dive into the delightful world of flavors and textures. Experiment with different combinations, and let your guests savor this unique and interactive dining experience.



Why You Should Avoid Opening a Retail Store Credit Card Just for the One-Time Discount (Hint: It Could Hurt Your Credit Score)

By: West Community Credit Union

Store credit cards can be very enticing because they offer immediate value, typically in the form of a one-time discount or bonus cashback, but it can do more harm than good. Here are some things to consider before signing up:

First Comes the Credit Pull

When you apply for any credit card, your credit report is pulled by lenders so that they can check your credit-worthiness. Unfortunately, this impacts your credit score negatively by a few points. By spacing out your credit applications, you’ll assure that your credit score won’t take a serious hit. But many pulls in a short time frame can definitely bring your score way down. And it could be worse for your score if you apply and are denied.

Lowers Your Credit Utilization

How much of your credit limit you use has a major influence on your credit scores. The only thing that matters more is paying on time. The credit limits on retail cards that you use only at one store or chain are typically about 10% of those on comparable general-use credit cards, so in order to keep your credit utilization low, it’s suggested to pay your bill before the issuer reports the balance to the credit bureaus.

High Interest Rates and Undesirable Terms.

While the average interest rate for an American credit card is around 15%, those for retail credit cards are usually upwards of 20% to 30%, and some cards can be even higher than this. Not only are rates high on this card, but they are variable and at the whim of the lender. This means you could start with what you think is a decent rate that is only increased a couple months later. It’s definitely not something you want to maintain a balance on and with interest rates like this, it won’t be long before your “discount” is canceled out by interest charges and your so-called bargain turns into a nightmare.

Approval Can Decrease Your Credit History.

The “length of credit history” means how long any given account has been reported open. Generally, the longer an account has been open and active, the better it is for the credit score. Credit History calculates the average of how long all your accounts have been open. That average age of accounts is your “credit age.” Opening a new account often causes the average age of your credit accounts to decrease.

IMPORTANT NOTE: If you already have a store card? Don’t close it — that also would hurt your average age of accounts. Better to use it lightly and pay on time. Both actions have a positive effect on your credit scores.

But Oh the Temptation.

You may sign up for a store credit card for savings, but if it leads you to spend more than you intended — either on the day you sign up, or subsequently — is it worth it? If you can’t keep an eye on your purchases as closely with a store credit card as you can without one, you might be better off without. As always, opening a credit card should not be done on impulse. Review all the factors carefully before deciding whether or not it’s worthwhile; don’t let your sales associate pressure you. After all, would you make any other important financial decisions in a busy check-out line?

The Bottom Line

There’s no right or wrong answer when it comes to store credit cards. If it’s a bad idea for you to sign up for another card, making it a retail-issued card just makes it worse. On top of potentially hurting your credit score, retail cards have usability issues. They might only be good only at one store or retail chain, usually have high interest rates and typically have less robust security alerts than traditional cards.

You might be better off using a traditional credit card, especially if you have a rewards card that offers cash back on every purchase, not just the initial one. For more information about credit cards and how they affect your credit score, contact Member Services with West Community Credit Union at 636.720.2495 or visit us online at westcommunitycu.org.

Snowmen at night

Get cozy this winter with a magical story and the tasty smoothie it inspired!

Have you ever wondered what snowmen do at night? In this story, a boy wakes up one winter morning to discover that his snowman’s hat has slipped and its stick arms have drooped. The boy begins to wonder what snowmen do at night. The story illustrates the fun activities snowmen do after dark, like skating in the park, snowball fights, and sledding!

Snowman Smoothie

Make a cheerful snowman smoothie to sip while reading this winter story! Be sure to ask an adult for help when working in the kitchen.

YOU WILL NEED:

- 1 Banana, Sliced into Rounds and Frozen
- 1 Cup Milk
- 3 Tablespoons Greek Yogurt, Plain or Vanilla
- 2 Tablespoons Oats
- 2 Tablespoons Decadent Coconut
- A Few Drops of Vanilla Extract
- Syrup or Honey to Taste
- A Clear Plastic Cup
- Black and Orange Markers

Draw a snowman face and buttons on your plastic cup with the black and orange markers. Next, mix the banana, milk, yogurt, oats, coconut, and vanilla extract in a blender until smooth. Taste, and add syrup or honey for sweetness if needed. Pour the mixture into your decorated cup and enjoy!

St. Louis District Dairy Council
The Nutrition Education People
stldairy-council.org

If you give a mouse a COOKIE

If you give a mouse a cookie, he’s going to ask for a glass of milk to go with it, and that’s a great idea because it turns his treat into a delicious dairy snack!

Ask an adult to help you make your own chocolate chip cookies using this recipe and enjoy them with an ice-cold glass of milk while you read this story together. Just be sure to check the mirror when you’re done to make sure you don’t have a milk mustache!

Chocolate Chip Cookies and Milk

INGREDIENTS:

- 2 ¼ cups all-purpose flour
- ½ cup uncooked oats
- 1 tsp. baking soda
- 1 cup salted butter, softened
- ¼ cup white granulated sugar
- ¼ cup brown sugar
- 1 tsp. vanilla extract
- 2 eggs
- 1 12-oz. bag semi-sweet chocolate chips
- Ice-cold milk

DIRECTIONS:

- 1 Preheat the oven to 375 degrees.
- 2 In a small bowl, combine the flour, oats, and baking soda. Set aside.
- 3 In a large bowl, combine the softened butter, white-sugar, brown sugar, and vanilla until blended with a hand mixer.
- 4 Add the eggs and continue to mix until well combined.
- 5 Gradually add in the flour mixture until combined.
- 6 Add the chocolate chips and stir until evenly mixed.
- 7 Roll dough into ½ inch balls and place them on a cookie sheet lined with parchment paper about 1 ½ inches apart. Bake for 10-12 minutes or until golden brown. Let stand about 1 minute before moving to cooling rack.
- 8 Serve with an ice-cold glass of milk!

St. Louis District Dairy Council
The Nutrition Education People
stldairy-council.org



ANY WAY YOU
SLICE IT *Grateful*
 WE ARE VERY
FOR YOU!



WISHING YOU A HAPPY THANKSGIVING!




gene▶del
 P R I N T I N G

BANKING ON YOU™

Minimum Deposit Coverage of 1MM** *(4x the industry average)*

Yields up to 5.35% APY*

Here, your deposits are insured for up to four times the industry average — with a minimum of \$750,000 additional insurance above NCUA Federal coverage.



 **ONLINE:** westcommunitycu.org

 **CALL:** 636.720.2400

 **VISIT:** In Brentwood, 2345 S. Brentwood Blvd and at branches throughout greater STL.

*APY=Annual Percentage Yield. Actual rate is 5.25%. Limited time special offer. APY accurate as of 11/06/2023. Rates may change without notice. Early withdrawal penalties apply. Offer requires 100% of funds as new funds not currently on deposit with West Community Credit Union. Minimum opening deposit of \$500. Membership eligibility required.

Federally insured by NCUA for \$250,000.

**Additional minimum coverage of \$750,000 provided by Excess Share Insurance Corporation, a licensed insurance company.





October 2023

A View from the Hill



A Letter from the Mayor

Dear Residents of Rock Hill,
 Thank you to everyone who came out and enjoyed the Fall Festival. A huge thank you to the Fall Festival Committee for their work in making it such a success: Pat Harris, Leonmarie Benner, Jan Reed, Peggy McCree, William Mead, and Alderwoman Liaison Jennifer Davis. Mark your calendar now for next year's Fall Festival scheduled for October 5, 2024.

-Edward Mahan, Mayor; emahan@rockhillmo.net or 314-561-4317.

2023 Fall Festival



Spirit Week at Mark Twain West



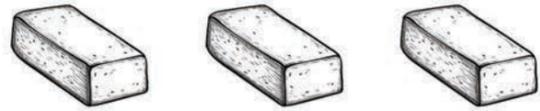
Spirit Week at Mark Twain West, and today's theme is all about friendship and fun - Be a Good Friend, Dress Like a Twin! Check out these twin-inspired outfits that have us seeing double, or in one case, QUADRUPLE!

If imitation is the sincerest form of flattery, our students are spreading kindness like confetti as they celebrate the power of friendship!



LEAVE A MARK ON OUR LIBRARY

Join us for a special fundraiser to support our beloved library! We're offering a unique opportunity for you to leave a lasting mark on our community by purchasing a personalized engraved brick that will be a part of our library for many years to come!



\$125 donation per brick

4 lines | 17 characters per line

Forms are available online at

<https://www.rockhillpubliclibrary.org/dontate/>

The Library is also grateful to accept your tax-deductible donation.



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 Rock Hill Public Library

FALL FILM SERIES 2023



Autumn Classic: **Pieces of April** (PG-13)

A waitress (Katie Holmes) invites estranged family to Thanksgiving dinner. Well-made holiday, comedy-drama. Cast includes: Katie Holmes, Derek Luke, Oliver Platt, Patricia Clarkson, Sean Hayes.

11.14.2023
 1 - 3 PM

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 Rock Hill Public Library

FALL FILM SERIES 2023



Autumn Classic: **Love Again** (PG-13)

A young woman tries to ease the pain of her fiancé's death by sending romantic texts to his old cell phone number & forms a connection with the man the number has been reassigned to. Cast includes: Priyanka Chopra Jonas, Nick Jonas, Sam Heughan, Céline Dion & Sofia Barclay.

11.28.2023
 1 - 3 PM

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www.rockhillpubliclibrary.org
 @rockhillpubliclibrary

Join us for Craft-O-Rama!

Tuesday, November 14th, 4-5 PM
 Kids of all ages are welcome!

Several tables of a variety of crafts will be set up for your crafting pleasure!



Should You Get a Veteran ID Card?



The VA is offering a free Military ID Card as a way to give all honorably discharged veterans proof of service regardless of era or time in service as ordered by Congress.

A valid ID card is proof of service that may be required to receive special benefits from private firms as a "Thank you for your service". Perks like free meals, parking spots and discounts at many retailers. Accept a bit of gratitude when it's offered as it's nice getting respect for your service to your country. It's easy to apply, log on to VETS.GOV and create an account. Then scan and upload your DD-214 form and your photograph. It's that easy and you've earned it.

When you're through with this newspaper, please put it in its place.



Recycle it or donate it to your local animal shelter.



Brentwood Police Department

Calls for Service Report

*Note: CFS Do Not Always Become Written Police Reports

10-23-23 to 10-29-23

CFS for Person Crime	
Murder / Manslaughter	0
Sex & Sexual Assaults CFS	1
Robbery /Car-Jack	0
Assaults	0
Peace Dist -Domestic- Misc	11
Calls for Mental Health	3

CFS for Property Crime	
Arson/Bombing/Burning	0
Burglary - Residential	0
Burglary - Business	1
Destruction of Property	2
Frauds & ID Theft	3
Larceny - Shoplifting	20
Larceny - From Vehicle	2
Stolen Vehicles	0
Trespassing	4

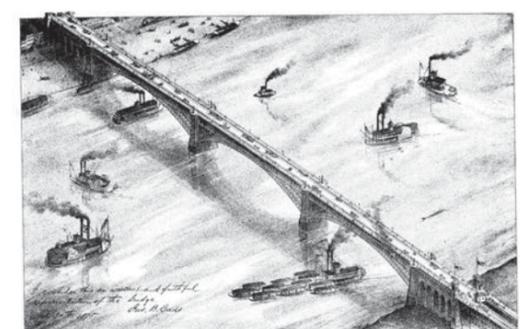
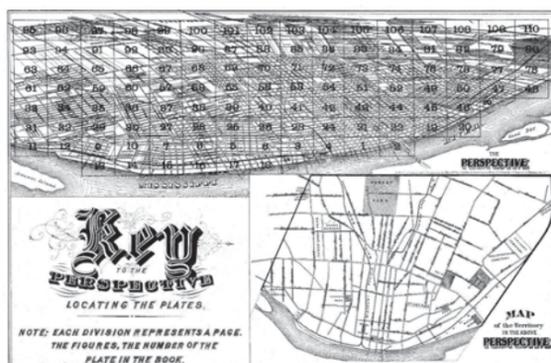
Weapons Related	
Utilized/Taken	0
Recovered	0

Auto Accidents	14
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Patrols	
Building & Business Check	87
Schools	34
Parks - Misc	28

Notable CFS	
Alarm Calls	8
Animal Related	0
Assist FD & etc ..	31
Check Welfare/Notification	3
Contact Another Agency	29
Motor Assist	6
Police Community Relations	1
FLOCK/LPR/RADAR-FTY	1
Solicitors	0
Suspicious Person/Vehicle	17
Traffic Control/Details	6
Traffic Stops	9
Vacation Checks/Close Watch	0
Fireworks	0
ARREST	
Prisoner Conveyance	1
Adults	12
Juvenile	1
ARREST TYPE	
FTA/Fugitive	1
Original Non-Traffic	12
Original Traffic	1

Miscellaneous CFS	21
Minus Arrest/Types/Weapons	-27
Total Calls For Service	343



Pictorial St. Louis A Topographical Survey Drawn in Perspective A.D. 1875

This is a reprint of the 1971 version of the original book. The book was painstakingly scanned from the original in my collection. Each page is reproduced in high resolution and coil bound so the pages lay flat while viewing. Printed on 12" x 18" high quality acid free paper. A nice edition to your historical book collection. Perfect coffee table book as people are attracted by the cover art.

PICTORIAL ST. LOUIS: The Great Metropolis of the Mississippi Valley A Topographical Survey, Drawn From Perspective 1875.

Illustrations by Camille N. Dry and designed & edited by Rich. J. Compton.

Over 220 pages of illustrations and descriptions of life in St. Louis in the late 1800's. The preliminary drawings for this work were made early in the spring of 1874. After a careful consideration of the subject, it was determined to locate the point of view so that the city would be seen from the southeast, believing that to be the most advantageous in all respects. Accordingly, the point of site was established on the Illinois side of the river, looking to the northwest, and at sufficient altitude to overlook the roofs of ordinary houses into the streets.

A careful perspective, which required a surface of three hundred square feet, was then erected from a correct survey of the city, extending northward from Arsenal Island to the Water Works, a distance of about ten miles, on the river front; and from the Insane Asylum on the southwest to the Cemeteries on the northwest.

Every foot of the vast territory within these limits has been carefully examined and topographically drawn in perspective, by Mr. C. N. Dry and his assistants, and the faithfulness and accuracy with which this work has been done an examination of the pages will attest. Absolute truth and accuracy in the representation of the territory has been the standard and in no cases have additions or alterations been made unless the same were actually in course of construction. In a few cases, important public and private edifices that are not yet finished are shown completed, and as they will appear when done.

All the buildings within the limits of the survey in July, 1875, are shown; and a very large number of those executed or commenced since that date have been also introduced, the pages having been constantly corrected up to the last possible moment before publication.

This book is available from Gene-Del Printing for \$75.00. Please call Keith at 314.962.4750 or email him at keith@genedel.com. You may also stop by our office at 9019 Manchester, 63144 in Brentwood to view the book.

Brentwood Board of Aldermen Minutes

PARTIAL BOARD OF ALDERMEN
REGULAR MEETING MINUTES, Monday,
October 2, 2023

Roll Call –

All Members were present:

Other staff members present for the meeting included: Joe Spiess (Police Chief), Angela Hawkins (Police Major), Jason Simpson (Police Major), Jim McIntyre (Finance Analyst), Ronnie Cottrell (Fire Chief), Kevin O’Keefe (City Attorney), Eric Gruenenfelder (Assistant City Administrator/Parks Director), Whitney Kelly Planning and Development Director), Dan Gummshaimer (Public Works Director- joined virtually), Jason Kotz (Human Resources Manager), Michelle DePew (Finance Director), and Kelle Silvey (Deputy City Clerk).



Mayor
David Dimmitt



Municipal Judge
Patrick Dignam

Ward 1



Alderwoman
Nancy Parker Tice



Alderman
Jeff Gould

Ward 3



Alderman
David Plufka



Alderman
Steve Lochmoeller

Ward 2



Alderwoman
Sunny Sims



Alderwoman
Kathy O’Neill

Ward 4



Alderman
Brandon Wegge



Alderman
Jack Shelton

Police Department Announcements and Recognition

Chief Spiess shared kind words about Jim McIntyre and read the Bio (available in BoardDocs) regarding Jim’s retirement from the police force and his new position as Finance Analyst for the City of Brentwood. The Mayor then spoke and honored Jim, reading the City’s Proclamation. Members congratulated Jim and his family.

Chief Spiess then introduced Jason Simpson and read the Bio (available in BoardDocs) regarding his promotion to Major and new role in the department. Board members congratulated Jason.

Citizen Comments

Christine Marshall (56 Whitehall Court) Read prepared statement (included as attachment to the minutes). Ms. Marshall shared concerns regarding the online Architectural Review Board (ARB) meeting for 62 Whitehall court, with no option to attend in person. She experienced trouble connecting to the meeting and raising hand to speak and unmute. She felt the inability to communicate undermined the open forum process. Feels this project impacts all residents on the street and it was unprofessional and undemocratic how the meeting was run. She felt the integrity of the process was compromised.

John Marshall (56 Whitehall Court) stated that he came to look at the plans at City Hall the day after the submission was due, and there was nothing showing on the submission for proposal, to the east or west of the house. He asked for the scale of the drawing – to show the two-story house against the 1-story homes on street. He was told the scale is not required and an ordinance would be needed to change this requirement. He felt this scale issue was brushed aside. He noted the choice of black brick as opposed to hardy board siding like other homes, which was not included in drawing, and feels this is not a good look in this area.

Heather Berigan (1800 Brentwood Blvd.) Requested clarification of commercial zoning in area. Lives in Brentwood Villas and there is a dumpster at the building/business next to their house that is emptied each day at 3:30 AM. She has emailed Meridian Waste with no response. It is disturbing that they do this at this hour.

Also, she expressed concern for panhandling, particularly at Target. She noted experiences inside the store in an aisle as well, and that this is getting more aggressive asking for money. She was also approached at Mobile on the Run. She is very concerned.

The Mayor noted he typically would not comment at this time, however he wanted members to know he agrees that ARB needs to meet in person, but they have continued to meet virtually due to software available on the Architects personal computers that allows them to make revisions and show the agreed upon changes during the meeting, eliminating the time it take for new drawings and a second meeting. So, to help with this, the city is in the process of purchasing 4 licenses for that software to use here in the chambers. While this does not change this particular situation,

CITY ADMINISTRATOR REPORT

2024 Annual budget for the 8750 Manchester Road Community Improvement District Assistant City Administrator, Eric Gruenenfelder, presented the information, noting this was a requirement to comply with State statutes. No action was necessary.

CONSENT AGENDA

Alderwoman Harter inquired about an item on the Warrant List – stating that the \$4555 cost for Pickle Ball nets seemed excessive. The Assistant City Administrator replied that this was a replacement of portable nets with heavier, sturdier nets on wheels that can be moved as needed and not stolen.

Motion was made by Alderman Wegge and seconded by Alderwoman Sims to approve the items on the consent agenda.

Motion carried by a roll call vote of 8 (yes) to 0 (No).

NEW BUSINESS

A. Resolution No. 1466 - A Resolution Approving a Change Order to the Contract with Plocher Construction for Additional Work Needed for the Brentwood Park Destination Playground Project

Assistant City Manager/Director of Parks and Recreation presented the information, noting the scope of work encompasses 5 changes requests. The largest of the change order is the revised landscaping at the overlook. The revised landscaping plan (drawing in BoardDocs) adds log seats and log steppers to utilize this space with a fun feature and add stability to the slope. The total of all 5 changes is \$90,910.82 and is still within the approved contingency budget.

Motion was made by Alderman Wegge and seconded by Alderman Gould to approve the change orders to the Brentwood Park Destination Playground with Plocher Construction.

Motion carried by a roll call vote of 8 (yes) to 0 (No).

Adjournment

Meeting ended at 7:37PM

This meeting was livestreamed on YouTube and recorded. The recording will be made available on the City’s YouTube channel.

Written Comments from Christine Marshall (56 Whitehall Ct.) as referenced in Item 5A – Citizen Comments My husband and I want to inform the Mayor and City Council of our experience in a virtual meeting with the Architecture Review Board on Thursday, September 21st regarding new residence construction at 62 Whitehall Court next door to our home. Our street has 29 homes with all but one home being a single story. The new construction is two stories and will be black brick on three sides.

This was an online meeting conference with Zoom with no option to attend in person. We immediately encountered difficulties in simply joining the webinar, which was

already in session when we ultimately succeeded in connecting. When I asked Whitney Kelly the reason for this Zoom meeting vs. in person, she indicated that this was the preference of the architects. Several neighbors came to our home for the meeting because they were totally unfamiliar with Zoom and wanted to be part of the meeting. When they observed the technical complications that we were experiencing, they remained silent during the meeting.

There was no visual representation of any of the participants attending this meeting on Zoom except for the architects, Whitney Kelly, and facilitator whose identity was never clarified. We did not know the number of residents on Whitehall Court who were on Zoom or teleconferencing. The architect for the proposed construction on 62 Whitehall repeatedly spoke but was also not clearly identified.

Efforts to unmute proved continually difficult. No assistance or guidelines were provided to assist participants who wanted to question or state their views. Attempts to use the “raise hand” button proved equally unsuccessful. We tried repeatedly to engage in this discussion without being acknowledged or heard. This dysfunctional operation clearly silenced residents and undermined the open, democratic process that should have been guaranteed by our elected officials. The entire way in which this meeting was conducted made many residents feel that this proposal was ramrodded for approval without a fair, impartial hearing. We considered the meeting to be one of the worst examples of local government acting in a biased, arbitrary manner with no regard for “ordinary citizens”.

The importance of this meeting, the demolition and construction of a new residence, dramatically impacts all existing homes and residents on this street. While this meeting focused on the most fundamental concern of any resident, namely the quality and protection of home and neighborhood, no provision was made by any of the city officials to make this an open, easily accessible forum for their voices to be heard. The method and facilitating of this meeting contribute to a growing cynicism that the average citizen/ voter is too often dismissed or forgotten.

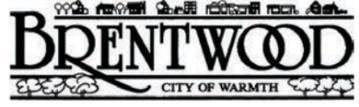
We prepared a very clear response to this

proposal through emails to Whitney Kelly several days prior to this meeting. When that response was projected on Zoom, none of the architects noted any salient points that we included, and we presented. We considered both the architectural design as well as the massive size to be very relevant in contrast to the adjoining homes throughout the street; no one, however, questioned or commented on this glaring departure. We surmised that the aesthetics and continuity of homes were the primary purview, the pivotal consideration of the Architectural Review Board.

When these points were not factored into their final decision, we concluded that their approval was totally arbitrary and subjective.

The unprofessional, undemocratic nature of this meeting was a miscarriage of good government with local officials failing to ensure that all citizens have their basic rights protected, their voices heard. If Zoom were the choice of the architects, the Hybrid option should have also been provided. The stakes were extraordinarily high for homeowners who wanted to engage in this conversation but were effectively silenced by both technical problems as well as the facilitators and architects who didn’t acknowledge the complications of their audience. Considering these issues, they could/should have postponed the final vote. This was a very important proposal with both demolition and new construction, not simply an addition.

Residents on this street will be personally, profoundly, and permanently affected by the failures of this meeting and the failures of Brentwood city officials. This meeting effectively silenced most of the residents on Whitehall and betrayed their belief in an impartial, open exchange of views. Since the Zoom meeting, several neighbors have called us to express their disbelief and anger at the method and tenor of the meeting. They realize the full implications of the vote among the architects who wielded enormous power in relative isolation without accountability to all affected parties. The loss of credibility of city officials is very real on Whitehall Court. When the trust in the political process is eroded, elected officials compromise their integrity as well as the cohesiveness and harmony of their community.



2023 Holiday Trash Schedule

Holiday	Date	Change
Thanksgiving Day	Thursday, November 23	No trash service. Pickup resumes one day after regular schedule (Fri-Sat)
Christmas Day	Monday, December 25	No trash service. Pickup resumes one day after regular schedule (Tues-Sat)

City of Brentwood provides basic trash, recycling and yard waste services to Brentwood residents free of charge.

Household Bulk Item Pickup: Pickup of large household items is available for an additional fee. See **Household Bulk Item Pickup** at <https://www.brentwoodmo.org/> > City Government > Departments > Public Works. **To schedule a large item pickup, call 314.962.4800.**

Reminder from Brentwood Police Department: Leash Your Dog

We remind our residents there is a leash law in place for the safety of our residents and our pets, and we will be enforcing the law if we are alerted to additional violations. Please be respectful of your neighbors and of other pets – make certain you leash your dog on walks or while otherwise unsecured.

Notice of Public Hearing

City of Brentwood, Missouri

On Adoption of Fiscal Year 2024 Budget

November 20, 2023

7:00 PM

Public notice is hereby given that the Board of Aldermen of the City of Brentwood, Missouri, will hold a public hearing at 7:00 p.m. on November 20, 2023, regarding the adoption of the fiscal year budget commencing January 1, 2024 and concluding December 31, 2024. The Board of Aldermen meeting is being held in person and virtually via Zoom video conference.

The hearing is open to the public via the virtual format. Interested members of the public are invited to submit written comments to the city prior to the date of the hearing at the address listed above. All interested persons will be given an opportunity to be heard at the public hearing. Those who plan to join virtually and watch a live video broadcast of the meeting can join the link to the Webinar at:

<https://us02web.zoom.us/j/86547857328>

The city will provide reasonable accommodations for people with disabilities to enable their attendance at City meetings. Please contact the City Administrator’s Office at 314-962-4800 extension 8608, use Relay Missouri 1-800-735-2966 (TDD) or email ksilvey@brentwoodmo.org at least 72 hours prior to the meeting to make your request.

ONE NIGHT OF QUEEN PERFORMED BY GARY MULLEN & THE WORKS THE FACTORY AT THE DISTRICT

Gary Mullen & The Works return to St. Louis to perform ONE NIGHT OF QUEEN at The Factory at The District on Saturday, March 16, 2024.

Show time is 8 p.m. (doors open at 7 p.m.) Tickets are \$79.50, \$59.50, \$49.50 and \$39.50. Tickets go on sale to the public this Friday, October 20 at 10 a.m. and can be purchased online at Ticketmaster.com and TheFactorySTL.com.

Gary Mullen & The Works make a triumphant return to St. Louis with their world-renowned One Night of Queen live concert performance. Featuring Gary Mullen on vocals, David Brockett on guitar, Billy Moffat on bass, Malcolm Gentles on keyboards and Jon Halliwell on drums, the multi-talented band pays tribute to the stage theatrics, showmanship, and music of Rock & Roll Hall of Fame inductees: Queen. Audiences can expect to hear all the classic hits such as “Bohemian Rhapsody,” “We Will Rock You” and “Somebody to Love.”

In 2000, Gary Mullen won the Granada TV program “Stars in Their Eyes” with his performance as Queen’s lead singer Freddie Mercury. Mullen’s embodiment of Freddie Mercury resulted in him gaining 864,838 votes in the show’s Live Grand Final. The number of fans who voted for Mullen was more than double that of the runner-up, thus setting an all-time record for votes in the history of the program. For over two decades, Gary Mullen & The Works have performed more than 2,500 live shows to sold-out audiences in over 20 countries around the globe. They WILL rock you! For more information, visit www.garymullenandtheworks.com.

Yucandu Top-Secret Gift Workshops

You drop off the kids & they become creative elves. They make & wrap THREE different & fabulous gifts. No peeking! \$70*

Grades K-5th

Sat Dec 2, 12:30-3pm

Sat Dec 9, Dec 16, OR Dec 23, 9-11:30am OR 12:30-3pm

Sun Dec 3, Dec 10, OR Dec 17, 1-3:30pm

Tues Dec 19, Wed Dec 20, Thurs Dec 21, OR Fri Dec 22, 9-11:30am OR 12:30-3pm

Grades 3rd-6th

Fri Dec 8 Dec 15, OR Dec 22, 6:30-9pm

Grades 6th-9th

Dec 9, Dec 16, OR Dec 23, 7-9:30pm

Private Gift Workshop for Grades K-Adult

Gather 8 or more (classmates, family, friends...) for a 2-hour craft party where they make & wrap TWO different gifts. \$55*. Call 314-963-4400 to schedule. Guests may make individual payments.

*Pre-registration required. All sales final. Cancellations receive take-home kits. (314) 963-4400

ATTACHMENT A - 2024 PROPOSED BUDGET SUMMARY

REVENUE SUMMARY BY FUND	Actual 2020	Actual 2021	Actual 2022	Budget 2023	Through 7/31/ 2023	Estimated 2023	Projected 2024	Projected 2025	Projected 2026	2022-2023 Budget % Change
GENERAL FUND	\$11,664,574	\$13,623,363	\$17,391,750	\$14,420,032	\$9,666,091	\$15,087,313	\$14,875,525	\$15,049,461	\$15,210,127	3.16%
CAPITAL IMPROVEMENTS FUND	\$2,721,920	\$3,923,394	\$4,363,158	\$3,004,276	\$1,783,137	\$3,168,228	\$3,496,681	\$3,178,278	\$3,209,686	16.39%
ECONOMIC DEV SALES TAX FUND	\$2,966,110	\$3,709,478	\$3,821,535	\$3,462,171	\$2,092,099	\$3,507,279	\$3,496,795	\$3,531,766	\$3,567,083	1.00%
STORM WATER & PARKS IMPROVEMENTS	\$5,502,136	\$10,297,273	\$10,803,265	\$12,906,897	\$5,835,692	\$12,235,872	\$10,156,191	\$7,196,546	\$6,863,498	-21.31%
SEWER IMPROVEMENTS FUND	\$143,278	\$164,269	\$143,846	\$148,000	\$43,353	\$148,000	\$148,000	\$148,000	\$148,000	0.00%
TOTAL REVENUE	\$22,998,018	\$31,717,777	\$36,523,555	\$33,941,376	\$19,420,372	\$34,146,692	\$32,173,192	\$29,104,051	\$28,998,394	-5.21%

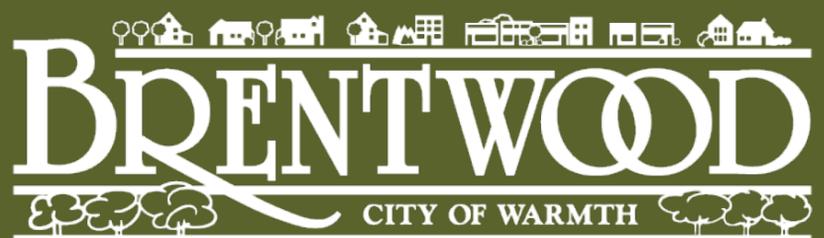
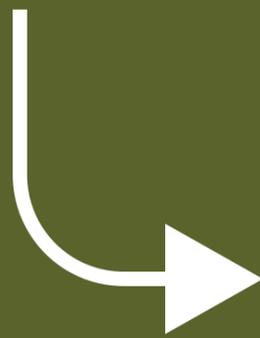
EXPENDITURE SUMMARY BY DEPARTMENT	Actual 2020	Actual 2021	Actual 2022	Budgeted 2023	Through 7/31/ 2023	Estimated 2023	Proposed 2024	Projected 2025	Projected 2026	2023-2024 Budget % Change
GENERAL FUND										
ADMINISTRATION DEPARTMENT	\$854,312	\$1,012,382	\$1,018,198	\$1,113,931	\$614,244	\$1,221,713	\$1,221,650	\$1,250,627	\$1,289,575	9.67%
COMMUNITY SERVICES	\$59,415	\$90,026	\$173,762	\$157,138	\$28,448	\$170,928	\$213,157	\$217,420	\$221,768	35.65%
MUNICIPAL OPERATING EXPENSES	\$1,879,751	\$1,699,532	\$1,942,448	\$1,964,807	\$1,131,387	\$1,955,700	\$2,042,765	\$2,094,946	\$2,148,887	3.97%
FIRE DEPARTMENT	\$2,483,049	\$2,623,490	\$2,662,630	\$2,917,949	\$1,631,115	\$2,907,669	\$2,859,137	\$2,970,260	\$3,079,919	-2.02%
JUDICIAL DEPARTMENT	\$176,356	\$185,886	\$190,252	\$208,104	\$116,179	\$215,599	\$208,538	\$215,201	\$221,842	0.21%
LEGISLATIVE DEPARTMENT	\$106,651	\$96,748	\$104,827	\$126,590	\$57,158	\$124,580	\$131,140	\$132,160	\$133,692	3.59%
PLANNING & DEVELOPMENT DEPARTMENT	\$458,611	\$470,121	\$505,975	\$777,015	\$284,135	\$708,328	\$835,953	\$807,300	\$805,409	7.59%
POLICE DEPARTMENT	\$3,464,860	\$3,570,249	\$3,786,314	\$4,212,600	\$2,561,399	\$4,047,486	\$4,133,318	\$4,273,445	\$4,423,610	-1.88%
POLICE SEIZURE FUNDS	\$5	\$2,030	\$15,367	\$24,337	\$10,640	\$56,000	\$85,000	\$75,000	\$75,000	249.26%
PUBLIC WORKS - STREETS	\$1,396,625	\$1,322,306	\$1,491,589	\$1,463,684	\$797,059	\$1,369,402	\$1,523,010	\$1,471,202	\$1,600,512	4.05%
PUBLIC WORKS - SANITATION	\$633,281	\$589,552	\$639,832	\$549,158	\$381,605	\$605,250	\$637,127	\$650,208	\$664,759	16.02%
TRANSFERS OUT	\$184,635	\$1,723,814	\$1,037,590	\$488,324	\$237,749	\$488,324	\$589,074	\$589,211	\$588,311	20.63%
TOTAL	\$11,697,549	\$13,386,135	\$13,568,783	\$14,003,637	\$7,851,118	\$13,870,979	\$14,479,869	\$14,746,981	\$15,253,284	3.40%
CAPITAL IMPROVEMENTS FUND	\$2,230,272	\$4,030,426	\$3,758,175	\$3,233,436	\$1,159,264	\$3,854,260	\$3,491,872	\$5,073,834	\$3,205,576	7.99%
ECONOMIC DEVELOPMENT TAX FUND	\$1,199,449	\$2,577,023	\$2,577,312	\$2,572,250	\$703,662	\$2,572,250	\$2,572,450	\$2,574,650	\$2,574,850	0.01%
PARKS & REC-STORM WATER & PARK IMPRV	\$21,660,807	\$25,774,439	\$28,339,571	\$19,486,808	\$12,465,025	\$18,334,697	\$12,571,275	\$7,141,283	\$6,760,953	-35.49%
PUBLIC WORKS-SEWER IMPROVEMENTS	\$152,178	\$83,033	\$131,214	\$146,500	\$224,930	\$268,700	\$128,200	\$128,200	\$128,200	-12.49%
TOTAL EXPENDITURES	\$36,940,255	\$45,851,057	\$48,375,055	\$39,442,631	\$22,403,999	\$38,900,886	\$33,243,666	\$29,664,948	\$27,922,863	-15.72%

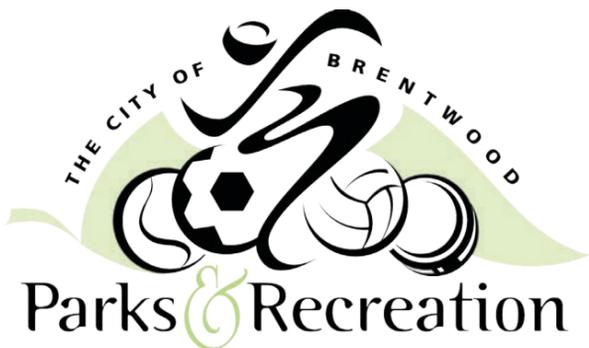
Choose how to connect with the City of Brentwood.

Hello, Brentwood Community Member!

The City of Brentwood provides information and connects with the community through a variety of communication channels. Choose the tools you prefer to use to find City of Brentwood updates, news, events and more. Choose how you wish to stay connected and informed.

Connect with City of Brentwood's communication channels here





Elf on the Shelf Idea Box

Wednesday, Nov. 29,
Thursday, Nov. 30
8am-5pm

Parents, having trouble finding activities or ideas for your family's Elf? Let Brentwood Parks and Recreation help you! We will find ideas for the Elf and provide all the materials for each activity. Ideas will cover Dec. 1-24. Pick up your box at the Brentwood Community Center.

Pickup Dates: Wednesday, Nov. 29 and Thursday, Nov. 30
Time: 8am-5pm
Location: Brentwood Community Center
Price: Res. \$35/Non-Res. \$45
Activity Number: 945110

Brentwood Holiday Party

Saturday, Dec. 2
5-7pm

It's the most wonderful time of the year in Brentwood! Come celebrate the holidays with your community at Brentwood Park. Bring in the season with a tree lighting, sleigh rides, refreshments, and more! This residents only event is completely free.

Dates: Saturday, Dec. 2
Time: 5-7pm
Location: Brentwood Park Pavilion, 2924 Brazeau Ave. Brentwood
Price: Free

Letters to Santa

Monday, Nov. 27 -
Friday, Dec. 15

It's that time of year again! Write your letter to Santa this holiday season and then drop off a self-addressed, stamped envelope at our North Pole Mailbox located in front of the Brentwood Community Center. Drop off your letter to receive a special note from Santa Claus himself!

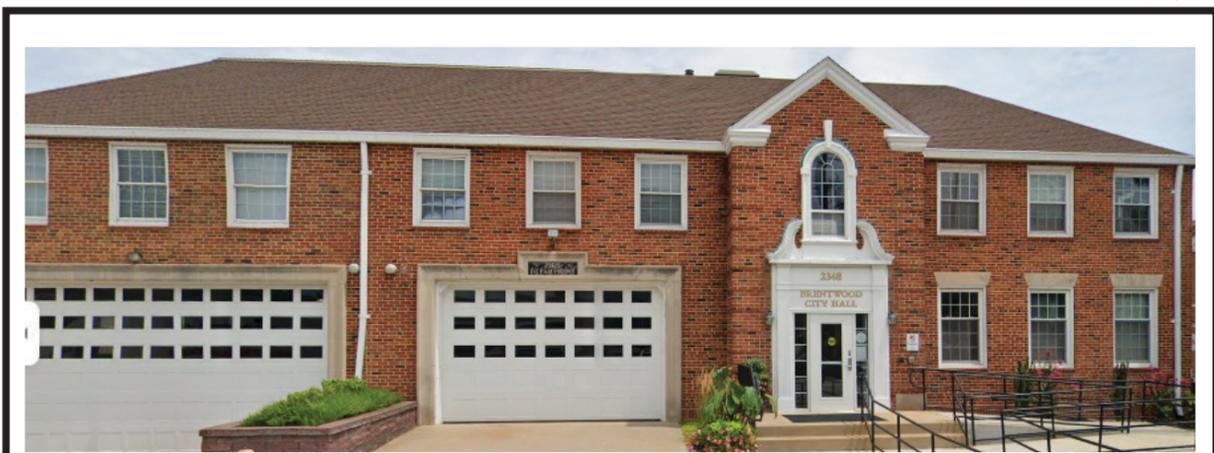
Dates: Monday, Nov. 27-Friday, Dec. 15
Location: Brentwood Community Center
Price: Free

Merry Grinch-Mas

Saturday, Dec. 2
10-11:30am

The Grinch tried to steal Christmas ... and for that he is popular character at Christmas. Join us for a class full of Grinch activities, Grinch dust will be made to help stop the Grinch from coming to your home.

Dates: Saturday, Dec. 2 Time: 10-11:30am
Location: Brentwood Community Center
Ages: 6-10 Price: Res. \$25/Non-Res. \$35



The City of Brentwood Welcomes New Communications Manager

The City of Brentwood, Missouri is pleased to welcome Michelle Boyer as the new Communications Manager. She will be responsible for the strategic planning, development, and implementation of the City's communications, marketing, and public relations efforts. This will include media relations, and community engagement initiatives says City Administrator, Bola Akande. We welcome Michelle to the City of Brentwood and look forward to the opportunity to collaborate with her on all the city's communications efforts.



She joins the City of Brentwood after nearly a decade at the National Council of the U.S., Society of St. Vincent de Paul, a nonprofit organization that works to help those in need, where she was an integral member of the Advancement Team and served as the Marketing Communications Manager.

During her time at SVdP, Michelle worked to grow the Society's social media presence from the ground up. Michelle has solid experience in social media strategy that allowed the Society to reach a broad audience. She also served as the creator and editor for SVdP's weekly electronic newsletter that is distributed to more than 55,000 readers. She assisted with media relations for the Society and worked on the production of a television series about the organization that aired on the EWTN global cable network. Michelle has a Bachelor of Science degree in Print and Online Journalism from Missouri State University and an Associates of Applied Science degree in Graphics Communications from St. Louis Community College.

"While I was born and raised in South City, I have enjoyed coming to Brentwood for their wonderful restaurants, parks, shopping, and entertainment," said Michelle. "I have always thought it was such a special place and am looking forward to utilizing my skills as a communicator to get the word out about Brentwood!"

A life-long St. Louisan, Michelle is looking forward to this new professional opportunity.

She enjoys utilizing her creativity and graphic design skills to create eye-catching and dynamic graphics and marketing materials.

Learn more at www.brentwoodmo.org



Gingerbread House Workshop

Tuesday, Dec. 5
6-7:15pm

The holidays are coming and home decorations aren't complete without a family Gingerbread House. Fee is per family and includes all the supplies to make one gingerbread house per family. After completing your house, each family will be able to decorate 4 holiday cookies.

Date: Tuesday, Dec. 5
Time: 6-7:15pm
Location: Brentwood Community Center
Price: Res. \$25/Non-Res. \$30

Santa's Secret Shop!

Saturday, Dec. 9
Sunday, Dec. 10

Ho...Ho...Ho... off to do some shopping we go! Children are welcome to visit Santa's Secret Shop to do some holiday shopping, complete with gift wrapping. Participants should come with a list of people to shop for and money, Santa's elves will do the rest. No registration required. Parents will be required wait in the building for their shopper.

Date: Saturday, Dec. 9, Noon-4:30pm and Sunday, Dec. 10, 1-6pm
Location: Brentwood Ice Rink, Penguin Party Room
Ages: 4-10
No registration required

Santa Visits

Friday, Dec. 8,
Saturday, Dec. 9,
Friday, Dec. 15,
Saturday, Dec. 16

Santa will be making special house visits to kids around Brentwood! Visits are 15 minutes long with a maximum of 8 children per household. Pre-registration required, spots are limited and will go fast. *Brentwood residents only*

Dates:
Friday, Dec. 8: 5-8pm
Saturday, Dec. 9: 3-8pm
Friday, Dec. 15: 5-8pm
Saturday, Dec. 16: 3-8pm

Price: Res. \$25/household

Appetizer Cooking Class

Thursday, Dec. 14
6:30-7:30pm
Presented by
TRADER JOE'S

Are you looking for a new appetizer for your holiday events? Trader Joe's and Across the Board 314 are partnering with Brentwood Parks and Recreation to help you create some new, delicious hors d'oeuvres for your holiday events.

Date: Thursday, Dec. 14
Time: 6:30-7:30pm
Location: Brentwood Community Center
Ages: 21+
Price: Res. \$20/Non-Res. \$25

U.S. BANK WILD LIGHTS STARTS NOV. 24 AT THE SAINT LOUIS ZOO



This holiday season, escape to a wild wonderland with brand-new twinkling light displays and festive family fun at U.S. Bank Wild Lights at the Saint Louis Zoo!

Wild Lights is open from 5 to 8:30 p.m. on the following select dates:

Friday-Sunday, Nov. 24-26 — \$12/Member; \$15/Non-member

Wednesday-Sunday Nov. 29-Dec. 3 — \$12/Member; \$15/Non-member

Thursday, Dec. 7 — \$12/Member; \$15/Non-member

Friday-Sunday, Dec. 8-10 — \$15/Member; \$18/Non-member

Monday, Dec. 11, Sensory-Friendly Night for individuals with sensory sensitivities: \$11/Member and non-member

Wednesday & Thursday, Dec. 13-14 — \$12/Member; \$15/Non-member

Nightly, Dec. 15-23 — \$15/Member; \$18/Non-member

Nightly, Dec. 26-30 — \$12/Member; \$15/Non-member

Tickets for ages 2 and up are required and must be purchased in advance online at stlzoo.org/wildlights. Free admission for children under age 2. High demand is expected and popular dates may sell out quickly.

Proceeds from the event help the Zoo provide the highest quality care for its animals.

Holiday Lights & Activities

Delight in brilliant, colorful light displays throughout the Zoo, including several new displays. A 40-foot lighted tree returns as a dynamic photo opportunity. Walk through two new tunnels with twinkling lights by River Camp and South Entrance. Other displays include Blizzard Boulevard, Campfire Corner, Trinket Trading Post, Gum Drop Grove, Snowy Savanna (new), Celebration City (new), Candy Cane Lane and more.

Visit with the cool birds at Penguin & Puffin Coast and warm up in the tropics of the Bayer Insectarium to see colorful insects from around the world. (Please note that these are the only animal exhibits open at night during the event. All other animal attractions are closed.)

Look for holiday carolers and other strolling live performers on select nights. Climb aboard your favorite animal on the Mary Ann Lee Conservation Carousel and see The Polar Express at the 4D Theater. These attractions are free with event admission and operate weather permitting.

Kids can make a free craft to take home and write a letter to Santa at the Woodland Workshop.

Food & Shopping

Roast campfire s'mores (available for purchase) at one of the fire pits located at Carousel Plaza, Ice Cream Oasis patio and River Camp. Enjoy dinner, snacks, holiday drinks and more at food locations throughout the Zoo. Shop for a variety of unique gifts at Zoo gift shops and receive a 10% discount on any purchase; Zoo members receive a 20% discount.

Sensory-Friendly Night

Monday, Dec. 11, is Sensory-Friendly Night for neurodivergent guests with sensory sensitivities. This special night will mirror the traditional Wild Lights experience, but also includes sensory maps, quiet areas and trained Zoo staff to assist individuals with sensory sensitivities. Sensory Night is supported by The Autism Clinic at Hope.

ST. LOUIS' NEWEST HOLIDAY POP-UP BAR OPENS IN WEST COUNTY

BLING BRINGS CHRISTMAS JOY TO THE WOLF CAFÉ DECEMBER 1-30

Be prepared to jingle and mingle this season at BLING, St. Louis' newest holiday pop-up bar and the only pop-up located in West St. Louis County.

Opening Friday, December 1, BLING is located in the lower level of The Wolf Café Taproom and Cocktail Lounge at 15480 Clayton Road in Ballwin, Missouri. Reservations are required and go on sale today at noon at Bling Holiday Pop-up Bar.

Tickets are \$20 per person in the Taproom or \$25 per person in the VIP Lounge. VIP tickets include a complimentary glass of champagne upon arrival, complimentary snacks, private seating area and a more expansive cocktail menu. Adults 21 and older only with valid ID. A portion of the proceeds from every ticket will benefit the non-profit organization Circle of Concern.

BLING is the perfect place for a glittery Girl's Night Out, festive family get together or company party. The winter wonderland will be open every Friday and Saturday night in December and features live holiday music. Reserve the BLING Taproom for your company Christmas party or family reunion on Tuesdays, Wednesdays or Thursdays by clicking here.

"I couldn't be more thrilled to invite everyone to The Wolf Café's first-ever holiday pop-up bar," said owner Bob Biribin. "We've poured our hearts into creating a magical holiday space where you can sip on delightful cocktails, savor delicious food, hear fantastic music, and immerse yourself in the holiday spirit."

"What makes this even more special," adds co-owner Denise Biribin, "is that a portion of the proceeds will go to Circle of Concern, a cause close to our hearts. Join us as we celebrate this festive season together, and let The Wolf Café be your home away from home during the holidays. We can't wait to welcome you with open arms and make a meaningful impact together!"

Wine, mixed drinks and mocktails await you at BLING which also boasts one of the best craft beer menus in St. Louis with selections from Perennial, 2nd Shift and Narrow Gauge. Christmas cocktails include:

The Bling: Reyka Vodka, Housemade Limoncello, Spiced Pear, Pomegranate and Citrus

Last Christmas: Brown Butter Infused 4 Roses Bourbon, Laird's Apple Brandy, House Made Chai Bitters and Chai Syrup

Stocking Stuffer: 4 Roses Bourbon, Sherry, Cointreau, Chocolate Liqueur, Cold Brew, Mole Bitters and Orange.

Dance of the Sugar Plum Fairy: Empress Gin, Plum Wine, Sweet Vermouth, Cane Sugar, and Citrus.

***Christmas Island:** Plantation Dark Rum, Plantation Silver Rum, Allspice Dram, Passionfruit, Pineapple, Dragonfruit, Coconut, Citrus, Cane Sugar and Seasonal Spices.

***I'll Be Home for Christmas:** Espresso, Irish Cream, Brown Butter-Washed 4 Roses Bourbon, Chocolate Liqueur, House-made Cinnamon Whipped Cream, Chocolate, and Seasonal Spices.

*Exclusive to the VIP Lounge. A tantalizing appetizer menu will also be available for purchase. For more information, contact thewolfbling@gmail.com. Follow the festive fun on social media @thewolfcafestl. BLING is handicap accessible and for ages 21 and up only.



FIND THE PERFECT HOLIDAY GIFT AT THE SAINT LOUIS ZOO



Find holiday gifts for everyone on your list at the Saint Louis Zoo this year. Proceeds from all sales benefit the animals and programs of the Zoo. For more information, visit stlzoo.org/holiday.

Zoo Gift Shops & Holiday Zootique

Treetop Shop in The Living World at the Zoo's North Entrance is decked out for the holidays from Nov. 10 through Dec. 24 during Zoo hours and on nights of U.S. Bank Wild Lights. The gift shop offers animal-related clothing, plush animals, toys, books, home décor, a selection of fair trade and sustainable gifts and many items only available at the Saint Louis Zoo. Numerous wildlife and nature-themed ornaments adorn trees throughout the store.

From 9 a.m. to 8 p.m. on Friday, Nov. 10, shop Holiday Zootique in Treetop Shop and receive a 10% discount (20% for Zoo members) on purchases. Enjoy complimentary gift-wrapping, plus coffee and sweet snacks in the daytime, and hors d'oeuvres, wine and samples of STL Zoo Bier (for adults 21 and older only) in the evening, while supplies last. Receive a free reusable bag for every \$25 purchase and a free two-piece package of fudge from Candy Crossing for every \$50 purchase.

Zoo Parents Holiday Adoption

Adopt a polar bear from the Zoo for someone on your gift list. The proud Zoo Parent will receive a 12-inch plush toy polar bear (while supplies last) with a 2023 commemorative tag, personalized adoption certificate, color photo with animal facts, and more. The holiday adoption is \$60 and includes shipping and handling to anywhere in the contiguous United States. Save \$5 if you order by Nov. 17 or purchase and pick up the package at Zoo Welcome Desks by 1 p.m. on Dec. 24. Discounts cannot be combined. Place orders by Dec. 5 for delivery by Dec. 24. Proceeds go directly toward the care and feeding of the animals. Order adoptions online at stlzoo.org/adopt; by phone at (314) 646-4771, option 2; or in person at Zoo Welcome Desks.

Holiday Gift Membership

A Saint Louis Zoo gift membership is a gift that gives all year long. A \$79 Patron-level membership includes free parking for six visits, 36 member tickets for Emerson Zooline Railroad, Winging It! Bird Show, and Sea Lion Show, as well as Zoo discounts, stlzoo.org member magazine, e-newsletter and more. Other membership levels with more benefits are available. The holiday gift membership includes a collectible 2023 ornament featuring the Sichuan takin (while supplies last). Order memberships online at stlzoo.org/holidaymembership; by phone at (314) 646-4771, option 2; or in person at Zoo Welcome Desks. Place orders by Dec. 6 for delivery by Dec. 24.

Exclusive Saint Louis Zoo Ornament

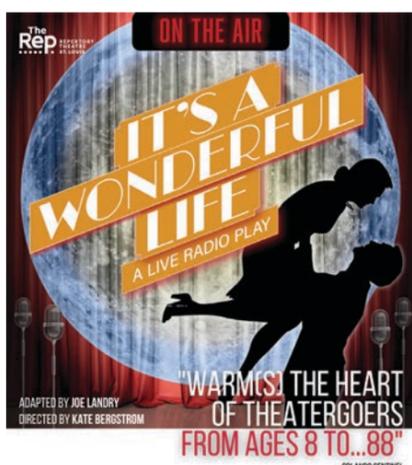
Collect the 2023 limited-edition Saint Louis Zoo holiday ornament featuring a capybara from the Mary Ann Lee Conservation Carousel. The glass ornament is sold for \$18. Ornaments may be purchased from Nov. 10 to Dec. 24 (while supplies last) at Zoo gift shops; online at stlzoo.org/holiday; or by phone at (314) 646-4779.

Zoo Gift Cards

Not sure what to give a Zoo fan? Let them choose with a Zoo Gift Card! Gift cards can be redeemed for souvenirs and merchandise at Zoo gift shops, food and drinks, Adventure Passes, behind-the-scenes tours, year-long memberships, admission to rides and attractions, and more (some exceptions apply). Gift cards can be purchased in any amount up to \$500 (minimum) at the Welcome Desks and Rentals Desks at both Zoo entrances and at all Zoo gift shops, or by calling (314) 646-4779. More information is available at stlzoo.org/giftcard.

Zoo Animal Wish List

Treat the animals at the Zoo by sending them something they can sniff, stomp, chew or chase! Keepers create stimulating environments for animals through the use of enrichment. They introduce new foods, smells and other "toys" to provide the animals opportunities to engage in natural behaviors. Visit stlzoo.org/wishlist for their keeper-approved wish list.



December 1-23 experience the enchanting magic of the holiday season in a way like never before with *It's a Wonderful Life: A Live Radio Play*. Step into Bedford Falls and the heartwarming tale of George Bailey with this whimsical production.

Whether you're planning to enjoy this touching story solo or with family and friends, you're in for a holiday treat. Our talented cast and captivating storytelling will immerse you in the heartwarming tale from the very beginning to the final curtain call.

Don't miss your opportunity to experience the timeless magic of *It's a Wonderful Life: A Live Radio Play*. Secure your tickets today and create cherished memories that will last a lifetime!

Brentwood Community Blood Drive

Please participate in our Community Blood Drive on Friday January 26, 2024, from 2 pm to 7 pm at the Brentwood Rec Center.

This drive is made possible with the cooperation of: American Red Cross, The City of Brentwood & the Brentwood Parks & Recreation Department and all the donors

Six years ago, my son fought MML (Multiple Melanoma Leukemia) and during his 22 months of battling he needed transfusions to help him fight off infections. Because others donated blood and platelets, we had extra TIME with our son. This drive honors him and helps to makes blood supplies available for others that have such a need. It will make you feel good about yourself, and it will mean the world to someone in need.

We are asking for donors to sign up online at redcrossblood.org sponsor code: BWParksRec

The average adult has eight to 12 pints of blood in their body. Making a blood donation uses about 1 pint, after which your body has an amazing capacity to replace all the cells and fluids that have been lost. Your body will replace the blood volume (plasma) within 48 hours. It will take four to eight weeks for your body to completely replace the red blood cells you donated.

Every two seconds someone in the U.S. needs blood. It is essential for surgeries, cancer treatment, chronic illnesses, and traumatic injuries. Whether a patient receives whole blood, red cells, platelets or plasma, this lifesaving care starts with one person making a generous donation. 1 donation can potentially save up to 3 lives. Blood and platelets cannot be manufactured; they can only come from volunteer donors. Nearly 21 million blood products are transfused each year. Platelets, critical for cancer patients, must be transfused within 5 days of donation. The Red Cross holds about 500 blood drives every day. January 22 is our day to help their effort.

Facts About Blood Needs

Approximately 36,000 units of red blood cells are needed every day in the U.S.

Nearly 7,000 units of platelets and 10,000 units of plasma are needed daily in the U.S.

Nearly 21 million blood components are transfused each year in the U.S.

The average red blood cell transfusion is approximately 3 units.

The blood type most often requested by hospitals is type O.

Sickle cell disease affects 90,000 to 100,000 people in the U.S. About 1,000 babies are born with the disease each year. Sickle cell patients can require blood transfusions throughout their lives.

According to the American Cancer Society, more than 1.8 million people are expected to be diagnosed with cancer in 2020. Many of them will need blood, sometimes daily, during their chemotherapy treatment.

A single car accident victim can require as many as 100 units of blood.



Blood Supply Statistics

The Red Cross provides about 40% of our nation's blood and blood components, all from generous volunteer donors. But supply can't always meet demand because only about 3% of age-eligible people donate blood yearly. Each new donor helps us meet patient needs.

Each year, an estimated 6.8 million people in the U.S. donate blood.

13.6 million units of whole blood and red blood cells are collected in the U.S. in a year.

About 45% of people in the U.S. have Group O (positive or negative) blood; the proportion is higher among Hispanics (57%) and African Americans (51%).

Type O negative red cells can be given to patients of all blood types. Because only 7% of people in the U.S. are type O negative, it's always in great demand and often in short supply.

Type AB positive plasma can be transfused to patients of all blood types. Since only 3% of people in the U.S. have AB positive blood, this plasma is usually in short supply.

Red blood cells must be used within 42 days (or less).

Platelets must be used within just 5 days.

Please check your social schedule and seriously consider joining our efforts to help others. Feel free to invite a friend to join you.

THANK YOU for considering our request.



Dad's Cookie Company

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3854 Louisiana Avenue, St. Louis, MO 63118

Stop By And Visit Us At Our Old Style Retail Bakery Shop!

Dad's Cookie Company, the home of...
Dad's Original Scotch Oatmeal Cookies™ and
other fine treats

www.dadscookies.com

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 Fax: (314) 772-5863

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 Crown Candy Kitchen
 Dierberg's Markets

Freddie's Market
 Hanlen's Fine Meats & Catering
 Hanneke's Market

Kenrick's Meats & Catering
 Mateker's Meat & Seafood Shop
 Mom's Deli

Schnuck's Markets
 Straub's Markets
 ...AND MANY MORE!

Stop by Ted Drewes and get a "Tedad's" Concrete, or a Frozen Custard Sandwich made with Ted Drewes Vanilla Custard between two Dad's Original Scotch Oatmeal Cookies!

If you can't find them where you shop, ask them to carry Dad's Original Scotch Oatmeal Cookies™!



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**Cell Phones for Safe Homes program
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Drop off your used cell phones at the Gene-Del Printing/Pulse Newspaper office to be recycled through Lydia's House "Cell Phones for Safe Homes" fundraiser.

For each phone collected, our recycling partner will make a cash donation of up to \$100 to Lydia's House.

If you'd like to donate your phone, stop by this location:

- Gene-Del Printing (9019 Manchester Rd.)

If you are interested in collecting phones for Lydia's House through a drive at your business, faith community or school, please contact Ellie Lorenz at (314) 771-4411 ext. 116 or elorenz@lydiashouse.org.

About Lydia's House

Lydia's House works in faith to end domestic violence by being a place of healing and a voice of hope for abused women and their children. Our program provides up to two years of transitional housing and critical support services to survivors of domestic violence.

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TRAVEL

By Sue McCarthy



The Best View In The Midwest — Grafton, IL



We were celebrating my birthday at one of my favorite places on top of the bluffs; Aeries Winery (see my husband Kevin’s article about the food/wine and view.) It was a perfect fall day.

Aeries offers many adventures too: try out the zipline, the gondola and the Grafton Sky Tour, the alpine coaster (with underglow lighting is only available on weekends.)

The Loading Dock is installing an ice skating rink and will be open in time for the season. It also offers dining and beverages. You can’t miss it, it is next to the lighthouse. After this stop we drove west to Pere Marquette State Park and Conference Center. There are also cabins for lodging and a giant black and white chess board in front of the stone fireplace.

This stretch of highway is 33-miles from Hartford to Grafton, IL and is called National Scenic Byway.

Check out Elsay for their Christmas decorations and don’t forget to take a camera.

www.riversandroutes.com



Growing Up, my dad always liked taking us for Sunday drives in the country.

A lot of these drives headed out into the countryside looking at fall foliage.

So it isn’t a surprise that annually on my birthday I like to head for a drive up the “Great River Road.” Grafton, MO is the oldest town in Jersey County and is located at the confluence of the Mississippi and Illinois Rivers.

Picturesque doesn’t begin to describe the limestone bluffs hugging the broad river. This was a perfect time of the year to take a leisurely drive; the leaves were golden yellow, bright reds and coppery orange. We stopped at the roadside park west of Alton, IL to observe the painted Piasa Bird on the side of the limestone bluff. Wikipedia has a fascinating history of the Piasa Bird.

We left there and drove a little further to the historic village of Elsay, est. 1853 listed on the National Registry of Historic Places. There are only two roads leading into and out of the village. Be sure to stop in the Elsay General Store where you can find a small quantity of staples, specialty teas and possibly a small gift item. The nearest grocery store for residents is in nearby Alton. Several buildings are all stone and several have endured the 500 year old flood in 1993.



IF YOU GO

Aerie’s Resort
14 W Main St.
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<http://www.visitaeriesresort.com>
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