

To Be Extraordinary

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“Trauma confronts us with our fragility and with man’s inhumanity to man but also with our extraordinary resilience.”

-Bessel Van Der Kolk (MD)

I love how clean my favorite taxi driver keeps his car.

He rubs dust out of the crevices
With his fingertips,
Of course.

It’s extraordinary.

He simultaneously drives,
And wipes the dashboard
With a rag sitting in the front seat.

He darts his eyes
Left and right—

Peaks in the coverboard
Wipes away the grime,
And then repeat.

It’s extraordinary.

Diligent with his time.

Conscious of the “unnecessary.”

Creating meaning in cleanliness,

And finding joy in its
Fragility.

I love how clean my favorite taxi driver keeps his car...

It
gives
me
Faith,

In
humanity.

A visual representation
Of resilience,
In the simplest of ways.

A tiny feeling
Of significance,
In an 'every-day'
Kind-of-way.

A preventative touch

Potentially reflective

Of his experience,

Waking up,

Day-to-day.

I think that consistency
Is what makes someone's life
Extraordinary.

I think that,
Fragility helps us

Find intention in
Our everyday—

I love how clean my favorite taxi driver keeps his car.

He peaks in the coverboard,

Wipes away the grime,

And then,

Repeat....

It's extraordinary.