



SEWING PROJECT 6 - PLANNER

Watch the project video and use the planner to note important information and the step-by-step instructions.

Project Name

Decorated head
band

Start Date:

End Date:

To complete the project:

5cm (2.5") x 20cm (8") template elastic casing

Flower template

40cm (16") x 10cm (6") fabric (band template)

1/2" (1.2cm) wide elastic

Marker

Safety pin

Sewing kit - pins, scissors etc

Sewing machine and thread

Measurements of project.
(Note pattern size and finished size.)

Your measurements
(if required).

Your fabric selection and swatches

| | | | | | |
|--------|--------|--------|--------|--------|--------|
| Swatch | Swatch | Swatch | Swatch | Swatch | Swatch |
|--------|--------|--------|--------|--------|--------|

Instructions

1. Cut out the templates and stick to cardboard.
2. Press the fabric and lay it out flat on the table.
3. Lay the templates onto your fabric and place a weight on top.
4. Trace around the outside of the templates onto the fabric.
5. Cut out the fabric pieces making sure to cut the headband piece on a fold of fabric so it is double the width of the fabric.
6. Fold the head band in half length ways and finger press. Sew down the open edge.
7. Fold the elastic casing in half length ways and finger press. Sew down the open edge.
8. Turn both tube casings right sides out using a safety pin. Press with the seam in the middle of one side..
9. Take the elastic and cut 13cm (5"). Attach a safety pin and pass it through the smaller casing. The casing will wrinkle up as it is longer. Pin both ends of the casing with elastic inside and sew each end leaving the fabric edge raw.
10. Take the larger tube and press it with the seam in the centre back. Tuck in the seam allowance for either end and press. Stitch each end close to the edge.
11. Lay the band fabric down with the seam on the table.
12. Place the elastic casing onto the head band. Fold the top and bottom of the head band over the end of the elastic casing and pin. Sew across and back a few times. Repeat this step on the other end.
13. Turn the head band the right side out and press.
14. Decorate head band as you wish. If you want to use flowers cut out several flowers from fabric with a leaf background. Sew them all together by a back and forward stitch on the machine.
15. Take a button and sew onto the flower over the machine stitching.



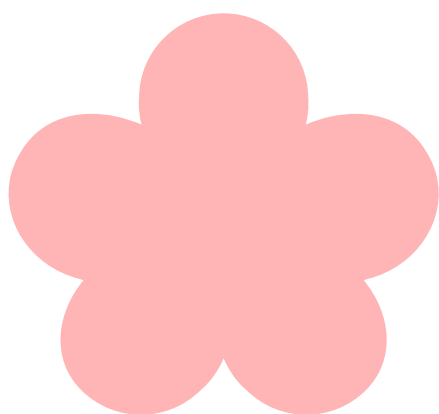


SEWING PROJECT 6 - TEMPLATE

Watch the project video and to note important information and the step-by-step instructions.

Project - 6 Decorated Head Band

Cut One of Head Band and cut one of elastic casing



1.3cm (.5") seam
allowance

1.3cm (.5") seam
allowance

