

# The Other Highlights

## Choosing a Partner

Your thoughts form your reality. The mind's idea is *basic* reality and it comes way before the materialization. The material thing you can touch or see is a phenomenon created by the mind. You can materialize anything with the right thoughts, including the right partner. In this case, just concentrate on the right partner for you and visualize what you want in your mind. You will create the right person for yourself.

It is helpful to know the method of choosing the partner who will be the

“perfect fit” for you. In Ancient China the parents of both prospective marriage partners did a great deal of research before betrothing their children. They gathered information about the individual’s family background and education, and they used facial reading, which reveals the health and personality of an individual. They also used the North Star Astrological System to determine the fate of their children’s prospective mates. They did this with love, and through this love a perfect arrangement could be made. During this period in history, there were few divorces, even though everyone was free to divorce their spouses.

This method of selection does hold a few advantages over the self-selective method of today. The risk of marrying incompatible people is lowered through face reading and the North Star Astrological System. These methods also lower the amount of pressure and anxiety experienced by those searching for perfect mates. At the same time, the freedom to select one’s own mate is preserved. Furthermore, marriages are freed from the threat of divorce.

The North Star Astrological System will not be discussed in this book because it is a vast and complicated subject.

## **Facial Analysis: Determining the Sexual Organs**

Today we can use some of the Taoist techniques to assist us in choosing a mate. According to Taoist theory, the face reveals everything. If you know the technique of facial analysis, you can analyze a person’s complete personality simply by observing his face. Additionally, you can determine the size and shape of the vagina or penis from the face (and the fingers). This is fortunate because, as explained earlier, it is important that the vagina and penis be compatible. For example, a woman with a long vagina would need a long penis for a perfect fit. A woman with a wide vagina would require a thick penis.

There are a few physical characteristics which give clues as to the length and shape of the penis. These clues are about 90% accurate:

1. A man who has a long nose and long fingers will have a long penis.
2. If he has a short nose and short fingers, he will have a short penis.
3. If a man has a long nose and short fingers, or a short nose and long

fingers, he will have a medium-length penis.

4. If the tip of the nose is fat, he will have a fat penis. (Thin tips indicate thinner penises.)

5. The thumb is shaped like the penis. If the thumb is shaped like a mushroom, the penis will have a large head and a narrow shaft. If the thumb is triangular in shape, the penis will be triangular also. (A mushroom-shaped penis is considered to be the best as it is the most pleasing for the woman.)



Figure 68. "Mushroom" and "Pencil" Shaped Thumbs.

6. If the man has thick, wide lips, he will have a big penis.

More than twice as many clues about the nature and shape of a woman's vagina are obtainable from facial analysis. (These are also about 90% accurate.)

1. If a woman has a small mouth and short fingers she will have a small, short vagina. (If the fingers do not match this description, consider only the mouth.)

2. If she has big, thick lips, her vagina will be wide and thick.

3. If she has deep-set eyes, her vagina will be deep.

4. A woman with "skinny" eyelids also will have a deep vagina.



**Figure 69.**  
**“Skinny” Eyelids.**

**5. If her eyelids are thick and meaty, she will have a short vagina. The meatier the lids, the shorter the vagina.**



**Figure 70.**  
**Thick Eyelids.**

**6. If a woman has bulging eyes, her vagina will be even shorter. (Many men choose a woman with a short vagina for their own pleasure. They go into the Second Gate, or uterus. Men think this is wonderful but this is very harmful for the woman. (Please see the chapter, *THE FEMALE, The Vagina.*)**



**Figure 71.  
Protruding Eyes.**

**7. A woman who is near-sighted will have a deep vagina. The more near-sighted she is, the deeper her vagina will be.**

**8. If she has big, watery eyes, she will have a big, watery vagina. Her vagina, like her eyes, secrete fluids readily. (The bigger the eyes, the wider the vagina.)**

**9. A woman with a wide mouth and thin lips will have a narrow (small) and long (deep) vagina.**

**10. Puckered, protruding lips or protruding bone structure indicate an elastic vagina. It could be big or small, but it will be very wet, warm, and soft. It also vibrates and trembles, and it is considered by many men to be the most satisfying. Taoists refer to it as the "talking vagina".**



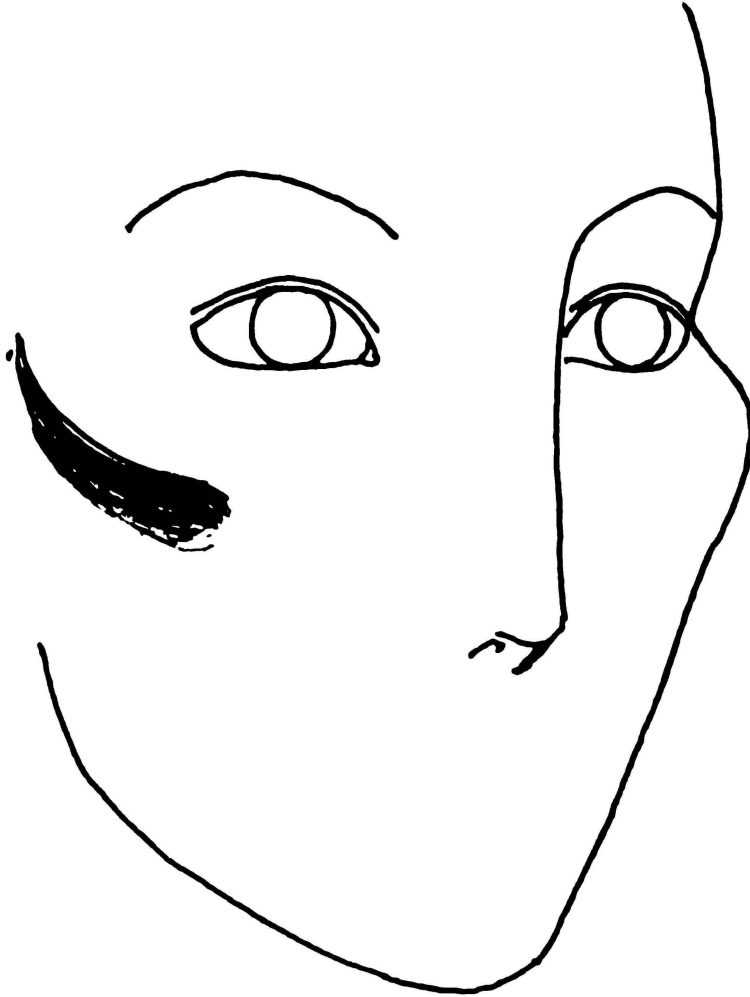
**Figure 72. Protruding Lips and Bone Structure.**

**11. A woman who is tough and emotionless (never crying) will have a vagina that is hard and dry.**

**12. If she has narrow cheeks and jaws, she will have a small, crooked vagina. If it is only slightly curved, there will not be a problem. However, if the curve is significant, she will need a long, thin penis.**

**13. If she has a narrow forehead and a flat nose, she will have a short, wide vagina. (The outside will be flat; the inside, very wide but short.)**

**14. If she has protruding cheek bones, called “widow bones”, she will have a very deep vagina and a strong sexual desire. This is considered to be very undesirable because this type of woman is potentially able to sexually consume or devour her partner.**



**Figure 73. High “Widow” Cheekbones.**

**15. If she has a dimple, she has a very short vagina, probably a Double Ring Vagina.**

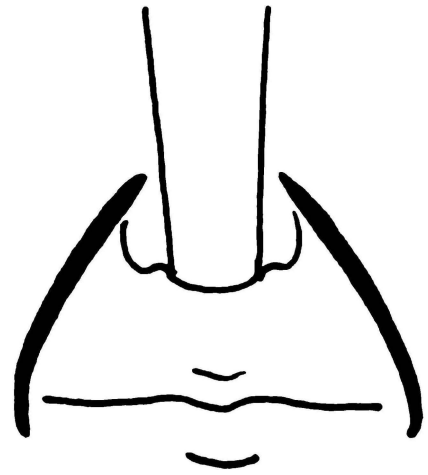
**Men and women share a few characteristics in facial analysis.**

**1. Lines at the corner of the eye indicate that the person has a strong sexual inclination and is very approachable. Greater numbers of lines and deeply etched lines multiply this tendency. (See Figure 74 .) A person with no lines in this area has little or no sexual urge.**

**2. Deep lines at the mouth indicate a strong sexual desire. (See Figure 75.)**



**Figure 74. Lines at the outside corner of the eye**



**Figure 75. Deep lines at each side of the mouth**

3. A person with a long, powerful chin also has a strong sexual urge.



**Figure 76. Large Chin**

**The intensity of the sexual inclination depends upon how many of these characteristics are combined as well as how pronounced they are. Of course, these characteristics can also be modified somewhat by other personality traits.**

## **The Forbiddens**

**According to Taoist Sexology, it is considered highly unwise to engage in sexual intercourse under certain circumstances. These are times during which intercourse would be dangerous to one's health and well-being. These periods are considered to be so important that they are known as The Forbiddens.**

**An understanding of these Forbiddens can be found in the Taoist concept of energy balance. For a Taoist, health means a complete balance of energy within the organs and meridians of the body. Sexual activity is very stimulating and energizing when done properly. But, it centralizes the vital energy in the genital area, drawing it away from other parts of the body. In various cases, including illness and fatigue, sexual activity can further deplete a body that is already suffering from an energy imbalance.**

**In addition, the sex act leaves a person very open and vulnerable to the universal energies which exist outside the body in the immediate environment and emanate from outside our planet.**

**Taking in energy from the universe can be very beneficial. However, at certain times, the outside energy can have a negative effect and cause an energy imbalance within the body.**

**The following is a list of the Taoist Forbiddens. Sexual activity is forbidden in the following situations:**

- 1. When a person is drunk. A person is already over-stimulated at this time, and additional stimulation from sex can be damaging to the body.**
- 2. When a person is under the influence of drugs or medication. If a person has taken "recreational" drugs, an imbalance is created by the drugs, and sexual activity would be harmful. If a person is ill and taking medication, that medication creates another imbalance in addition to that created by the illness.**

3. When a person is extremely tired. During sex the genitals are energized at the expense of the rest of the body. If you are already low on energy, sexual activity further depletes the body's energy level by taking energy away from those areas where it is needed for the maintenance of organs and cells.
4. When a person is seriously ill. Sexual activity is forbidden for the same reasons as above.
5. When a person suffers from venereal disease or hepatitis. These disorders can be spread through sexual intercourse. When it suffers from hepatitis, the body needs energy to heal itself. The liver and gallbladder are very weak at this time, and sex takes energy away from the healing process.
6. After an operation. Please wait 90 days after an operation or until the patient completely recovers. Sex takes energy away from the healing process.
7. After an acupuncture treatment. The purpose of acupuncture is to balance the organs. Sexual activity changes that balance, and sex within 24 hours of a treatment will negate the treatment.
8. During pregnancy. Intercourse may hurt or upset the baby, which is otherwise at peace in its mother's womb. The effect is like an earthquake to the baby. Unfortunately, most people ignore this, and some babies come out into this world with bruises after being beaten with penises. Serious nervous disorders can result. So let me state that it is *essential and critical* that there be no intercourse at least during the last three months of pregnancy. The couple should abstain for the first month after childbirth as well, while the mother's body heals and readjusts itself.
9. During menstruation. Intercourse can cause inflammation of the uterus by transmitting bacteria, since the uterus, at this time, is like a tender and open wound which requires an opportunity to heal.
10. When angry. Anger increases the heartbeat, causes heavy breathing, and builds up toxins in the body, creating an internal imbalance.
11. After a bath, shower, or dip in the hot tub. Hot water stimulates the body. Sex will cause further stimulation, resulting in an over-stimulated

and imbalanced body. Wait 30 minutes before commencing sexual intercourse.

12. After eating. Sexual activity takes energy away from the digestive process taking place in the stomach. Wait 30 minutes before beginning sex, to prevent stomach problems due to improper digestion and Hiatal Hernia.

13. Immediately after urination. The penis could easily transfer germs from the urine to the vagina. Also, the penis is stimulated in a different way during urination. Wait 10 minutes before having intercourse.

14. While reading. Because the eyes are the “windows of the soul”, energy is lost at all times through the eyes. Even more energy is lost during sex. This is particularly true for men. One should make love with the eyes closed, maintaining an internal focus.

15. When traveling by car, train, or airplane.

16. At sacred sites (temples, churches, cemeteries, holy mountains, etc.) According to Taoists, the spirits who inhabit these localities become jealous when this happens. Of course, this is a superstition which you need not believe. But, since you have a choice, why take a chance?

17. During a battle in wartime. At this time the surrounding energy is very chaotic and imbalanced. Having sex under these circumstances exposes you to this chaotic energy.

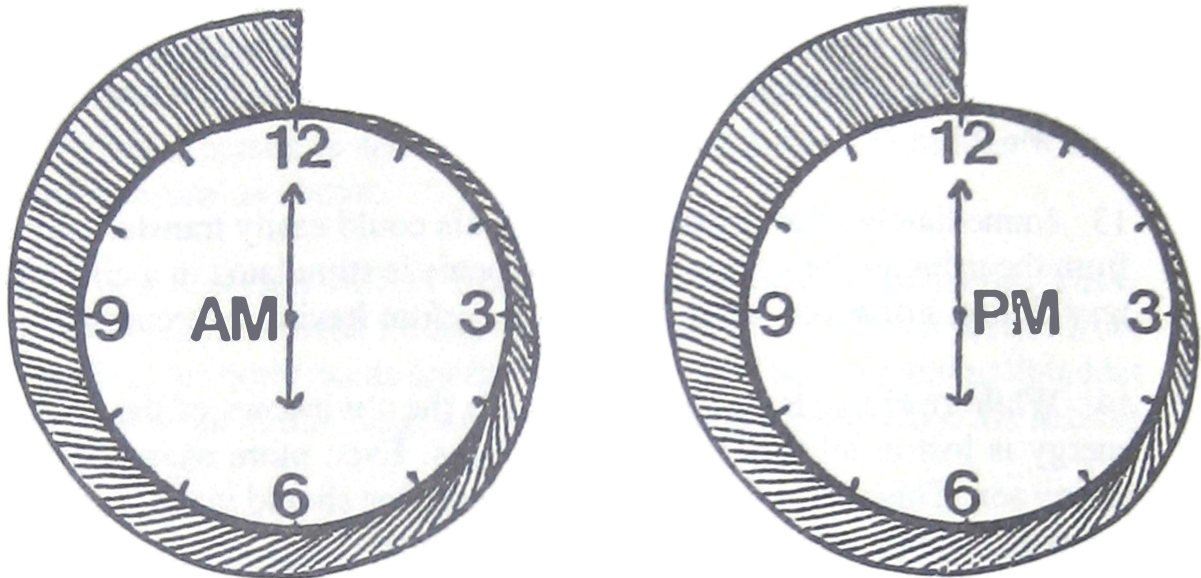
18. During a hurricane or other violent storms. The energy is in chaos at this time as well, and this chaotic energy can enter into the body and create an imbalance.

19. During an earthquake, solar or lunar eclipse, or during a sudden change in weather (temperature or wind). The chaotic energy generated can negatively affect the nervous system.

20. During a full moon—a time of high energy and over-stimulation—or a new moon—a time of low energy.

21. At sunset. The energy in the atmosphere is low and Yin at sunset, or around 6 PM. When the sun sets, the Yang energy or source of life

suddenly disappears.



**YANG CYCLE**

12 midnight - 12 noon

**YIN CYCLE**

12 noon - 12 midnight

**Figure 77. Yin-Yang Energy at Different Times of the Day**

22. During the Summer and Winter Solstices. Chaotic energy exists at these times because the electromagnetic field of the earth is changing. (The equinoxes are not harmful, as there are no major changes in the earth's energy field at those times.)

## **Eugenics**

The Taoists say that if someone is born with a physical or mental defect, it is the responsibility of the individual's parents. They created the problem

through careless conception. If a couple plans to have a child, it is absolutely essential that they take great care, at the time of conception and throughout pregnancy, to make sure that the child will be totally healthy. To ensure a child's health, the following rules must be adhered to.

1. Do not conceive a child if either parent is drunk or alcoholic at the time of conception. A child conceived under these conditions will be born with a liver condition, which will result in nervous conditions and mental problems.
2. Do not conceive a child when either parent is extremely tired. The child will always be weak and sickly, with little resistance to disease.
3. Do not conceive a child during a battle in wartime, otherwise the child will be very hyperactive and will have a violent nature. This also applies to different types of battles, such as a struggle for power, office politics within a corporation, a great upheaval or struggle within a family, or even intense competition for daily survival.
4. Do not conceive during a hurricane or other violent storms, because it will lead to a child with low resistance to disease.
5. Do not conceive during a sunset, otherwise the child's eyesight will be poor.
6. Do not conceive when either parent is under the influence of drugs or medication, otherwise the child will have nervous and mental problems. This includes medication for chronic conditions such as hepatitis or diabetes. This rule applies to smoking also.

It is the responsibility of the parents to ensure that the succeeding generations are strong and healthy, to ensure the health of the human race. Conceiving a child is a serious matter to which we should give great thought. Considering all the juvenile delinquency and the problems and difficulties with youth, there is a strong possibility that much of these problems are caused by parents who were not aware of such information as is presented here. How can humanity as a group be strong if the individuals involved are weak? Most people place great emphasis upon education. But they do not consider the fact that children who are ill-conceived will not receive education well.

Parenthood was, is, and always will be a serious matter. People simply can

not procreate like animals, with little or no concern for the results. These days we are recognizing that we must take responsibility for our lives and our environment. Certainly nothing is more important than our children and the health of the future generations. The rules listed above are not intended to be mere helpful suggestions. They are solid facts, researched by Taoists for thousands of years.

In addition to the above considerations, several basic requirements are of great importance to the conception of a healthy child. It is vital that the parents eat well, be of good health, think positively, and be surrounded by peaceful environments. It is also important that they get along well with each other.

When they feel the time has arrived for conception, they should first take a relaxing bath and then create for themselves a pleasant, restful surrounding: comfortable room temperature, a candle or two burning, a little incense or perfume, and some soothing background music. Then, 30 minutes after their bath, they can proceed to make love.

## **Choosing the Sex of a Child**

The following techniques have been found to be 90% effective in producing a child of the sex desired by the parents.

**CONCEIVING A MALE.** Intercourse should be brief and ejaculation should occur quickly before the woman has an orgasm. The man should withdraw his penis halfway, just before ejaculating. (Men who always have premature ejaculations will more often than not produce male children. In other words, if the man's sexual ability is weaker than his wife's, they will always have male children. If the man is stronger, the couple will often have female children.)

**CONCEIVING A FEMALE.** Intercourse should be extended and there should be many orgasms for the woman. The man should penetrate as deeply as he can and then ejaculate.

## **The Theory Behind Sex Selection**

The decisive factors in this theory are 1) the woman has highly acidic fluids in the cervix and uterus, which are neutralized by alkaline secretions during orgasms and 2) although the sperm carrying the male chromosome is slower than that carrying the female chromosome, it is a more resilient survivor of acidic conditions in the cervix and uterus than the sperm carrying the female chromosome.

In choosing the sex of a child, the above characteristics must be considered. To conceive a male child, a man must ejaculate very quickly, while the acid concentration in the woman's secretions is high. Ejaculating quickly, while penetration is still rather shallow, lengthens the distance over which sperm must travel. The "female sperms", swimming faster than the "male sperms", will contact and neutralize strong acidic secretions before the "male sperms". Because the "female sperms" are killed in the contact, the chances of a "male sperm" fertilizing the egg is increased. To conceive a female child, the man must bring the woman through many orgasms before he ejaculates while penetrating deeply. Because orgasms cause the production of acid-neutralizing alkaline secretions, the chances of a "female sperm" fertilizing the egg are increased. Because deep penetration reduces the distance the female sperms have to travel, the chances for conceiving a girl is increased.

A man can be sterilized by too much intake of acidic (sour) foods, which can kill a great number of sperm. Similarly, a woman who eats too much acidic food will secrete so much acid that she will be unable to conceive. High acid levels in both men and women can also result from shallow breathing, which does not bring in enough oxygen to properly neutralize the acidity of the blood. Douching with an alkaline solution can help in conception, especially in the conception of a girl.

Parents should not be more inclined toward one sex than the other. Balance should be sought, and the cosmic consequences of sex preferences must be considered. Any Yin-Yang imbalance can result in calamity. It is generally agreed upon that a surplus of males can result in an upsurge of violent acts, class tensions, etc. It is also agreed upon that a surplus of females can result in many problems.

Figure 78. Following page: Taoist charm serving as a reminder of a healthful pregnancy.

