

My Health Stories

Stimulating Language



Are you hungry?
Do you want to help
me prepare dinner?

Yes. Can I
pick the food?



Do you see anything
you like?

Yes! I want
spaghetti.



We need to buy
the food to
cook.



We will go shopping. I'm writing the list of food we will buy.



I want to help write the list!



Thank you for helping me with the list.

Let's write the foods we need. We need spaghetti. Spaghetti starts with an "S".

My name starts with an "S".

Yes it does, Sandy.



What else should we
write?





Cookies!

Milk!

Yes, we will write
cookies and mik.

We also need to
write sauce for
our spaghetti.




You can help me write them. You can draw a picture of the cookies.



Yes, let me draw a cookie.

Our list is finished.
We have spaghetti,
cookies and milk.
Good job!





Let's go shopping!

Okay, mom!

What do we need first?

Spaghetti!



There's the
spaghetti!



Ok. Now look at the name on the box, and find it on the list.

It starts just like Sandy, with an “S”.



Here it is. I can read!

Now what's next?



Tomato sauce.

Do you see
the tomato
sauce?

There it is.
I found it.



Let's look at the list and see if we have everything.

That's all.
Shopping together is fun!



Ok, let's go home
and start cooking!

Yeah!!!



Now, let's see what
we have to do...



What can I do?

First, we put spaghetti in
boiling water



We put the sauce
in.

You're right. That's
what the book says!



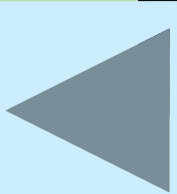
Mmm,
yummy!

Look at what we made with
the help of a cookbook!



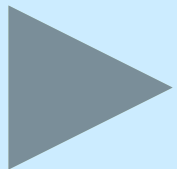
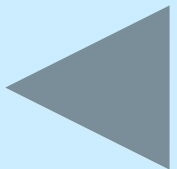
Cook books are
lots of fun!!!

Thanks for helping
me prepare dinner



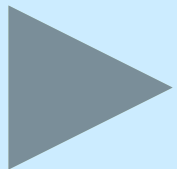
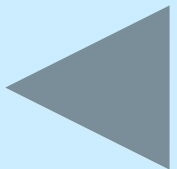
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