



Positive Affirmation Cards for Kids

Wander+PLAY
@wandernplay



**Print and cut out these cards,
laminate if you wish!**

**Empower your kids to
develop positive self-talk
and self-confidence by
making a habit of reading
these affirmation cards.**



**Remember to follow us on Instagram
for more ideas and resources**

@wandernplay

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A colorful rainbow with multiple bands of blue, green, yellow, orange, and red. Small hearts in various colors (blue, purple, pink) are scattered around the base of the rainbow.

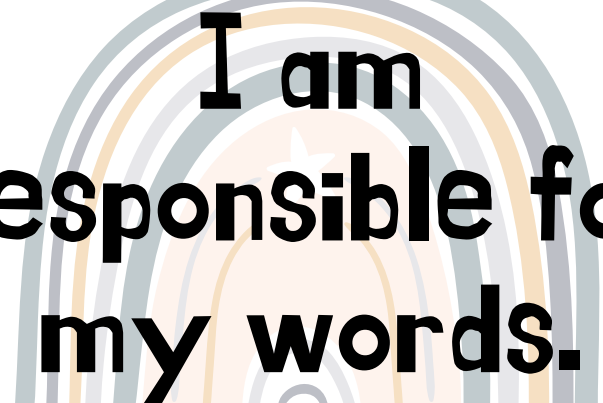
**I can make a
difference.**

A rainbow with purple, blue, and orange bands. Two large, fluffy white clouds are positioned at the base of the rainbow, one on each side.

**These emotions
will pass.**

A rainbow with blue, yellow, and orange bands. Green leaves and purple branches are arranged around the rainbow, creating a leafy border.

**I believe in my
abilities.**

A rainbow with blue, yellow, and orange bands. A single white star is positioned in the center of the rainbow, above the text.

**I am
responsible for
my words.**



**I am in control
of my actions.**



**It's alright to
feel my
emotions.**



**I can learn
from my
mistakes.**



**I am valuable.
I am enough.**

A stylized rainbow with a pink heart in the center and a dotted line above it.

**I grow from
my mistakes.**

A stylized rainbow with a blue leaf in the center and several yellow stars around it.

**I don't need to
be perfect.**

A stylized rainbow with a scalloped edge and a heart in the center.

**I get better
every day.**

A stylized rainbow with a heart in the center and a dotted line above it.

**I have a
positive
attitude.**

A stylized rainbow with multiple bands of color (teal, light blue, yellow, orange, red, purple) and several small, colorful stars (blue, green, purple, pink) scattered around it.

**I can do
anything.**

A stylized rainbow with multiple bands of color (light blue, yellow, orange, red, purple) and several small, light blue hearts scattered around it.

**I can make
good decisions.**

A stylized rainbow with multiple bands of color (light blue, yellow, orange, red, purple) and several small, light blue leaves and dots scattered around it.

**I can do hard
things.**

A stylized rainbow with multiple bands of color (light blue, yellow, orange, red, purple) and several small, light blue swirls scattered around it.

**I have amazing
ideas.**

A stylized rainbow with multiple bands of color (teal, light blue, pink, orange, yellow, green). The outermost band is teal and is decorated with small green leaves. The inner bands are lighter shades of the rainbow colors.

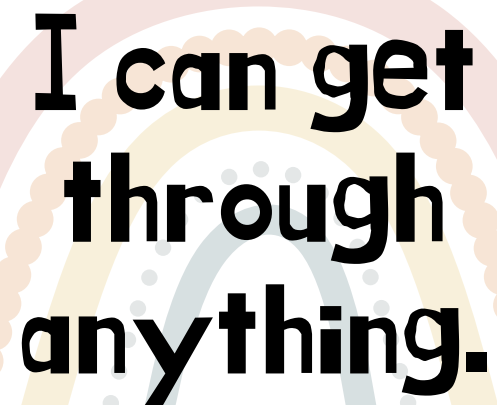
**I forgive
myself for
my mistakes.**

A stylized rainbow with multiple bands of color (pink, light pink, teal, light blue, yellow, orange). The outermost band is pink and is decorated with small white flowers with yellow centers. The inner bands are lighter shades of the rainbow colors.

**It is enough to
do my best.**

A stylized rainbow with multiple bands of color (teal, light blue, yellow, orange, pink, light pink). The outermost band is teal and is decorated with small white stars. The inner bands are lighter shades of the rainbow colors.

**I am strong
and
determined.**

A stylized rainbow with multiple bands of color (pink, light pink, yellow, orange, teal, light blue). The outermost band is pink and is decorated with small white dots. The inner bands are lighter shades of the rainbow colors.

**I can get
through
anything.**