



2026-2027

# INFORMATION PACKET - SIDELINE

UPDATED 6.5.26



CAVALIER  
JUNIOR  
CHEER

[CavalierCheer.com](http://CavalierCheer.com)

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Dear Athletes and Families,

We are excited to welcome you to the Cavalier Junior Cheer Program for the 2026–2027 season.

Cheerleading with Cavalier Junior Cheer is more than just showing up on the sidelines — it is a five-month long commitment that requires time, effort, accountability, and a true team-first mindset. Our program is built on high standards, strong culture, and a shared commitment to something bigger than ourselves.

This packet is designed to clearly outline the expectations, structure, and responsibilities of being part of Cavalier Junior Cheer. We ask that both athletes and families take the time to read through it carefully so that everyone understands what is required and what it means to be part of this program.

We know it may feel like a lot at first, but when athletes, coaches, and families are all aligned, we create an experience that is incredibly rewarding. We are looking forward to an amazing season.

Go Cavs,  
Tiffani Cenicerros & Coaching Staff



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## MISSION STATEMENT

The mission of the Cavalier Junior Cheer program is to support our local youth athletic teams, contribute positively to the community, and encourage academic excellence while pursuing the skills and athleticism needed to be an award-winning competitive team. We center our contribution to our intersection communities by being champions of equity, diversity, and belonging.

As cheerleaders, we demonstrate and actively advocate for our communities to build equitable spaces for all. We will know we are successful when others actively join us in the process of learning and building towards greater equity and equity-minded people in the Clackamas community.

## VISION STATEMENT

Our vision for Cavalier Junior Cheer is to create a positive, supportive environment where athletes can grow in confidence, develop strong fundamentals, and build a love for the sport. We are committed to fostering a culture of teamwork, respect, and accountability while helping each athlete reach their full potential.

As a foundational program for Clackamas High School Cheer, we focus on preparing athletes for the next level through proper technique, strong work ethic, and pride in being part of the Cavalier Cheer community.

Through effort, attitude, and commitment, we aim to build not only strong athletes, but strong teammates—creating a program that continues to grow and sets the standard for future Cavaliers.

## GENERAL INFORMATION

Current status of the Cavalier Junior Cheer season has changed, as we will be offering Sideline only at this time due to a shortage in coaches. We are hoping things change and that we'll be able to offer competition in the fall/winter!

The number of cheerleaders placed on each team, as well as structures, will be determined by the Cavalier Junior Cheer coaching staff.

The Cavalier Junior Cheer is a feeder program for Clackamas High School. Registration is currently open to:

- Mini Team - athletes in K-2nd grade
- Youth Team - athletes in 3-5th grade (Mini's and Youth teams may be combined)
- Junior Team - athletes in 6-8th grade

## ESTIMATED TIME COMMITMENT

The following is an estimation of the practice schedule and expected time commitment for Cavalier Junior Cheer. Please make note of the commitment level when choosing to join Cavalier Junior Cheer. As a member of our program, we expect full participation in all activities until the end of the season.

- A detailed calendar of events will be provided in the BAND app
- Cheerleaders are strongly encouraged to attend all summer camps and practices.
- Please notify the coach in writing as soon as you know of all summer vacations and days the cheerleader will not be at practice or other events



# ESTIMATED TIME COMMITMENT CONTINUED

Practices	Tuesday & Thursday evenings	June 16 through October
Football Games	Saturdays	September through October

## TUMBLING

Tumbling is an important part of our program, and athletes will have opportunities to develop and improve their skills throughout the season. To help keep participation costs affordable for families, we have made the decision to no longer bring in an outside tumbling instructor. Instead, tumbling fundamentals, drills, and skill progressions will be incorporated into regular team practices as appropriate for each athlete's ability level.

Disclaimer: Cheerleading is a very active sport, and as with any sport, there is a potential for injury. Jumping, tumbling, and stunting are regular parts of practices and games. Cavalier Junior Cheer emphasizes safety at all times; however, injuries may occur. It is imperative that parents and cheerleaders understand and acknowledge this inherent risk.

## IMPORTANT DATES

- June 16 - Summer practices begin
- July 1, 2 & 4 - CHS Youth Clinic and Happy Valley Parade
- July 26-August 1 - No practice, OSAA Moratorium Week
- August 10-12 - Summer Camp @ CHS
- September through October - Saturday Football Games, schedule TBD pending Clackamas Youth Football release
  
- \*Fundraisers, Community Service, Clinics, and Team Building events may occur throughout the season. Dates TBD

## FUNDRAISING

Fundraising is an important factor in making cheer fun yet affordable. Some future fundraising opportunities we are looking into include Car Washes, Chipotle, Willamette Pies, BottleDrop, and Tony's Garden Center! Some fundraisers will be based on individual participation and will go directly towards individual cheer accounts, while others will collectively go towards the Cavalier Junior Cheer account to pay for competition costs, scholarships, new equipment, and whatever else may come up.



# FINANCIAL OBLIGATION

Registration fees are due at registration/prior to the first practice, with other participation and uniform fees due in monthly payments.

Registration	\$300	Costs including coach, facility, and program operational fees
Camp Fee	\$125	Home Camp @ CHS August 10-11/12
Additional CJC Fees	\$100	Includes practice wear, poms, bows
<b>Total</b>	<b>\$525</b>	<b>For all athletes</b>
*Gear (as needed)	\$425	Includes uniform, personalized rain jacket, personalized backpack
<b>Total</b>	<b>\$950</b>	

The total cost for the 5-month season (June-October) is approximately \$950 for athletes new to the program. When broken down, this averages about \$200 a month for coaching, facility use, tumbling, uniforms, and overall program expenses. As a nonprofit program, all fees are reinvested directly into supporting our athletes and providing a quality, well-structured experience.

Fees for the season may be subjected due to fundraising events planned, so please do not stress about this. We will have numerous fundraising opportunities as well as sponsorships in the future!

If, for any reason, you choose to leave the program (or are asked to leave), any monies in your account will be forfeited and put into the general fund. The general fund will be used to pay for additional items for athletes, the practice area, or towards future events.

Invoices will be generated to go out on the first of each month. Due to increased fees in card processing, a 3.7% fee will be added to each invoice to cover the fees charged to Cavalier Junior Cheer. Having the ability to accept payments online has been a huge time-saver for all involved, but unfortunately our non-profit program is not in a position to cover the processing fees at this time.

# PAYMENT SCHEDULE

Registration fees are due at registration/prior to the first practice, with other participation and uniform fees due in monthly payments.

Registration	\$300	Due at registration
July 1	\$200	
August 1	\$200	Fees for uniform/gear must be paid by August statement to receive any gear
September 1	\$200	
October	remaining balance	



## PAYMENT SCHEDULE CONTINUED

All required gear must be paid in full by the August statement deadline. Gear will only be distributed to athletes whose accounts are up to date by this date. All fees must be paid in full by November 1, 2026. A \$50 late fee will be applied to any account with an outstanding balance after this date.

Continued participation in practices and competitions may be impacted if accounts are not kept current.

## SIDELINE GEAR

For the 2026-2027 season, everyone will receive new: practice shirts, poms, and bows.

\*Additional gear includes personalized jacket, personalized backpack, and uniform. The jacket and backpack do not need to be purchased if your athlete already has them from a previous year. Uniform tops (shell and liner) are the same as last year, but we are going with a different skirt.

Families will be required to provide the following for the upcoming season:

- All-black shorts - no undergarments showing
- All-black leggings - no logos, full length
- All-white no-show socks
- All-white cheer shoes - ideally the Nike Sideline IV Cheerleading shoes available at Dicks Sporting Goods in youth and adult sizes

## REFUND POLICY

- 100% refund of fees when canceling prior to July 1st, with \$25 administrative fee assessed.
- 50% refund of fees when canceling prior to August 1st, with \$50 administrative fee assessed.
- No refunds will be issued after August 1st.

## INCLUSION & ATHLETE SUPPORT POLICY

Cavalier Junior Cheer is committed to providing an inclusive and respectful environment for all athletes. Reasonable accommodations may be made to support participation, provided they align with the safety standards, structure, and expectations of the program.

Cheerleading requires the ability to follow direction, work as part of a team, and maintain awareness in a physically active environment. Athlete safety is our top priority. Accommodations and modifications—including adjustments to roles or skill participation—will be considered on a case-by-case basis to ensure a safe and positive experience for all. Cavalier Junior Cheer does not provide one-on-one supervision or specialized medical care and cannot implement accommodations that fundamentally alter the program or compromise safety.

Open communication with families is essential. Cavalier Junior Cheer reserves the right to determine appropriate placement and level of participation based on an athlete's ability to safely meet program expectations.

# RULES AND EXPECTATIONS OVERVIEW

Being part of Cavalier Junior Cheer means showing up with commitment, accountability, and pride. Every athlete plays an important role in the safety, success, and culture of this program. The following expectations are in place to ensure we operate as a strong, unified team.

## Commitment & Attendance

- Cheer is a full-season commitment. Athletes are expected to be on time and to attend all practices, games, performances, and team events.
- Only illness or true emergencies will be considered excused absences. Conflicts must be communicated in advance with coaches. Consistent attendance is critical, and excessive absences may impact participation or standing on the team.

## Practice & Game Day Standards

- Athletes should arrive prepared, focused, and ready to work in correct attire.
- Represent the program with professionalism at all times
- Game days are a performance environment. Athletes are expected to remain present with the team—no socializing with friends or family during game responsibilities.

## Appearance & Uniform

- A consistent, clean, and performance-ready appearance is required.
- Uniforms must be worn completely and correctly at all times. Athletes are responsible for the care and upkeep of all issued items.
- Athletes are expected to maintain a respectful and professional presence while in uniform.
- Appearance expectations:
  - Hair must be secured out of the face and styled as directed (per NFHS/OCCA rules)
  - Makeup for competitions must match the team standard if agreed upon
  - Nails must be short and safe for stunting (no acrylics or press-ons), no polish for performances (per NFHS/OCCA rules)
  - No jewelry of any kind, including cartilage or belly button piercings (per NFHS/OCCA rule)

## Conduct & Team Culture

Athletes are expected to represent Cavalier Junior Cheer with respect, integrity, and a team-first mindset at all times. This includes:

- Respecting coaches, teammates, and school staff
- Demonstrating positive behavior in person and on social media
- Supporting teammates and contributing to a strong team culture

Negative behavior, poor sportsmanship, or actions that reflect poorly on the program will not be tolerated.

## Accountability

Each athlete is responsible for their role on the team.

Failure to meet expectations—including attendance, behavior, or preparation—may result in consequences such as reduced participation, suspension from performances, or removal from the team. Our goal is not punishment, but to uphold a standard that allows every athlete and the program as a whole to succeed. This program is built on commitment, consistency, and culture. When everyone shows up and does their part, we create something we can all be proud of.

# ACKNOWLEDGEMENT OF PARTICIPATION

- I will maintain open communication with the coaches at all times regarding scheduling conflicts, illness, injuries, and absences.
- I will follow the directions given by the coaches. I understand and agree that coaches make all program decisions.
- I understand that coaches are happy to discuss any athlete's weaknesses to help them improve, but that the coach must also consider what is best for the team as a whole.
- I understand and agree to the payment plan and will stay up to date with my own cheer account.
- I understand that once any uniform or gear items have been purchased, no refunds are guaranteed to be issued for these items.
- I understand and agree to the calendar given and realize changes can be made.
- I understand that I am responsible for learning cheer material from missed practices using the videos provided outside of practice time.
- I understand that I am expected to contribute to a positive team environment. Negative attitudes, gossip, or disrespectful communication towards teammates, coaches, or the program are not acceptable and may result in disciplinary action.
- I understand that jewelry of any kind is not allowed to be worn while at cheer practices and events. I also understand that if I get a new piercing, I must remove it for all cheer practice and events, and that I cannot tape over my new piercing or use plastic spaces.

Submitting your registration is your acknowledgement that you, as a parent/guardian, and your cheerleader, have read this document and agree to abide by these standards and are ready to participate in the Cavalier Junior Cheer program.

# CAVALIER JUNIOR CHEER 2026-2027

Dear Parents/Guardians,

After reading through the attached information packet and fully understanding the rules and regulations which govern this program, and after your child has a complete understanding on his/her responsibilities, please sign and have your child sign, and return to their coach by June 15th.

The cost for each athlete is \$950, which includes uniforms (as needed), summer camp, camp wear, and gear. Any remaining funds will be raised through fundraising projects throughout the year as a team. Participation in fundraising is expected.

Being a member of the Cavalier Junior Cheerleading Team has many rewards and is a valuable experience they will remember for a lifetime. Additionally, your son/daughter will give pride and spirit to our community through their participation! We are delighted to offer your son/daughter the opportunity to join our program and look forward to a successful and great year!

By signing below, you agree to fulfill all financial obligations for the duration of the season, including all program and related fees.

If you have any questions, please do not hesitate to contact us directly at [cavalierjrcheer@gmail.com](mailto:cavalierjrcheer@gmail.com).

Date: \_\_\_\_\_

Cheerleader Name (please print): \_\_\_\_\_

Cheerleader Signature: \_\_\_\_\_

Parent/Guardian Name (please print): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_



## 2026-2027 PARTICIPANT LIABILITY RELEASE AND WAIVER FORM

**Liability Release:** For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I \_\_\_\_\_, as parent or legal guardian of \_\_\_\_\_, a minor (hereinafter "Minor"), hereby grant the permission necessary to allow Minor to participate in the 2026-2027 Cavalier Junior Cheer season. I, in my own behalf and on behalf of Minor, further agree to release and to hold harmless Cavalier Junior Cheer, the hosting site on whose premises events will occur, the affiliates of Cavalier Junior Cheer, and the respective directors, officers, representatives, members and agents of Cavalier Junior Cheer from any liability or otherwise for any claim, judgement, loss, liability, cost and expenses (including, without limitations, attorney's fees and costs) arising out of or connected with the 2026-2027 Cavalier Junior Cheer season, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and/or death) that Minor may incur or sustain during the 2026-2027 Cavalier Junior Cheer season, and all activities associated with the 2026-2027 Cavalier Junior Cheer season while traveling to and from the sites for the season.

**Medical Release:** I, in my own behalf and on behalf of Minor, acknowledge and agree that such participation subjects Minor to possibility of physical illness or injury (minimal, serious, catastrophic and/or death) and that I, in my own behalf and on behalf of the Minor, acknowledge that the Minor is assuming the risk of such illness or injury by participating in the 2026-2027 Cavalier Junior Cheer season. In the event of such illness or injury, I authorize Cavalier Junior Cheer to obtain necessary medical treatment for Minor and hereby, in my own behalf of Minor, release and hold harmless Cavalier Junior Cheer in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of the Minor for any illness or injury that Minor may sustain during the 2026-2027 Cavalier Junior Cheer season.

**Appearance Agreement:** I understand that Cavalier Junior Cheer produces promotional material relating to its services. I understand that as a participant of the 2026-2027 Cavalier Junior Cheer season that Minor may be included in photographs taken during the duration of the season. Therefore, without reservation or limitations, I, in my own behalf and on behalf of Minor, hereby assign transfer and grant to Cavalier Junior Cheer to exclusive rights to photography Minor and to utilize such photographs and Minor's name, face likeness, voice, and appearance as part of the 2026-2027 Cavalier Junior Cheer season, in advertising and promotion of the organization. I further understand that neither Cavalier Junior Cheer nor any third party is under any obligation to exercise any of the foregoing rights, licenses, and privileges.

I, in my own behalf and on half of Minor, hereby warrant that I have read this Liability Release in its entirety and fully understand its contents. I, in my own behalf and on behalf of Minor, am aware that this Liability Release releases Cavalier Junior Cheer from liability and contains and acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_