



Welcome

Made for the CODA UK & Ireland community

A printable activity from CODA UK & Ireland

This booklet is yours. There is no right or wrong way to be a CODA. You can leave questions blank, decorate the pages, or ask a trusted adult to join in.

Before you start

Suggested age: 7-14. Print the pages you want, choose your favourite activity, and take your time.

My name (optional):

Something I enjoy doing:



All About Me

You can write, draw, or skip anything you prefer.

Three things I enjoy

Something I am good at

Something I want to learn



My Family and Languages

You can write, draw, or skip anything you prefer.

Ways we communicate in my family

A family tradition I enjoy

A funny or happy family memory



My CODA World

You can write, draw, or skip anything you prefer.

Something being a CODA means to me

Something people might not understand

A question I have about CODA identity



Looking Ahead

You can write, draw, or skip anything you prefer.

Something I am proud of

A CODA activity I would like to try

Someone I can talk to if I need support