

Walk In Crisis

TrueNorth Wellness Services

33 Frederick Street
Hanover, PA 17331
717-637-7633 or 1-866-325-0339
7 days a week 8am -8pm

Wellspan Crisis Intervention

1101 Edgar Street, Suite C
York, PA 17403
717-851-5320 or 1-800-673-2496
M – Th 8am – 8pm Fri 8am – 6pm

Hospital Based Crisis

Located in Emergency Departments
24 / 7 / 365

Gettysburg Hospital-Wellspan
147 Gettys Street
Gettysburg, PA 17325

Hanover Hospital-TrueNorth
300 Highland Avenue
Hanover, PA 17331

York Hospital-Wellspan
1001 S George Street
York, PA 17403

Memorial Hospital-TrueNorth
325 South Belmont Street
York, PA 17405

Telephone Crisis Intervention

TrueNorth Wellness Services
717-637-7633
1-866-325-0339

Wellspan Crisis Intervention
717-851-5320
1-800-673-2496

White Deer Run Regional Support Center
(Drug & Alcohol Detox Screening &
Service Coordination)
1-866-769-6822 (available 24/7)

Mobile Crisis Intervention

TrueNorth Wellness Services can deliver mobile crisis intervention to anyone living in York or Adams County. This can include a person's home, school, or office setting.

Please call 717-637-7633 or 1-866-325-0339 if you are interested in mobile services. A crisis specialist will triage the call and determine the appropriate mobile location.

Mobile crisis can not:

1. Administer Medication
2. Restrain Individuals
3. Transport Individuals
4. Write Prescriptions

Crisis Intervention Services



Serving York & Adams Counties

We are here to help YOU!

Definition of a Crisis

A crisis is any situation for which a person does not have adequate coping skills. What is a crisis for one person, may not be a crisis for another person.

Crises may range from seemingly minor situations to major life changes, such as death or divorce. What is now a crisis may not have been a crisis before or would not be a crisis in a different setting.

Feelings are Associated with a Crisis

Common emotional reactions to a crisis include:

- Apathy
- Depression
- Guilt
- Loss of self-esteem
- Powerlessness
- Drug & Alcohol
Withdrawal/Detoxification need

Crisis Providers

- ✚ TrueNorth Wellness Services
717-637-7633 or 1-866-325-0339
- ✚ Wellspan Crisis Intervention
717-851-5320 or 1-800-673-2496

What are Crisis Services?

- Provide Free help to anyone
- Help you get through your crisis
- Help you to get the services you or your family may need
- Available 24 hours a day, 7 days a week, 365 days a year.
- Provide services over the phone, at a walk in center, in the community or at a hospital emergency room.
- Provide evaluation for inpatient mental health or drug and alcohol detoxification
- Offer options to family members who have a relative in crisis.
- Work with other agencies, schools, and police departments to provide assessment and evaluations for individuals needing crisis services.
- Provide emotional support and reduce tension.

(DCORT) The York/Adams Disaster, Crisis, Outreach and Referral Team:

A group of volunteers trained to provide emotional support to individuals affected by a disaster or crisis. The mission is to foster a compassionate presence, and to aid in community resilience after a disaster or a crisis.

For information on DCORT services, contact York/Adams MH-IDD at 717-771-9618



If you have problems getting the crisis services you need, feel free to contact York/Adams MH/IDD/DA Program:
717-771-9618
and ask for the program specialist.

If you are enrolled in the HealthChoices Program, please call:

1-866-738-9849
Adams County Residents
1-866-542-0299
York County Residents