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Volume 46, Number 9

FREE

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September 2022

A Look Back at Brentwood's Fire Dog



See page 10 for more pictures!



Saint Mary Magdalen Cafeteria Crew Back for the School Year!

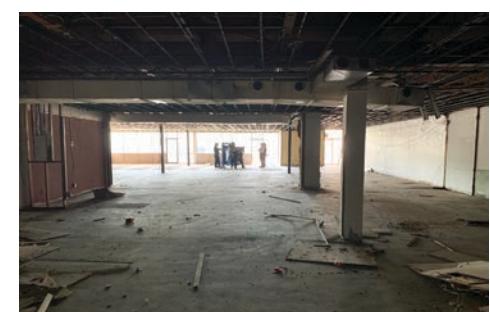
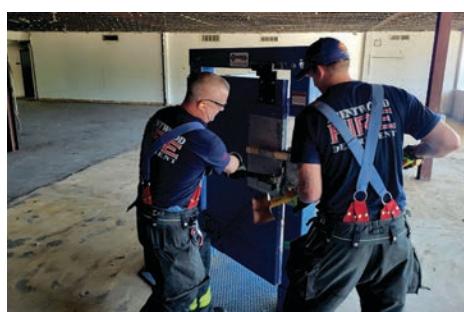
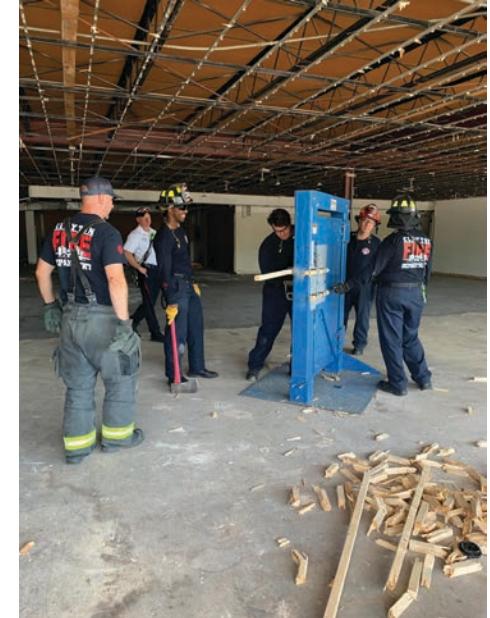


We are so lucky to have such dedicated women serving our children lunch everyday!

Reminder from Brentwood Police Department: Leash Your Dog

We remind our residents there is a leash law in place for the safety of our residents and our pets, and we will be enforcing the law if we are alerted to additional violations. Please be respectful of your neighbors and of other pets – make certain you leash your dog on walks or while otherwise unsecured.

Firefighter Forcible Entry Skills Training at Brentwood Bowling Lanes



Inside... 6...Community Vehicle Fair | 6 & 7...Welcome Back to School! | 12...Rock Hill Fall Festival

Deadline for next issue is October 3

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15 arts organizations receive nearly \$150,000 in grants for diverse arts organizations

The Arts and Education Council together with Ameren Missouri announced the recipients of the AmerenCares Equity in the Arts Philanthropic Grant Program. Grant recipients will be awarded a collective total of nearly \$150,000 in 2022. This new grant program was created to provide funding to historically underrepresented and underfunded nonprofit organizations that are racially and ethnically diverse.

Small nonprofits, particularly arts and culture organizations serving local communities, were more severely impacted by COVID-19 than most other types of nonprofits, according to a recent study by the Urban Institute. Additionally, organizations serving urban areas were more likely to experience decreases in donations during 2020. AmerenCares Equity in the Arts is a unique and focused example of a shift in philanthropic giving practices that are designed to proactively and deliberately meet the needs of under-resourced and historically underrepresented nonprofits that have evidence of racially and diverse leadership.

"Equity is valued greatly by both Ameren and the Arts and Education Council. We are proud to partner to fund organizations like that are impacting the area, making it better for all of us. Arts organizations throughout our area are overcoming tremendous obstacles, especially because of COVID-19," said Jessireé Jenkins, manager of grants and programs for the Arts and Education Council. "We're looking forward to the opportunity to deepen our reach within communities and organizations that have not had the opportunity to develop a relationship with the Arts and Education Council."

"In recognizing these 15 organizations as inaugural AmerenCares Equity in the Arts grantees, we are taking an intentional step to expand awareness of the importance of diversity in the arts, arts performance and arts educational programs throughout our service territory in Missouri," said Sarah Kramer, director of corporate philanthropy and community impact for Ameren. "This new program and our longtime support of the work led by the Arts and Education Council will help us build on the impact we are making to grow the arts accessibility in Missouri and help power the quality of life for all our customers and communities we serve."

The following arts organizations (in alphabetical order) will receive support from the AmerenCares Equity in the Arts Philanthropic Grant Program:

- African Heritage Association
- Afriky Lolo
- Artists First
- Columbia Entertainment Company
- Dragons Drum & Bugle Corps
- Dream Tree Academy 573
- Ferguson Youth Initiative
- Gateway Music Outreach
- HEAL Center for the Arts
- Hispanic Festival Inc.
- Jacob's Ladder Ministries
- Mentors in Motion
- Pianos for People
- Pointe of Surrender
- Youth Arts & Technology Center

Applications were reviewed by the Arts and Education Council's Grants and Programs staff and representatives from Ameren. Learn more about the Arts and Education Council's grants at [KeepArtHappening.org](#).

Connect with us – Website: [KeepArtHappening.org](#) Phone: 314.289.4000. Facebook: [ArtsandEducation](#) Twitter: @ArtEdSTL Instagram: Arts_Education_Council

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THE POLAR EXPRESS™ TRAIN RIDE IS BACK WITH REAL TRAIN TRIPS AT ST. LOUIS UNION STATION FOR CHRISTMAS 2022

TICKETS NOW ON SALE!

Tickets are now on sale for THE POLAR EXPRESS™ Train Ride at St. Louis Union Station at [www.stlpolar-expressride.com](#).

The real train rides -- a St. Louis holiday tradition -- are rolling to the North Pole again to tell the magical story of a boy's search for the real meaning of Christmas. The train rides begin at St. Louis Union Station on November 18 and continue through December 30, 2022.

Coach tickets for this St. Louis holiday event begin at \$35 and may be purchased online at [www.stlpolar-expressride.com](#). First Class and Premium seats also are available. Prices vary by day, time and ticket class. Group tickets are available for groups of 10 or more.

Trains will depart St. Louis Union Station at 4:30, 6:00 and 7:15 p.m. every night during the season. Trains also run at 8:30 p.m. on selected dates.

The beloved story of The Polar Express comes to life when the real train departs for a round-trip journey to the North Pole led by a cast of talented characters, including the boy, the hobo, the Conductor, dancing chefs and Santa and his elves. Set to the sounds of the motion picture soundtrack, passengers will relive the magic of the classic story as they are whisked away for a one-hour trip to meet Santa. It's an immersive, family-oriented experience that will create lasting holiday memories.

The Pancakes With Santa holiday meals in Union Station's beautiful Grand Hall also are returning for the 2022 season. The meals will be held on November 19, 20, 26, 27 and December 3, 4, 10, 11, 17, 18, and 24. Guests will experience a unique 3D light show on the Grand Hall ceiling and enjoy pancakes topped with strawberries and whimsical whipped cream Santa faces. Guests can take their own photos with Santa during the breakfast. Seatings begin at 8:30 and 10 a.m.

Passengers can book holiday rides on the St. Louis Wheel and an adventure at the St. Louis Aquarium at Union Station where Santa and his elf will dive in Shark Canyon on selected dates. Guests can enhance the magic by staying overnight at the St. Louis Union Station Hotel, a Curio Collection by Hilton, in a decorated holiday suite. Get hotel information and train tickets at [www.STLpolarexpressride.com](#).

St. Louis Union Station is located at 201 S. 18th Street, St. Louis, MO 63103. Follow on social media @unionstationstl. Phone inquiries: (314) 942-6942.

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Ware Returns to STLCC, Hopes to Provide Great Student Engagement

Keith Ware, Ed.D., knew he would return to St. Louis Community College. He just didn't know when or in what capacity. But now he has his answer to those questions. In July, he returned to STLCC as vice president for student engagement and chief affairs officer at Meramec. Ware comes to the College from Southern Illinois University-Edwardsville, where he served as the deputy director for the East St. Louis Center. But prior to his time at SIUE, he served as the director of the African American Male Initiative, as well as an adjunct history professor at STLCC.

"This is actually where I got my collegiate start as a student, too," Ware said. "And after I was here the first time as a director and professor, I knew eventually I would come back."



One of his goals is to make sure students receive a top-tier experience during their time at STLCC. He recounts when he signed up to take a summer class shortly after graduating high school to get a math credit out of the way before heading to Southeast Missouri State. What happened next set the groundwork for who he was to become and what he wants current and future students to experience at STLCC.

His instructor at the time recognized that math was not Ware's strong suit. But despite that, he took an interest in Ware and pushed him when he needed it and provided extra time to assist him. Despite the many years that have passed, the instructor's impact was long-lasting.

"He was the first African American male teacher I ever had, and he made every class memorable," Ware said. "I want students to feel the same way I did when that teacher took me under his wing. I want them to feel there is no better place to be and create a community-based relationship, so they tell their friends that the culture, faculty and staff here have their best interests in mind."

Ware says another reason he took the position is the vast array of students who enroll at STLCC—from high school students to those who have been in the workforce for many years, and everyone in between.

"The duality of life experiences—not just learning experiences of students in the classroom, but also people that have vast life experience outside of it," he said.

In just a few short weeks since returning to STLCC, Ware has found many people engaged, enthusiastic and energetic about the upcoming semester as he is.

"The people I've worked with so far are happy to be here," he said. "It's great to walk around campus and see people with their heads held high and excited to be on campus."

Ware said he's most eager to have a campus full of students again. "That and providing great student engagement and activities for those students," he said.

He added that he doesn't want his title of vice president to be something that makes him out of touch, stating he plans to have plenty of face-to-face time with students and staff, whether it's around campus or in the office. "I have an open-door policy," he said. "I want my office to be a place where people are comfortable to stop and talk about anything." He will also be teaching a history class at the Florissant Valley campus.

For more information about STLCC, visit stlcc.edu

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PIRATES SAIL INTO THE ST. LOUIS AQUARIUM AT UNION STATION

"Pirate Quest For The Sunken Treasure"

Open Through October 31

"Pirate Quest for the Sunken Treasure," a new family adventure, is now open through October 31, 2022.

On the exciting treasure hunt inside the Aquarium, guests will take a self-guided tour through a highly themed wonderland of pirate ship scenes and treasure caves and grottos. Social media fans will love the Instagram-worthy photo opportunities throughout the transformed Aquarium during their journey.

Visitors follow the quest's clues as they make their way through all of the marine habitats and hands-on animal adventures at the Aquarium. Along the way, they will find the Pirate Captain's journal containing treasure hunt hints as well as amazing animal facts and pirate jokes.

Treasure seekers will meet Captain Gideon Gar, the Pirate Captain of the Mighty Missy. Captain Gar will lead adventurers on their quest. Salty Serena, Captain Gar's First Mate, will provide helpful hints and fun facts about the sea life along the journey. SharkBait Stubbs; a silly deck swab, comes along for a laugh with jokes and puns at each stop.

Guests will explore elaborate scenes, including the Captain's Quarters, a Shipwreck Canyon and the Treasure Grotto. A spooky Secret Cave, Pirate Library and a Pirate Hideout add to the experience. Kids can fire the smoking, booming cannons on the sunken pirate ship.

At the end of the quest, only the bravest adventurers can sit at the Pirate Throne for a triumphant picture. Kids who complete the quest will get a reward at the end of their journey.

"Pirate Quest For The Sunken Treasure" is free with admission to the Aquarium.

The St. Louis Aquarium at Union Station is open daily at 9 a.m. Advance tickets are available at www.stlouisaquarium.com. Follow the Aquarium on social media @aquariumstl. The Aquarium is located at 201 S. 18th St., St. Louis, MO 63103.



Puttin' For The Kids Golf Tournament to Benefit Walker Scottish Rite Clinic

The public is invited to grab their clubs, join the fun, and support services for children

Maryville University's Walker Scottish Rite Clinic in partnership with The Light Foundation is pleased to announce this year's Puttin' For the Kids Charity Golf Outing, which will be held at Bogey Hills Country Club on September 28, 2022.

KMOX Sports Director Tom Ackerman will serve as the Honorary Chairman of the tournament and KMOX Sports Radio is the recognized Media Sponsor. Additional St. Louis favorite friends, such as Louie, Fredbird, and members of the St. Louis Blue Crew, will be on hand to greet participants.

One hundred percent of proceeds from the tournament will benefit the Walker Scottish Rite Clinic based at Maryville University. The Walker Clinic is a Maryville University community service program, for certified speech and language therapists to provide speech and language development services to children aged two through six years old at no charge to the families.

Speech and language disorders are among the most common conditions that young children experience. Parents, caregivers or teachers may notice that a child is struggling with speech sounds, language usage, or social communication. If so, they are encouraged to seek an evaluation by a certified therapist because early intervention ensures the best possible outcomes for the child. Long-term therapeutic techniques can be taught for use in everyday situations at home or school.

The 2021 Puttin' For The Kids golf outing raised \$26,000, all of which was donated to support the services provided at no charge by the Walker Clinic. Since the pandemic began, many new, fun and effective techniques have been created to benefit children and families. To learn more and register, click [here](#).

About the Walker Scottish Rite Clinic

Serving the Greater St. Louis area since 1988, the Walker Scottish Rite Clinic, a 501(c)(3) charity organization provides services to children that are funded by corporate and foundation grants, special fundraising events, and individual donations. The Clinic receives no federal funding, and families are never charged for services, regardless of financial status or insurance coverage. Since its origin, all services have been free and accessible to preschool age children and were first located at the Scottish Rite Cathedral at 3633 Lindell Blvd. The Walker name was added in recognition of Earl and Myrtle Walker in 1996. In January 2015, the Walker Scottish Rite Clinic began a professional partnership with Maryville University to expand therapy opportunities for preschool age children.

Growing Old With Purpose



Dr. Nancy Wilkinson, Ms. Missouri Senior 2019-2020, was the featured speaker on August 6 at the Rock Hill Public Library. Part of the Adult Program Speaker Series, Dr. Wilkinson presented *Mind - Body - Spirit: How To Grow Old With Purpose*.

In the one-hour presentation, she spoke at length about anti-inflammatory nutrition, and gave tips on how to care for the physical, emotional, chemical and spiritual YOU. The audience asked many questions, and left having enjoyed the event very much, Nancy Wilkinson, D.C., is the owner of Central West End Chiropractic.

The Missouri Senior Cameo Club has an active speaker's bureau. Information can be found on the club's website, www.msmissourisenior.org on the Speaker's Bureau page.

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4548 Westminster Place
St. Louis, Mo 63108
Cell/Text: 314-303-0877
wright@primary.net
www.msmissourisenior.org

International Rett Syndrome Foundation to Host 15th Annual Strollathon

Non-profit organization's St. Louis event to raise money for research treatments



The International Rett Syndrome Foundation (IRSF) will host its 15th annual St. Louis Strollathon on Sat., Oct. 8 with registration starting at 10 a.m. and the walk beginning at 11 a.m. The one-mile family-friendly stroll, which will be held at the JCC St. Louis located at 2 Millstone Campus Dr., includes a visit from Fredbird, entertainment and food.

The St. Louis Strollathon has raised a total of more than \$750,000 since its first event in 2008. The Strollathon is the area's major fundraising event and brings together families from across the Midwest affected by Rett Syndrome. All proceeds will benefit the International Rett Syndrome Foundation.

Rett syndrome is a rare genetic neurological disorder that occurs almost exclusively in girls (one in 10,000 births), more rarely in boys, and leads to severe impairments. It is usually recognized in children between six to 18 months as they begin to miss developmental milestones or lose abilities they had gained, including their ability to speak, walk, eat, and even breathe. Rett particularly affects speech, purposeful hand use, and coordination, leaving individuals trapped in their own bodies, understanding more than they can communicate. There is no treatment currently available for Rett syndrome.

St. Louis is home to a specialty clinic – a collaboration between Washington University School of Medicine and St. Louis Children's Hospital. The clinic has a team of specialists with substantial experience in the diagnostic evaluation and treatment of individuals with Rett syndrome.

Since 2004, these nationwide family-friendly strolls have raised more than \$15 million to advance IRSF's mission to empower families and accelerate research toward a world without Rett Syndrome. This year Acadia Pharmaceuticals is the national presenting sponsor.

The International Rett Syndrome Foundation (IRSF) is the leading Rett syndrome research and advocacy group. IRSF has invested over \$54 million in research leading to identifying Rett syndrome's cause, proving Rett syndrome is reversible in mice, and developing multiple clinical trials for Rett syndrome. For more information, visit www.retsyndrome.org.

Donations are appreciated to the Strollathon, which is free and open to the public. For more information, call (314) 346-1323 or visit the organization's website at www.st-louis-strollathon.org.



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WELCOME BACK TO SCHOOL!



First graders at McGrath Elementary School are learning how to read and write numbers 0-10 in both name and symbol format. Students use ten frames and counters to create visual examples of numbers less than or equal to 10. This activity helps develop strong number sense, which promotes confidence and encourages flexible thinking. #TheBrentwoodWay

Brentwood School District Teachers Prepared for First Day



Brentwood teachers, support staff and administrators are preparing for a new school year with professional development on a variety of topics, including standards-based grading, project-based learning and social-emotional development. Yesterday, all instructional staff participated in diversity, equity, inclusion and accessibility training led by the Special School District of St. Louis County.



Brentwood Days 2022: September 16 & 17 Russell Avenue

Brentwood Days, the City's annual festival, brings the community together to enjoy live music and entertainment, delicious food, free carnival rides and games, a parade, and a great fireworks show.

Friday, Sept. 16: Festival grounds open 5-10 pm

Saturday, Sept. 17: Parade at Noon; Festival grounds open 1-9 pm; Fireworks at 9 pm

First Congregational Church of Webster Groves presents

Community Vehicle Fair

Saturday, September 24, 2022

9:00 am - 12:00 pm

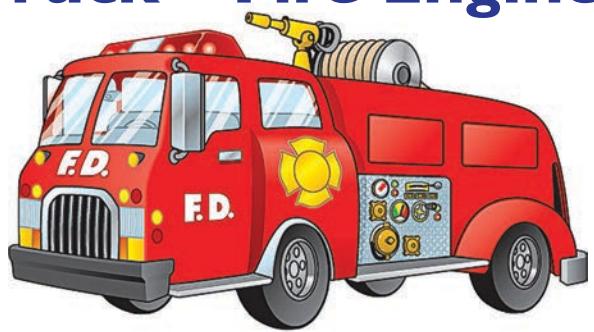
Parking Lot at Lockwood at Elm

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Ice Cream Truck Onsite

9:30 am to 11:30 am

Coffee and Water on us!



Brentwood Fire Department Helps Midwest Children's Burn Camp



We love our buckets hat at MCBC! Campers have had so much fun expressing their individuality with tie dye on their hats thanks to Brentwood Fire Department! And also thank you so much for the generous donation to help make camp possible for our awesome campers!

SAVE the DATE

St. Mary Magdalen Parish

FALL FOOD festival

SEPTEMBER 30, 2022
5:30-9:00 pm



Bubble Bus



Bounce House



drinks available for purchase



Homestyle Grill BBQ
twisted tacos
The Crooked Boot

Fun for everyone!
 Come out and enjoy a night of community building, great food, and fun for the kids!

Welcome Back to School - McGrath Elementary Students



2015 Mercedes Sprinter (Diesel) FOR SALE: \$42,000 Mileage approximately 80,000

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Brentwood Board of Aldermen Minutes

Monday, July 18, 2022

PARTIAL MINUTES OF THE BOARD OF ALDERMEN
REGULAR MEETING MINUTES

CALL TO ORDER & PLEDGE OF ALLEGIANCE

Call to Order – Mayor Pro tem, David Plufka, called the meeting to order at 7:00 PM, followed by the Pledge of Allegiance

ROLL CALL

Roll Call – All members were present:

Alderman Plufka – Present
Alderwoman Tice – Present
Alderwoman Sims – Present
Alderman Wegge – Present
Alderman Gould – Present
Alderman Lochmoeller – Present
Alderwoman O’Neill - Present
Alderman Shelton – Present

Other members present at the meeting included Kevin O’Keefe (City Attorney), Bola Akande (City Administrator), Jason Kotz (Human Resources Manager), Dan Gummersheimer (Public Works Director), Eric Gruenenfelder (Parks and Rec. Director), Whitney Kelly (Planning and Development Director), Chief Joe Spiess (Police), Craig Schluter (Navigate Building Solutions), Kelle Silvey (Deputy City Clerk)

AGENDA APPROVAL

Approval or Amendment of Agenda- Agenda stands as presented, approved by acclamation.

ANNOUNCEMENTS, APPOINTMENTS, PROCLAMATIONS & RECOGNITIONS

Proclamation - Animal Protective Association of Missouri (APA)

City Attorney O’Keefe read the Proclamation and Alex Levine Clardy was available to accept the certificate. Pictures were taken with Mayor Pro tem, David Plufka.

Proclamation - Parks & Recreation Month

City Attorney O’Keefe read the Proclamation and certificate was accepted by Parks Director Eric Gruenenfelder.

MAYOR AND ALDERMEN REPORTS

Alderman Brandon Wegge - Ward 2 – Offered thanks to Dan Gummersheimer (Public Works) and Chiefs’ Spiess and Cottrell for the speed humps placed on Eulalie. It was noted that Saturday July 23rd there will be a meeting with residents in Broughton Park to discuss.

Alderwoman Kathy O’Neill - Ward 4- Shared that more people are using our Library facility. They had ordered 5 hot spots for use, and because it has been so popular, they have ordered 5 more.

CITY ADMINISTRATOR REPORT

Brentwood Bound Update – Craig Schluter gave the monthly report noting construction costs, soft costs, no property acquisitions, and funding sources received since the last board meeting. (Detailed report is available in BoardDocs)

CONSENT AGENDA

Standing Committees Reports

Warrant Lists - Operating Funds and 2019 Expenditures from the 2018 Series Certificates of Participation Proceeds (COP)

Approval of Meeting Minutes

Update to Annual Liquor License Renewal

Resolution # 1380 - A Resolution Approving a Change Order to the Contract with Christner for Additional Construction Administration Service for the Brentwood Park Pavilion and Event Lawn Project

Motion was made by Alderwoman Tice and seconded by Alderman Lochmoeller to approve the Consent Agenda. There was no discussion. Roll was called:

Motion carried by a vote of 8 (yea) to 0 (nay)

NEW BUSINESS

Resolution NO. 1379 -Observance of Juneteenth - Federal Holiday

Alderwoman Sims presented the information noting this had been reviewed at the Ways and Means committee meeting on July 12, 2022 to add an additional recognized holiday for Brentwood employees and it received a unanimous vote to advance to the Board for consideration and support of this Juneteenth holiday into the schedule, as this is a state and federal holiday, and to include uniformed employees, to also be credited with pay as we do for other recognized holidays.

Motion was made by Alderwoman Sims and seconded by Alderwoman O’Neill to adopt Resolution 1379.

Discussion took place, suggesting retroactive pay for uniformed employees for 2022, which had been previously discussed, and City Administrator said would be covered by



the motion. City Attorney suggested we need to take a look at the Missouri constitution which prohibits granting public employees’ additional compensation after work has been performed, to make sure all is appropriate.

Motion was amended to adopt Resolution for all employees, subject to verification or extent legally permissible. Roll was called:

Motion carried by a vote of 8 (yea) to 0 (nay)

Resolution No. 1381 - Modification of Weather-related and Emergency-related Closing Policies in the Employee Handbook

HR Manager, Jason Kotz, presented the information allowing the modification of the existing policy as it stands for weather related closings giving the City Administrator the latitude to make decisions and modify work schedules.

Motion was made by Alderwoman Sims and seconded by Alderwoman Tice to adopt Resolution 1381. There was no discussion. Roll was called:

Motion carried by a vote of 8 (yea) to 0 (nay)

Bill No.6399: Minor Subdivision of 3000 S. Brentwood Boulevard First and Second Reading

City Attorney O’Keefe did the first reading of the Bill.

Director Whitney Kelly presented the information stating item was reviewed by the Planning and Zoning Commission

to split off the 6.17 acres from the metro station so the city can purchase the lot for the Brentwood Bound project, and that this was approved by the commission.

Alderman Lochmoeller inquired if this parcel would still be zoned as light industrial, since the city will redevelop as wetland restoration project for the park.

City Attorney stated City would not need to have this rezoned, since it will be used as a park and that cities have not done that for other areas designated for recreation and parks.

Motion was made by Alderman Gould and seconded by Alderman Lochmoeller for a second reading of the Bill. Motion carried by unanimous voice vote.

City Attorney did the second reading of the Bill.

Motion was made by Alderman Shelton and seconded by Alderwoman Tice to perfect Bill No. 6399 into Ordinance form. There was no discussion. Roll was called:

By a Vote of 8 (Yea) to 0 (Nay) Bill No. 6399 will become Ordinance NO. 5030

ADJOURN

A. Adjournment – Open meeting ended at 7:22 PM and moved to Closed Session.

This meeting was livestreamed on YouTube and recorded. The recording will be made available on the City’s

YouTube channel. Please be aware that your presence may be recorded.

West Community Credit Union Partners with City of Brentwood

West Community Credit Union Event Lawn is the First Named Feature in the New Brentwood Park



The City of Brentwood announced today that West Community Credit Union has secured naming rights for the event lawn in the new Brentwood Park. West Community is the first sponsor of an amenity in this park.

Brentwood Park is expected to open to the public in spring or summer 2023. Located off South Brentwood Boulevard near Russell Avenue, the park will be the jewel of the Brentwood parks system and a premier park in the metro area. The West Community Credit Union Event Lawn is a large green space that will be used for open play as well as special events for up to 900 people. The lawn is adjacent to a pavilion and a food truck area.

The park is a component of the City’s Brentwood Bound Plan, which includes three projects bound together to build a brighter future for Brentwood: Deer Creek Flood Mitigation, Manchester Road Improvements, and Deer Creek Greenway Connector.

“West Community Credit Union is honored to be included in the Brentwood Bound development and to support the community we have called home for over 85 years. This partnership will help provide the families of Brentwood and the surrounding communities a beautiful gathering place for many years to come,” said Jason Peach, CEO of West Community Credit Union.

West Community Credit Union began as Brentwood Mutual Credit Union in 1936, founded by 15 businesses and civic leaders with \$150 in capital. In 1986, the organization changed its name to West Community Credit Union, with 7,300 members and almost \$9 million in loans. Today West Community has become a progressive financial organization with nearly \$400 million in assets, 27,500 members and over \$350 million in loans.

“The City of Brentwood is thrilled to welcome West Community Credit Union as our first partner and sponsor of Brentwood Park. West Community’s investment in and commitment to the Brentwood community will continue to have a lasting impact,” said Bola Akande, Brentwood’s city administrator.

The City of Brentwood, Missouri celebrated its centennial in 2019. Brentwood is a full-service community with a unique blend of quality residential neighborhoods and one of the most thriving business districts in the St. Louis metropolitan area. Located within minutes of downtown St. Louis, Brentwood is known as the “City of Warmth” because of its small-town charm and friendly atmosphere. Learn more at www.brentwoodmo.org.

The Brentwood Bound Plan is a comprehensive solution to overcome flooding and public safety challenges presented by the Deer Creek channel and to improve the Manchester Road corridor within the City of Brentwood. Three transformative projects are bound together in building a brighter future for Brentwood: Deer Creek Flood Mitigation, Manchester Road Improvements, and Deer Creek Greenway Connector. Learn more at www.brentwoodbound.org.

West Community Credit Union is a full-service, not-for-profit financial cooperative serving more than 27,500 members and businesses in St. Louis City, St. Louis County, St. Charles County and Boone County. The credit union has offices in O’Fallon, Brentwood, Kirkwood, Lake Saint Louis, Florissant and Columbia, MO. For more information on banking products and services, call 636.720.2400 or visit www.westcommunitycu.org.

Build a Better Breakfast with Dairy

September is Better Breakfast Month and there has never been a better time to celebrate. Breakfast has long been called the most important meal of the day and for good reason. The documented benefits of eating breakfast include boosted brainpower, improved nutrient intake and revved up metabolism. Yet, according to the United States Department of Agriculture, while 93% of Americans believe that fueling an empty tank every morning is important, less than half jump-start the day this way.

"Breakfast is the first nutrition opportunity of the day and a chance to get more of several foods that may be lacking in our diets, like dairy, fruits and whole grains. These foods pack a powerful punch of vitamins, minerals, protein and fiber. Research shows that breakfast-skippers may not make up these nutrients later in the day," notes St. Louis District Dairy Council Registered Dietitian Kelsey Hulcher.

While Americans may be "in the know" about the nutritional need for breakfast, many still skip the morning meal due to lack of time. Morning schedules can make for hectic households, with families rushing out the door for work, school and errands. "Time is a prized commodity, but you can pack speed, convenience and health into your morning meal with dairy," says Hulcher. "Choosing dairy at breakfast, whether it's milk in a glass, shredded cheese on eggs or yogurt in a smoothie, is a simple way to quickly add great taste, along with calcium and protein to your morning routine."

What is the best choice for the morning meal? According to experts, a meal high in protein may do the best job of curbing hunger and providing a feeling of "fullness" or satiety. "Dairy is a good source of protein. Whether on its own as an instant fuel, or paired with whole grains or fruit, dairy can help keep you feeling satisfied until lunchtime," offers Hulcher.

The staying power of milk's protein isn't the only benefit of making it part of your morning routine. The Dietary Guidelines for Americans recommend that adults and children ages 9 and older include three servings of dairy foods in their daily eating plan. On average, Americans come up short by getting only about two servings. "Adding a glass of milk to your breakfast provides thirteen essential nutrients in an easy and affordable way," notes Hulcher. When it comes to delivering great taste, nutrition and convenience in a pinch, milk is a great multi-tasker. It's the real deal."

There are many ways to work dairy into your diet. Do you like oats? Make overnight oats with milk and mix in fruit, a drizzle of honey and nuts. A fan of eggs? Make scrambled eggs with milk, red peppers and mushrooms — and top it off with shredded cheddar cheese. Love toast? Melt cheese on toasted whole grain bread topped with tomato, avocado or a veggie of your choice. Other options include Greek yogurt layered with fruit and granola and smoothies with milk, yogurt and fruit. When it comes to building a better breakfast, dairy foods go a long way!

For more information on the benefits of breakfast and dairy, visit us at stldairycouncil.org or contact us at (314) 835-9668 / info@stldairycouncil.org. For delicious and nutritious recipes, check us out on Facebook or Instagram at [STLDairyCouncil](#).



INSIDE BASEBALL

By Rob Rains of StLSportsPage.com

Pujols making a run at 700, Goldschmidt's Triple Crown pursuit just two of many reasons September could be memorable month for Cardinals



The Cardinals welcomed September with their biggest division lead, six games, going into the final month of the season since they led the NL Central by 10 games in 2009.

Trying to complete the task of winning the division is just one of many reasons why this will be a must-watch month for Cardinals fans.

Here are some of those reasons:

Albert Pujols. Bringing the former Cardinal back home for the final season of his career might have been viewed as a sentimental move when the year began, but not now. Every Pujols at-bat for the rest of the season will bring with it the feel of watching Mark McGwire as he pursued the single-season home run record in 1998.

Going into the month Pujols is just two home runs away from tying Alex Rodriguez with 696 home runs, the fourth highest total in baseball history. He is six home runs away from joining Barry Bonds, Hank Aaron and Babe Ruth as the only players in history with 700 or more career home runs.

Pujols won't be in the lineup every day, but he figures to start every time the Cardinals face a lefthander and also in some games against righthanders. Since the All-Star break he has hit nine home runs in 78 at-bats, or an average of one home run for every nine at-bats. At that pace he would need about 60 at-bats in the final 31 games to get the six home runs that would get him to 700.

Paul Goldschmidt. The prohibitive favorite to become the first Cardinal to win the MVP award since Pujols won it for the third time in 2009, Goldschmidt also is chasing a feat that has not been accomplished in the National League since 1937.

That was the year Joe Medwick won the Triple Crown, and no NL hitter since has led the league in average, home runs and RBIs in the same year. Goldschmidt at least has a chance to do it.

He begins the month with the best average in the league, .332, seven points ahead of Freddie Freeman of the Dodgers. He is tied for the league lead in RBIs with 105 with Pete Alonso of the Mets. The most difficult category for Goldschmidt to win will likely be the home run crown. He begins the month second in the league with 33 homers, just three shy of his career high of 36, and three behind league-leader Kyle Schwarber of the Phillies.

Adam Wainwright and Yadier Molina. The duo begin the month with 322 combined starts, two away from tying the major-league record of 324 combined starts by a pitcher and catcher set by the Tigers' Mickey Lolich and Bill Freehan.

If the current rotation stays intact, Wainwright and Molina should tie that record on Sept. 8 at home against Washington, and break that mark on Sept. 13 or 14 against the Brewers at Busch Stadium. Wainwright likely will make five or six more starts in the regular season, but almost certainly won't be able to reach 200 wins for his career. He begins the month with 193.

Nolan Arenado. He goes into September with 89 RBIs, 11 away from reaching 100 for the second time in as many years as a Cardinal. With Goldschmidt's total already in triple digits, that would give the Cardinals two players with 100 or more RBIs in the same season for the first time since 2010, when Pujols drove in 118 and Matt Holliday finished with 103.

A good final month also will help Arenado's standing in the MVP vote and perhaps help push Goldschmidt forward in his Triple Crown pursuit.

Jack Flaherty. This has basically been a lost season for Flaherty, who has made more minor-league rehab starts (seven) than he has started games for the Cardinals (three). That could change in September and a good month would help set Flaherty up to be someone the team can count on in their bid for a deep postseason run in October.

Flaherty is set to return to the rotation on Labor Day, Sept. 5, against the Nationals. There will be 28 regular-season games left on the Cardinals schedule at that point, meaning there should be enough time for him to likely make five starts in preparation for the postseason.

The race for second. If the Cardinals need another incentive to keep pushing toward the best record they can achieve, this figures to be it. The two division champions who finish with the best records in the league will get a first-round bye in the new expanded playoff format. The division champion with the third best record will play a wild-card qualifier in the first round, with the best-of-three series all at home.

With a 76-55 record entering September, the Cardinals trail the Mets, the current leader in the East, by seven games. The Mets have three games left against the Braves, who trail New York by three games in the NL East.

The Cardinals have no chance of catching the Dodgers, who already have 90 wins.

While those are the main reasons to keep watching the Cardinals in September, and the few extra regular-season games in October, there are a few other players fans should pay attention to, especially with an eye toward how it will affect the team in October:

The lefthanded relievers. After cycling through several options the team enters September with their two least experienced lefthanded choices, Zack Thompson and JoJo Romero, in the bullpen. They also have been the only two who have been successful this season.

The combination of Genesis Cabrera, Packy Naughton, T.J. McFarland and Matthew Liberatore (five innings) allowed 68 earned runs in 110 1/3 innings, an ERA of 5.55. All are currently back in Memphis.

Thompson has allowed only one earned run in 19 innings while Romero, obtained at the trade deadline from the Phillies for Edmundo Sosa, has not allowed a run in five innings, recording six strikeouts. How manager Oli Marmol elects to use them during the final month of the season could be a key to the overall success of the bullpen.

Jordan Hicks. Remember when Hicks began the year as a starter? That didn't work. Since he moved back to the bullpen, Hicks has held opposing hitters to a .196 average, but the hits have been costly. He has allowed 19 hits in 97 at-bats, but also has given up 14 runs, resulting in a 4.61 ERA, in part because of 12 walks in 27 1/3 innings.

Hicks is the Cardinals' best option to be the bridge reliever who can get a lead to Ryan Helsley in the ninth inning, but only if he can cut down on the walks and get key outs when the game is on the line in the middle to late innings.

Lars Nootbaar and Brendan Donovan. Nootbaar hit leadoff for the first time on Aug. 11 and Donovan moved into the second spot in the batting order on a regular basis against righthanders on Aug. 17, solidifying both spots in the lineup and giving Goldschmidt and Arenado many more RBI chances.

Nootbaar has a .406 on-base percentage in the top spot, and Donovan has a .420 on-base percentage while hitting second. Combined they have scored 23 runs in 26 games while in the top two spots in the batting order.

The Cardinals have used five other leadoff hitters this season, who had a combined .233 batting average.

Tyler O'Neill. It's been an injury and slump-filled season for O'Neill, but he has shown recent flashes of power, ending August with seven homers and 20 RBIs for the month.

Having O'Neill come close to finding the stroke he had last September — when he hit 13 homers and drove in 30 runs — would help take some of the pressure off Goldschmidt and Arenado and could go a long way toward erasing the bad memories from the first four months of this season.

Follow Rob Rains on Twitter @RobRains
Photo by AP courtesy of KSDK Sports

A look back in the history of the Brentwood Fire Department.

Thank you Chief Steve Arnold for sharing this!

(Copied from Professional Firefighters of Brentwood Facebook page)



PHOTOGRAPH BY ARTHUR WITMAN, COURTESY OF THE STATE HISTORICAL SOCIETY OF MISSOURI

Dalmatians look like fire dogs—their dotted coats suggestive of fur singed on the job by flame-tips or falling embers. In 1949, Brentwood's Fire Department and City Hall shared a building, and yes, this spotty dog bunked there. The firemen taught her to climb a ladder, to leap into the back of the truck with the rest of the crew, to ride shotgun with firefighters. They rewarded her with cups of frozen custard, which she ate politely on the grass. When fire departments used horse-drawn wagons, a dog's job was to protect and calm the horses, or so they say. But the Dalmatians weren't phased out with the Percherons. We humans will never admit it, but these plucky dogs were there to steady a fireman's nerves, too.



In May 1951, Brentwood businesses donated money to purchase a brand new TV for the Brentwood Fire Department. This picture, from the Scope, shows Fire Chief Taft Moritz and the entire Fire Department, along with Mayor Ray Parker and Norma Smith and George Kleine.



Brentwood Mayor Oscar Tuckett standing next to the new Brentwood ambulance. (1950)



Brentwood Police Department

Calls for Service Report

*Note: CFS Do Not Always Become Written Police Reports

JULY 2022

CFS for Person Crime	
Murder / Manslaughter	0
Sex & Sexual Assaults CFS	2
Robbery /Car-Jack	0
Assaults	3
Peace Disturbance & Domestic	40
Calls for Mental Health	7

CFS for Property Crime	
Arson/Bombing/Burning	0
Burglary - Residential	0
Burglary - Business	0
Destruction of Property	16
Frauds & ID Theft	8
Larceny - Shoplifting	6
Larceny - From Vehicle	16
Larceny - All Others	38
Stolen Vehicles	11
Trespassing	11

Weapons Related	
Utilized/Taken	3
Recovered	2
Auto Accidents	
47	
Foot Patrols	
Building & Business Check	76
Parks & Schools	16
Misc	16

Notable CFS	
Alarm Calls	39
Animal Related	17
Assist Fire Department	83
Check Welfare/Notification	38
Contact Another Agency	112
Motor Assist	22
Police Community Relations	10
FLOCK/LPR/RADAR	3
Solicitors	8
Suspicious Person/Vehicle	76
Traffic Control/Details	96
Traffic Stops	122
Vacation Checks/Close Watch	19
Fireworks	14
ARREST	
Prisoner Conveyance	8
Adults	47
Juvenile	0
ARREST TYPE	
FTA/Fugitive	26
Original Non-Traffic	21
Original Traffic	4

Miscellaneous CFS	
Minus Arrest/Types	-98
Total Calls For Service	1140



Brentwood Police Department

Calls for Service Report

*Note: CFS Do Not Always Become Written Police Reports

08-15-22 TO 08-21-22

CFS for Person Crime	
Murder / Manslaughter	0
Sex & Sexual Assaults CFS	1
Robbery /Car-Jack	0
Assaults	4
Peace Disturbance & Domestic	8
Calls for Mental Health	1

CFS for Property Crime	
Arson/Bombing/Burning	0
Burglary - Residential	0
Burglary - Business	0
Destruction of Property	1
Frauds & ID Theft	3
Larceny - Shoplifting	5
Larceny - From Vehicle	1
Larceny - All Others	0
Stolen Vehicles	0
Trespassing	0

Weapons Related	
Utilized/Taken	0
Recovered	0

Auto Accidents	
11	
Foot Patrols	
Building & Business Check	28
Parks & Schools	0
Misc	

Notable CFS	
Alarm Calls	13
Animal Related	1
Assist Fire Department	16
Check Welfare/Notification	3
Contact Another Agency	12
Motor Assist	2
Police Community Relations	2
FLOCK/LPR/RADAR	2
Solicitors	0
Suspicious Person/Vehicle	20
Traffic Control/Details	0
Traffic Stops	12
Vacation Checks/Close Watch	13
Fireworks	0
ARREST	
Prisoner Conveyance	4
Adults	4
Juvenile	0
ARREST TYPE	
FTA/Fugitive	4
Original Non-Traffic	1
Original Traffic	1

Miscellaneous CFS	
Minus Arrest/Types	
Total Calls For Service	175
Miscellaneous CFS	
Minus Arrest/Types	



October 8th, 2022 | 3-10pm.

Adult Ladies Night out. Rain or shine. 21 and older event.

Specials and entertainment throughout town, music, contests, vendors, prizes and more.

COSTUMES ENCOURAGED!!!! Prizes for the best witchy wear. Tag us on social media to me entered.

Tickets Are Required for this Special Event

Tickets \$40.00

Purchase includes commemorative t-shirt and wristband that will get you EXCLUSIVE specials at participating bars, restaurants, and shops along Historic Main Street St. Charles, MO. (full list coming soon)



The St. Louis Halloween Beer Fest features breweries from throughout the Greater St. Louis region pouring unlimited samples, great food and a costume contest for both attendees and our brewers, and more, all in historic Lafayette Park!

This is a 21 and up event. Event tickets gain access to the festival grounds and includes a commemorative tasting glass and samples from our local breweries. Food is not included with the price of ticket. Food trucks & food vendors will be onsite for attendees to purchase whatever they want.

Designated Driver tickets are available for purchase for \$5 the day of the event and only include entry to the festival grounds. Bring a blanket or camping chairs if you want, or just share the picnic tables provided by the park. And don't forget to wear your Halloween costume because there will be prizes for the best dressed (individual and couple/group).

The list of participating breweries, food trucks or vendors will be updated as we draw closer to the event.

Event is rain or shine. Tickets are non-refundable. This event is strictly for those 21+ years of age with valid photo ID.

Participating Breweries: 4 Hands Brewing Co., Augusta Brewing Company, Bluewood Brewing, Brick River Cider, Brewhogs Homebrew Club, Civil Life, Exit 6 Brewery, Ferguson Brewing Company, Friendship Brewing Company, Good News Brewing, Main & Mill Brewing Company, Millpond Brewing Company, O'Fallon Brewery, Old Bakery Beer Company, Perennial Artisan Ales, Research Pilot Brewery, Schlafly, Shoehorn Brewing, Square One Brewery & Distillery, Stubborn German Brewing, Third Wheel Brewing, Two Plumbers Brewery Arcade & Urban Chestnut Brewing Company.

ONE NIGHT OF QUEEN TWO NIGHTS!

Tuesday, August 30, 2022 – ONE NIGHT OF QUEEN will make a triumphant return to River City Casino & Hotel after two stellar sell-out performances.

The show returns Friday, March 31 and Saturday, April 1, 2023. Show time is 8 p.m. (doors open at 7 p.m.). Tickets are \$69.50, \$49.50, \$39.50 and \$29.50.

Tickets go on sale Friday, September 2 at 10 a.m. and can be purchased online at www.ticketmaster.com or at the River City Casino & Hotel box office. You must be 21 and older to attend.

Gary Mullen & The Works is celebrating the 20th Anniversary of their world-renowned One Night of Queen live concert performance. Featuring Gary Mullen on vocals, David Brockett on guitar, Billy Moffat on bass, Malcolm Gentles on keyboards and Jon Halliwell on drums, the multi-talented band pays tribute to the stage theatrics, showmanship, and music of Rock & Roll Hall of Fame inductees: Queen. Audiences can expect to hear all of the classic hits such as "Bohemian Rhapsody," "We Will Rock You" and "Somebody to Love."

Located at 777 River City Casino Blvd, the River City Casino & Hotel is St. Louis's premiere entertainment venue featuring the hottest names in music, comedy and more. Enhance your experience by dining at one of the many award-winning restaurants and staying in one of their luxurious hotel rooms for a truly unforgettable evening. For more information, visit www.rivercity.com or www.stevelitmanpresents.com.



Start the Halloween month off at the Magic Chef Mansion! Would you dare to live here???

Tour the first and second floors and also the Carriage House. Meet Frankenstein in the machine shop room.

Decorated for Halloween.

Free parking on Russell.

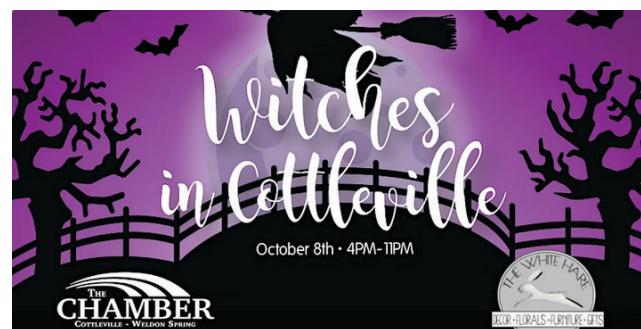


St Louis let's get freaky this Halloween for the spookiest time of year. Join the party October 22, 2022, when we turn the streets of St Louis into the haunted trails.

This is our annual St Louis Halloween Happy Hour Weekend Bar Crawl. We want to Bar Crawl St Louis with all your spooky ghouls and gals.

Bring your sexiest and scariest costume on this St Louis Bar Crawl because we want to give you spooky treats and prizes!

We can't wait to party the Halloween night away with you St Louis, See you soon!



A frightening evening of witches, entertainment, cocktails, food, shopping, and more in historic Cottleville, Missouri! Grab your girlfriends, your hats, and brooms, and join us for our witches costume party and night out in Cottleville!

Each participant will receive a fabulous swag bag upon check-in.

Costume Contest - Best Costume, Best Group (group size 2-6 witches), Best Hat, Best Broom.

Leave the husband and kids behind! Must be 21+

General Admission Tickets on sale July 14th @ 9 am | [eventbrite.com](https://www.eventbrite.com)

4:00 pm - 9:00 pm check-in, shopping with vendors, cocktails, and dining

8:00 pm - 11:00 pm - dancing, music, prizes, and more at The Public School House

As a fundraiser, this event goes on rain or shine- Sorry no refunds.

Please select the correct t-shirt size upon checkout, please note we will not be exchanging shirt sizes.

Food, beverages, and alcohol will be available for purchase

No outside coolers, cans, or bottles are allowed at this special event.



Winter Break Camp

Dec. 27-30, Jan. 3

No School ... No problem! Enjoy your Winter Break at Brentwood Community Center. Winter Break Camp participants will enjoy of active games, crafts, sports, cooking and science experiments. Registered participants will receive an email one week prior to the camp explaining the day's activities.

Time: 8:30am - 4:30pm

Dates:

Tuesday, Dec. 27

Wednesday, Dec. 28

Thursday, Dec. 29

Friday, Dec. 30

Tuesday, Jan. 3

Price per week: Res. \$185/Non-res. \$205

Price per day: Res. \$45/Non-res. \$50

Activity number: 645110
Register online or call (314) 963-8689



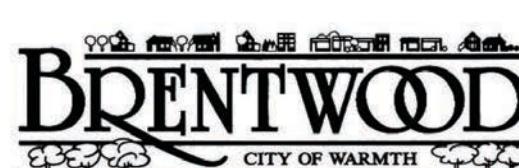
home sweet home

furnishing hope

JOIN HOME SWEET HOME'S YOUNG FRIENDS COUNCIL

Our Young Friends Council is a diverse group of emerging leaders between the ages of 21 and 40 who are dedicated to supporting the Home Sweet Home mission. Join us at 5:30 on 8/18 at 4 Hands Brewing Company to network and learn more about this opportunity!

HomeSweetHomeSTL.org



2022 Holiday Trash Schedule

Holiday	Date	Change
Veterans Day Observed	Friday, November 11	No trash service. Pickup resumes one day after regular schedule (Sat)
Thanksgiving	Thursday, November 24	No trash service. Pickup resumes one day after regular schedule (Fri-Sat)
Christmas	Monday, December 26	No trash service. Pickup resumes one day after regular schedule (Tues-Sat)
New Year's Day 2023	Monday, January 2, 2023	No trash service. Pickup resumes one day after regular schedule (Tues-Sat)

Basic trash, recycling, and yard waste services are provided to Brentwood residents free of charge.

Large item pickup is available for an additional fee. Please see **Household Pickup Information** located in under Government > Departments > Public Works on www.brentwoodmo.org. To schedule a large item pickup and investigate fee schedule, call 314.962.4800.



Party in the Patch

Friday, Oct. 14

The cities of Clayton and Brentwood bring you this Halloween event that is fun for the whole family! With candy, hay rides, inflatables, and more. Hot dog dinner included in child's registration. Additional meals can be purchased at concessions.

Ages 1-14

Location: Clayton Shaw Park

Date: Friday, Oct. 14 Time: 6 - 8pm

Cost: Res. \$8/Non-res. \$14

Activity code: 650008

Register online or call (314) 963-8689



Ooey, Gooey Something Chewy Class

Saturdays, Oct. 15, 22, 29

A three-week Halloween cooking themed class will have the ghosts and goblins creating spooky treats that will be great for any Halloween Party. On the last day of class everyone is encouraged to wear their Halloween Costumes. Fee includes: 3 one hour classes and all materials and supplies.

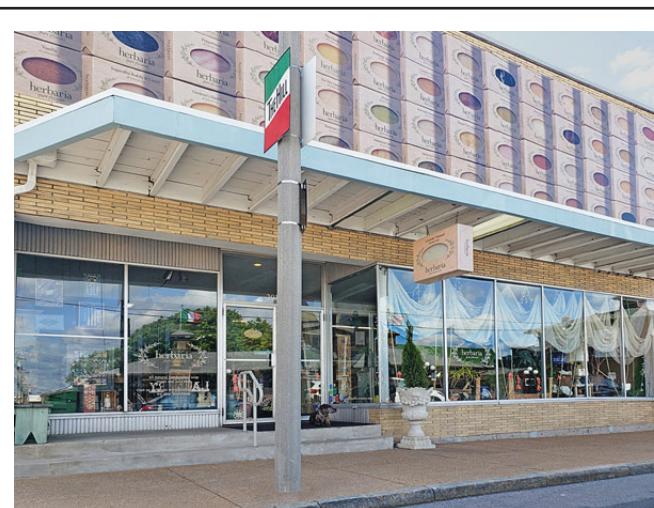
Ages 6-10

Dates: Saturday Oct. 15, 22, 29 Times: 10 - 11am

Cost: Res. \$30/Non-res. \$35

Activity Code: 645104

Register online or call (314) 963-8689



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10 am-5 pm
Saturday, September 17

Treats • Refreshments • Door Prizes

Thank you for your trust in us.

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2001—LaRee makes first test bars.



2002—invited to Best of Missouri Market.



2002—production moved to home basement.



Our bestseller for 20 years—Lavender Oatmeal.



2018—our perfect partnership begins.



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Saturday October 1st, 2022

Rock Hill Fall Festival

12-4pm

Hudson Elementary School

9825 Hudson Avenue

Balloon Artist

Pony Rides

Inflatables

Petting Farm

Food Trucks

Face Painting

Live Music:
Coop DeVille
School of Rock Band

Sponsored By:



Info @ www.rockhillmo.net

QUESO WITH A COP

1ST MONDAY OF THE MONTH | 5PM – 6PM
Hacienda | 9748 Manchester Rd | St. Louis, MO 63119

Come chat with the Rock Hill Police Department, ask question or voice concerns, and receive a FREE QUESO Appetizer.

Sponsored by The Heideman Group

The mission of Queso with a Cop is to break down the barriers between police officers and the citizens they serve by removing agendas and allowing opportunities to ask questions, voice concerns, and get to know the officers in your neighborhood.

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Est. 1879



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4909 Laclede Ave. #1502 | CWE | Offered at \$384,000

Active



7509 Cromwell Dr. | Clayton | Offered at \$525,000

Active



330 Lithia Ave. | Rock Hill | Offered at \$189,000

Under Contract



8920 Eager Rd. | Brentwood | Offered at \$225,000

Sold



2442 Fairoyal Dr. | Des Peres | Offered at \$575,000

Sold



1217 Grandview Dr. | Kirkwood | Offered at \$389,000

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HALLOWEEKENDS



Pumpkins, Pretzels
and Pints ... PROST!

10 a.m. to 4 p.m. • Free for all guests

What: Halloweekends presented by SSM Health Cardinal Glennon Children's Hospital

Free, daytime fun for families includes:

Pumpkin Stomp 'n' Chomp enrichment for the animals

Family-friendly Halloween decorations throughout the Zoo

Fall-themed food for purchase

Zoo's daily schedule, exhibits and attractions open, weather permitting

Halloweekends is not a trick-or-treating event

When: 9 a.m. to 4 p.m. on Saturdays and Sundays, Oct. 15-16, Oct. 22-23, Oct. 29-30

Where: Saint Louis Zoo

Admission: Free

Discounts:

\$2 discount per Adventure Pass for children ages 2 to 12 in costume with on-site purchase (Adventure passes are not usable at Boo at the Zoo).

10% off (20% for members) of any purchase at Safari Gift Shop and Treetop Shop.

Zoo members will also receive \$10 off an animal adoption package with a plush toy for children ages 2-12 in costume (visit a Welcome Desk for details).

More Information: Learn more at stlzoo.org/halloweekends. Follow the Zoo at [#stlzoo](#) and [#Halloweekends](#) on [facebook.com/stlzoo](#), [instagram.com/stlzoo](#) and [twitter.com/stlzoo](#).



The teachers and staff were working hard on getting the school ready for the first day!!
Maybe having a little fun too!



2022 "3rd Weekend in September"

ALL-SCHOOL REUNION

Friday, September 16, 4 pm
and Saturday, September 17, Noon

Friday:

- Beginning at 4 pm, join alums for a very special **Third Weekend In September All School Reunion/Reception**, including light refreshments in the Commons Room, meet **Hall of Fame** awardees
- High School Tours to see renovations
- 2022 **Hall of Fame** Induction Ceremony in Auditorium at 6:30 pm

Saturday:

The **Brentwood Days Parade** at noon with **Hall of Fame** awardees participating Brentwood Days continues at Brentwood Park with **BAA booth**.

Visit alums at the booth.

City of Brentwood News – September 2022

Enjoy the 2022 Brentwood Days Parade and Celebrate Our “Gold Medal Community”



Join us for the 2022 Brentwood Days Parade on Saturday, Sept. 17, beginning at noon. Alex Cavallini of the Olympic-medal-winning U.S. Women’s Hockey Team will serve as the parade’s Grand Marshal.

Parade Route:

Participants line up in designated order on West Swan Circle

South on High School Drive

West (turn right) on Madge Avenue

South (turn left) on Bremerton to Brentwood Park

Download the New City of Brentwood Mobile App



Download the new City of Brentwood, MO mobile app for on-the-go access to news and information, meeting agendas, event dates, reporting a concern, and more. The app is available now from the Apple App Store and Google Play.

Manchester Road Construction: Summer 2022 Closure



Black Creek Bridge on Manchester Road (just west of the intersection with Hanley Road) closed on May 2 and will remain closed through mid-to-late September 2022 (delayed due to the flood event in late July/early August).

This full roadway closure will prevent traffic from going west from Hanley Road to Manchester Road. The closure also will prevent traffic from going east on Manchester Road to Hanley Road.

Throughout the closure, vehicles will still be able to access businesses and residences along the Manchester Road corridor from Brentwood Boulevard.

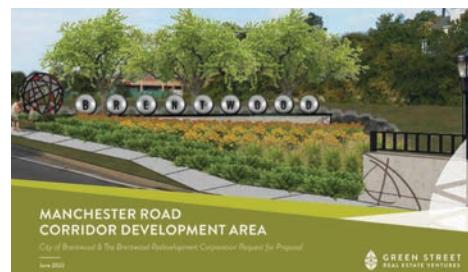
During the same time, work will take place on the pedestrian tunnel near Mary Avenue. This work will reduce Manchester Road traffic to one lane in each travel direction, continuing until October 31, 2022.

On July 5, crews closed the eastbound lanes of Manchester Road, between Hanley Road and Laclede Station Road. This will allow the Metropolitan Sewer District to complete sewer system updates in the area. Drivers can use Hanley Road, West Bruno Avenue and Laclede Station Road as a detour around the closure. Work on eastbound Manchester Road between Hanley Road and Laclede Station Road is expected to take about two months.

Find updates and MoDOT’s detour map on the home page of www.brentwoodmo.org.

Proposal for Manchester Road Corridor Development Area

Green Street Real Estate Ventures presented their proposal for redevelopment of



Brentwood’s Manchester Road Corridor at the Brentwood 353 Redevelopment Corporation Board meeting on July 19, 2022.

At the July 19 meeting, the Brentwood Redevelopment Corporation recommended that the Board of Aldermen designate Green Street as the preferred developer of the Manchester Redevelopment Area and enter into a funding agreement with Green Street to provide a source of funds to evaluate the Green Street proposal and to negotiate potential incentives for the project, subject to appropriate approvals by the Brentwood Redevelopment Corporation and the Board of Aldermen.

Green Street presented their proposal to the Board of Aldermen on Monday, August 15. The Board will vote on a resolution to designate Green Street as the preferred developer of the Manchester Redevelopment Area at their meeting on Monday, September 19, 2022.

On August 30, Green Street hosted an open house session for community members to learn more and ask questions about their proposal.

Businesses in the Manchester Corridor Commercial Zoning District may contact Green Street via email at brentwood@greenstreetstl.com

Electronics Recycling Event: Saturday, Sept. 24

Drop off your old, unwanted electronics at our next electronics recycling event: Saturday, Sept. 24

8 am – Noon

Brentwood Recreation Complex Parking Lot

To learn more about what can be recycled and see the list of fees for some items, visit: <https://mrcrecycling.net/electronics-recycling-events/brentwood-mo-2022-09-24>

Coffee with the Mayor: September 29 at 9 am



Join Mayor Dimmitt for coffee, donuts and conversation on Thursday, September 29, 9-10 am, at Brentwood City Hall.

St. Louis County Government’s Home Improvement Program

St. Louis County Government’s Home Improvement Program is offering up to \$5,000 for approved home repairs for eligible low- to moderate-income resident homeowners at no cost. Eligible repair items include furnace/air conditioning, roofing, plumbing, electrical, tuck-pointing, concrete/asphalt/masonry, hot water heater, insulation, hand rails, tree trimming/removal, and waterproofing/foundation work.

To be eligible: You must own and live in your home, your property taxes must be current, you cannot have participated in the program previously, and your household’s total income (the Adjusted Gross Income listed on your 2021 Federal Income Tax return OR the Total Household Income on the 2021 Missouri Property Tax Credit claim) must be within the following current income limits for this program:

Family of 1: Less than \$53,150 Family of 2: Less than \$60,750 Family of 3: Less than \$68,350 Family of 4: Less than \$75,900 Family of 5: Less than \$82,000 Family of

6: Less than \$88,050 Family of 7: Less than \$94,150 Family of 8: Less than \$100,200

The Home Improvement Program is a federally funded program operated through St. Louis County

Government’s Department of Human Services.

To apply or for more information, please call 314.615.4025. Funding availability is limited.

Sign Up for Weather Warning Alerts

Through the CodeRED/OnSolve Community Notification System

Brentwood’s CodeRED/OnSolve Community Notification System includes CodeRED Weather Warning, to provide residents and businesses with automated severe weather alerts. Those who choose to opt in to this service will receive flash flood, tornado and severe thunderstorm warnings just moments after an alert has been issued by the National Weather Service.

To activate the Weather Warning Alert options, you’ll need to register for CodeRED again.

To activate these severe weather warnings, please visit Brentwood’s CodeRED enrollment page by clicking on the “Brentwood CodeRED” icon on the home page of www.brentwoodmo.org. You also can text WARM-ME to 99411 from your mobile phone.

Enter a cell phone number, landline number and/or email address and select the types of weather warnings you wish to receive. There is no charge to residents or businesses for this service.

If you have not previously signed up for CodeRED notifications, you may do so at any time by clicking on the “Brentwood CodeRED” icon on the home page of www.brentwoodmo.org.

We’ll continue to send other public safety notifications, such as road closures or specific emergency situations, through the CodeRED system.

The City of Brentwood CodeRED Assistance Line is 314.963.6710. Please leave your name and phone number, and a staff member will return your call as soon as possible.

Report a Concern

Make requests (such as scheduling a household bulk item pickup or a vacation check) or submit concerns (such as a missed trash pickup or a possible code violation) through the MyGov request tracking system via the home page of brentwoodmo.org.

Click on the “Report a Concern” icon, choose a category and subcategory, complete the additional information and submit your request.

If you include your contact information, you’ll receive feedback when the request is

received and updates as the request is investigated by City of Brentwood staff.

Board of Aldermen and Committee Meetings Available on YouTube

Watch Board of Aldermen and committee meetings on YouTube and subscribe to the City’s YouTube channel.

Click on the YouTube icon on the home page of www.brentwoodmo.org or search “brentwoodmo govt” on YouTube.

Responsible Recycling: Stick with the Six. Know what to put in the recycling bin and what to leave out of the recycling bin.

DO Add to the Recycling Bin:

Paper

Flattened Cardboard

Plastic Bottles and Containers

Glass Bottles and Jars

Metal Food and Beverage Cans

Food and Beverage Cartons

Keep these items loose (not bagged), clean and dry. Place these in your recycling container; do NOT place recyclable items in a trash bag or plastic bag.

RECYCLING TIPS

Labels may remain on cans and bottles.

Glass is usually broken during collection or transit, so the lids may be on or off the bottles.

Metal lids may remain with metal cans or be separated, since magnets collect the steel products.

Recycling centers prefer that you leave the plastic cap on a plastic bottle so that the caps do not fall out of the conveyor system.

Medication Disposal

Deposit acceptable items directly into the medication disposal drop box located inside the Police Department lobby. Medication drop-off hours are 8 am to 4 pm Monday through Friday.

Brentwood Police Department Lobby 272 Hanley Industrial

Monday-Friday, 8 am-4 pm

Donate New and Gently Used Furniture and Household Goods

Home Sweet Home

290 Hanley Industrial Court Monday-Friday, 9 am-2 pm

Find out where to recycle or donate other hard-to-recycle items at stlcityrecycles.com/ database.

Learn more by visiting the Recycling and Sustainability Resources page on the City of Brentwood website: <http://brentwoodmo.org/2229/Recycling-and-Sustainability-Resources>



Participate in the Brentwood Garage Sale by getting rid of some household items or by shopping around the local area. Pick up your maps before going shopping at the Brentwood Community Center.

Registration deadline is Sept. 23.

Garage sale opens at 7am

Activity code: 659000

Call (314) 963-8689 to register



Sit back, relax, and enjoy watching a movie at the Brentwood Firehouse. This event is great for the entire family! Please bring chairs or thick blankets to sit on. Pre-registration is not required. We will be watching Addams Family 2.

Location: Brentwood Firehouse

Date: Friday, Oct. 7

Price: FREE, no registration required



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"Family Owned And Operated Since 1938"

3854 Louisiana Avenue, St. Louis, MO 63118

Stop By And Visit Us At Our Old Style Retail Bakery Shop!

SWEETS
& TREATS
of St. Louis™

Dad's Cookie Company, the home of...

Dad's Original Scotch Oatmeal Cookies™ and
Sweets & Treats of St. Louis™ Gourmet Popcorn and Treats

www.dadscookies.com

Send a Gift Box of Dad's Cookies, a Tin of Gourmet Popcorn, or a tin packed with gourmet popcorn and treats to anyone in the continental United States online, or by mail, fax, or telephone.

Store Hours: 8 AM to 5 PM Mon. - Sat.
VISA / MASTERCARD / DISCOVER / AMEX

Email: calldad@dadscookies.com
Website: www.dadscookies.com

Phone: (314) 772-3662
Fax: (314) 772-5863

Here's just some of the places where you can find Dad's Original Scotch Oatmeal Cookies™:

Baumann's Fine Meats
Cafe Manhattan
Crown Candy Kitchen
Dierberg's Markets

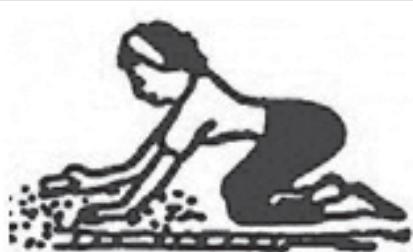
Fields Foods
Freddie's Market
Hanlen's Fine Meats & Catering
Hanneke's Market

Kenrick's Meats & Catering
Ladue Market
Mateker's Meat & Seafood Shop
Mom's Deli

Schnuck's Markets
Shop 'n Save Markets
Straub's Markets
...AND MANY MORE!

Stop by Ted Drewes and get a "Tedad's" Concrete, or a Frozen Custard Sandwich made with Ted Drewes Vanilla Custard between two Dad's Original Scotch Oatmeal Cookies!

If you can't find them where you shop, ask them to carry Dad's Original Scotch Oatmeal Cookies™!



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WOUNDED IN BATTLE,

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THE MOST.



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VFW
VETERANS OF FOREIGN WARS
NO ONE DOES MORE FOR VETERANS.

HOME SWEET HOME

DID YOU KNOW WE ARE OPEN ON THE FIRST
SATURDAY OF THE MONTH?

You asked and we answered. Donors have been asking for a weekend option for donating household items to our warehouse, and we finally figured out a way to make it happen!

To accommodate Saturday donation drop-offs, we are open on the FIRST SATURDAY of every month. Stop by on Saturday, June 4, between 9am and 12pm, and drop off your linens, dressers, or kitchen tables. If you can fit it on a truck or a van - we can take it. We will have two movers available to help you unload your vehicle and volunteers to help sort all donations coming in!

Donations can be dropped off at our loading dock at 290 Hanley Industrial Court, Brentwood, MO 63144.

18th Annual Ageless Remarkable Saint Louisans Gala Recognizing Impactful Seniors While Supporting Seniors in Need.



St. Andrew's Charitable Foundation will host their 18th Ageless Remarkable Saint Louisans Gala honoring 11 inspirational Ageless Saint Louisans. The October 1st gala is at the Hyatt Regency St. Louis Downtown at the Arch. All funds raised will provide low-income local seniors with vital programs and services so they can live safely, independently, and healthy in their homes.

Each year a new "class" of Ageless Remarkable Saint Louisans age 70 years or better, who are actively making a tremendous impact in St. Louis through philanthropy, volunteerism, and leadership are nominated. These inspiring individuals are proof that, at any age, anyone can make a difference in our community and in the lives of others.

The gala is co-chaired by Natasha Hrycauk and Sabina Pugh with a goal to raise over \$500,000. Jackie Smith, a 2019 Ageless Remarkable Saint Louis Honoree and former National Football League player will emcee the event. There will also be VIP packages from St. Louis CITY SC, St. Louis Blues, and St. Louis Cardinals to bid on.

The 2022 Class of Honorees will be recognized at the gala for their impact and contributions to the St. Louis community. To learn more about our honorees, and/or to reserve tables or tickets visit: <https://StAndrewsGala.givesmart.com>

List of the 2022 Ageless Remarkable Saint Louisans:

- Dr. Karen Frank Barney
- Dr. Gerald Early
- Dr. William C. Finnie
- Jane Piper Gleason
- Michael Houlihan
- Jim Kiley
- Mary Ann Mastorakos
- Diane McCullough
- John R. Musgrave
- Harvey N. Wallace
- Bruce Yampolsky



About St. Andrew's Charitable Foundation:

Growing older can carry a unique set of challenges for the senior, the family, and caregivers. For over 50 years, St. Andrew's has been the place where seniors, their families, and their caregivers find answers. Thanks to contributors we are able to assist seniors at-risk and in need through community resources and innovative at home services. <https://www.standrewscharitablefoundation.org/>

St. Louis Area Diaper Bank to Hold National Diaper Need Awareness Week

St. Louis Area Diaper Bank will observe National Diaper Need Awareness Week – a signature initiative of the National Diaper Bank Network – from Sept. 24 through Oct. 2. St. Louis Area Diaper Bank is a member of NDBN, a nationwide nonprofit dedicated to eliminating diaper need in America.



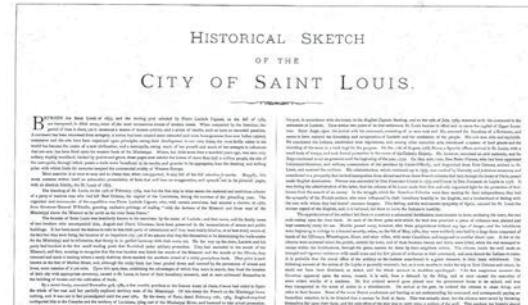
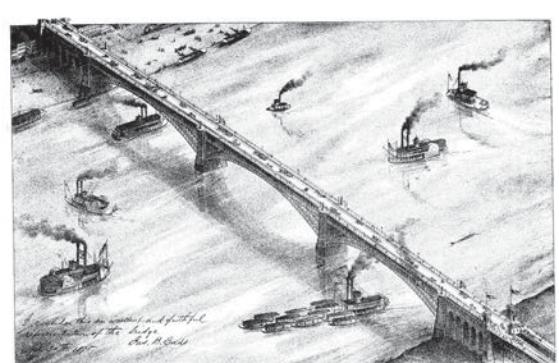
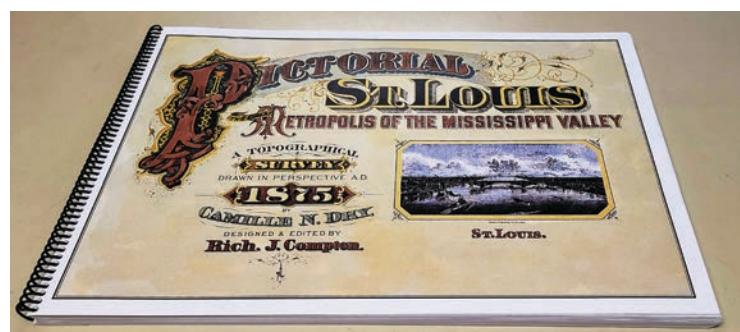
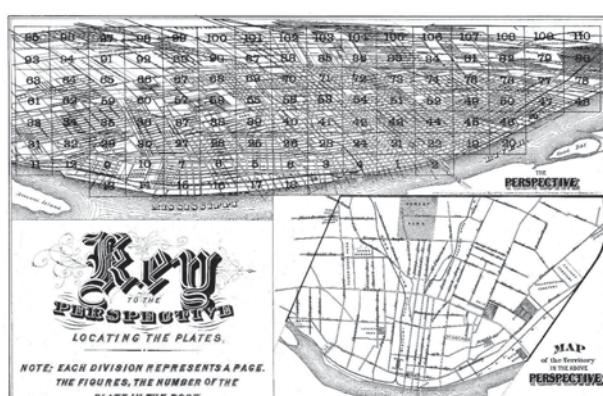
Fill the Warehouse participation opportunities include hosting a physical diaper drive and bringing donations to the Diaper Bank located at 6141 Etzel Ave. on Sat., Oct. 1 from 10 a.m. to 2 p.m. The Diaper Bank will also collect monetary donations so that, for every \$1 donated, the organization can directly purchase eight diapers for children in need.

Activities during the week include Mission & Muffins on Mon., Sept. 26 from 9 to 10 a.m.; Talk About It Tuesday, a Facebook Live conversation on Tues., Sept. 27 at noon with Diaper Bank staff; and Wrap-It Wednesday, where volunteers will package and wrap diapers on Wed., Sept. 28 from noon to 1 p.m. and 5 to 6 p.m. All events take place at the nonprofit's headquarters.

Founded in 2014, the St. Louis Area Diaper Bank collects, stores, and distributes 250,000 free diapers per month to struggling families through a network of 56 community, nonprofit, educational and health care partners serving low-income women and children.

To date more than 5.1 million diapers have been distributed in St. Louis including nearly 900,000 diapers during the height of the pandemic. The Diaper Bank offers both emergency and long-term diaper distribution. This service is a much-needed resource since government programs – including food stamps and WIC – do not provide funding for diapers. Diapers cannot be obtained with food stamps and are classified with cigarettes, alcohol, and pet food as disallowed purchases.

The St. Louis Area Diaper Bank provides diaper access to the region's low-income families, as well as raises community awareness about the causes and consequences of diaper need. For information about hosting a diaper drive during National Diaper Need Awareness Week, call (314) 624-0888.



Pictorial St. Louis A Topographical Survey Drawn in Perspective A.D. 1875

This is a reprint of the 1971 version of the original book. The book was painstakingly scanned from the original in my collection. Each page is reproduced in high resolution and coil bound so the pages lay flat while viewing. Printed on 12" x 18" high quality acid free paper. A nice edition to your historical book collection. Perfect coffee table book as people are attracted by the cover art.

PICTORIAL ST. LOUIS: The Great Metropolis of the Mississippi Valley A Topographical Survey, Drawn From Perspective 1875.

Illustrations by Camille N. Dry and designed & edited by Rich. J. Compton.

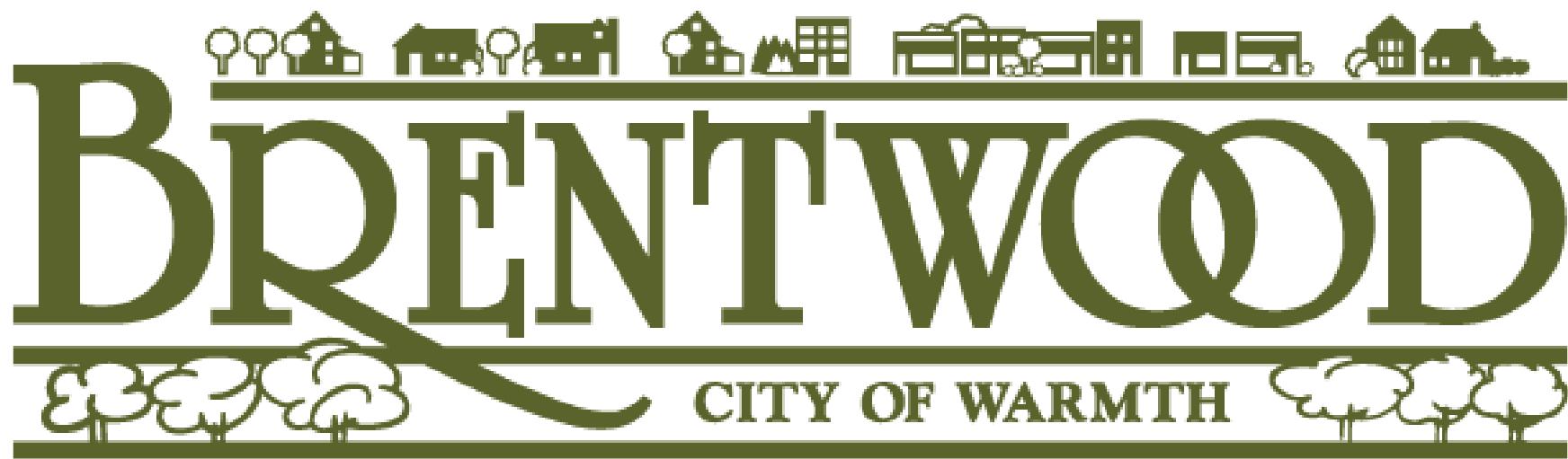
Over 220 pages of illustrations and descriptions of life in St. Louis in the late 1800's. The preliminary drawings for this work were made early in the spring of 1874. After a careful consideration of the subject, it was determined to locate the point of view so that the city would be seen from the southeast, believing that to be the most advantageous in all respects. Accordingly, the point of site was established on the Illinois side of the river, looking to the northwest, and at sufficient altitude to overlook the roofs of ordinary houses into the streets.

A careful perspective, which required a surface of three hundred square feet, was then erected from a correct survey of the city, extending northward from Arsenal Island to the Water Works, a distance of about ten miles, on the river front; and from the Insane Asylum on the southwest to the Cemeteries on the northwest.

Every foot of the vast territory within these limits has been carefully examined and topographically drawn in perspective, by Mr. C. N. Dry and his assistants, and the faithfulness and accuracy with which this work has been done an examination of the pages will attest. Absolute truth and accuracy in the representation of the territory has been the standard and in no cases have additions or alterations been made unless the same were actually in course of construction. In a few cases, important public and private edifices that are not yet finished are shown completed, and as they will appear when done.

All the buildings within the limits of the survey in July, 1875, are shown; and a very large number of those executed or commenced since that date have been also introduced, the pages having been constantly corrected up to the last possible moment before publication.

This book is available from Gene-Del Printing for \$75.00. Please call Keith at 314.962.4750 or email him at keith@genedel.com. You may also stop by our office at 9019 Manchester, 63144 in Brentwood to view the book.



Connect with the City of Brentwood

A screenshot of the City of Brentwood website. The top navigation bar includes links for City Government, Residents, Businesses, Visitors, and How Do I... with social media icons for Facebook, Twitter, and YouTube. The main header features the "BRENTWOOD CITY OF WARMTH" logo over a background image of a park. Below the header is a grid of six circular icons with corresponding text: Agendas & Minutes (new meeting information), Report a Concern (let us know or make a request), Forms & Permits (complete necessary documents), Brentwood CodeRED (community notification enrollment), Notify Me® (sign up for notifications), and Parks & Recreation (resource and rent information).

City of Brentwood Website: brentwoodmo.org



Brentwood Bound Website: BrentwoodBound.org

A large blue square containing the white Facebook "f" logo. Below it is the URL "www.facebook.com/BrentwoodMO".

A large red and white YouTube logo. Below it is the URL "youtube.com/c/brentwoodmogovtv".

A large blue square containing the white Twitter bird logo. Below it is the handle "@BrentwoodMO" and the URL "www.twitter.com/BrentwoodMO".

The cover of the Brentwood Bulletin Spring 2022 issue. It features the "BRENTWOOD CITY OF WARMTH" logo and the word "BULLETIN / Spring 2022". The cover highlights "Manchester Road Closure: May Through August 2022" and "Brentwood Bound Construction Progress". It also includes sections for "Brentwood Bound Timeline" and "Manchester Road Closure: May - August 2022".

Brentwood Bulletin, the City's quarterly newsletter, is mailed to residents' homes in January, April, July and October. An electronic version of the newsletter is available on the City website.

The Nextdoor logo, featuring a green house icon above the word "Nextdoor". Below the logo is a brief description: "Nextdoor is a free private social networking website for your neighborhood. Nextdoor makes it easy to connect with your neighbors and build stronger, safer, happier places to call home." The website address "www.nextdoor.com" is also provided.

A graphic for reporting concerns. It features a green circle with a white smartphone icon inside. Below the circle is the text "Report a Concern".

Make requests or submit concerns through the "Report a Concern" button on the home page of www.brentwoodmo.org.

4 | City Services

CITY SERVICES

CodeRED / OnSolve Emergency Notification

Sign up for notifications of impending emergencies, weather alerts, or critical community alerts via phone, email or text. Click the CodeRED button on the home page of brentwoodmo.org or call 314.962.4800 to sign up. Download the CodeRED Mobile Alert by Omsive LLC mobile app for real-time, location-specific alerts.

Knox HomeBox Loan Program

The Brentwood Fire Department offers a 90-day Knox HomeBox loan program for residents who have a temporary special need or physical disability preventing them from opening their front door to Brentwood fire and medical personnel in event of an emergency. Call 314.963.8812.

MAGIC Bus

This bus is designed to transport Brentwood residents age 60 and older or adults with disabilities to destinations within Brentwood and surrounding communities. To learn more, call 314.963.8865.

Medication Disposal

Drop off medications directly into the medication disposal drop box located inside the Brentwood Police Department lobby, 8 am to 4 pm Monday through Friday. Notary

Please call 314.962.4800 to make an arrangement for Notary of the Public services at Brentwood City Hall.

From Brentwood Fire Department: It's OK to Call 911

The Brentwood Fire Department staff enjoys speaking with residents, but there are times when it is best to call and speak with the 911 dispatchers. Instead of calling the fire station to report instances of someone injured or not feeling well, powerlines down, smell of smoke in a home, fire alarms "beeping" or activated, calling 911 is the best option.

Area 911 dispatchers are trained to quickly determine the severity of a reported situation and to direct the closest and most appropriate resource to manage these situations whether it is fire, medical or police.

It is OK to call 911. Fire and medical units regularly train away from the firehouse or can be away helping others and would be unavailable to answer the phone. Rather than calling the Brentwood firehouse for help, save precious time and call 911 to report an emergency or request for service.

Be Warned About the Weather: CodeRED Notification System Weather Warning Alert Option

Brentwood's CodeRED Community Notification System includes CodeRED Weather Warning, which provides residents and businesses with automated severe weather alerts. Those who choose to opt in to this service will receive flash flood, tornado and severe thunderstorms warnings just moments after an alert has been issued by the National Weather Service.

Resident and business users who have already signed up for Brentwood CodeRED notifications and wish to activate the Weather Warning Alert option will need to register for CodeRED again. To activate these severe weather warnings, click on the "Brentwood CodeRED" icon on the home page of brentwoodmo.org or text WARNAME to 99411 from your mobile phone. There is no charge to residents or businesses for this service.

Residents and businesses who have not previously signed up for CodeRED notifications may do so at any time by clicking on the "Brentwood CodeRED" icon on the home page of brentwoodmo.org.

The City of Brentwood will continue to send other public safety notifications, such as road closures or specific emergency situations via CodeRED. The City of Brentwood CodeRED Assistance Line is 314.963.6710. Please leave your name and phone number, and a staff member will return your call as soon as possible.

Report a Concern, Make a Request

Make requests (such as vacation checks or household item pick-ups) or submit concerns through the MyGov request-tracking system via the home page of brentwoodmo.org. Click on the "Report a Concern" button, choose a category and submit your request. You'll receive feedback when the request is received and also will receive updates as the request is investigated by City staff.

Reminders to Homeowners

Brentwood homeowners are responsible for moving and maintaining the area between the street and the sidewalk along their property. Overhanging brush, overhanging tree limbs and high weeds need to be cut back to ensure a clear and safe passage along the sidewalk, per Municipal Code sections 505.070 and 505.090.

Brentwood's Municipal Code also prohibits short-term rentals.

6 Things That Should Be Part of Your Retirement Plan

By: West Community Credit Union

It takes more than a commitment to your 401(k) to build a financially solid retirement. Along with how much you save, you need to be strategic about the what, when and where of saving. In order to minimize the risks associated with the unknown, you need to make sure your retirement plan includes these six basic building blocks:

Guaranteed Income

Guaranteed lifetime income can come from three sources: a pension, Social Security and an income annuity. When you have a foundation built on one or more of these sources of guaranteed income, you'll sleep better at night knowing these will keep paying no matter how long you live.

Investments for Growth

Be sure to have a mix of assets—fixed income and equities—in an allocation based on your own personal risk tolerance. With a diversified portfolio, you can reduce your risk of losing everything if a particular type of investment does poorly.

Taxable and Non-Taxable Accounts

Having both types of accounts is important for two reasons. First, you don't know what the tax rate will be by the time you retire, so it may be in your best interest to pay taxes today on at least some of your retirement savings by contributing to a Roth IRA, for example, in addition to your pretax 401(k) contributions. Second, depending on how far away you are from retirement, you don't know what your income or your tax bracket will be once you get there. By having different types of accounts, you can make withdrawals in retirement in a way that maximizes tax efficiency.

Cash Reserves

To help avoid having to take a loss should there be a downturn in the market, make sure you have cash available—which could include a savings account or life insurance cash value—to cover an emergency or to make planned purchases.

A Plan for Long-Term Care

Because these costs are not typically covered by Medicare or health insurance, a chronic illness or disabling injury can have a devastating impact on retirement income. By proactively planning for the possibility of long-term care, you'll have time to explore the options for preserving your quality of life and your assets.

An Intentional Strategy to Leave a Legacy

Many people feel guilty about spending money in retirement because they want to make sure there's something to leave behind to their family. As a result, they never quite give themselves permission to enjoy themselves. By making legacy planning an intentional part of your financial strategy, you can be absolved of that guilt and live the lifestyle you envisioned in retirement.

With increasingly complex financial markets and longer life expectancy, working with an investment professional is more important than ever. Take the burden out of financial planning and schedule a consultation with the credit union's Investment Services. Call 636.720.2400 or visit westcommunitycu.org to get started today!



GOOD BOY
MALE, NEUTERED, 7

Good boy is an affectionate and well behaved boy! He is super sweet and communicative with people that he knows, and warms up quickly with strangers. This sweet boy is waiting patiently to find his forever home.



SODA
MALE, NEUTERED, 5

Soda is a big lover! This handsome guy loves a good game of fetch, enjoys socializing with other dogs, and loves to be brushed! Soda is very smart and knows how to sit, paw, and lay down!

He would love a calm walk, or an afternoon on the couch!



PIPER
FEMALE, SPAYED, 1 yr, 6 mo

This cuddly kitty is piper. She'd love a snuggle buddy! Piper is friendly with adults, children, other cats, and dogs. Piper is a talkative girl, and will let you know when she wants something! This sweetie likes treats, and loves to pounce and play!

To Adopt

These pets and many others are available at the Animal Protective Association (APA) at 1705 S. Hanley (63144). Shelter adoption hours are 10am-5pm Monday-Saturday. The APA provides shelter and care for homeless pets, a low-cost veterinary clinic, lost-and-found assistance, humane education classes, and Domestic Violence Pet Assistance.

5K Walk-Run-Roll

Join Us or Create Your Own Event!

At Jefferson Barracks St. Louis County Park on Saturday, October 29

or at the time & place you pick (it can be your sofa)!

Join us at Jefferson Barracks St. Louis County Park -- or on your own turf -- at this community-building event with the Friends of Fisher House St. Louis.

Competitive 5K: Walk, Run or Roll on a 5K timed event on a slightly hilly, paved path suitable for wheelchairs and strollers, looping through this beautiful park. Electronic race bibs will record your time on-site!

Relaxed 5K or 1/2 Loop: Go the whole route or half, at whatever pace you'd like. Bring your kids so they can join the fun, and learn about the importance of caring for our Veterans in this historic setting. Kids may participate for free. You may pre-order cotton t-shirts in kids' sizes for \$10.

In-Person Time & Date: Saturday, October 29, 2022. Run Registration 7:00 to 7:30 AM. Timed Race Starts at 8:00 AM.

Casual Start: anytime after 8. The event will conclude by 11:30 AM. **Or "Virtual" Anywhere, Anytime:** Pick your own location to wear your long-sleeved high-tech wicking 100% polyester shirt with this color logo!

Alternative Community Building: If you're far away from St. Louis, we encourage you to join us in spirit, get the great long-sleeved shirt and build awareness of Fisher House all across the 8 states that patients and their families come from! You may participate on your own time, in your own place, on your own, or with your own group! Register to get the shirt, and we can ship it to you for the cost of shipping. Get a group to participate, and we we can ship shirts to you in bulk.

Please contact Laura at (314) 621-6182 to discuss remote group events and arrange bulk orders.

Cost: \$30 per person to get the great long-sleeved tech shirt, race support, goody bag, and more! Price goes up to \$35 on September 20, 2022. Veterans and VA employees get \$10 off, use code **VeteransCare** in the on-line registration.

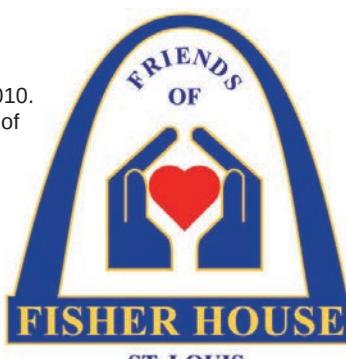
Shirt & Packet Pick Up Options: Times TBA, during the week prior at St. Louis VA Medical Center John Cochran and/or Jefferson Barracks locations (depending on COVID restrictions at that time; back up plans have pick up at a mid-county St. Louis location). Registrants will be emailed options in October.

Register at: www.FisherHouseinStL.org/Events

Or call (314) 621-6182 to get a paper registration form.



Graphic design donated by Eric Burg.



MISSION: to ensure that military and Veterans' family members can be with their loved ones who are receiving medical treatment in St. Louis. We accomplish this by raising money to build and then support on-going needs of Fisher Houses in the area.

Learn more and sign up for our newsletter at:

www.FisherHouseinStL.org



Friends of Fisher House St. Louis is identified as a 501(c)3 non-profit organization by the IRS. EIN 01-0881719. Mailing address: PO Box 998, Fenton MO 63026



RESTAURANT REVIEWS

By Kevin McCarthy

Dining In Kansas Is not Just Steaks.



We just returned from a visit to Central Kansas. Four different towns gave us a variety of dining options. We found great family styled dining at Abilene's Legacy Kansas Brookville Hotel. What started out as a hotel in 1894 became a restaurant in 1933 serving fried chicken dinners. Homemade butter pickles, biscuits, and cream-style corn really turn the dinner into something to be treasured. It moved from Brookville to Abilene to take advantage of indoor plumbing. It closed during the Covid pandemic, but has recently reopened. We had their all-you-can-eat chicken, and country fried steak dinner with all the "fixin's" I will say they really know how to put on a feed-bag!

Our next stop was Marquette, KS. A small town of 500 people with more than 35 businesses including a great distillery and an amazing world-class' motorcycle museum, Ice cream shop and more. We settled into our B&B, the Preston House, toured the distillery for a taste of their incredible smoked bourbon, and went next door to the Ranch House Bar and Pub. We stuffed ourselves with a perfect cheeseburger and onion rings platter. A cold draft beer and you couldn't ask for more. A marvelous fruit and cheese platter, along with fresh pastries from nearby Lindsborg, was delivered to our B&B the next morning. It was a perfect breakfast

Next, we were off to Lindsborg, KS. A Swedish community in the middle of the Kansas prairie. Central Kansas became home to many Swedish families in the 1800's. We had lunch at the restored Blacksmith Coffee Shop and Roastery. An interesting part of the shop was a large iron circle embedded in the floor. It was used as a pattern to make wagon wheels.

I had a three cheese panini with a Greek style side salad. Sue had a chicken salad croissant with a side of apple-sauce. Both items were perfectly prepared. They also have a large selection of pastries, coffees, and small plates to chose from. You will also enjoy viewing all the items on display from the original blacksmith shop. We highly recommend this place.

McPherson, KS was our next destination. We had lunch at Noffy's Sandwich Shop and



Pub. This is a very popular place, so get there early so you don't have to wait to be seated. The menu includes a large number of sandwiches, salads, cheese and meat boards and side dishes

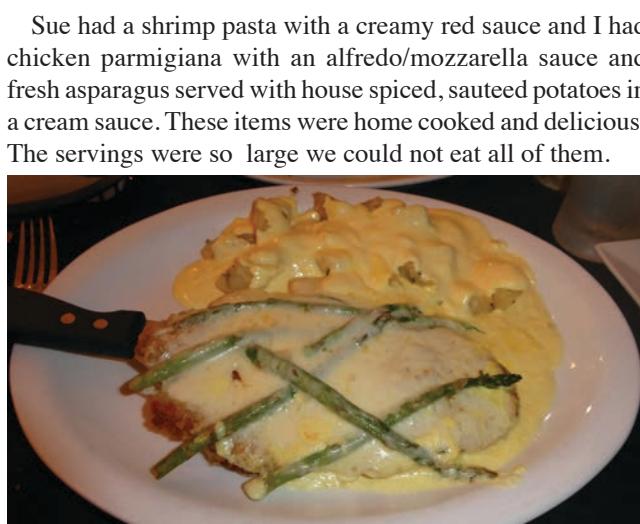
Sue ordered the traditional Italian hoagie;; capicola, ham, Genoa salami, provolone cheese, tomato, onion, oil, vinegar and Italian herbs. She also had one of their daily cannoli's. I had the Italian chef salad with capicola, ham, Genoa salami, hard boiled eggs, tomato, onion and provolone cheese on a bed of romaine lettuce. Both of our items were obviously prepared fresh, and very tasty. They also have a nice wine and beer list and full bar service. Noffy's is a great place to have lunch.

We decided to try some Kansas Italian dining. The Ristorante Italiano Di Famiglia proved to be an excellent choice. It is a family owned restaurant and we found out the proprietor was originally from Sedalia, MO. Trip Advisor says it is the best Italian restaurant in McPherson and we agree. It was spectacular. Their menu is extensive, so you will find something for everyone here, including a full bar service.

Our server greeted us with their garlic bread knots with a home made dipping sauce that was great. We started out with the fried calamari appetizer. A single order filled a platter, and was more than enough for two. It was perfectly prepared, and came with a marinara sauce, and a tzatziki sauce. This could have been a meal unto itself.



Sue had a shrimp pasta with a creamy red sauce and I had chicken parmesan with an alfredo/mozzarella sauce and fresh asparagus served with house spiced, sauteed potatoes in a cream sauce. These items were home cooked and delicious. The servings were so large we could not eat all of them.



Our server was new on the job and he was very polite and efficient, just like everyone we met in Kansas. It was a true pleasure to dine at the Ristorante Italiano Di Famiglia in McPherson, KS.

You won't go hungry when you visit central Kansas, and the variety of culinary items available was a pleasant surprise. So much so, we waited until we got home to have a steak.

BOO AT THE ZOO



When: 5 to 8:30 p.m. nightly, Oct. 14-30, 2022

Where: Saint Louis Zoo

Tickets: Advance tickets required. See prices below. Families can enjoy festive decorations, entertainers, special food and drink menus and more at the Saint Louis Zoo's nighttime, non-scary Halloween experience, Boo at the Zoo presented by SSM Health Cardinal Glennon Children's Hospital. Please note, this is not a trick-or-treating event.

Tickets & Zoo Hours

The event runs from 5 to 8:30 p.m. every night Oct. 14 through 30.

Timed-ticket reservations are required and must be purchased in advance online at stlzoo.org/boo. Tickets go on sale on Wednesday, September 21.

Ticket prices (ages 2+):

Oct. 14-16 — \$10/Zoo member; \$12/non-member
Oct. 17-20 — \$9/Zoo member; \$11/non-member
Oct. 21-23 — \$10/Zoo member; \$12/non-member
Oct. 24-27 — \$10/Zoo member; \$12/non-member
Oct. 28-30 — \$11/Zoo member; \$13/non-member
Free for children under age 2.

Free parking is available at the Zoo North Lot and South Lot during the event. Proceeds from the event help the Zoo provide the highest quality care for its animals. The Zoo closes for all visitors at 4 p.m. Doors re-open at 5 p.m. for the ticketed event.

Halloween Decorations, Animals & Attractions

Fun, spellbinding decorations for great photo opportunities include Skeleton Soiree, Monster Mash, Haunted Harvest, Coachman's Junction and much more. Slither into the Charles H. Hoessle Herpetarium to catch sight of turtles, tortoises, frogs, toads, lizards, snakes and more. Spiders, centipedes, beetles and other invertebrates await you at the Bayer Insectarium. Admission includes entry into Emerson Dinoroarus, Mary Ann Lee Conservation Carousel, Stingrays at Caribbean Cove presented by SSM Health and "Chaos in Wonderland" playing at the 4D Theater. Don't miss your chance to ride the nighttime Emerson Zooline Railroad (separate fee).

Entertainment

Get pumped for some spooktacular stage show entertainment on weekends by Juggling Jeff. The approximately 30-minute acts, which do not include animals, feature music, juggling and more on stage at the Lichtenstein Sea Lion Arena. The free shows are offered at 5:30 p.m. on Fridays, Saturdays and Sundays. After the show, the entertainers roam the Zoo until 7 p.m. On weeknights, enjoy roaming entertainers, like magicians, stilt walkers, jugglers and more, from 5 to 7 p.m.

Souvenirs & Food

Taste what's brewing at Lakeside Café, Safari Grill, Tundra Treats, Carousel Café, River Camp and Sweet and Salty Company. Stop by Ice Cream Oasis and Starbucks for sweet fall treats and drinks. Be sure to shop the boutique for souvenirs and receive 10 percent (20 percent for members) off any purchase at Zoo gift shops. This year's Boo at the Zoo souvenir T-shirt features a jack-o-lantern with a carving of an Asian elephant. The shirts are available for purchase online and at select Zoo gift shops, while supplies last.

Costume Policy & Safety Measures

Family-friendly Halloween costumes are encouraged. Costume masks are not permitted for any age. See stlzoo.org/boo for the costume policy and up-to-date details prior to your visit.

For more information and tickets, visit stlzoo.org/boo. Follow the Zoo at #stlzoo and #STLZooBoo on facebook.com/stlzoo, instagram.com/stlzoo and twitter.com/stlzoo.

Boo at the Zoo Sponsors & Media Partner

Boo at the Zoo is sponsored by SSM Health Cardinal Glennon Children's Hospital, Wells Fargo, Mid America Chevy Dealers, Caleres, and Prairie Farms Dairy.

The Builders Home & Remodeling Show is the One Stop for Your Next Home Project!

The 42nd Annual Builders Home & Remodeling Show, presented by LP® SmartSide®, returns to St. Charles Convention Center September 23-25. The Show, produced by the Home Builders Association of St. Louis, gives area residents the opportunity to see more than 150 companies in 300 booths on both levels of the Convention Center. Show visitors can shop the latest home products and services in one convenient location and meet hundreds of local home pros.

Spending more time at home recently has had many people reevaluating their homes. From design to functionality, many homeowners have found areas of their homes that would benefit from updates. The Home Show is a great resource for products, services and local experts to help with updates that will create homes that fit the needs of today's families and give them their best home life. Show visitors are encouraged to bring photos of their homes as well as examples of items on their wish list to create ideal spaces in their homes. No question is too small and with hundreds of home pros in attendance, the answers are easy to find! Save time by visiting a variety of companies in one convenient location and get started on your home improvement journey!

St. Louisans can find what they need for their homes, inside and out, including kitchen and bath designs and fixtures, flooring, window treatments, decks, fencing, windows, siding, doors and so much more. And the Show has free admission and free parking! Visiting the Show is also a great opportunity to have a fun family day out, with a little something for everyone.

Visit the Party Flavors Sampling Event to try and buy a variety of local foods and beverages. Items are great additions to upcoming party menus and perfect for unique gifts. Find smoked and cured meats and sausages, all-purpose gourmet sauces, wine and more. Show visitors can shop the Spa & Swim Spa Blowout Sale, sponsored by Spas and More! Visit the 3,200 sq. ft. tent in the south parking lot for great deals. Visitors can choose from a wide variety of models at 30-60% off regular retail prices.

The Home & Remodeling Show is always a family-friendly destination, so bring the kids for fall fun! There will be pumpkin painting, free for kids 12 and under. Creature Feature Reptiles & Exotics, presented by Show Me Snakes, is a safe, hands-on display and presentation of colorful, exotic live animals and artifacts. Discover animals you've never encountered before and learn about the importance of these magnificent creatures at a unique encounter for both reptile lovers and those who are just plain curious. Unique Canines, LLC will present dog agility demonstrations, where dogs complete obstacles and have fun, showing how to start dogs in basic agility, how to help them build confidence and bond with their owners.

Show hours are 10 am to 7 pm on Friday, September 23 and Saturday, September 24 and 10 am to 5 pm on Sunday, September 25. Admission and parking are FREE. Visit STLHomeShow.com for details.



home sweet home

furnishing hope

Home Sweet Home works with 57 area agencies to give families their sense of pride and improve the quality of their lives by providing basic household furnishings.

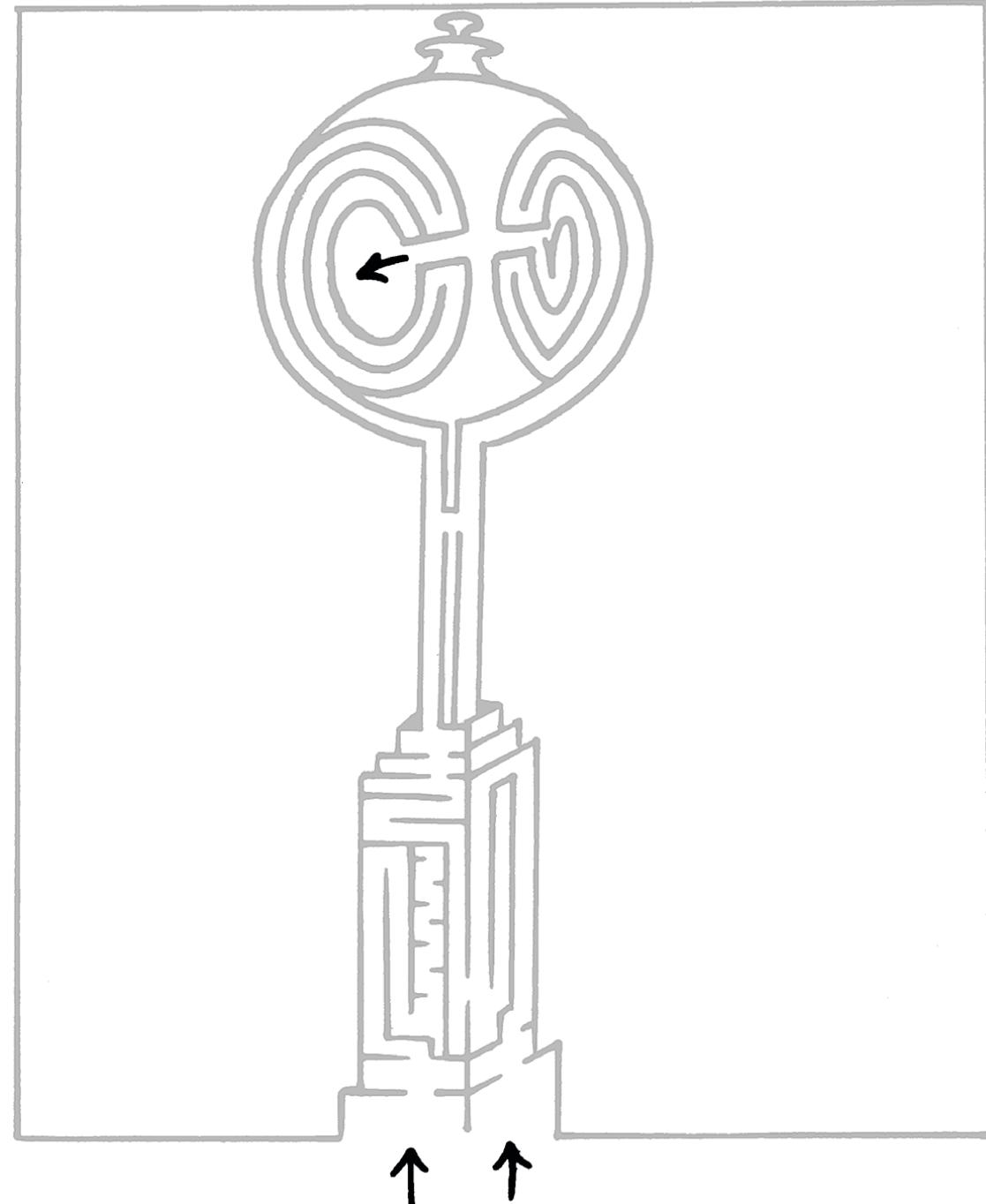
MOST NEEDED ITEMS THIS MONTH

- Kitchen Utensils
- Queen Comforters
- Coffee Pots
- Couches

Call 314-448-9838 or visit HomeSweetHomeSTL.org to learn how to donate.

Joey's Mazes

by Joey Barzantny
mazesbyjoe.com



**Seth Thomas Clock (1905)
Laclede's Landing, St. Louis Riverfront**

GIVE A LIFELINE...

Donate Your Old Cell Phone

Cell Phones for Safe Homes program raises funds through phones

Drop off your used cell phones at the Gene-Del Printing/Pulse Newspaper office to be recycled through Lydia's House "Cell Phones for Safe Homes" fundraiser.

For each phone collected, our recycling partner will make a cash donation of up to \$100 to Lydia's House.

If you'd like to donate your phone, stop by this location:

- Gene-Del Printing (9019 Manchester Rd.)

If you are interested in collecting phones for Lydia's House through a drive at your business, faith community or school, please contact Ellie Lorenz at (314) 771-4411 ext. 116 or elorenz@lydiashouse.org.

About Lydia's House

Lydia's House works in faith to end domestic violence by being a place of healing and a voice of hope for abused women and their children. Our program provides up to two years of transitional housing and critical support services to survivors of domestic violence.

Web: www.lydiashouse.org Email: info@lydiashouse.org Connect: Find us on Facebook, Follow us on Twitter

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TRAVEL

By Sue McCarthy



Exploring Central Kansas

We were invited by Kansas Tourism to visit four towns in central Kansas; including Abilene, Marquette, Lindsborg and McPherson. We decided to drive about 400 miles on I-70 arriving at Abilene first. We really hadn't visited this part of Kansas before and it was a pleasant drive; a small portion was on the Kansas Turnpike. We drove through the rolling hills area called Flint Hills where the sky was blue, the clouds were fluffy and the prairie grasses waved gently in the breeze. We spent two days in Abilene before heading to the next three towns.

We visited Old Abilene Town where Wild Bill Hickock previously strolled down the same wooden boardwalk. We stopped in at the Alamo Saloon for a refreshing ice-cold sarsapilla while we watched the can-can dancers. We sat outside on a picnic table where we watched gunfighters stage a mock shoot-out. A nice man walked up and introduced himself as Terry Tietjens, owner of the



local Seelye Mansion and he invited us to tour the mansion the following day. We enjoyed seeing the Longhorns on their cattle drive down the main street of Old Abilene Town as they were loaded into the Abilene & Smoky Valley Steam Engine Railroad. We had the pleasure of riding in the train on its 10.5 mile roundtrip. The Santa Fe #3415 is the only operating steam locomotive in Kansas.

Things To Do In Abilene

Eisenhower Presidential Library and Museum, Boyhood Home and Visitors Center. 11-foot bronze statue of General Eisenhower stands in the middle of the campus between the museum and the library.

The final resting place burial site is for President Dwight D. Eisenhower, First Lady Mamie Eisenhower and their first-born son, Doud. Did you know Eisenhower was known as the "Champion of Peace?"

Dickinson County Heritage Center Museums highlight several interesting things to see. My favorite was the 1901 C.W. Parker Carousel, it is believed to be the oldest operating Parker carousel in existence. The carousel is hand-carved and has 24 horses and four chariots. I rode the carousel and sat in the chariot. Real horse hair is used on the wooden horses and none of these horses go

up and down.

Named one of "8 Wonders of Kansas – Customs". The carousel was named a National Landmark in 1995.

Acme Telephone Office was founded by C.L. Brown, whose telephone company later became Sprint.

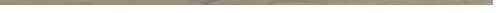
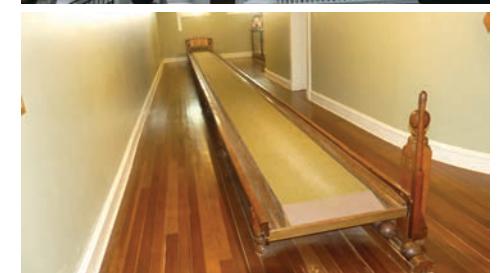
There are displays of all types of phones including a switchboard, a telephone booth, a hanging wooden wall phone and rotary dial phones, as well as, glass insulators. For kids, who only know about cell phones, this would be an interesting display for them to see.

Historic Seelye Mansion named an "8 Wonders of Kansas – Architecture" If you enjoy touring mansions and learning about the history and furnishings, then do not miss touring this beautiful "time capsule." Michael Hook (Historian) was our tour guide throughout the 4-story Georgian-Revival mansion. Michael showed us the Grand Foyer of the mansion that was designed in 1904 and built in 1905 for Dr. and Mrs. A.B. Seelye at the cost of \$55,000. The furnishings for the 11,000 sq. ft. mansion were purchased at the 1904 St. Louis World Fair and cost more than the mansion. Dr. Seelye made his fortune as the inventor of WASA TUSA and other patented medicines. His wife and daughters, Marion and Helen, picked out a 1905 Box Ball wooden bowling alley. The home has a 1920 Steinway piano and a 1905 Edison Cylinder Phonograph in the music room. The fireplace in the Grand Hall is by Tiffany. Haviland Fine China is stacked in the dining room along with crystal glassware. The home features original Edison light fixtures. There are 25 rooms fully furnished with the original items.

Dr. Seelye's daughters grew up in the home until they were in their 90s and never married. The current owner purchased the home in 1981 and two months before Terry and his brother, Jerry purchased the mansion it caught on fire. They decided to go ahead with the purchase. It was thought the fire began in the elevator shaft. An agreement was made for the girls to remain in the home. In fact, they all developed a friendship and Terry and Jerry Tietjen referred to Marion and Helen as their grandmothers.

The home was featured on the History Channel's Mysteries at the Mansion.

IF YOU GO - ABILENE, KANSAS
Dwight D. Eisenhower
Presidential Library, Museum
and Boyhood Home
200 SE 4th
Abilene, KS 67410
785-263-6700
<http://www.eisenhower.archives.gov>



Seelye Mansion
1105 N. Buckeye Ave.
Abilene, KS 67410
785-263-1084
<http://www.seelyemansion.org>

Abilene & Smoky Valley
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