Pressing



Pressing is simply pressing the iron down, with or without steam, and picking it up before moving. There is a lot of pressing in quilting. Pressing prepares the fabric before cutting by removing wrinkles that can distort pieces when cut. Pressing is NOT ironing. Pressing is literally pressing the iron down onto the fabric and holding it for an appropriate time and then lifting it. Pressing sets and embeds the stitches and presses the seam open to lie flat. Pressing avoids distorting the seam and the fabric.





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