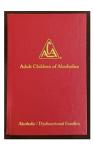
12 Step Recovery Literature

12 Step Literature from Various Anonymous Fellowships

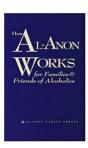
Adult Children of Alcoholics (ACA)

• Adult Children: Alcoholic / Dysfunctional Families by ACA WSO

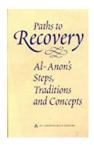


Al-Anon Family Groups

• How Al-Anon Works for Families & Friends of Alcoholics by Al-Anon Family Groups



 Paths to Recovery: Al-Anon's Steps, Traditions and Concepts by Al-Anon Family Groups



 Courage to Change : One Day at a Time in Al-Anon II by <u>Al-Anon Family Groups</u>

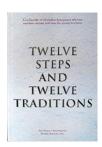


Alcoholics Anonymous (AA)

• Alcoholics Anonymous - 4th Edition by Anonymous and Inc. Alcoholics Anonymous World Services



• Twelve Steps and Twelve Traditions by Alcoholics Anonymous World Service Inc.



• Daily Reflections: A book of reflections by A.A. members for A.A. members by AA (Author), AA World Services Inc (Author)

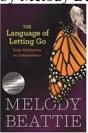


Codependents Anonymous (CODA)

• Co-Dependents Anonymous by CODA (Author)



• The Language of Letting Go: Daily Meditations for Codependents by Melody Beattie



Narcotics Anonymous (NA)

• Narcotics Anonymous – 6th Edition by Narcotics Anonymous World Services



• Just for Today: Daily Meditations for Recovering Addicts by Narcotics Anonymous World Services



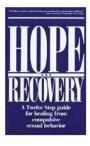
Overeaters Anonymous (OA)

• Overeaters Anonymous, Third Edition by Overeaters Anonymous



Sex / Sex & Love Addiction (SAA or SLAA)

 Hope and Recovery: A Twelve Step Guide for Healing From Compulsive Sexual Behavior



• S.L.A.A. Basic Text - Anonymous Cover



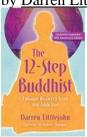
• Out of the Shadows: Understanding Sexual Addiction by Patrick J Carnes Ph.D



12 Step Literature from Other Sources

Buddhist 12 Steps

• The 12-Step Buddhist by <u>Darren Littlejohn</u> (Author)



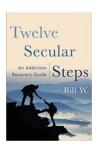
Pagan 12 Steps

• The Pagan in Recovery: The Twelve Steps from a Pagan Perspective By Deirdre Hebert



Secular 12 Steps

• Twelve Secular Steps: An Addiction Recovery Guide By Bill W.



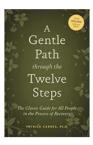
• The Alternative 12 Steps: A Secular Guide To Recovery by Martha Cleveland



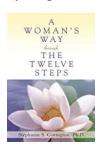
Miscellaneous 12 Step Literature

• A Gentle Path through the Twelve Steps: The Classic Guide for All People in the Process of Recovery Paperback

by Patrick J Carnes Ph.D (Author)



• A Womans Way Through The Twelve Steps by Stephanie S. Covington



• Trauma and the 12 Steps, Revised and Expanded: An Inclusive Guide to Enhancing Recovery by Jamie Marich

