



Incredible Family Health & Wellness

Weight Management Form

We require that our patients commit to either weekly, bi-weekly or monthly evaluations, at provider discretion. Baseline labs and an EKG are required.

This form is also to inform you that certain medications prescribed to you as a part of weight management may be FDA approved appetite stimulants. Phentermine is a controlled substance and is regulated by State and Federal Agencies. Using a controlled substance for weight management requires Incredible Family Health & Wellness to undergo periodic evaluations by the DEA and the Florida Department of Health to assure compliance with these laws.

This medication requires in person visits, not tele-health on a routine basis. Medications, progress including weights and diet are reviewed at each visit. The success of your weight management goals start with you taking medications as prescribed, diet and exercise.

By signing the form below, you understand that you are agreeing to the above. You also understand that sharing of these medications is absolutely forbidden and unacceptable. Sharing of these medications will be cause for dismissal of the weight management program. These medications can have certain side effects and can affect your cardiac function and health.

Check if you agree along with your signature Date: _____

Patients Signature: _____