

Name:				Date:					
LymeStop Protocol Follow-up Appointment Symptom Sheet									
Top 3 remaining symptoms:									
1 2		3							
Are your Symptoms:									
1. Improved Percentage Better? 2. No Improv	ement _								
Check all that apply	CUF	RRENT SEV	ERITY	CURREN	JENCY				
SYMPTOM OR SIGN	MILD	MODERATE	SEVERE	OCCASIONAL	OFTEN	CONSTANT			
Persistent swollen glands									
Sore Throat									
Fevers									
Sore soles, especially in the morning									
Pain in fingers									
Pain in toes									
Pain in ankles									
Pain in wrists									
Pain in knees									
Pain in elbows									
Pain in hips									
Pain in shoulders									
Swelling of fingers									
Swelling of ankles									
Swelling of wrists									
Swelling of knees									
Swelling of elbows									
Swelling of hips									
Swelling of shoulders									
Unexplained back pain									
Stiffness of the joints or back									
Muscle aches or cramps									
Obvious muscle weakness									
Twitching of the face or other muscles									
Confusion, difficulty thinking									
Problems with concentration or reading									
Problems absorbing new information									
Word search, "name block"									
Forgetfulness, poor short term memory, poor attention									
Disorientation, getting lost, going to wrong places									
Speech errors- using the wrong word or misspeaking									
Mood swings, irritability, depression									
Anxiety, panic attacks									
Psychosis (hallucinations, delusions, paranoia, bipolar)									
Tremor									
Seizures									
Headaches									

SYMPTOM OR SIGN	CURRENT SEVERITY			CURRENT FREQUENCY		
	MILD	MODERAT	SEVERE	OCCASIONA	OFTEN	CONSTANT
Abnormally sensitive to light		E		L		
Abnormally sensitive to sound						
Double vision, blurry vision, or "floaters"						
Ear Pain						
Buzzing or ringing in ears, decreased hearing						
Increased motion sickness, vertigo, spinning sensation						
Off balance, "tippy" feeling						
Lightheadedness, wooziness, unavoidable need to sit						
or lie down						
Tingling, numbness, during or stabbing sensations /					_	
shooting pains / skin hypersensitivity						
Facial paralysis – Bell's Palsy						
Unexplained tooth or gum pain						
Neck creaking or cracking, neck stiffness, neck pain						
Fatigue, tired, poor stamina						
Insomnia, interrupted sleep, early awakening						
Excessive night time sleep						
Napping during the day						
Unexplained weight gain						
Unexplained weight loss						
Pain in genital area						
Unexplained menstrual irregularity						
Unexplained milk production or breast pain						
Irritable bladder or bladder dysfunction						
Erectile dysfunction						
Loss of libido						
Queasy stomach or nausea						
Heartburn or stomach pain						
Constipation						
Diarrhea						
Low abdominal pain or cramps						
Heart murmur or valve prolapse						
Heart palpitations or skips						
"Heart block" on EKG						
Chest wall pain or sore ribs						
Sinus congestion						
Breathlessness, "air hunger", unexplained chronic						
cough						
Profuse sweating at night						
The feeling of "slowly dying" or premature aging						
Brain fog						
Symptoms that are slowly getting worse						