



CYNTHIA BEMIS ABRAMS



Cynthia's podcasting life began in 2015, mulled as an idea for a few months in the spring and first episode uploaded by mid-summer. With a 30-year career in public relations, she knew just enough writing scripts and audio storytelling to be dangerous. Cynthia's experience in audio production drives her confidence that podcasting is the right place for perspective and cultural knowledge of women in and of TV.

Where are the forums that celebrate the work and achievement of women in and of TV? Where is that work analyzed, held up to a lens of social context? These topics reach audiences worldwide as a podcast that can be streamed or downloaded.

With script, microphone, editing software suite and a hosting account, Cynthia started podcasting and hasn't slowed down. When she's not producing her own, Cynthia admits to sampling many podcasts that pertain to television and film, but ***She Podcasts***, ***What's Her Name?*** and ***Lady BAM*** are among the favorites.

Interview topics:

- Representation & gender/pay equity of women in and of TV
- Strong women lead characters – drama or comedy (themes like leading others, matriarchy, ethical dilemmas, controversial topics)
- Women show runners
- Middle-aged & older women: What we can learn from their memorable roles?
- Courage & persistence of African-American actresses of Norman Lear's 70s sitcoms
- Career profiles that reveal the feminist side of prominent women in and of TV
- Our sheroes in the face of adversity: Anita Hill, Billie Jean King & Diana Ross.



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Advanced TV Herstory, a podcast



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"Advanced TV Herstory has educated me about the massive impact that women have had on TV. This podcast is a must-listen for anyone interested in TV history."

– **WILL STEGEMANN**

(L.A. WRITER & CO-CREATOR OF NY METS THEMED
PODCAST *FLUSHING TRANSIT*)

"Advanced TV Herstory shares some stories of the ladies from late night TV and women who should have more stories told about them! Cynthia, our lovely host, gives excellent narrative to these stories and brings them to life with her great voice. If you like stories about TV history, feminism and female representation, this is a MUST!"

– **HANNAH OSTIC**

(CREATIVE AGENCY OWNER & CO-CREATOR OF *FILM
ROAST SHOW* PODCAST)