Sher Psychiatry Medication Monitoring Policy

Sher Psychiatry providers prescribe various psychopharmacological medications including controlled substance medication, i.e. stimulants, anxiolytics, sedatives, etc. which can be very helpful as part of a patient’s overall treatment plan, but they also come with a high potential for misuse, abuse, dependency and/or addition. Therefore, these medications are closely regulated and controlled by local, state, and federal government. These medications are intended to help with symptoms that result in distress and/or impairment of daily functioning and are only meant to be prescribed as part of an overall treatment plan.

Sher Psychiatry providers often prescribe these controlled substances and therefore require patients to be tested (Infiniti Labs) to ensure that what our providers prescribe are in the patient’s system and at the level we expect it to be. This helps Sher Psychiatry prescribers ensure that patients are compliant with treatment.

Sher Psychiatry requires **ALL NEW PATIENTS TO BE TESTED** via saliva sample (urine samples also possible, but not preferred). Samples will be collected by front office personnel and will then be sent to Infiniti Labs where the sample will be processed, and results returned within 2-3 days. We encourage all providers (prescribers and non-prescribers) to review and communicate with one another regarding these reports/results so that our patients may receive the best possible care.

Sher Psychiatry requires **ALL EXISTING PATIENTS TO BE TESTED BETWEEN 90-180 DAYS AND/OR AT THE PRESCRIBERS DISCRETION, IF MORE FREQUENTLY.** Sher Psychiatry may randomly require testing. The goal is to ensure patient compliance, safety and efficacy of our coordinated and collective treatment (prescriber and non-prescriber).

Please take the time to review the Sher Psychiatry Controlled Substance Agreement for which all patients are expected to read, sign and date. Your cooperation and assistance in the compliance of this policy is important to the safety, efficacy and overall success of Shery Psychiatry patients.