

## PATIENT TRACKING JOURNAL

The following medical cannabis logbook is for the patient or caregiver to utilize and keep track of the effects of medical cannabis use on underlying disease symptoms and the strains/hybrids that were used in between patient visits to the medical cannabis pharmacy or to his/her qualified medical provider.

It is requested that a patient or a caregiver presents this information to the medical cannabis pharmacy or the qualified medical provider to specifically convey information regarding the efficacy of the medical cannabis that was utilized.

**This journal is completely optional to use.** Patient and/or caregivers have **no requirement** to use this journal. This journal can be useful to help a pharmacist, or the medical provider understand a patient's symptom levels.

**Note:** Not every symptom and its scale will apply to every patient. Every patient is unique and may have different symptoms in their treatment/therapy process.

**Warning:** Smoking medical cannabis is not permitted in the State of Utah.

				<b>RATE THE LEVEL OF PAIN OR DISCOMFORT FOR ANY OF THE FOLLOWING THAT OCCURRED--WITH 1 BEING MILD AND 10 BEING SEVERE (for example, "Pain 8" or "Sleep Disturbance 6"</b>		
<b>DATE</b>	<b>PRODUCT DESCRIPTION</b>	<b>DOSAGE</b>	<b>METHOD OF CONSUMPTION</b>	<b>BEFORE USE</b>	<b>AFTER USE</b>	<b>POST-USE REPORT (LIST ANY OTHER SIDE EFFECTS AND ITS SEVERITY YOU WOULD LIKE TO MENTION)</b>
				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	
				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	
				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	

				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	
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				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	
				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	
				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	
				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	
				Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	Pain _____ Agitation _____ Sleep Disturbance _____ Cachexia/Weight Loss _____ Nausea _____ Seizures _____ Muscle Spasms _____	