



- Not One More www.notonemoreyorkpa.org
- RASE Project www.raseproject.org
- York Opioid Collaborative www.herointaskforce.com
- Adams County Overdose Awareness Task Force www.facebook.com/adamscountyheroinawareness/
- Mason Dixon Anti Drug Coalition cindyseibel47@gmail.com

COMMUNITY RESOURCES



RECOVERY ON THE HORIZON

FOR THE FAMILY

- Al-Anon/Nar-Anon www.pa-al-non.org
1-888-425-2666 www.nar-anon.org
1-800-477-6291
- Learn how to obtain and use Naloxone, the opioid reversal medication:
www.ddap.pa.gov/overdose/Pages/Naloxone_Reversal.aspx
- York Recovery Alliance 717-340-6100

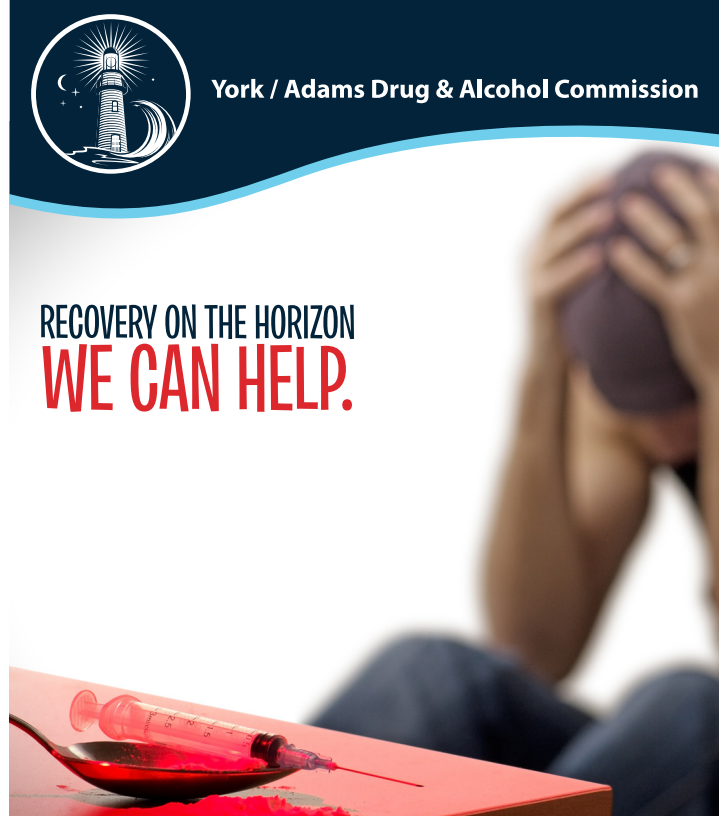
THINGS YOU CAN DO TO HELP

- Check out the YADAC website for Current Events www.yorkcountypa.gov
- Count & Lock up all medications & Dispose of old medications at Med Take Back Locations www.cfygettsburg.com/partnership-events/take-back-medication-disposal
<http://ycswa.org/disposal-of-household-waste/medical/>
- Be supportive of families battling substance use disorder, reach out to them.



FOR THE SUBSTANCE USER

- Alcoholics Anonymous/Narcotics Anonymous
- York AA Helpline 717-854-4617 www.york-pa-aa.org
- York NA Helpline 717-848-9988 www.na.org
- Hanover AA Helpline 717-451-3991 www.hanoverintergroup.org
- School Aged Children - Contact your School's "Student Assistance Program" (SAP)



RECOVERY ON THE HORIZON WE CAN HELP.



York / Adams Drug & Alcohol Commission

How to Seek Help for Drug/Alcohol Treatment

If you do not need crisis or detox follow below for help.

If you are in crisis.

Experiencing suicidal or homicidal thoughts.

True North Mobile Crisis Unit (24/7)
1-866-325-0339

Wellspan York Hospital Crisis Unit (24/7)
1-800-673-2496

If you need detox.

Experiencing withdrawal symptoms.

White Deer Run (24/7)
1-866-769-6822

If you do not have insurance.

York County

White Deer Run York Assessment Center
717-668-8035

Adams County

Adams County Assessment Center
717-771-9222
Ext:1459

If you have insurance.

Call the number on the back of your insurance card to find out locations covered by your insurance.

Or call White Deer Run (24/7)
1-866-769-6822

MAT - Medication-Assisted Treatment

Combines behavioral therapy and medications to treat substance use disorders.

YADAC Providers can make appropriate referrals.