Possible Lyme Disease Symptoms

| Name | | | |
|------|--|--|--|
| | | | |

Date _____

This checklist is provided to streamline our office interview and to establish a marker in your progression of healing.

Have you experienced any of the following in relation to this illness?

| Tick bite | Yes | No |
|------------------------------|-----|----|
| "EM" rash (discrete circle) | Yes | No |
| Spotted rash over large area | Yes | No |

Linear, red streaks

| Yes | No |
|-----|----|
| | |

Positive ELISA or Western Blot **Yes No**

| 63 | | 10 |
|----------|------|----|
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| SYMPTOM OR SIGN | CURRENT SEVERITY | | | CURRENT FREQUENCY | | |
|--|------------------|----------|--------|-------------------|----------|--------|
| Check all that apply: | Mild | Moderate | Severe | Mild | Moderate | Severe |
| Persistent swollen glands | | | | | | |
| Sore throat | | | | | | |
| Fevers | | | | | | |
| Sore soles of the feet, especially in the morning | | | | | | |
| Pain in fingers | | | | | | |
| Pain in toes | | | | | | |
| Pain in ankles | | | | | | |
| Pain in wrists | | | | | | |
| Pain in knees | | | | | | |
| Pain in elbows | | | | | | |
| Pain in hips | | | | | | |
| Pain in shoulders | | | | | | |
| Swelling of fingers | | | | | | |
| Swelling of toes | | | | | | |
| Swelling of ankles | | | | | | |
| Swelling of wrists | | | | | | |
| Swelling of knees | | | | | | |
| Swelling of elbows | | | | | | |
| Swelling of hips | | | | | | |
| Swelling of shoulders | | | | | | |
| Unexplained back pain | | | | | | |
| Stiffness of the joints or back | | | | | | |
| Muscle aches or cramps | | | | | | |
| Obvious muscle weakness | | | | | | |
| Twitching of the face or other muscles | | | | | | |
| Confusion, difficulty thinking | | | | | | |
| Problems with concentration or reading | | | | | | |
| Problems absorbing new information | | | | | | |
| Word search, "name block" | | | | | | |
| Forgetfulness, poor short term memory, poor attention | | | | | | |
| Disorientation: getting lost, going to the wrong places | | | | | | |
| Speech errors: using the wrong word or misspeaking | | | | | | |
| Mood swings, irritability, depression | | | | | | |
| Anxiety, panic attacks | | | | | | |
| Psychosis (hallucinations, delusions, paranoia, bipolar) | | | | | | |
| Tremors | | | | | | |

continued: Possible Lyme Disease Symptoms

| SYMPTOM OR SIGN | CURRENT SEVERITY | | | CUR | CURRENT FREQUENCY | | |
|---|------------------|----------|--------|------|-------------------|--------|--|
| Check all that apply: | Mild | Moderate | Severe | Mild | Moderate | Severe | |
| Seizures | | | | | | | |
| Headaches | | | | | | | |
| Abnormally sensitive to light | | | | | | | |
| Abnormally sensitive to sound | | | | | | | |
| Double vision, blurry vision, or "floaters" | | | | | | | |
| Ear pain | | | | | | | |
| Buzzing or ringing in ears, decreased hearing | | | | | | | |
| Increased motion sickness, vertigo, spinning sensation | | | | | | | |
| Off balance "tippy" feeling | | | | | | | |
| Lightheadedness, wooziness, | | | | | | | |
| unavoidable need to sit or lie down | | | | | | | |
| Tingling, numbness or burning sensations/ | | | | | | | |
| shooting pains/skin hypersensitivity | | | | | | | |
| Facial paralysis – Bell's Palsy | | | | | | | |
| Unexplained tooth or gum pain | | | | | | | |
| Neck creaking or cracking, neck stiffness, neck pain | | | | | | | |
| Fatigue, tired, poor stamina | | | | | | | |
| Insomnia, interrupted sleep, early awakening | | | | | | | |
| Excessive night time sleep | | | | | | | |
| Napping during the day | | | | | | | |
| Unexplained weight gain | | | | | | | |
| Unexplained weight loss | | | | | | | |
| Pain in genital area | | | | | | | |
| Unexplained menstrual irregularity | | | | | | | |
| Unexplained milk production or breast pain | | | | | | | |
| Irritable bladder or bladder dysfunction | | | | | | | |
| Erectile dysfunction | | | | | | | |
| Loss of libido | | | | | | | |
| Queasy stomach or nausea | | | | | | | |
| Heartburn or stomach pain | | | | | | | |
| Constipation | | | | | | | |
| Diarrhea | | | | | | | |
| Low abdominal pain or cramps | | | | | | | |
| Heart murmur or valve prolapse | | | | | | | |
| Heart palpitations or skips | | | | | | | |
| "Heart block" on EKG | | | | | | | |
| Chest wall pain or sore ribs | | | | | | | |
| Sinus congestion | | | | | | | |
| Breathlessness, "air hunger," unexplained chronic cough | | | | | | | |
| Profuse sweating at night | | | | | | | |
| The feeling of "slowly dying" or premature aging | | | | | | | |
| "Brain fog" | | | | | | | |
| Symptoms that are slowly getting worse | | | | | | | |

Lyme Disease can cause any of the symptoms listed above . You may have just a few of them, or many of them. The severity of your symptoms are often directly related to the amount of specific Lyme-related infections you may have and how well your immune system is dealing with them.