



Volume 43, Number 9

# the pulse

newspaper



September, 2019

Your Neighborhood Newspaper Since 1977



Brentwood City Hall will undergo a partial interior renovation and will be closed to the public for several months beginning in October. During September, staff with offices at City Hall will be temporarily relocated to other City buildings. Board of Aldermen and committee meetings will be held at alternate locations during the renovation. The main City phone number (314.962.4800) and department and staff phone extensions will remain operational. Please watch for updates on the City website ([www.brentwoodmo.org](http://www.brentwoodmo.org)), the City's Facebook page ([facebook.com/BrentwoodMO](https://facebook.com/BrentwoodMO)), and Nextdoor.com. Thank you for your understanding as we work on improving your City Hall!

### Brentwood Celebrates a Century with 100+ Events in 2019

The City is celebrating its first century with more than 100 events throughout the year. Learn more at [www.brentwoodmo.org/centennial](http://www.brentwoodmo.org/centennial) and [www.brentwood100.org](http://www.brentwood100.org)

### Board of Aldermen and Committee Meetings Available on YouTube

Watch Board of Aldermen and committee meetings on YouTube and subscribe to the City's YouTube channel. Click on the YouTube icon on the home page of [www.brentwoodmo.org](http://www.brentwoodmo.org) or search "brentwoodmo govtv" on YouTube.

### Responsible Recycling

Residents can help sustain single-stream recycling services in Brentwood by knowing what to put in the recycling bin and what to leave out of the recycling bin.

#### DO Add to the Recycling Bin:

- Paper
- Flattened Cardboard
- Plastic Bottles and Containers
- Glass Bottles and Jars
- Metal Food and Beverage Cans
- Food and Beverage Cartons

Keep these items loose (not bagged), clean and dry. Place these in your recycling container; do NOT place recyclable items in a trash bag or plastic bag.

#### DO NOT Add to the Recycling Bin:

- Plastic Bags and Film
- Styrofoam
- Sharps and Needles
- Food Waste
- One-Time-Use Disposables (such as plastic straws and utensils)
- Batteries
- Household Hazardous Waste

#### Yard Waste

Recycling does not go in plastic bags, and plastic bags do not belong with recycling. In Brentwood, this includes "recycling bags" – the recycling facility we use does not accept plastic bags of any kind. Plastic bags can get caught in the recycling facility's machinery, causing delays and damage to the equipment. Bundled recyclables can't be sorted at the facility, so all of it ends up in a landfill.

Place recycling items loose (not bagged), clean and dry in your recycle bin.

Learn more: <http://brentwoodmo.org/recycle>

## CHEERS TO 100 YEARS! Brentwood Days Celebration & Parade September 20-21, 2019



### Friday

- 5 pm - Grounds Open
- 5-9 pm - Free Carnival Rides
- 5:30-8 pm - Kids Tent
- 7-10 pm - Live music from Mixtapes

### Saturday

- 12 pm - Parade
- 1 pm - Grounds Open
- 1-7:30 pm - Free Carnival Rides
- 2-4 pm - Bingo
- 1-9 pm - Kids Tent
- 6-9 pm - Live music from Dr. Zhivegas
- 9:00 - Firework Show!

### Free Shuttle Service on Saturday

Passengers will be picked up at both Brentwood City Hall and the Brentwood Recreation Complex.

Shuttle to Parade Route:  
10 am-12 pm  
Shuttle to Brentwood Park:  
1-9:30 pm

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- 6...Brentwood Days Information
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- 13...Brentwood Commemorative Coins - Get Yours!

The Pulse is a member of the Brentwood and Mid-County Chambers of Commerce

## Deadline for next issue is October 7

## Brentwood School District

September 2019 News



Name: BUKI  
Age: 9 years old  
Color: White  
Sex: Neutered Male  
Weight: 13.40 lbs  
Adoption price: \$200.00  
First Day at APAMO: Aug 25, 2019



I am currently available for adoption.



Name: MATTY  
Age: 4 months old  
Color: Black and White  
Sex: Neutered Male  
Weight: 33.80 lbs  
First Day at APAMO: Sep 04, 2019

I am currently available for adoption.

Shelter Staff made the following comments about this animal:

MATTY IS ONE PLAYFUL PUP! HE IS VERY LOVING AND PLAYFUL AND WOULD LOVE TO FIND AN ACTIVE FAMILY!



Name: KODY  
Age: 11 years old  
Color: Brown tabby and White  
Sex: Neutered Male  
Weight: 8.84 lbs  
First Day at APAMO: Jul 29, 2019

I am currently available for adoption.

Shelter Staff made the following comments about this animal:

KODY IS A SWEET BOY LOOKING FOR A NEW HOME! HE IS FRIENDLY WITH MEN, WOMEN, AND CHILDREN. HE IS A LOVEBUG. HE IS LITTERBOX TRAINED AND WOULD BE A GREAT CAT TO ADD TO YOUR FAMILY!

### To Adopt

These animals and many others are available at the Animal Protective Association (APA) at 1705 S. Hanley (63144). Shelter adoption hours are 10am-5pm Monday-Saturday. The APA provides shelter and care for homeless pets, a low-cost veterinary clinic, lost-and-found assistance, humane education classes, and Domestic Violence Pet Assistance.

*Research has shown that living with animals provides certain health benefits. The interaction can help lower blood pressure and lessen anxiety. Stroking a cat helps to relieve stress. Walking a dog is good exercise. Stay healthy....adopt a pet.*

### Tax Rate Hearing

Each September, Boards of Education throughout Missouri are required to set their district tax rate for the coming year. Superintendents work with the State Auditor and County Assessor to get the information they need to set the new tax rate. The Brentwood School District tax rate hearing for FY 2019-2020 will be held on Tuesday, September 24, 2019 at 7:00 p.m. in the Conference Center at 1201 Hanley Industrial Court. The monthly Board of Education business meeting will take place immediately following the tax rate hearing.

### Middle/High School Tour - October 15th, 2019

Before the October 15th Board of Education meeting, the Brentwood School District will host a community tour of the Middle and High School to showcase construction progress and completed areas such as the cafeteria. For more information, please check our website at [www.brentwoodmoschools.org](http://www.brentwoodmoschools.org).

### Officer Amon Figs Joins Brentwood School District

We are pleased to introduce Brentwood School District's new School Resource Officer (SRO), Amon Figs! Officer Figs joined the Brentwood Police Department in November, 2018. Prior to that, he was a St. Louis Police Officer for nearly 11 years. Prior to joining Brentwood Police Department, he was assigned to the Anti-Crime Task Force in St. Louis.

Amon has earned numerous letters of Commendation for his service, including a nomination for the St. Louis Police Department's Meritorious Service Citation for bravery under fire. Officer Figs has been a regular instructor and leader in the Brentwood Police Department Officer Safety Program and he willingly shares his skills and experience to help strengthen this community wherever possible. His experience in law enforcement, as well as his commitment to the community, will be an enormous benefit to our students.

Please join us in welcoming Officer Amon Figs to the Brentwood School District!



### Football Home Opener

After a weather delay pushed the game to Saturday, August 31st, the Brentwood High School Eagles squared off against Bayless in the first home game of the season. Brentwood was victorious with a final result of 41 - 0.

"We are incredibly grateful to our community's support for our athletics and activities," said Dr. Stephen Ayotte, Athletic Director for Brentwood High School. "It means a lot to us and our students to have such an engaged community."



### Construction Updates

Information and updates about Prop B and the construction projects at the Middle and High School campus can be found on our website, [www.brentwoodmoschools.org](http://www.brentwoodmoschools.org). You can also reach the updates directly by visiting [www.brentwoodblog.org](http://www.brentwoodblog.org).

Here are some of the latest updates:

- Cafeteria - The new cafeteria space is running smoothly! Students now have more meal choices than ever before and the new layout and service options are creating a reduction in food and plastic waste.
- Athletics - For visitors to our games, the experience will look and feel almost the same as it always has. Please be aware of slight adjustments to the entrances to games and follow appropriate signage and direction when visiting. For visitor parking, please use the parking areas at McGrath Elementary when spaces around the Middle/High School are full.
- Safety remains our top priority. We are working every day to make sure students and staff have the tools and support they need to navigate construction and we are in constant communication with construction leaders on best practices to cause as little disruption as possible.
- Before the October 15th Board of Education meeting, the Brentwood School District will host a community tour of the Middle and High School to showcase construction progress and completed areas such as the cafeteria. For more information, please check our website at [www.brentwoodmoschools.org](http://www.brentwoodmoschools.org).

## Brentwood's Centennial Gala: "We're Gonna Party Like it's 19....19!"

The last major Centennial event presented by the Brentwood Century Foundation will be the "Party of the Century", a gala on Saturday, November 9th. It will be held at the beautiful Xavier Grand Ballroom at 3638 Lindell Boulevard in St. Louis.

"We would love to have held it in Brentwood," said event coordinator and Foundation secretary, Toni Bowman. "But we're hoping for a big crowd to celebrate our 100 years and Brentwood, unfortunately, just doesn't have the facility to fit the numbers."

The evening starts at 6 pm with a cash bar cocktail hour followed by dinner at 7 pm, and a special program and salute to Brentwood at 8 pm. Then the party kicks into high gear with live music provided by the Galaxy Band from 8:30-11:30 pm. Throughout the evening, there will be an open "Brentwood Memorabilia Room" with a display of Brentwood's history plus screenings of the new 15 minute documentary BRENTWOOD: A HUNDRED YEAR JOURNEY, produced by Dan Duffy. Guests will also receive complimentary keepsake souvenirs of the evening.

"We've had a great year so far celebrating Brentwood and this should be a fitting climax," said BCF president, Dan Fitzgerald. "We're looking for a good turnout and a variety of guests— young and old, long-time Brentwoodians and those new to the community."

Tickets are \$35 each and can be purchased on the web site [Brentwood100.org](http://Brentwood100.org). Parking, including valet parking, is free. A parking map will be included with your ticket.

For those who want to get into the mood of the times, trolley service will be available at a low cost of \$10 per round trip ticket. The trolley will run every 30 minutes starting at 5:15 pm at the Brentwood Community Center parking lot. Return trolley trips will start at 8:45 pm and run on the half hour till 11:30 pm.

"It should be a fun evening and, of course, we're encouraging people to dress in the styles of 1919...but we'll welcome you from whatever decade you choose!" Toni said.

For more information, go to the Brentwood Century Foundation web site at [Brentwood100.org](http://Brentwood100.org).

## Brentwood High School Plans 3rd Weekend in September at BHS Amidst Construction BHS "Under Construction" But 3rd Weekend Reunion is Still On!

As you may recall, Brentwood voters passed a Prop B measure which will result in many improvements to the Middle and High School campuses, including new safety features, new science labs, new commons/library space, and more. Construction began on June 1 and is moving full steam ahead. While this is exciting news for the school district and community, it will have an impact on our traditional 3rd Weekend in September Friday afternoon and evening activities. The courtyard is not available for use this year, and so the Alumni Board has worked closely with Superintendent Dr. Brian Lane on an alternative location, but keeping it at the school. The main activities, starting at 4 pm on Friday September 20th, will be on the track at the north end of the football field. (In case you forgot your directions from Mr. Brown's Geography class, this is the area by Moritz Avenue.) Registration, decade tables, sales of alumni items, and other typical reunion activities will take place in this area from 4-7 pm.

The construction has restricted some parking at the front of the school, but we anticipate plenty of parking on White Avenue, Moritz Avenue, other side streets, and even McGrath Elementary School, which is only a block from the high school. You will be able to enter the track from White Avenue, the Middle School, the front of the high school, or Moritz Avenue. Handicap access should be available from Moritz Avenue and the front of the high school.

We think you will be excited to see what's happening at your old school and hope to have tours of the school, including a look at the work-in-progress, which will be led by District personnel. You may even get a hard hat to wear. Don't forget that the Eagles football team will be playing Orchard Farm that evening at 7 pm and you're invited to stay and watch and visit the Eagles Nest Concession Stand before you move on to other watering holes in the area. Don't let a little dust and gravel stop you from coming back to good old BHS this September. We'll see you on the track!

Ed Wright, Jr. '67

## Charity Bazaar offers BIG Bargains

It will be a shopper's dream at the Maplewood Salvation Army on Saturday September 21. Area businesses have provided fabulous gift cards and new merchandise for the Charity Bazaar.

Dozens of items will be sold at door-buster prices, to benefit charity. 100% of proceeds will support the ongoing humanitarian work of the Salvation Army ... doing the most good to meet human needs, without discrimination, in God's name.

Come get your Christmas shopping done early. This indoor event takes place from 8:00 am - 2:00 pm at 7701 Rannells Ave in Maplewood. Free admission.

And that's not all! You can even sell your own wares and keep the profits for a small \$20 table rental fee. Call Terry at 781-5434 for details.

## Room at the Inn Golf Tournament & News

Hi Everyone,

We are doing great and having a wonderful summer. Our clients are participating in programming with our new partner agency, Better Family Life. Children are going to different camps. Swimming begins soon for everyone!

Our annual golf tournament fundraiser is set for September 23, 2019 again at Lake Forest Country Club. Look for information in this issue of The Pulse.

Do you have time? We need volunteer Van drivers, office volunteers, and volunteers to read to our children. If you can help, please call Cindy Warren at 314 209 9181 or cwarren@Roomstl.org.

Feel free to contact me directly with any questions. dweber@roomstl.org 314 209 9181

Thanks so much and we will be in touch again soon.

## Brentwood Lions 2nd Annual Trivia Night – October 12th

The Brentwood Lions will be hosting an evening of trivia and fun on Saturday October 12th. It's going to have a MOVIE and TV theme and participants are encouraged to decorate their tables and come dressed as their favorite big screen or TV character.

It will be held upstairs at the Goff-Moll American Legion Post, 2721 Collier Ave, Brentwood, MO 63144. Doors will open at 6pm and Trivia will start at 7pm.

There will be tables of eight (8) for \$160. Individual tickets are \$20 and if you don't have a full table, let us know and we should be able to find others to match you up with. The \$20 admission will include beer, soda, water and popcorn. You will be able to bring your own snacks, but you will NOT be allowed to bring in outside drinks or alcohol. Mixed drinks, other beer and wine can be purchased from the cash bar during the event.

We are also looking for local businesses to be sponsors for each round. Your company's information will be shared and displayed throughout the evening.

All proceeds will go to help the Brentwood Lions service activities such as purchasing eyeglasses, diabetes programs, student exchange program and helping others through Leader Dogs for the Blind and KidSight.

If you are interested in reserving a table or to be a sponsor, please contact Lion Eugene Taylor at (314) 660-1337 or Lion-PinkFloyd@sbcglobal.net.

You can also visit our website at [www.brentwoodlions.org](http://www.brentwoodlions.org) or our Facebook page.

Gateway West Gesneriad Society  
Annual

## Gesneriad Show & Sale

Missouri Botanical Garden – Beaumont Room  
4344 Shaw Blvd., St. Louis, Missouri 63010

Saturday and Sunday

**September 14 & 15, 2019\***

9 am to 5 pm



Horticulture-Design Exhibits/Educational Culture Info/Supplies  
Sinningia, Kohleria, Epicia, Streptocarpus, African Violets & much more!

\*Included with Garden admission. Info: [linda.mslavc@gmail.com](mailto:linda.mslavc@gmail.com) or 314-406-4628



## Missouri Wine Wobble to Hold Fall Run Wobblers to run, walk and sip through the vineyards

The Missouri Wine Wobble will hold its fourth bi-annual run on Sat., Oct. 5 at Cedar Lake Cellars located at 11008 Schreckengast Rd. in Wright City, Mo. Doors open at 2 p.m. for those 21 years of age and older. Participants can choose to run a 5k race or take a 1k shortcut. The race starts at 4 p.m., and an after-race party will take place from 6 to 10 p.m.

The vineyard and trail run includes a liquid lineup of three tastings along the course and one at the finish line. All runners receive a race t-shirt and souvenir glass for future sipping.

The race is an untimed event. Prizes will be awarded for the best race costumes and best after-party dancers. Tickets range from \$25 to \$60. For more information, call (314) 569-3005 or visit <http://www.missouri-winerun.com>.

When you're through with this paper,  
please put it in its place.

Reuse it, recycle it or place it in  
the nearest trash receptacle.



## West Community Credit Union Hosts Free Shred Day

West Community Credit Union invites community residents to shred their personal documents for FREE. On-site shredding will be provided at their Brentwood branch located at 2345 S. Brentwood, Brentwood, MO 63144 on Saturday, September 28, 2019 from 9:00 a.m. to 12 noon.

Shredding personal documents has become increasingly important as information is highly valued. "Destroying documents properly is an ideal way to help prevent identity theft," said Lori Hudson, West Community Credit Union's Community Outreach Specialist. "We are pleased to provide this free service to our credit union members and community residents." For a comprehensive list of what to shred, visit [www.westcommunitycu.org](http://www.westcommunitycu.org) or call 636-720-2400.

Please note: The shredder truck cannot shred cardboard boxes.

### About West Community Credit Union

West Community Credit Union is a full-service, not-for-profit financial cooperative serving more than 25,000 members and businesses in St. Louis City, St. Louis County, St. Charles County, Jefferson County, Franklin County, Lincoln County and Boone County. The credit union has offices in O'Fallon, Brentwood, Kirkwood, Lake Saint Louis, Florissant and Columbia, MO. For more information on banking products and services, call (636) 720-2400 or visit [www.westcommunitycu.org](http://www.westcommunitycu.org).

## St. Louis Comic Book Show

The St. Louis Comic Book Show is your opportunity to buy, sell and trade collectible comics, cards, toys and action figures. Meet other hobbyists and explore 40 tables of exciting collectibles. Fun for the family and refreshments are available.

Admission is \$2.00 on Sunday, September 22 from 10:30 a.m. to 2:00 p.m. at Shrewsbury American Legion Post, 7300 Lansdowne, 63119

Free parking. For more information, call 314-544-2812.



## Dental school to host Tooth Wisdom Program at Crown Center for older adults

Presented by St. Louis Dental Center and A.T. Still University-Missouri School of Dentistry & Oral Health faculty and students

**WHAT:** Tooth Wisdom education program, dental screenings & oral cancer screenings  
Media is invited to come cover this important program with students in training taking care of seniors in need.

**WHEN:** 1:00 p.m. – 2:00 p.m.  
Wednesday, Sept. 11, 2019

**WHERE:** Crown Center  
8350 Delcrest  
St. Louis, MO 63124  
314.991.2055

"Older adults on fixed incomes have to make choices on what they can pay for and often dental care is neglected. With our program, we provide education and screenings, and we can be a dental home to those who need one." - Patty Inks, RDH, MS, Director DIC/ICSP, Missouri School of Dentistry & Oral Health

Participating from the St. Louis Dental Center are D4 students: Paden John, Brian Langston, and Lane Sanders, as well as Lori Crawford, RDH.

"Many older adults are suffering negative health consequences such as malnourishment, social isolation, and even heart disease as a direct result of inadequate dental care. Making dental care affordable and accessible for seniors is crucial to ensuring their well-being." - Nikki Goldstein, Executive Director, Crown Center

St. Louis Dental Center: Located at 1500 Park Avenue in the Lafayette Square neighborhood, the ST. LOUIS DENTAL CENTER, a partnership of A.T. Still University and Affinia Healthcare, offers high quality, comprehensive, and affordable oral healthcare services for patients of all ages in a new, state-of-the-art 79,000-square-foot clinical education facility with 93 dental chairs. Dental care is provided for the St. Louis community by Affinia Healthcare dentists and staff and ATSU-MOSDOH faculty and dental students. To learn more about St. Louis Dental Center services and schedule an appointment, call 314.833.2700. For more information, visit [stldentalcenter.org](http://stldentalcenter.org) or [Facebook.com/stldentalcenter](https://www.facebook.com/stldentalcenter).

Crown Center for Senior Living: Crown is a diverse community, offering independent senior living options plus high quality programs and essential services for area adults. The center offers affordable housing for people aged 62 and older. Crown focuses on inspiring social, recreational, and educational programming to encourage residents to flourish independently. Founded in 1967, the center honors Jewish values and traditions where residents and staff share a commitment to living an active, caring, healthy lifestyle. For more information, visit <https://crowncenterstl.org>.

## Epworth Children & Family Services Holds 10th Annual School Supply Drive

Epworth Children & Family Services recently hosted its 10th annual school supply drive where it distributed more than 400 backpacks filled with collected back-to-school supplies. The backpacks were donated to the organization's own youth participants for them to use in the upcoming school year.

More than 50 individuals, church groups and companies donated school supplies including Bank of America, Foster & Adoptive Care Coalition, and Webster Hills United Methodist Church. Volunteer groups who assembled the backpacks included Abstrakt Marketing Group and Gateway Central Region United Methodist Women. In addition to the backpacks, the Friends of Epworth and Living Word United Methodist Church Men's Ministry donated supplies for Epworth's Residential and Intensive Treatment program, which offers 24/7 therapeutic treatment for youth ages 11 to 18.

"Our annual school supply collection is just one of the many ways we help our agency's youth and families," said Epworth's President and CEO Dr. Michael Panicola. "Back-to-school supplies are an expense that many cannot afford so this is a great way of making a difference by giving back to our very own community." Dr. Panicola added that "this year's response to the need was remarkable and greatly appreciated."

Founded in 1864, Epworth Children & Family Services is a multi-service agency that helps children, youth and families move toward self-sufficiency by focusing on health, housing, education and employment. Epworth offers emergency shelter, residential and intensive treatment, in-home family therapy, transitional housing, psychological evaluation and testing, foster care services, prevention services and a 24-hour help line. The agency is headquartered at 110 N. Elm Ave. with offices in Normandy and St. Louis city.

For more information, call (314) 961-5718 or visit [www.epworth.org](http://www.epworth.org).

## St. Louis Union Station Searches for Harvey Girls, Harvey Railroad Workers for Celebration

All aboard! St. Louis Union Station is calling all Harvey Girls and Harvey workers -- or their descendants -- and St. Louis railroad history fans to attend a celebration in honor of the station's 125th birthday.

St. Louis Union Station was home to a historic Fred Harvey restaurant and other Fred Harvey food and merchandise outlets from its earliest days in the 1890s until the 1970s. As part of the celebration of the National Historic Landmark station's 125th birthday in 2019, a search is underway for former Harvey Girls, workers from other Harvey outlets, their descendants and St. Louis rail history fans.

The Harvey workers and families found in the search -- along with St. Louis rail history buffs -- are invited to a free reception to celebrate the Fred Harvey heritage at St. Louis Union Station.

Guests will enjoy refreshments based on Harvey railroad restaurant recipes and hear from acclaimed writer Stephen Fried, author of the New York Times bestseller *Appetite for America: Fred Harvey and the Business of Civilizing the Wild West--One Meal at a Time*.

Fried will speak about St. Louis' unique place in the Fred Harvey legacy and sign his book.

RSVPs are required for this free event. Space is limited. Harvey girls, Harvey descendants and rail fans can register for the September 13 noon to 1 p.m. event here:

<https://www.eventbrite.com/e/harvey-girls-reception-celebrating-st-louis-union-stations-125th-birthday-tickets-69867592851>



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# Chat WITH Pat

## WHEREVER IT IS, WE CAN HELP YOU GET THERE

HAPPY 100TH ANNIVERSARY TO BRENTWOOD! | HAPPY 40TH ANNIVERSARY TO ALTAIR TRAVEL & CRUISES!

*Altair Travel invites you to join us  
Wednesday September 25 @ 6:30pm  
to learn about an amazing cruising experience with*

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Enjoy memorable and enlightening experiences in the Mediterranean, Northern Europe, Asia, the South Pacific, the Caribbean and Central America.

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The Living Room at Altair Travel  
2025 S. Brentwood Blvd., Suite 100  
St. Louis, MO 63144

**Space is limited, please call 314-968-9600 to RSVP**

Light Refreshments will be served from 6:30pm-7pm. Presentation to begin at 7pm.



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FAMILY GROUP | ADVENTURE HOLIDAY | BUSINESS TRAVEL | BUSINESS INCENTIVE | INTERNATIONAL DREAM VACATIONS  
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## Local Businesses Support Centennial Events

Two local businesses stepped up to support Brentwood Day at Busch Stadium in a big way. The event was sponsored by the Brentwood Century Foundation as part of the year-long Centennial celebration. The goal was to sell enough tickets so that the Brentwood Centennial Youth Choir would sing "Take Me Out to the Ballgame" during the 7th inning stretch.

"It's not always easy to sell that many tickets in a small town like Brentwood," said event organizer Ed Wright, Jr. "However, we were thrilled that two businesses in particular took up the challenge."

West Community Credit Union purchased a block of 100 tickets early in the campaign and this made the task much easier as game day approached. "We're so proud to be a part of Brentwood," commented WCCU Community Outreach Specialist Lori Hudson. "Everybody loves our new building and we love giving back to the community with events like the Brentwood Days."

Liberty Tax, a business owned by Jean Field and located on Manchester in Rock Hill, made sure that each choir member had a ticket to the game. "I knew how much it meant to the choir members to be on the field and singing in the 7th inning," Jean said. "I'm glad we were able to help make that happen."

The singing and the game were a big success. (See related article.) Both of these businesses are active members of the Brentwood Chamber of Commerce where they heard about Brentwood Day and get monthly updates on Centennial activities. If your business would like to help support Centennial events, go to our web site at Brentwood100.org. There are many opportunities still left in the year.



Mark Jones and Lori Hudson of West Community Credit Union give "check" to Ed Wright of Brentwood Century Foundation



Jean Field of Liberty Tax gives check to Ed Wright of Brentwood Century Foundation



**BRENTWOOD DAYS**  
**SEPTEMBER 20-21, 2019 BRENTWOOD PARK**

*Friday*

5 pm - Grounds Open

5-9 pm - Free Carnival Rides

5:30-8 pm - Kids Tent

7-10 pm - Live music

from Mixtapes

*Saturday*

12 pm - Parade

1 pm - Grounds Open

1-7:30 pm - Free Carnival Rides

2-4 pm - Bingo

1-9 pm - Kids Tent

6-9 pm - Live music from

Dr. Zhivegas

9:00 - Firework Show!

*Free Shuttle Service on Saturday*

Passengers will be picked up at both Brentwood City Hall and the Brentwood Recreation Complex.

Shuttle to Parade Route:  
 10 am-12 pm  
 Shuttle to Brentwood Park:  
 1-9:30 pm

### Long-time Brentwood Resident, Ruby Lee Boyd, dies at 92



Ruby Lee Boyd, a long time resident of the Howard-Evans Place neighborhood in Brentwood, died on July 10, 2019 at the age of 92. Ruby was born in Augusta, Georgia on September 30, 1926 to Reverend Andrew Walters, Sr. and Nevada Walters. She was married to Cloris Boyd in November of 1942 and he then served in the US Army during WW II. Upon his return in 1945, they moved to Brentwood.

Ruby and Cloris had three children: Cloris Boyd, Jr, Laverne Boyd, and Renee Holmes-Jackson. Ruby was preceded in death by her husband, Cloris, and Laverne and two siblings, Anna Holmes and Andrew Walters, Jr. She is survived by two of her children, eight grandchildren, 24 great-grandchildren, her sister Willy Mae Arnold of Jacksonville, Florida, her special cousin, Beatrice Singleton of Jacksonville, and a host of great-great-grandchildren, nieces, and nephews.

Ruby worked at the National Personnel Records Center for 22 years. On January 1, 1988, Ruby became the first completely deaf person to receive the cochlear implant, which enabled her to regain some of her hearing. The implant has 22 channels through which sound is transmitted to the ear for processing in the patient's brain. This procedure was done at Barnes Hospital.

Baptized at an early age at Thankful Baptist Church in Augusta, Ruby later was united with First Missionary Baptist Church of Kinloch in Black Jack, Missouri in 2007. Ruby was a devoted mother, grandmother, and great-grandmother. She will always be remembered for her love of others, her loyalty, and her kind heart. She was remembered and celebrated at a service on July 17, 2019 at First Missionary Baptist Church of Kinloch, Reverend Jason Durham, presiding pastor. Reverend Bartlett Wilkerson also participated in the services.

Thank you to Elaine Reed for the information and photo for this article.

**Going...Going...Gone...**  
**Leach BP Station on Manchester in Rock Hill**



Photo by Keith Dodel

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# Brentwood Board of Aldermen Minutes

## BOARD OF ALDERMEN SPECIAL MEETING

Wednesday, August 7, 2019  
City Hall Council Chambers  
6:30 PM

### 1. CALL TO ORDER A. Call To Order

Mayor Dimmitt called the meeting to order at 6:34 PM.

### 2. ROLL CALL A. Roll Call

Present: Mayor David Dimmitt, Alderman Tom Kramer via Skype, Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderman Nancy Parker Tice, Alderman David Plufka, Alderwoman Sunny Sims, Alderwoman Kathy O'Neill, Alderman Brandon Wegge



Mayor  
David Dimmitt

Ward 1



Alderwoman  
Nancy Parker Tice



Alderman  
David Plufka

Ward 2



Alderwoman  
Sunny Sims



Alderman  
Brandon Wegge



Municipal Judge  
Patrick Dignam

Ward 3



Alderman  
Andy Leahy



Alderman  
Steve Lochmoeller

Ward 4



Alderwoman  
Kathy O'Neill



Alderman  
Tom Kramer

Staff: City Administrator Bola Akande, City Attorney Kevin O'Keefe, Planning and Development Director Lisa Koerkenmeier, Parks and Recreation Director Eric Gruenfelder, Finance Director Karen Shaw, Deputy City Clerk Shelly Todd, Public Works Director Dan Gummshheimer, Communications Manager Janet Levy, Fire Chief Terry Kurten

### 3. APPROVAL OR AMENDMENT OF AGENDA A. Motion to approve or amend the agenda.

Motion to amend the agenda moving Resolution No. 1163 before Public Hearing.  
Motion by Alderman Brandon Wegge, second by Alderwoman Sunny Sims.

Approved by voice vote. Motion approved.

Yea: Alderman Tom Kramer via Skype, Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderman Nancy Parker Tice, Alderman David Plufka, Alderwoman Sunny Sims, Alderwoman Kathy O'Neill, Alderman Brandon Wegge

### 4. BOARD DISCUSSION

#### A. Brentwood Bound Project - Establish 2019 Certificates Of Participation (COPs) Amount

Mayor Dimmitt stated we have the CLOMR now, the conditional letter of map revision. Stated we should give thanks to the Congresswoman Wagner. I think that she played a very important role in getting this CLOMR when we did. I met with somebody from her office in May and went over the entire Brentwood Bound project. He was very impressed not just with the scope of the project but the fact that the City was taking it all on themselves, and we were shouldering 100% of the cost. Congresswoman Wagner then wanted to meet with the Mayor. She came to City Hall last Wednesday and allotted 30 minutes however, gave us about 60 minutes. At the end of our meeting she said if there's anything she could do to help let her know. Monday morning, I placed a call to Congresswoman Wagner at 7:30am and at 10:30am I received a call from her office telling us that the CLOMR had been signed and had been put in the mail. I received another call from her office stating they were going to have the CLOMR emailed to City Hall on Monday because they knew we needed it for tonight. Mayor Dimmitt publicly acknowledged the efforts of Congresswoman Wagner and thanked her office in helping us with speeding up the signing of the CLOMR.

Phil Blonn, Jacobs Engineering reviewed the CLOMR timeline. Stated we submitted the application on January 17th and received an initial response from FEMA on April 11th and we replied to the comments three (3) weeks later. The CLOMR was issued August 2nd and emailed to the City. As defined by FEMA, the CLOMR is FEMA's comment that it agrees that the project, if constructed, would result in the map change that we proposed within the application. It's designed to provide assurance knowing as moving forward with a large construction project you want to have some that it will achieve what you're setting out to do.

Mayor Dimmitt stated its approximately thirty (30) to thirty-one (31) acres that's being removed out of the hundred-year flood plain. The CLOMR is a confirmation from FEMA that if we build it as detailed as planned then it will result in the thirty-some acres being pulled out of the hundred-year flood plain.

Andy Struckhoff, PGAV provided revenue projection analysis for the economic development sales tax. Three scenarios were discussed.

Jim Lahay, Stifel provided the Board the process and how fees are incurred with issuing bonds.

Mark Spykerman, Gilmore & Bell answered the Board's questions pertaining to certificate of participation (COPS) questions.

#### B. Resolution No. 1163 - A Resolution Authorizing And Approving Certain Actions In Connection With The Execution And Delivery Of A 2019 Series Of Certificates Of Participation

Motion to approve Resolution No. 1163. Authorizing Certificates of Participation (COP) for \$40,400,000

Motion by Alderman Andy Leahy, second by Alderman Steve Lochmoeller.

Final Resolution: Motion Passed

Yea: Alderman Thomas Kramer via Skype, Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderwoman Kathy O'Neill, Alderwoman Nancy Parker Tice, Alderman David Plufka, Alderwoman Sunny Sims, Alderman Brandon Wegge

### 5. PUBLIC HEARING

#### A. Case #19-16 - A Public Hearing To Consider Regulations For Marijuana Dispensaries And Other Land Uses Associated With Medicinal Marijuana

Mayor Dimmitt gaveled the public hearing at 7:11 PM.

Planning and Director Koerkenmeier spoke regarding approved legislation approved by the Missouri voters and the City's preparation of the City of Brentwood's proposed Bill.

Mayor Dimmitt stated correct. The question was brought up by Alderman Leahy at the Planning & Zoning meeting and our attorney replied since it's provided by the state constitution, if we passed a law that prohibits this law, the result would most likely be that we would find ourselves as a defendant in a lawsuit and we would lose and pay the attorney's fees.

The public hearing was closed at 7:20 PM.

### 6. NEW BUSINESS

A. Bill No. 6251 - An Ordinance Amending Certain Provisions Of Title Iv: Land Use, Chapter 400; Zoning Code, To Establish Medical Marijuana Land Use Within The City Of Brentwood, Missouri.

Mayor Dimmitt thanked Lisa Koerkenmeier for getting this Bill and information together very quickly.

City Attorney Helmut Starr read the Bill by title only for the first time.

City Attorney Helmut Starr ready the Bill 6251 as amended twice by title only for the second time.

Motion to amend Bill No. 6251 where it is redlined and stricken to reflect the changes suggested by the city attorney.

Motion by Alderman Andy Leahy, second by Alderwoman Sunny Sims.

Final Resolution: Motion Passed

Yea: Alderman Thomas Kramer, Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderwoman Kathy O'Neill, Alderwoman Nancy Parker Tice, Alderman David Plufka, Alderwoman Sunny Sims, Alderman Brandon Wegge

Motion to make an amendment on pages 3 and 4 to include a drive through window would not be allowed with the facility. Section 400.1960.

Motion by Alderman Andy Leahy, second NONE.

Motion Failed

Motion by Alderman Andy Leahy.

Motion to amend pages 3 and 4 to include a drive through window would not be allowed with the facility was WITHDRAWN.

Motion to amend the amended Bill No. 6251 to change from Permitted Use to Conditional Use in the Manchester Corridor. Section five of the ordinance.

Motion by Alderman David Plufka, second by Alderman Steve Lochmoeller.

Motion Passed

Yea: Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderwoman Kathy O'Neill, Alderwoman Nancy Parker Tice, Alderman David Plufka, Alderwoman Sunny Sims, Alderman Brandon Wegge

Not Present at Vote: Alderman Thomas Kramer

Motion to perfect twice amended Bill No. 6251 into ordinance form. First and Second Reading.

Motion by Alderman Andy Leahy, second by Alderwoman Kathy O'Neill.

Final Resolution: Motion Passed

Yea: Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderwoman Kathy O'Neill, Alderwoman Nancy Parker Tice, Alderman David Plufka, Alderwoman Sunny Sims, Alderman Brandon Wegge

Not Present at Vote: Alderman Thomas Kramer

### 7. CLOSED MEETING

A. Legal - RSMo 610.021 (1)

None.

### 8. ADJOURNMENT

A. Adjourn Meeting

Motion to adjourn the meeting at 7:44 PM.

Approved by acclamation. Motion Passed.

Motion by Alderman David Plufka, second by Alderwoman Sunny Sims.

Yea: Alderman Andy Leahy, Alderman Steve Lochmoeller, Alderman Nancy Parker Tice, Alderman David Plufka, Alderwoman Sunny Sims, Alderwoman Kathy O'Neill, Alderman Brandon Wegge  
Absent: Alderman Thomas Kramer

## SOMALI WILD ASS FOAL BORN AT SAINT LOUIS ZOO

A male Somali wild ass (Somali is pronounced so-MAH-lee) foal named Tobias (toh-BYE-us) was born at the Saint Louis Zoo on July 30 to mother Tukia (too-KEE-uh), who came to St. Louis from the San Diego Zoo Safari Park in 2005, and father Hirizi (her-EE-zee), who was born at the Saint Louis Zoo in 2013. Tobias weighed 51 pounds at birth and can now be seen daily, weather permitting, with his mother and two adult females in their habitat at the Red Rocks area of the Zoo. See video taken August 14.



### Critically Endangered

The Somali wild ass, a subspecies of the African wild ass, is a critically endangered member of the horse family. They are found in small numbers in desert areas of Eritrea, Ethiopia and Somalia in the Horn of Africa.

There are currently only 68 Somali wild asses in North American zoos, with seven at the Saint Louis Zoo. The fact that only four other zoos in North America have bred this species makes this little foal an important addition.

The birth of this new foal is part of the Association of Zoos and Aquariums' (AZA) Species Survival Plan® (SSP), a program responsible for maintaining a genetically healthy population of Somali wild asses in North American zoos.

### Conservation

The Saint Louis Zoo WildCare Institute Center for Conservation in the Horn of Africa, in partnership with other conservation organizations, supports field research and conservation programs to study and preserve the rare African wild ass and its arid habitat.

African wild asses face an extremely high risk of extinction in the wild, for a number of reasons. Some local people hunt the asses for food and for use in traditional medicine. Hunting has taken a greater toll in recent years, as political unrest in the area has allowed better access to automatic weapons.

Other problems they face are brought about by increasing human populations and the expansion of agriculture. More and more, wild asses are competing with domestic livestock for limited grazing grounds and water sources, and as the wild and domestic animals come into contact, there is more and more interbreeding – another serious threat to wild asses.

### About Saint Louis Zoo

Home to over 17,000 animals representing approximately 600 species, the Saint Louis Zoo is recognized worldwide for its innovative approaches to animal care and management, wildlife conservation, research, and education. One of the few free zoos in the nation, the Saint Louis Zoo attracts 3 million visitors a year and is the most-visited attraction in the region. Accredited by the Association of Zoos and Aquariums (AZA), the Saint Louis Zoo is part of an elite group of institutions that meet the highest standards in animal care as well as provide fun, safe and educational family experiences. The Saint Louis Zoo and the other AZA-accredited institutions collectively dedicate millions of dollars annually to support scientific research, conservation and education programs. For more information, visit [stlzoo.org](http://stlzoo.org).

## Care and Counseling Announces Fall 2019 Seminar Series - first session takes place on Wed. 9/11/19

Care and Counseling, a nonprofit mental health provider serving the greater St. Louis area for more than 50 years, announces their Fall 2019 Seminar Series for mental health and legal students and professionals:

### September 11 – Early Detection of Depression & Anxiety to Lower Suicide Risk

Gary Behrman, PhD, LCSW

With the increase in opiate addictions, it is critical that therapists are educated in how to assess, treat, and refer to appropriate levels of care.

### September 25 – Giving Up the Wish: An Attachment Based Approach to Psychological Conflict

Jim Gerber, PhD, ATR, LPC

The presentation will help practitioners to understand “resistance” through the lens of attachment theory so as to help clients move through difficult stuck points in therapy.

### October 9 – Psychopharmacology Update

Renuka Patel, MD

A general update on pharmacological agents, benefits and potential side effects. Discussing, the general categories and be able to understand and be aware of pharmacological agents.

### October 23 – Understanding and Supporting Well-Being for Women in Ministry

The Rev. Amy Bertchausen, MDiv & Amy Stark, MDiv, MSW, LCSW

With a systems perspective in mind, this seminar will look at the role the therapist plays in supporting the health of women in ministry.

### November 13 – Recognizing and Responding to Problematic Sexual Behaviors in Children

Amy Escott, MS, LPC

This presentation will explore the myths and facts to sexual behavior problems in childhood and will summarize pertinent literature related to the relationship between childhood trauma and problematic sexual behaviors.

### December 11 – Innovative Considerations Working With Disorders of the Self

Jim Gerber, PhD, ATR, LPC

This presentation draws on the background in psychoanalytic theory when working with disorders of the self but expands the framework to include research in psychological trauma, interpersonal neurobiology, and attachment theory.

All seminars are held on Wednesday mornings from 10:30 until 11:45 am at Care and Counseling at 12141 Ladue Road, St. Louis, MO 63141. Each session is \$25 (\$15 for students/provisionally licensed clinicians) and offers 1.25 CE hours.

Care and Counseling is a unique mental health provider in the region committed to ensuring that all who seek services can receive them. Care and Counseling addresses the barriers of stigma, lack of insurance, and inability to pay. Each year the agency gives back more than \$1.4 million in unreimbursed services to the greater St. Louis community, thanks to vital support from donations. Key community supporters include World Wide Technology, The Steward Family Foundation, Centene, Episcopal Presbyterian Health Trust, Episcopal Diocese, Ladue Chapel and many other corporations, organizations and private individuals.

Additional information about the Care and Counseling organization is available online at [www.careandcounseling.org](http://www.careandcounseling.org) or by calling (314) 878-4340.

## Brentwood Centennial Race to Recall Historic Run to the Courthouse

On Saturday, September 21st, the Brentwood Century Foundation will hold another Centennial event: “the race to the courthouse”. Brentwood was incorporated as a city in 1919 when Brentwood citizens “raced” to the courthouse and filed incorporation papers before the citizens of neighboring Maplewood could annex the area. This gave birth to a Brentwood-Maplewood rivalry that continues to this day.

To commemorate this event, there will be a 5K race and 1M Race/walk starting at 7:30 am on the 21st. Runners/walkers will meet at Memorial Park on Strassner Drive in Brentwood (across from the Mid-County Y building). Early registration (before August 31st) is \$25 for the 5 K and \$15 for the 1 M. Starting September 1st and up to the day of the race, the registration fee goes up \$5.

“We hope to see a great turnout to celebrate Brentwood’s centennial and a chance to see parts of our great city.” said events coordinator, Keith Rabenberg. “We’ve held these races before and everybody has fun.”

Participants will receive t shirts (listing the sponsoring companies), participation medals, treats and other giveaways donated by local sponsors. Top finishers will receive special medals. Sponsorships are still available. Contact the Brentwood Century Foundation at [Brentwood100.org](http://Brentwood100.org).

To register for the race, go to the web site for Brentwood Century Foundation at [Brentwood100.org](http://Brentwood100.org) <<http://Brentwood100.org>>. For more information, contact [racetothecourthouse921@gmail.com](mailto:racetothecourthouse921@gmail.com) <<mailto:racetothecourthouse921@gmail.com>>. Keith Rabenberg can also be reached at (314) 954-2543.

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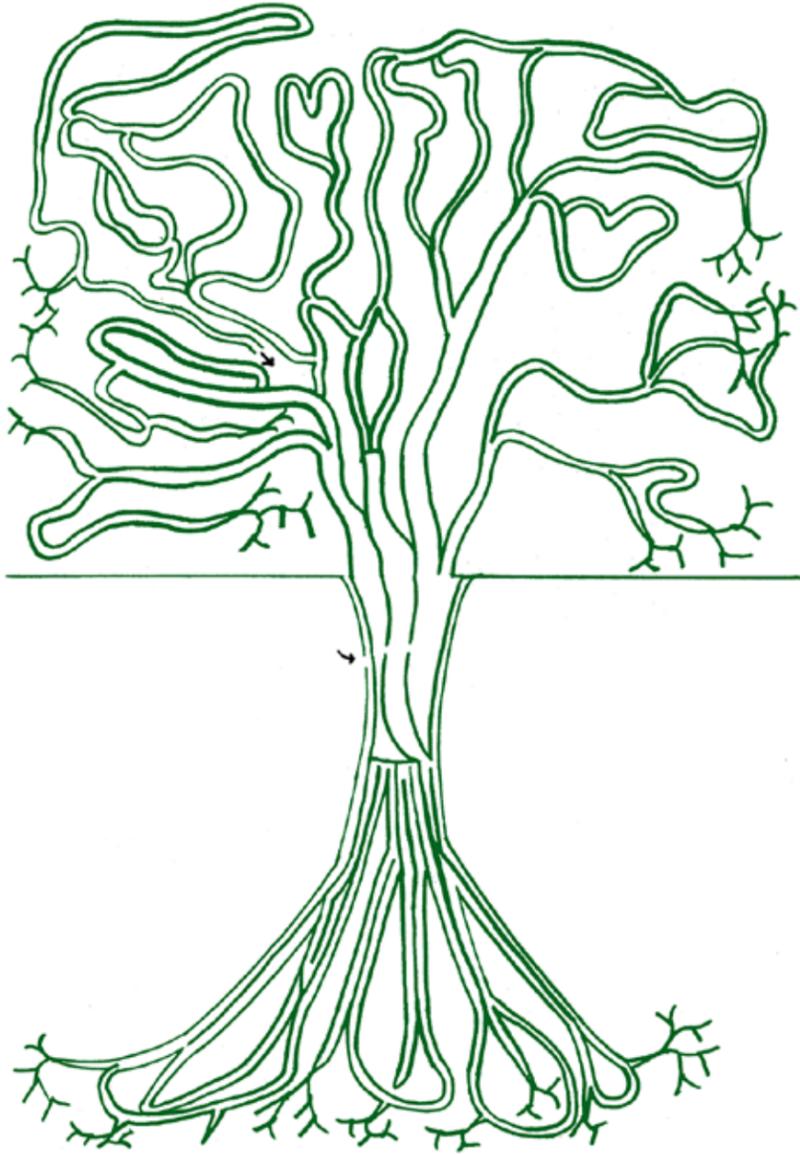


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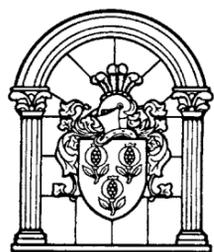


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## Brentwood Library News

Brentwood Public Library  
8765 Eulalie Ave., Brentwood, MO 63144, (314) 963-8630  
www.brentwoodlibrarymo.org circulation@bplmo.org

September & October News - Closed Monday, October 14th (Staff Training)  
Closed Monday, November 11th (Veteran's Day).

All Library events are free and open to the public. All dates subject to change.

### Kids' Programs

#### Baby and Toddler Storytime

Tuesdays, 9:30 a.m.  
Please join us for stories, songs, and rhymes. For children ages birth-3.

#### Pre-K Storytime

Tuesdays, 10:30 a.m.  
Join us for stories, songs, and rhymes from 10:30-11 a.m. For children ages 3-5.

#### Children's Yoga

Thursdays, 9:30 am  
Yoga session for children and their caregivers. Presented by Complete Harmony Yoga. Recommended for ages 6 years and under, but open to children of all ages. Please bring a yoga mat.

#### Bubble Dance Party

Wednesday, September 11 at 6:00 p.m.  
Monday, September 16 at 11:00 a.m.  
Wednesday, September 25 at 6:00 p.m.  
Children can dance and move to music in a cascade of bubbles!

#### Family Craft: Paint a Toy Car

Friday, September 20 at 3:30 p.m.  
Paint a wooden car and take it home! We will provide all the supplies. Free and open to children and their families. No registration required.

#### Diaper Drive: September 23-28

The Brentwood Public Library will be hosting a diaper drive benefiting the St. Louis Area Diaper Bank for Diaper Need Awareness Week! Bring in disposable diapers in any size, even opened packages, during the week of September 23rd. Help keep St. Louis babies clean, healthy and happy!

#### Saturday Morning Movie: Aladdin (2019)

Saturday, September 28 at 10:00 a.m.  
Come watch a recently released family movie! Families are welcome to bring blankets, pillows, snacks, and whatever else they need to feel comfortable for some floor seating. MPA rating: PG

#### Tales and Tails

Wednesday, October 2, 3:30 p.m.  
Dogs make the best listeners! A pal from CHAMP assistance dogs will stop by the library to hear your favorite stories. This event is free and open to children and families.

#### Paws for Reading

Thursday, September 26 at 6 p.m.  
Thursday, October 24 at 6 p.m.  
Dogs make the best listeners! Read your favorite book to dogs from Support Dogs, Inc. This event is open to children and families.

#### Creepy Slime Craft

Saturday, October 12 | 11:00 a.m.  
Get ready for Halloween and make some creepy slime. We will provide you with all the supplies you need. Recommended for ages 6 and up. Caregivers must accompany young children.

#### Working Dogs 101

Wednesday, October 16 | 6:00 p.m.  
Meet and greet dogs from CHAMP Assistance Dogs. Learn all about what assistance and therapy support dogs do. Learn how to care for dogs, dog safety, and manners. We'll have a dog-gone good time! All ages are welcome.

#### Diwali Celebration: Lights Craft for Kids

Saturday, October 26 | 10:00 a.m.  
Celebrate Diwali -- Festival of Lights -- by making a paper lantern craft. We will provide you with all the supplies you need. Recommended for ages 6 and up. Caregivers must accompany young children.

#### Teens:

#### Do Good Things Club

Mondays, 3:15-4:30 p.m.  
A club where you decide how we can change the world. Each month, we'll discuss how we can improve our community through planning and projects. This club is whatever we make it, and is a great way to meet new friends and change the world! Ages 11-17.  
No club meeting on October 14.

#### Arts and Crafts Club

Tuesdays, 3:15-4:30 p.m.  
Arts & Crafts Club is a weekly opportunity for kids to create in an unstructured, social setting. Have fun and make new things! Ages 11-17.

#### Haunted Lock-In for Teens

Friday, October 18 | 7:00-10:00 p.m.  
Spend an evening at the library after hours! Take a haunted tour of the library's spooky lower level, eat pizza, play games, and more! Space is limited and registration is required. Register by calling Brentwood Library at (314) 963-8630. Ages 11-17. We will accommodate your dietary needs (gluten-free/vegetarian/vegan/etc). Please let us know your needs during registration.

### Adult Programs:

#### Walking Club

Thursdays at 12 pm | September- December  
Join us any Thursday for a 30-45 min walk through the neighborhood. We start from the library; please bring appropriate footwear and clothes. Weather dependent. Pups and strollers welcome.

#### Adult Craft

Thursday, September 12 at 10 a.m.  
Wednesday, October 2 at 6 p.m.  
Thursday, October 10 at 10 a.m.  
Limit of 10 people to a craft. Registration required, call Gina at 314-963-8636 or email at ggibbons@bplmo.org. Check our calendar at <http://www.brentwoodlibrarymo.org/events/calendar/> for specifics.

#### Brentwood Book Club

Tuesday, September 10, October 8, at 6:30 pm  
September's book will be American by Day by Derek B. Miller. October's book will be There, There by Tommy Orange; in November we'll be reading Crucifixion by Shirley Giebel. Ask for a copy at the circulation desk. Newcomers are always welcome and no registration is required.

#### Scrabble! Night

Thursday, September 19  
Thursday, October 3 & 17  
5:30 - 7:00 p.m.  
The Scrabble Club meets on the first and third Thursday of the month. Games begin at 5:30 pm and generally conclude around 7 pm. All interested players are welcome to attend. No reservation required.

#### Art @ the Library: Watercolor Painting series

Wednesday, September 11 and 25 at 6:00 pm  
Wednesday, October 9 and 23 at 6:00 pm  
St. Louis Artist's Guild instructors will be teaching an hour and a half beginner watercolor painting classes. You are welcome to bring your own materials, but we'll have the essentials on hand. Please register by emailing [circulation@bplmo.org](mailto:circulation@bplmo.org) or by calling Brentwood Public Library at (314) 963-8630.

#### Just For Fun

Friday, September 13 at 6:30 p.m.  
Silly September  
Friday, October 11 at 6:30  
Opposites October  
Choose any book related to the monthly theme and come to the library after-hours for a mixer with other readers! We're partnering with local brewery Earthbound Beer; sign up for email updates at <http://www.brentwoodlibrarymo.org/> or ask at the desk for more details and reading recommendations from our librarians. Valid ID required, please. Refreshments and drinks will be served.

#### Cooking and Meal Planning for One

Thursday, September 19 at 3:00 p.m.  
Tired of throwing out leftovers? Join us for a free class to learn meal planning tips and shopping hacks taught. Then, enjoy a cooking demonstration for crafting a healthy meal for one or two. Yummy!  
Taught by Leslie Bertsch of the University of Missouri Extension. All supplies provided. Registration required. Please call 314-963-8630 or email [jhynes@bplmo.org](mailto:jhynes@bplmo.org). Adults.  
Art Dahling  
Thursday, September 26  
Thursday, October 24  
6:00-7:30 p.m.  
Art Dahling is a monthly drop-in art journaling group where we make art & learn new skills. Each month there will be technique demo - try it out or work on your own project.

#### Voter Registration

Saturday, September 28 | 10:00 a.m. - 2:00 p.m.  
For National Voter Registration Day, The League of Women Voters will offer voter registration services and information from 10am to 2pm to register people to vote! Absentee Ballot and Permanently Disabled Absentee Ballot applications will also be available. Remember, October 9th is the last day to register to vote in the November 5th election.

#### Slow Cookers: Simmering Soups

Tuesday, October 15 at 6:30 p.m.  
Join us we demonstrate and prepare hearty stews and soups to help keep you warm as the season cools. Feel free to bring recipe or tip to share. Soup sample tasting will be available. Register by emailing [circulation@bplmo.org](mailto:circulation@bplmo.org) or calling 314-963-8630.

#### Working Dogs 101

Wednesday, October 16 | 6:00 p.m.  
Meet and greet dogs from CHAMP Assistance Dogs. Learn all about what assistance and therapy support dogs do. Learn how to care for dogs, dog safety, and manners. We'll have a dog-gone good time! Families and all ages welcome.



## Brentwood Fans Cheer Old-Time Baseball Centennial Event

A good crowd gathered at Brentwood Park Diamond #1 to watch 1919 baseball on Sunday night, August 18th. This was another Centennial event presented by the Brentwood Century Foundation. The game was sponsored by the family of former Brentwood Mayor Ed and Susan Wright.

Previously postponed from June due to rain, the game was played in sunshine... warm, humid sunshine. However, the crowd and teams were enthusiastic from the beginning until the end after 7 innings.

The pre-game ceremony included the presentation of the colors by American Legion Goff-Moll Post under the command of Sallie Westerberger. A stirring solo trumpet version of the National Anthem was played by retired teacher Michael Fournier. There were 3 ceremonial "first pitches". The first one was by Brentwood Mayor David Dimmitt to his son, Nick. The next two were by children of Ed and Susan Wright: daughter, Dory Wright Smith, threw to her niece Missy Wright Ryan. Finally, Ed Wright, Jr. threw in the general direction of his son, Eddie Wright.

The two teams, the Wolves and the Terriers, were composed of men who play vintage baseball in the St. Louis area on a regular basis. They normally play by the baseball rules of the 1860's but they adapted for the Centennial year of 1919. The two umpires were appropriately dressed in suits and ties. One of the coaches, Chris Duggan, commented later: "Thank you for inviting us to participate in Brentwood's Centennial. It went well with a good crowd and a fun atmosphere."

Throughout the evening, PA announcer Tim Ryan (Ed's son-in-law) did a great job of keeping the crowd informed and also announcing raffle ticket winners. Drawings for free prizes occurred each inning and included such items as: 1919 Cardinal jerseys; Cardinal pullover; Cardinal socks; Cardinal Hawaiian shirt; and Centennial coins.

In the 7th inning, 3 lucky fans had the chance to try and hit off of one of the pitchers. Gus, Linda, and Tony all gave it their best and were cheered on by the crowd. Food trucks were also available and free peanuts and crackerjacks were distributed by Wright family grandchildren and great-grandchildren.

"Mom and dad loved their home and life in Brentwood and also loved baseball," said Ed Wright, Jr. "We children wanted to give something back during the Centennial year and decided that an old-time baseball game would be perfect to represent the Wrights' love of Brentwood and baseball."

The Wrights also expressed appreciation to the Brentwood Parks department under Marty Hunsucker's leadership for getting the field ready (and to Karen for her help that night). Thanks also to Joel Dodson and TSV Sound and Vision for the PA system.

Many fans left the game with smiles on their faces and appreciation for another Centennial event.

For information about more Centennial events, go to the Brentwood Century Foundation web site at

Brentwood100.org.



**SAVE THE DATE**

*for the*

# Party OF THE Century

## Brentwood Centennial Gala

### Saturday, November 9, 2019

**Xavier Grand Ballroom**  
**St. Francis Xavier**  
**3628 Lindell Blvd.**  
**St. Louis, MO 63108**

**Cocktail hour - 6:00 p.m. - 7:00 p.m., (Cash Bar)**  
**Dinner Buffet - 7:00 p.m. - 8:00 pm.**  
**Special Program and Toast - 8:00 p.m. - 8:30 p.m.**  
**Live Music & Dancing: the Galaxy Band - 8:30 - 11:30 p.m.**

Free valet parking, and free parking at Laclede Street. (Map will be included with your ticket.)

Shuttle Service Available: Park at Brentwood Community Center and ride a trolley to and from the Xavier Grand Ballroom. Round trip tickets: \$10 ea. Trolley will run on the 1/2 hour.

*Semi-formal, period dress is encouraged, but not required.*

**Cost: \$35 per person • \$350 for table of 10**

**www.Brentwood100.org**

**MEMORABILIA ROOM**

**BRENTWOOD DOCUMENTARY FILM**

**COMPLEMENTARY SOUVENIRS**

*Purchase tickets at:* **Brentwood100.org**

**#Brentwood100**  
**#BrentwoodMo100**

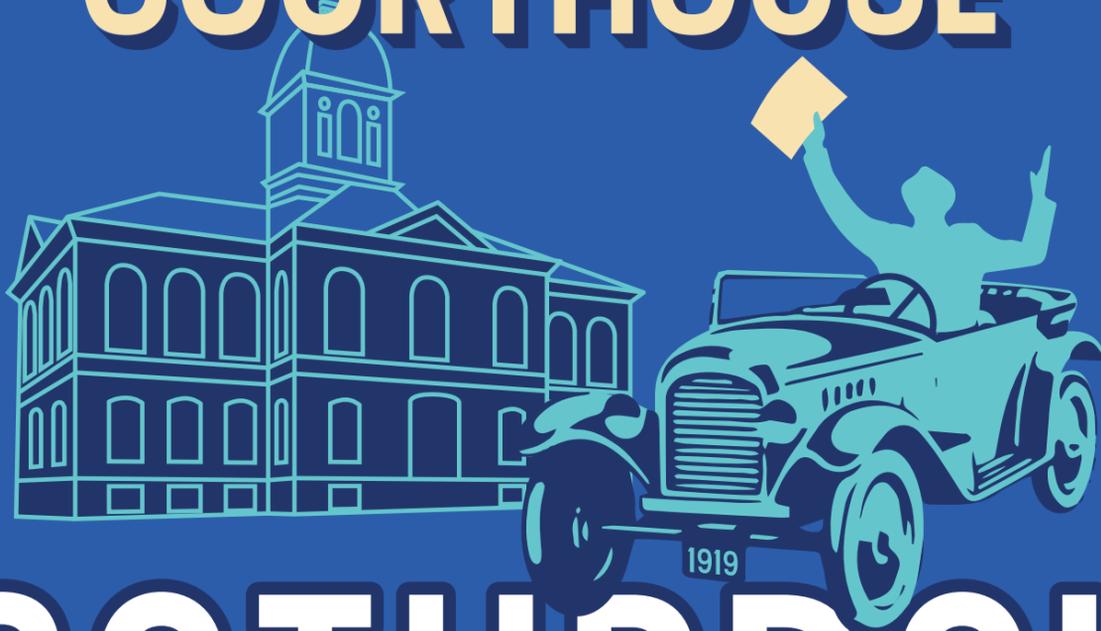
# The RACE to the

5K  
Race



1m  
Walk  
Run

## COURTHOUSE

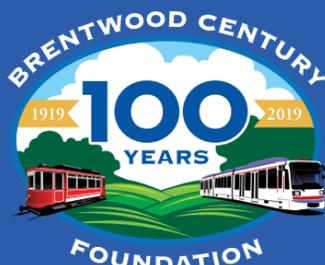


# SATURDAY

## SEPTEMBER 21 • 2019

Register at: [FleetFeetStLouis.com](http://FleetFeetStLouis.com)

Sponsored by:



For all centennial events and updates, to volunteer, donate or to sponsor an event, please visit:

[Brentwood100.org](http://Brentwood100.org)



#Brentwood100  
#BrentwoodMo100

# *Come Celebrate* **BRENTWOOD'S CENTENNIAL! 2019**

Visit our booth at **Brentwood Days** and learn about the exciting events planned for the rest of 2019.

*(and you can buy a T-shirt, Commemorative Coin and Commemorative Book too)*



*Please visit our website to receive more information about events and updates:*

**BRENTWOOD100.ORG**



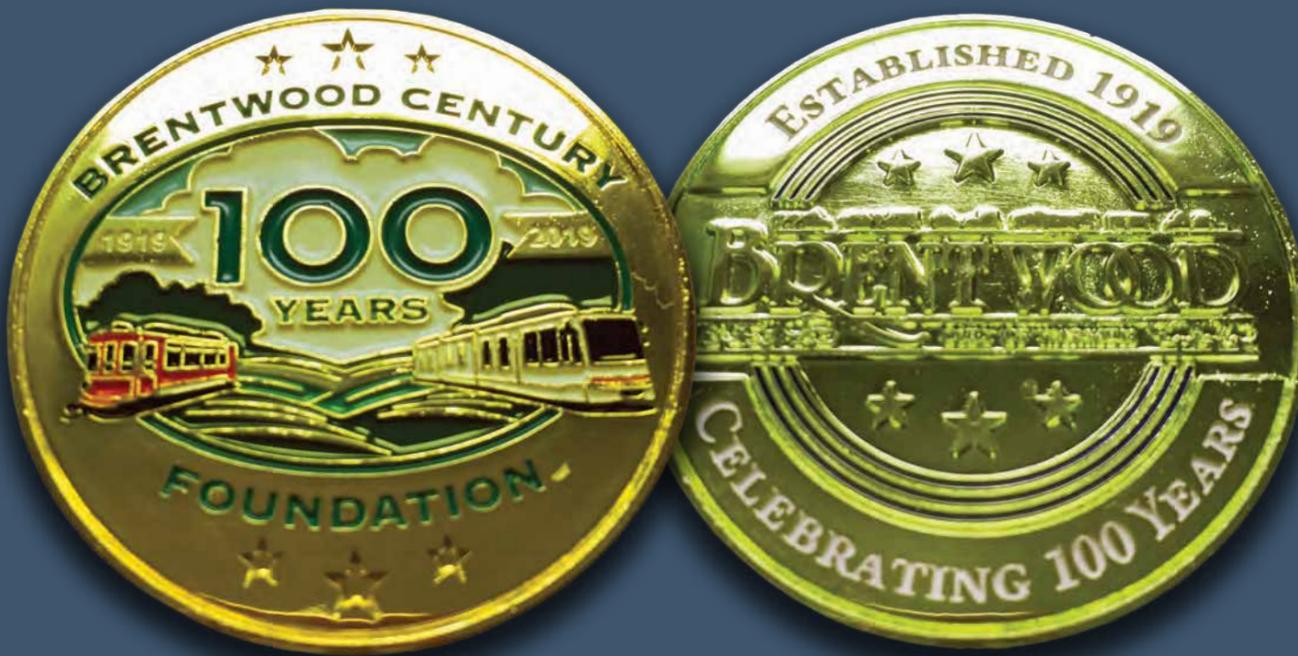
**#Brentwood100  
#BrentwoodMo100**

# Brentwood Centennial Youth Choir Singing Leads Cardinals to Winning Rally

For a video of the choir's performance, go to this Cardinal link: <https://www.mlb.com/cardinals/fans/onfield-memories>



## The Brentwood Century Foundation *presents:* Commemorative Coins



This beautiful centennial keepsake is blazoned with the Century Foundation logo on one side and the City of Brentwood logo on the other. Comes in a protective acrylic case.

Coins are available for purchase at the main desk at the **Brentwood Rec. Center** or order them online at [www.Brentwood100.org](http://www.Brentwood100.org) and we'll ship to you.

**\$10 per coin - \$5 for shipping & handling**

*For all centennial events and updates, to volunteer, donate or to sponsor an event, please visit:*



**Brentwood100.org**



**#Brentwood100**  
**#BrentwoodMo100**

The Brentwood Centennial Youth Choir had quite an impact on the Cardinal game on Sunday, August 11th which was Brentwood Day at Busch Stadium. As part of the year long Centennial celebration, more than 200 Brentwood residents bought tickets for the Sunday afternoon game and came away smiling.

Due to the number of tickets sold, the Youth Choir appeared on the field during the 7th inning stretch and sang a rousing version of "Take Me Out to the Ballgame".

Choir members included: Bridget Blase, Claire Nehrt, Haven White, Maggie McAllister, Nona Carpenter, Rennie Carpenter, Sophia Lee, and Zach Nelson. They were joined on the field by members of their families and led by Deb Stinson in the singing. Over 43,000 fans in the stands sang along.

In the bottom of the inning, the Cardinals rallied for 5 runs, highlighted by a grand slam by Lane Thomas. The Redbirds ended up winning 11-9. The Cardinals will want us back since a previous Brentwood night featured the rally cat followed by a Yadier Molina homerun.

"The game was a lot of fun, but the kids and families were really excited about being on the field," commented choir co-organizer Ruth Fisher. "The parents were thrilled to be a part of it."

"This was such a great Centennial event," said choir director Deb Stinson. "And I'm pretty sure our singing helped lead to the winning rally!"

The game and singing were part of another Centennial event presented by the Brentwood Century Foundation. There was also great support in the Brentwood business community, including the purchase of large blocks of tickets by West Community Credit Union and Liberty Tax. (See related article and photos.)

For information about more Centennial events, be sure and visit the Foundation web site at [Brentwood100.org](http://Brentwood100.org).

## Operation Food Search Receives \$34,000 USDA Farm to School Grant

Non-profit organization named sole recipient from Missouri

Operation Food Search (OFS), a non-profit hunger relief organization, recently received \$34,144 from the USDA's Farm to School Grants fund. OFS—which is the only 2019 grant recipient from Missouri—will utilize the funds for its newest partnership with Gateway Greening and Normandy High School (NHS).

The grant will be used to create a multi-year plan that transforms the NHS campus into a teaching farm. The farming space will address hunger, advance nutrition, and facilitate the integration of nutrition and agriculture into the school's curriculum.

The USDA's Farm to School grant is presented to recipients who incorporate local products into school meals, integrate agricultural education into the classroom, and cultivate farm to school efforts.

The fund distributed 126 grants totaling more than \$9 million for the 2019-2020 school year. These grants will serve over 5,400 schools and 3.2 million students, 63% of whom are eligible for free or reduced-price meals.

"This is quite an honor for our agency to be selected as the only grantee in the entire state of Missouri," said OFS's Executive Director Kristen Wild. "We look forward to our partnership, as well as creating our very first teaching farm that will be an integral resource for Normandy High School."

Pictured are Normandy High School students and faculty assisting with mulching at International Institute's South Farm during a summer field trip.

Operation Food Search (OFS) is a hunger relief organization founded in 1981 that provides food and nutrition education. With a strategic focus aimed at ending childhood hunger, OFS empowers families with a range of programs and services proven to reduce food insecurity and increase access to healthy and affordable food. The agency helps feed more than 200,000 individuals on a monthly basis – one-third of whom are children – through a network of 330 community partners in 31 Missouri and Illinois counties. OFS is located at 1644 Lotsie Blvd. For more information, call (314) 726-5355 or visit <http://www.OperationFoodSearch.org>.



## The St. Louis Aquarium at Union Station Hires Tamera (Tami) Lash Brown as Executive Director

The St. Louis Aquarium at Union Station announces the appointment of Tamera (Tami) Lash Brown as Executive Director of the soon-to-open attraction. Brown comes to St. Louis from her position as General Manager of the Greater Cleveland Aquarium in Ohio.

The St. Louis Aquarium at Union Station is the centerpiece of a \$187 million family entertainment complex currently under construction in downtown St. Louis. The Aquarium, the St. Louis Wheel and other attractions are being built under the 500,000-square-foot National Historic Landmark train shed at Union Station. Celebrating its 125th anniversary in 2019, Union Station opened in 1894 as the biggest and busiest train terminal in the nation.

Brown has spent her career working with attractions in the museum and tourism industries. In addition to her work opening and leading the aquarium in Cleveland, Brown has promoted and operated attractions in Northeast Ohio, ranging from the Western Reserve Historical Society and the Center for Contemporary Art to the Cleveland Museum of Art and Cleveland International Film Festival.

Prior to joining the Greater Cleveland Aquarium, she was Vice President of Marketing at Positively Cleveland, the non-profit organization dedicated to driving economic vitality for the region through tourism. In addition, Brown has been President of the Board of Directors of the Ohio Travel Association. She holds a BA from Miami University of Ohio.

Steve O'Loughlin, President and COO of Aquarium owner LHM, welcomes Brown to St. Louis. "As we get closer to opening, it's important to have a dynamic team in place that will deliver the kind of amazing experience our future guests expect and who will build on the extreme excitement growing in the community for the Aquarium," said O'Loughlin. "We are thrilled that someone with Tami's experience in the tourism industry is joining us."

Chris Davis, Managing Partner of zoOceanarium Group LLC, says he is pleased with the progress of the Aquarium and excited about the company's St. Louis team expanding with the addition of Brown. "With Tami's move to St. Louis as Executive Director we have a strong leadership team on site to oversee the aquarium as we transition from construction to opening day in December 2019." Davis said. Brown joins zoOceanarium's Curator Aaron Sprowl and Projects Director Erin Clark who have been in St. Louis on the aquarium opening team during the facility's development.

The 120,000-square-foot, two-story aquarium will open in December 2019. Featuring one-of-a-kind exhibits that will house 13,000 aquatic species from the rivers and oceans of the world, the Aquarium will manage environments built around a million gallons of water. Prior to the Aquarium's debut, the St. Louis Wheel, a 200-foot-tall observation wheel under construction at Union Station, will open in October 2019 along with a whimsical carousel, an 18-hole mini-golf course and the St. Louis Union Station Soda Fountain. The new attractions join the St. Louis Union Station Hotel, a Curio Collection by Hilton, as centerpieces of the entertainment complex at the landmark station.

For more information on the St. Louis Aquarium at Union Station, visit [www.stlouisaquarium.com](http://www.stlouisaquarium.com). Follow the construction progress on social media @aquariumstl.



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 Fax: (314) 772-5863

*Here's just some of the places where you can find Dad's Original Scotch Oatmeal Cookies™:*

Baumann's Fine Meats  
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Fields Foods  
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 Hanlen's Fine Meats & Catering  
 Hanneke's Market

Kenrick's Meats & Catering  
 Ladue Market  
 Mateker's Meat & Seafood Shop  
 Mom's Deli

Schnuck's Markets  
 Shop 'n Save Markets  
 Straub's Markets  
 ...AND MANY MORE!

**Stop by Ted Drewes and get a "Tedad's" Concrete, or a Frozen Custard Sandwich made with Ted Drewes Vanilla Custard between two Dad's Original Scotch Oatmeal Cookies!**

*If you can't find them where you shop, ask them to carry Dad's Original Scotch Oatmeal Cookies™!*

**Thanks to local community foundations, church congregations, our board of directors, and lots of individual donors, Home Sweet Home is thrilled to announce that we have A SECOND TRUCK!**



For more than two years, Home Sweet Home has had more than 50 organizations on our wait list. These are organizations whose families are working so hard to find housing, stabilize their lives, and reconnect with their families. They desperately need furniture and household items to give them the dignity, resources, and hope they deserve. Our wait list has now grown to over 80 organizations! The addition of Truck #2 will allow Home Sweet Home to partner with a total of 27 organizations serving more than 1,200 families a year!

Having another truck means we will **DOUBLE** the number of families we are able to serve. It also means that we will need to double the number of volunteers, double the number of donated kitchen tables, and double the mattresses collected to furnish hope within our community. We will also need a few more drivers/movers and some more gas for the truck, but we are **READY TO ROLL!**

We have been preparing and dreaming of having a 2nd truck for more than two years and this week we start the newest chapter of Home Sweet Home's impact in St. Louis. Thank you to our volunteers, staff, and board of directors who carefully crafted a fundraising plan, contributed financially to make this a reality, and carefully evaluated our next set of partner organizations.

Last week, we had a mother and her two children into the warehouse to pick out their furniture. At first, she was kind of shy and reserved and so were the kids. Prior to coming to Home Sweet Home, the family was sharing one mattress that was on the floor and only had a high-top kitchen table without chairs. By the time they left, she had an appropriate-sized round kitchen table, couch, and kitchen supplies. We also got her mattress off the ground, but most importantly we got both of her two boys their very own beds for the first time in their lives. That is transformational for a family and for our community.

We are grateful for everyone who gives of their time, effort, and resources to ensure this important mission can continue for years to come!

**Thank you to these major donors for making this a reality!**

**Webster Groves Presbyterian Church**

**The Cornelson Foundation**

**Trivia Night Individual Donors**

**Atlantic Philanthropies**

**Lee Ann and Ralph Quatrano**

**Kirkwood United Methodist Church**

**Numerous Individual Donors**

**Room at the Inn**  
**Sixth Annual Golf Tournament**  
**Monday, September 23, 2019**

Join us for the Sixth Annual

**Golf Tournament**

**Monday, September 23, 2019**

Lake Forest Golf & Country Club  
 300 Yard Drive  
 Lake St. Louis, MO 63367



**\$750 Foursome**  
**\$200 Individual**



**Player fees include lunch, dinner in the clubhouse, awards and complimentary beverages on the course.**

**Registration 10 am**

**Boxed Lunch and Shotgun Start 11 am**

Room at the Inn helps clients identify and address the underlying causes of their homelessness, gain self-sufficiency and avoid future episodes of homelessness. One of only three emergency homeless shelters in St. Louis County.

All proceeds benefit the homeless women and families who find shelter at Room at the Inn!

**Register online at**

**[www.roomstl.org/events](http://www.roomstl.org/events), call or email**

**David at (314) 209-9181 or [dweber@roomstl.org](mailto:dweber@roomstl.org)**

**home sweet home**  
*furnishing hope*

Home Sweet Home works with 15 area agencies to give families their sense of pride and improve the quality of their lives by providing basic household furnishings.

**MOST NEEDED ITEMS THIS MONTH**

- Blankets of all sizes
- Bath and kitchen towels (new or gently used)
- Kitchen tables with chairs for 4-6 people

**Call 314-448-9838 or visit [www.homesweethomestl.org](http://www.homesweethomestl.org) to learn how to donate.**

# See You at Brentwood Days!

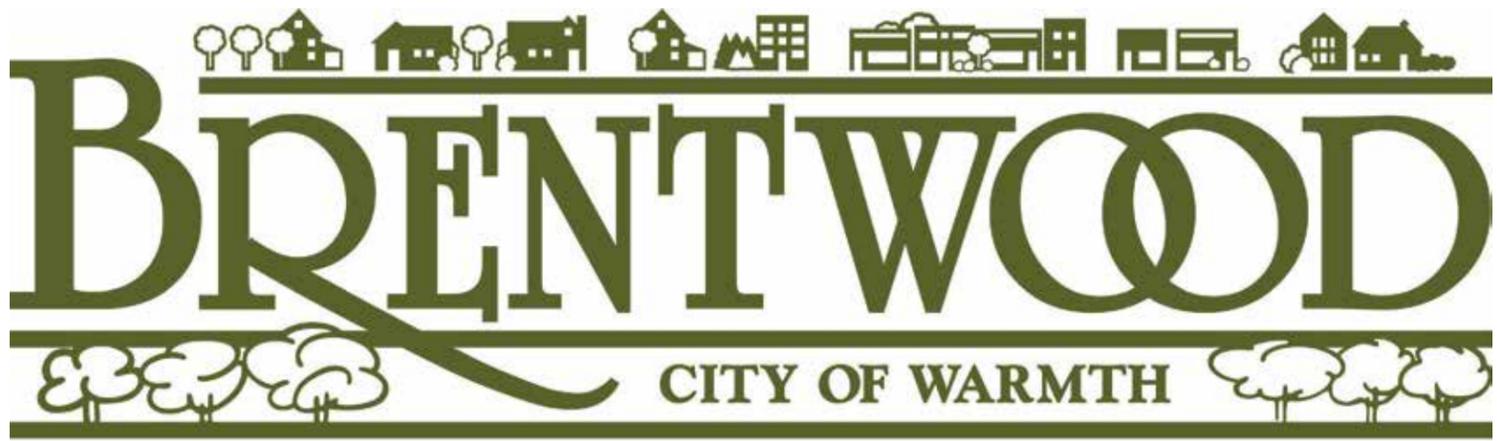
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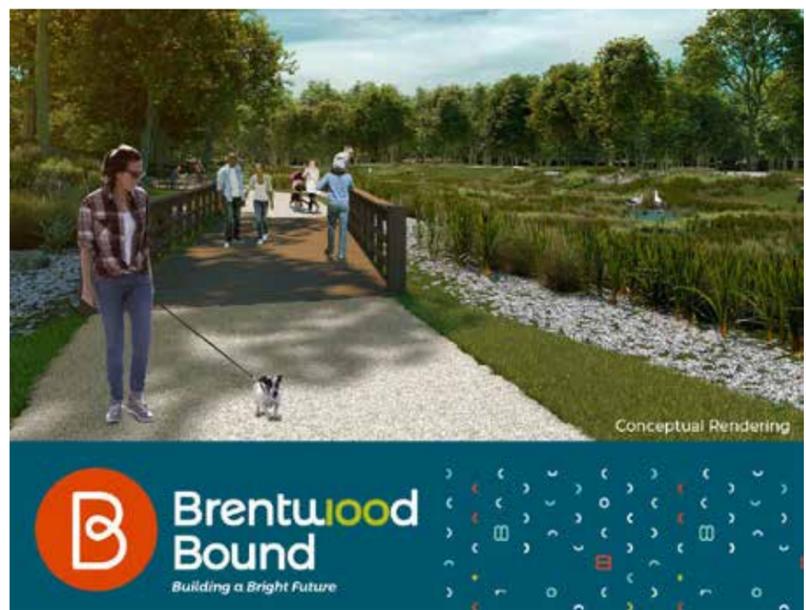


Celebrating 100 Years | 1919-2019

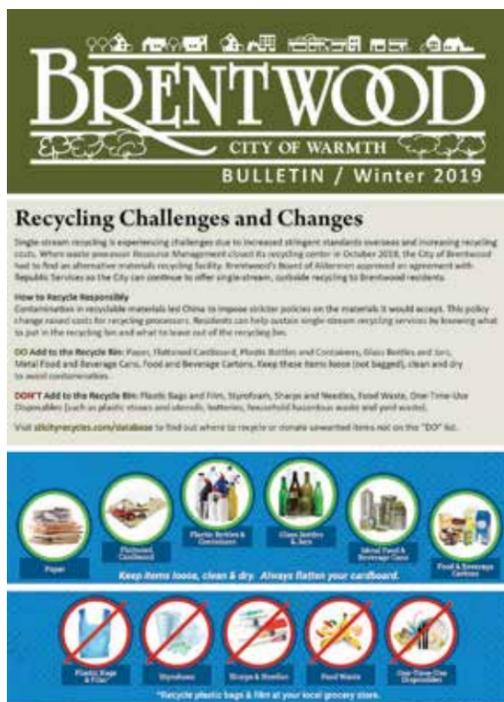
# Connect with the City of Brentwood



City of Brentwood Website: [brentwoodmo.org](http://brentwoodmo.org)



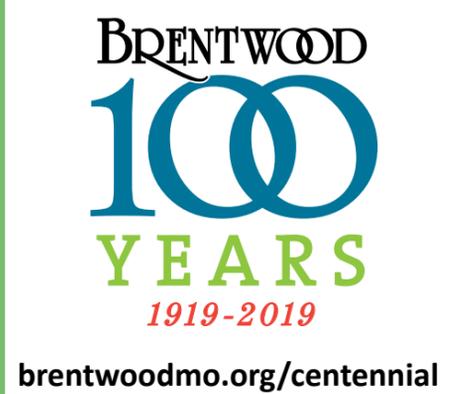
Brentwood Bound Website: [BrentwoodBound.org](http://BrentwoodBound.org)



*Brentwood Bulletin*, the City's quarterly newsletter, is delivered to residents' homes and available on the City website.



City of Brentwood Mobile App  
Apple: <https://itunes.apple.com/us/app/civimobile/id1278189882?ls=1&mt=8>  
Google Play: [https://play.google.com/store/apps/details?id=com.civicplus.mo\\_brentwood4](https://play.google.com/store/apps/details?id=com.civicplus.mo_brentwood4)



**BRENTWOOD**

# Parks & Recreation



September 13, 10:45am – Kirkwood Brewhouse

Join us once a month as we visit one of the great eateries in the St. Louis area. Transportation to the event leaves from THE HEIGHTS at 10:45 a.m. and costs \$6/person. Lunch is at individual's expense.



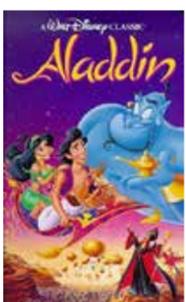
This Halloween event is sure to be fun for the whole family with a candy hunt, hay rides, inflatables, crafts and more! Hot dog dinner included in child's registration. Head on over to Clayton Shaw Park for a spooky night of fun for all ages!

Friday, October 18  
Shaw Park

R&NR: \$8 in advance; \$13 day-of-event

Price is for child only. Adults may purchase additional hot dog meals at registration or the night of the event for \$5.

Call 314.963.8689 for more information and registration.



Introduce one of your favorite Disney classics to your own children with a special showing of the original Walt Disney Classic, Aladdin, at the Brentwood Firehouse. We will be watching the movie right next to the fire trucks on a gigantic screen in the garage. Bring chairs and thick blankets to sit on. Popcorn will be provided!

Aladdin  
Friday, October 4  
Brentwood Fire Department  
7:00pm  
FREE EVENT



The Tri-City Garage Sale has easily become the largest and most well attended garage sale in the St. Louis area. With the communities of Richmond Heights, Maplewood and Brentwood participating you are sure to find that perfect must have! We expect 500+ sites and over 2,500 participants each year.

Saturday, October 5, 2019  
7am - ???

- \*THE HEIGHTS, 8001 Dale Avenue
- \*Brentwood Recreation Complex, 2505 S. Brentwood Boulevard
- \*Maplewood City Hall (rear entrance), 7601 Manchester Road

To Host a Sale in 2019: Pick up your free garage sale packet beginning in September at THE HEIGHTS or Brentwood Recreation Complex. Packet includes a yard sign, yard sale waiver, and participation form. If you live in an apartment and want to have a sale, you can register for a garage sale booth in the west parking lot of THE HEIGHTS.

**Mayor's  
Breakfast**  
Firehouse  
Sept. 20  
8:30-10

**Race to the  
Courthouse**  
Century Foundation  
Sept. 21

**Play Doh  
Exploration**  
Community  
Center  
Sept. 16  
6:00-7:00

**Story Time**  
Memorial Park  
Sept. 24  
10:00-11:00

**National Women's  
Health & Fitness  
Day**  
Community Center  
Sept. 25



# TRAVEL

by Sue McCarthy

## Take Me There - GREECE



Sue - Ancient Greece

### IF YOU GO – TAKE ME THERE GREECE

Children’s Museum of Indianapolis  
3000 N. Meridian St.  
Indianapolis, IN  
317-334-4000  
www.children’s museum.org

Omni Severin Hotel  
40 W. Jackson Place  
Indianapolis, IN 46225  
317-634-6664  
http://www.omnihotels.com

Ancient Greece partnered with Hellenic Ministry of Culture and Sports to bring timeless Greek treasures to the Children’s Museum of Indianapolis as part of the museum’s Take Me There series. The previous exhibit in the series was Take Me There – China. Plan on taking at least 4 hours to walk through the museum and take it all in. There are a lot interactive displays for the kids. And, don’t think the museum is just for kids there are plenty of things to keep the adults busy too.

The exhibit runs from June 15, 2019 – January 5, 2020. There are two exhibits with one being a temporary exhibit and the other the permanent exhibit. General Admission costs \$7 (18 – 59 yrs.) and Youth 2 – 17 costs \$4. There is an additional ticket cost for the Treasures of Ancient Greece.

More than 150 objects, including scientific inventions, sculptures, jewelry, vases and more. See the first computer (Antikythera Mechanism), astronomy and engineering. The museum is big enough to hold Zeus, Athena, Poseidon, Artemis, Aphrodite and Herakles.

The Greeks brought us many things, including the Theater. There are masks the actors wore when performing. They gave us two great philosophers – Plato and Aristotle.

Plato was the first person in the Western world to open a school for higher learning. Aristotle was a student of Plato and he studied nearly every subject in ancient Greece. There are statues of Plato, Aristotle and Dionysos. Dionysos was god of theater, fertility and wine. They also gave us Art, Food and Music.

Although no one really knows what Greek music sounded like, they did provide clues from their art (Lyre), sculpture and ancient instruments.

There are displays of a gold jewelry necklace with snakes on each end and clothing pins that were used to hold their clothing together. These were borrowed from the Archaeological Museum of Thessaloniki (300 – 200) BCE.

Ancient Greeks also gave us Symposiums where men drank wine, enjoyed music and talked about current events.

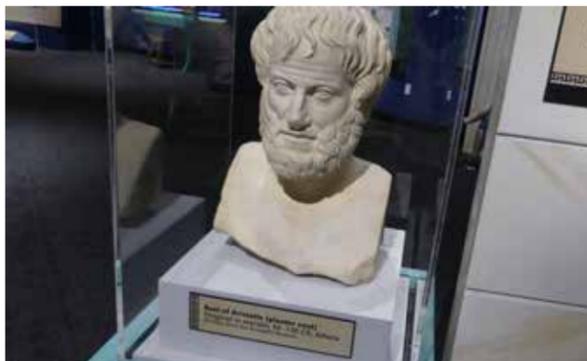
The theater masks were made out of Terra Cotta. For the Tragic plays the expressions would be pained or sad. The Comic plays had the masks smiling or sneering.

The Greeks gave us many delicious foods too. One of my favorites is Baklava, a honey, nut and phyllo pastry. Olive trees were presented from the goddess Athena in exchange for the Greeks worship.

We stayed at the Omni Hotel, which is connected to the mall, and dined at Harry’s & Izzy’s. Our host for this trip was Leslie Olsen of the Indianapolis Convention and Visitor’s Bureau. While we were eating a national celebrity she recognized sat next to us. It was Karen Laine of the HGTV Show “Good Bones.” She was gracious enough to let me take her photo and she gave Kevin a bite of her bread pudding to try it out. This must be what they call “Hoosier Hospitality.”



Terra Cotta Water Jugs



Aristotle



Greek Costumes



Greek Influence



Theater



Karen Laine and Leslie Olsen



Greek Bakery



Greek Mask

## To Refinance or Not to Refinance... When Does it Matter?

By: West Community Credit Union

Contrary to what you may think, signing up for a mortgage loan doesn't mean you're trapped in that rate or term. If rates change or events arise that prevent you from paying as you had planned, refinancing might be an effective way to change your monthly mortgage payment.

Refinancing your mortgage means paying off your existing mortgage with a new one, potentially with a lower rate or monthly payment. However, refinancing also typically involves costs such as appraisal and loan origination fees, which can add up to as much as 3% to 6% of the amount you're refinancing. The following scenarios are ones in which refinancing could be worth considering.

- **Your credit has improved**

If you received your mortgage at a time when you had average credit or a short credit history, and your score has since improved, you may qualify for a lower rate now. If so, you may be able to pay off the principal faster and more quickly build equity, or the difference between your home's appraised market value and what you owe on it.

- **Interest rates have dropped**

The market may have changed since you got your mortgage. Many experts

recommend refinancing if you can get a rate that's at least one percentage point lower than your current rate. This can mean saving tens of thousands of dollars in interest costs overall if your current principal balance is large.

- **You want to consolidate other loans**

With cash-out mortgage refinancing, you take out a loan for more than what you owe on the home. For example, say your home is worth \$400,000 and you still owe

\$150,000. You could take out a new mortgage for \$200,000, with \$50,000 coming to you in cash. This can be handy if you'd like to consolidate any high-interest debts, such as student loans, credit card balances or auto loans. When you take cash out this way, though, you reduce your home equity.

- **Switching from an adjustable to a fixed-rate loan**

If you have an adjustable-rate mortgage, or ARM, you run the risk of the payments increasing, which can be hard to handle long-term if you have a level income.

Refinancing may enable you to switch to a fixed-rate loan and take the uncertainty out of your mortgage payment plan, which is especially beneficial if you think rates will increase over time.

- **You want to change your monthly payment**

You may be able to extend your mortgage term to reduce your monthly payment if your current one isn't affordable anymore. On the flip side, you may also shorten the term, such as getting a 15-year to replace your 30-year loan. This would raise your payments but also let you pay off the debt more quickly.

### When NOT to Refinance

Although refinancing has its advantages, it's not for everyone. Bear in mind that if any of the following apply, it may not be a good idea.

- **You've had your mortgage a long time.** For most 30-year mortgages, you pay most of the interest in the first two decades of the loan. After that, more of your payments go to reducing the principal balance than paying interest, so refinancing would probably mean spending much more on interest than you would if you kept your current loan, even if the rate is high.

- **Your mortgage has a prepayment penalty.** Your lender may charge you for paying off the loan too early. A penalty fee can range from one to six months' worth of interest payments, and that's in addition to the other costs of refinancing.

- **You plan to move soon.** Refinancing can help save you money in the long term. If you're planning to leave your home, you might not reach the break-even point when the monthly savings on payments surpass the upfront refinancing costs.

In certain situations, refinancing is a productive strategy. If it's early in your mortgage, you need to pay off other high-interest debt or you can improve upon the terms of your current loan, refinancing could be a money-saving move. Call 636.720.2400 or visit [westcommunitycu.org](http://westcommunitycu.org) to schedule a free consultation with the experts at West Community Mortgage today!

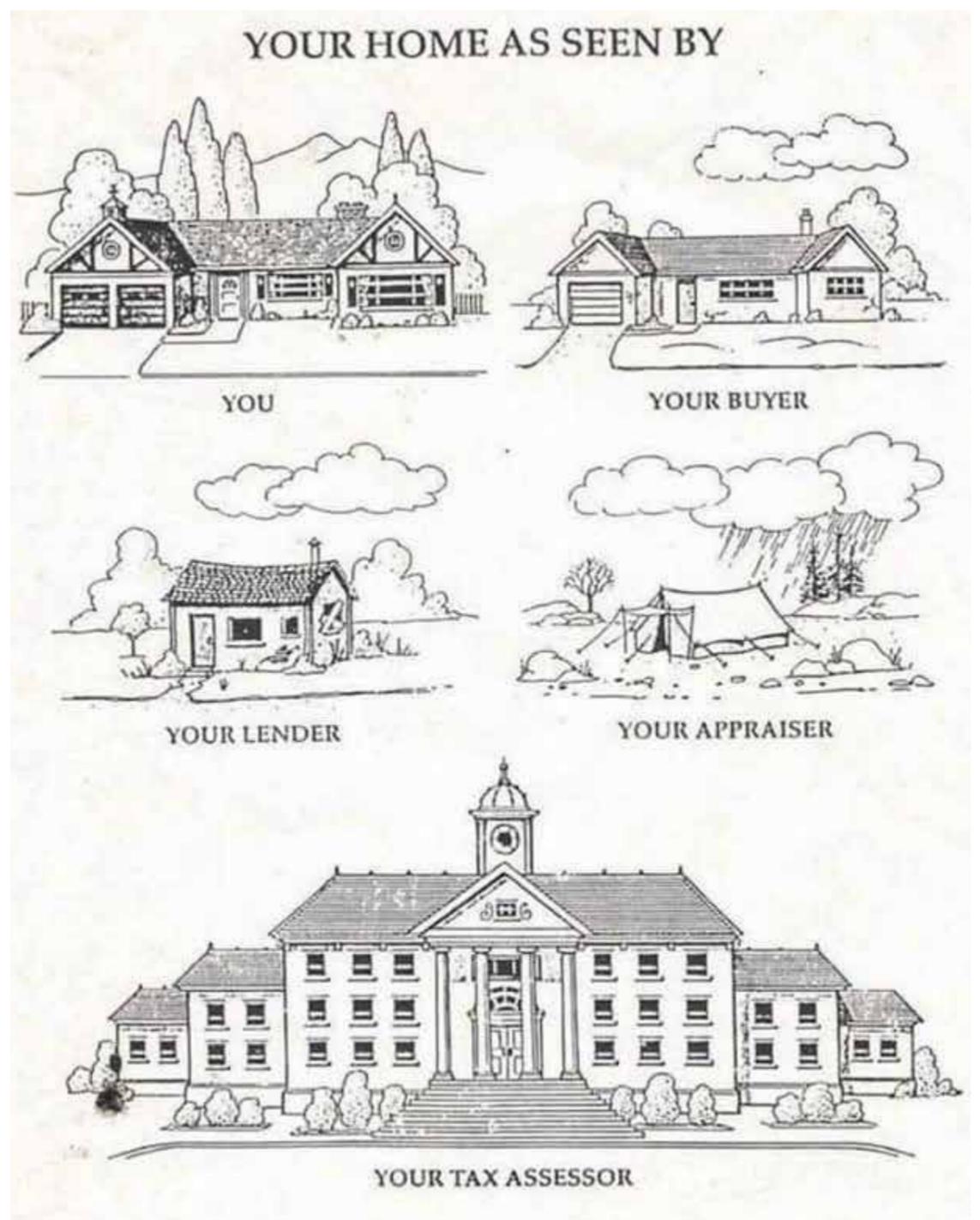


## St. Louis Regional CrimeStoppers Tip Hotline 866-371-TIPS (8477) [www.stlrcs.org](http://www.stlrcs.org)



CRIMESTOPPERS WILL PAY UP TO \$1000  
FOR INFORMATION LEADING TO A FELONY ARREST

- Location of Wanted Felons
- Location of Missing Persons
- Information on any Past, Present, or Future Crime that leads to a Felony Arrest.





THE PULSE IS PRINTED  
ON RECYCLED PAPER



Deadline 1st Monday of each month  
Published 2nd Monday of each month

314-962-4750

PULSE NEWS SERVICE

9019 Manchester, Brentwood, MO 63144

pulse@genedel.com

www.genedel.com

Gene-Del Publishing Co., Inc.

Eugene & Delores Dodel - Founders

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— Reporters —

Sue McCarthy - Travel Destinations

Kevin McCarthy - Restaurant Reviews

Rob Rains - Sports

Rich Brewer - Broken Paddle Comic

AD PRICES ARE FOR CAMERA READY ONLY  
ADVERTISING RATES:

Full Page	10-1/4 x 16-1/4	\$215.00
1/2 Page	10-1/4 x 8-1/2	\$165.00
1/4 Page	5 x 8	\$115.00
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Inserts - Call for Price

Member, Brentwood, Richmond Heights &  
Maplewood Chambers of Commerce

All issues of the Pulse are retained  
by the Brentwood Historical Society

# Classifieds

**WARNING**

Readers are advised that some "work-at-home" ads or ads offering informing on jobs, government homes, or vehicles may require an initial investment. We urge you to investigate the company's claims thoroughly before sending any money and proceed at your own risk.

**MARY'S  
PET SITTING**

Loving professional pet care in your home. Bonded and insured. 314-918-8629.

**KERI CARES PET  
SITTING**

Pet Sitting and Dog Walking services. \$15 per visit or walk. \$40 for Overnights. Can provide references. Call or text 314-560-1016.

**20 WORDS FOR \$3.00!**

**Deadline for  
next issue is  
October 7**

the  
**pulse**  
314.962.4750

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CLASSIFIED AD**

Mail Check or Money Order.

Ads must be received by  
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**20 WORDS FOR \$3.00!  
Each additional word or  
fraction thereof, 10¢ each.**

Telephone number equals two words.

Address equals two to three words.

PLEASE TYPE OR PRINT CLEARLY.

Customer Information  
(will not be included in ad)

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone No. \_\_\_\_\_

Mail to:  
PULSE NEWSPAPER  
9019 Manchester  
Brentwood, MO 63144

## GIVE A LIFELINE...

Donate Your  
Old Cell Phone

Cell Phones for Safe Homes program  
raises funds through phones

Drop off your used cell phones at one of five locations to be recycled through Lydia's House new Cell Phones for Safe Homes fundraiser.

For each phone collected, our recycling partner will make a cash donation of up to \$100 to Lydia's House.

If you'd like to donate your phone, stop by any of these locations:

- Gene-Del Printing (9019 Manchester Rd.)
- West County Center T-Mobile
- University City T-Mobile (6662 Delmar Boulevard)
- Saint Ann Wireless Toyz (3594 North Lindbergh Boulevard)

More locations to come. If you are interested in collecting phones for Lydia's House through a drive at your business, faith community or school, please contact Lisa Weingarth at (314) 771-4411 ext. 101 or lweingarth@lydiashouse.org.

**About Lydia's House**

Lydia's House works in faith to end domestic violence by being a place of healing and a voice of hope for abused women and their children. Our program provides up to two years of transitional housing and critical support services to survivors of domestic violence.

Web: www.lydiashouse.org Email: info@lydiashouse.org  
Connect: Find us on Facebook, Follow us on Twitter

## Civic & Church Organizations

**Brentwood Optimist Club**

2nd & 4th Monday, 6:00 p.m.  
Goff-Moll Post 101, 2721 Collier  
Mary Meers, President

**Goff-Moll Post 101**

3rd Wednesday, 7:00 p.m.  
The American Legion, 2721 Collier Ave.  
Brentwood, MO 63144, 961-3263  
Halls for Rent

**Maplewood Lions Club**

1st & 3rd Tues., 7:00 p.m. Meeting  
Meet at Branch Outreach Resource Center  
2150 Yale Ave., Maplewood MO 63143  
Lion Judy Yingling, President  
Phone: 314-550-0093

**Brentwood Congregational United  
Church of Christ**

2400 South Brentwood Blvd.  
Telephone No. 314 962-9966  
Sunday Services – 11:00 a.m.  
Bible Study – 10:00 a.m.  
Sunday School – 10:30 a.m.  
www.brentwood-congregational.org

**Brentwood Lions Club**

2nd & 4th Tues., 6:30 meeting  
Goff-Moll Post 101, 2721 Collier  
Lion President Kimberly Taylor  
314-560-8383 or lionkimberly@sbeglobal.net

**LIST YOUR ORGANIZATION OR CHURCH - \$100 FOR 12 MONTHS**

## A Few Pulse Distribution Centers...

**BRENTWOOD**

Brentwood City Hall, O.B. Clarks, West Community Credit Union, Brentwood Community Center, Gene-Del Printing, Sideline Bar, American Legion Post 101, Brentwood Library, Dobb's Tire, Brentwood Shoe Stop, Brentwood Family Chiropractic, Speedway Automotive, Carl's Drive-In, Mt. Calvary Church, UPS Store, Brentwood Forest, White Building, Double D Lounge, Brentwood Police Dept., All State Insurance, Drury Inn, Mid-County YMCA, Altair Travel, 1st Church of Christ Scientist, Dickey's BBQ, Enterprise Bank, Refind Room, Steger Automotive.

**MAPLEWOOD**

Citizen's Bank, Maplewood City Hall, V.F.W. Big Bend, Cousin Hugo's, Schlafly Bottle Work.

**ROCK HILL:**

Farotto's, Rock Hill City Hall & Library, Hacienda, Trainwreck Saloon, CiCi's Pizza, St. Louis Wings, Traintown, St. Louis Custard, Auto Spa ETC Rock Hill, West Community Mortgage.

**RICHMOND HEIGHTS**

Richmond Heights City Hall, Telle Tire, Richmond Living Place.

**GLENDALE**

Bopp Chapel, Laurie's Shoes.

## Normandy High School & Operation Food Search Cafeteria Collaboration



School cafeteria food has often been the target of many jokes. But it isn't funny when students who rely on two-thirds of their daily meals via federal assistance programs must eat food that is continuously perceived as less than appealing.

Enter a partnership between Normandy Schools Collaborative (NSC) and Operation Food Search (OFS) to create a culture of healthy eating. Last year OFS helped the district receive a grant called "Breakfast in the Classroom" for the high school, middle school, and all four of its elementary schools. Beginning Aug. 19, the high school will incorporate a newly updated and newly named cafeteria called the Viking Grill.

The new name isn't the only change. Thanks to OFS obtaining a \$180,000 grant from the Community Impact Network, a portion of that money will make healthier options a reality.

While all students who attend Normandy High School are offered breakfast and lunch for no charge, unfortunately many do not partake in these offerings. Through a unique collaboration, NSC and OFS identified an opportunity to increase the current school lunch utilization rate. They created various ways to rebrand the student cafeteria experience that included new menu items and more. OFS collaborated with the NSC Food Service team to help them maximize the National School Lunch reimbursement model for the school district. The goal: to create a nutrition-forward campus so students could get the energy they need to succeed from delicious and healthy food.

### Highlights of the Viking Grill include:

-Two service options:

- Grab & Go (includes hamburgers, chicken sandwiches, pizza, deli sandwiches, salads, fresh fruit and vegetables) arranged in the same order every day that encourages the ease of repetition

- Chef's Creation menu (built-to-order food bars, entrees, fresh fruit and vegetables) tailored to teen's tastes with nutrient-dense options

- Self-serve condiment station to offer greater choices and reduce waste (also added popular options like hot sauce)

- Flavor station (shakers of salt-free seasonings ranging from mild to spicy in order to satisfy the students' individual tastes)

- A vegetable "condiment bar" instead of a salad bar to incorporate a rotating array of healthy options

- Pop up stations throughout the year by OFS's nutrition education team that will feature items like healthy smoothies and introduce new foods to sample

- All NHS staff can eat free through the month of September in order to experience firsthand what the kids are enjoying, as well as model better eating habits

- An updated kitchen where new foods will be prepared and introduced to students



# RESTAURANT REVIEWS

## World Famous Dining At An Affordable Price!

On a recent trip to Indianapolis we had the good fortune to dine at Harry and Izzy's, a direct descendant of the world famous St. Elmo's Steak House.

St. Elmo's began as small tavern with a very basic menu. It was named after the patron saint of sailors. Under the management of Harry Roth and Izzy Rosen from 1947 to 1986, it became the go to place for politicians, lawyers, professional coaches and players to entertain clients and enjoy a fine dinner. That tradition continues at the more casual Harry and Izzy's. Both restaurants share the same kitchen and many menu items are available at both establishments.

Harry and Izzy's has the ambiance of a 1930's speakeasy. Lots of hard wood and a grand bar in the center of the restaurant are surrounded by leather booths and open tables. An interesting decoration is a large chalk board betting list for the 1933 Indianapolis 500 race. This was very reminiscent of the movie "The Sting"

We started with great cocktails from the bar. Sue and our dining companion, Leslie Olsen of the Children's Museum, had lemon drop martinis and I had a local craft bourbon on the rocks. I had the famous St. Elmo shrimp cocktail. This is not for the faint of heart. The cocktail sauce includes lots of freshly grated horseradish that will bring a tear to your eyes if you take a big bite, but it is so very delicious! The ladies had a salad and we all shared an order of fried calamari with a roasted lemon.

Our friend had the farm to table, locally sourced, grilled pork chops with baked sliced apples. They were huge and cooked to perfection. Sue had a petite fillet that was actually not so petite. I am curious to know the size of their larger steaks. Again, cooked to order and very tasty. I had grilled salmon with a Gorgonzola butter sauce with Mediterranean pearl cous cous. It was very tasty, but also very rich. There was a bit more butter than I would expect and I actually didn't finish the entire dish.

I was also pacing myself for dessert. Leslie suggested I try the local traditional dessert, sugar cream pie. Yes, I did pass up their bread pudding, but more on that in a moment. The sugar cream pie was a type of custard pie similar to what I know as chess pie. It was very good and not as sweet as I expected. With a cup of coffee, it was a great finally to a wonderful meal.

Now for the bread pudding story, a couple seated next to us were finishing their meal at about the same time as we were, and they ordered a single bread pudding to split between them. When the bread pudding arrived it was more than enough for two people. I asked if I could a photo of their dessert and the lady asked if I would like to have a taste. Much to the chagrin of my wife Sue, I said yes! It was amazing. It looked more like a giant ice cream sundae complete with whipped cream. It was still warm and amazingly delicious!

To add to this story, and the reputation of Harry and Izzy's, It turned out that our new friend is Karen Laine, the host and star of the HGTV show Good Bones. Leslie was truly gaga, as the show originates in Indianapolis and is one of her favorite TV shows.

Harry and Izzy's is a great destination for special occasions as well as just a great dining experience. The service was more than acceptable and the extensive wine list is reasonably priced.

Reservations are suggested, especially on the weekend. Phone 317-915-635-9594. Harry and Izzy's is located at 153 South Illinois street as well as entry from the Circle City Mall. They are open for lunch and dinner seven days a week. You may view their menus and learn more about Harry and Izzy's at [harryandizzys.com](http://harryandizzys.com). We highly recommend a visit to Harry and Izzy's when you are in Indianapolis.



Betting Board



Pork Chops



Bread Pudding



Calamari

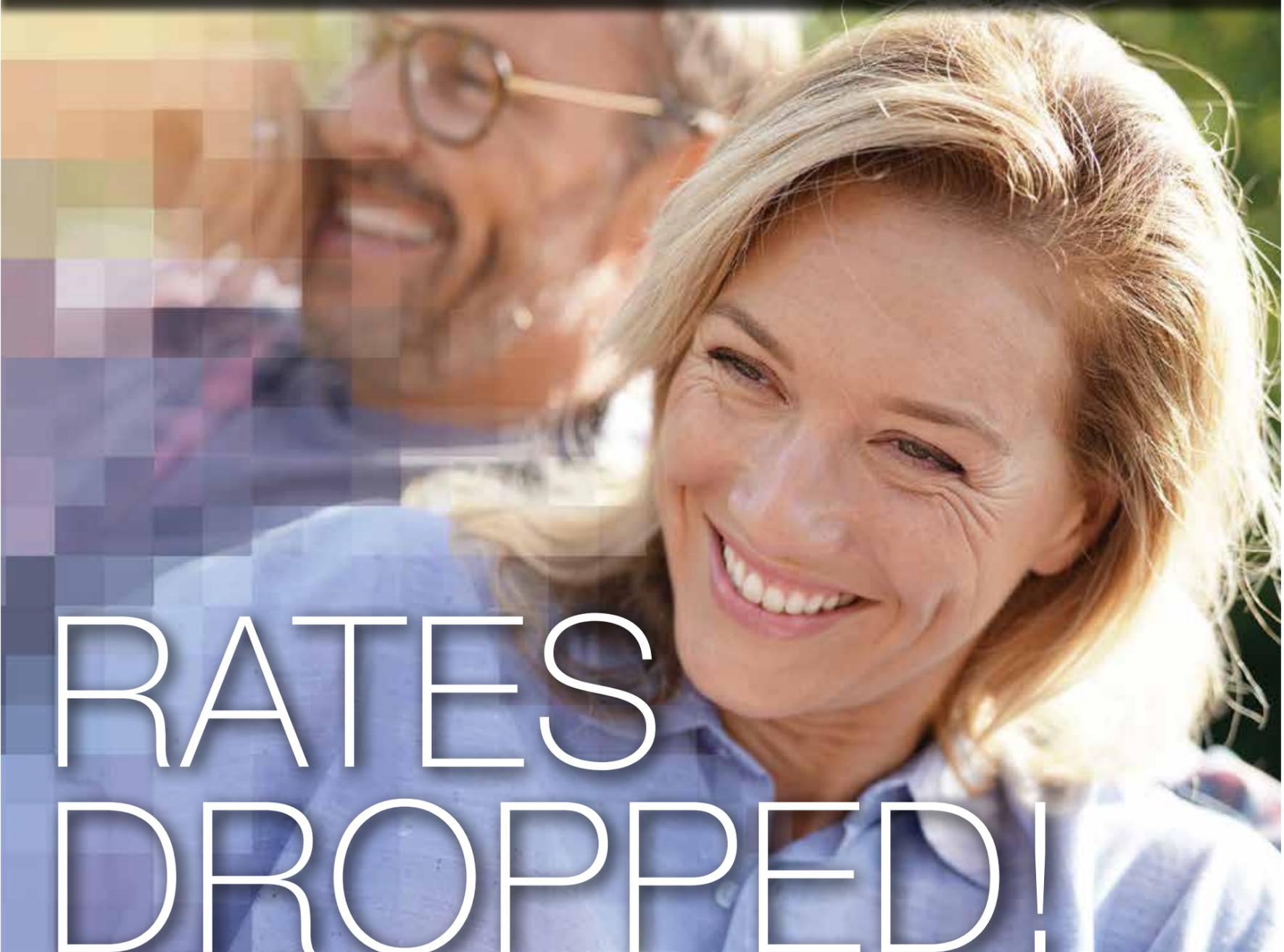


Filet



Karen Laine and Leslie Olsen

BANKING ON YOU™



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## EVENTS IN BRENTWOOD!

**BRENTWOOD DAYS! 9/21**

**FREE SHRED DAY! 9/28**

West Community Credit Union is proud to be a sponsor of Brentwood Days! Come out and see us on Saturday, September 21.



**Saturday, September 28, 2019**  
**9am - Noon**  
**Brentwood Branch**  
**2345 S. Brentwood Blvd.**  
**5 box limit. No x-rays.**

