



RECOVERY MEETING TOPIC LIST

Pick one or multiple for discussion

Acceptance
Attitude of gratitude
Belief in a Higher Power
Complacency
Contempt prior to investigation
Dependence
Fear
Forgiveness
Freedom through sobriety (recovery)
Group Conscience (Tradition 2)
Hope
Humility
Inadequacy
Inventory
Letting go of anger
Let's be friendly with our friends
Living one day at a time
Making amends
Meditation
Open-mindedness
Participation and action
Patience and tolerance
Personal spiritual experience and spiritual awakening
Plan the action—not the result
Practice these principles in all our affairs
Principles before personalities
Projection—living in the wreckage of the future
Resentments
Responsibility declaration
Rigorous honesty
Serenity