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# Conclusion

Sex is a part of life. Because it showers upon life beauty and pleasure, it is far too precious to be abused. Almost as if to guard sex from abuse, nature has set up a strict system of checks and balances that automatically metes out terrible diseases as punishments for the abuse of sex. Disease itself is a kind of blessing, because it is nature's way of incapacitating the few to save the many. Therefore, in Taoism, disease is regarded neither as a sin nor as the work of the Devil. Taoism encourages people to apply their intelligence in more rewarding ways. They are given the keys to a higher plane of sexuality so that they may find their way out of the labyrinth of pain, misunderstandings, and wrongs. Those who do follow the one-to-one principle, and other principles of Taoism, will enjoy sexual pleasure forever.