



Bespoke care packages that meet your needs!

**Contact Us:**

Call: 0114 5511332

Mobile: 07828402043

[info@vybrantcareservices.com](mailto:info@vybrantcareservices.com)

## VYBRANT CARE SERVICES Bespoke Packages

OUR VISION is to provide a high quality; compassionate support service that improves your lifestyle and enables you to live independently in your own home.

### OUR VALUES

Quality | Compassion | Integrity | Choice | Equality

### PACKAGES WE OFFER

Basic Vybrant | Exclusive Vybrant | Live-In

ALL PACKAGES INCLUSIVE OF COMPANIONSHIP

**We will deliver our promise of excellence in services along with great customer experience!**

## OUR PACKAGES COVER

DAYS | EVENING | NIGHTS | WEEKENDS



Regulated by  
 Care Quality  
Commission

 ico.



# BASIC VYBRANT BESPOKE CARE PACKAGE...

*...support includes personal care and domestic tasks!*

## Importance of having a healthy diet...

A healthy diet is essential for good health and nutrition. It protects you against many chronic noncommunicable diseases, such as heart disease, diabetes and cancer.

*We will help you achieve this by preparing your meals!*

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## Basic Vybrant includes the following:

### MORNING CALL (1 hour)

- **Assistance with personal hygiene:** support with washing / showering; assistance with cleaning your teeth and dressing
- **Help with breakfast preparation:** support with breakfast preparation and feeding
- **Encouragement or Support with medication:** help with your medication administration and management as well as medication reminders
- **Help with domestic tasks:** live in a healthy; safe and conducive environment. Do not be at risk of falls; rest your back etc. and laundry / ironing needs

### EVENING CALL (45 mins)

- **Support with toileting needs:** support going to toilet or changing incontinence pads
- **Help with tea preparation:** assistance with meal preparation and feeding
- **Support with clearing dishes and tidying surfaces:** helps with keeping on top of domestic tasks

**TOTAL HOURS: 12.25 hours p/wk**



# EXCLUSIVE VYBRANT BESPOKE CARE PACKAGE...

*...support includes companionship and bedtime support!*

## Importance of companionship & social inclusion...

Showing compassion, offering reassurance, and listening actively calms patients, lowers blood pressure, and enables faster recuperation, reduced pain, and shorter hospital stays.

*We will keep you company!*

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## Exclusive Vybrant includes the following:

### MORNING CALL (1 hour)

- **Assistance with personal hygiene:** support with washing / showering; assistance with cleaning your teeth and dressing
- **Help with breakfast preparation:** support with breakfast preparation (and feeding)
- **Medication assistance:** help with your medication administration, management and reminders
- **Help with domestic tasks:** live in a healthy; safe and conducive environment. Do not be at risk of falls; rest your back etc. and laundry / ironing needs

### AFTERNOON CALL (45 mins)

- **Support with toileting needs:** support going to toilet or changing incontinence pads
- **Medication assistance:** help with your medication administration, management and reminders
- **Help with lunch / tea preparation:** assistance with meal preparation (and feeding)
- **Support with clearing dishes and tidying surfaces:** helps with keeping on top of domestic tasks

### NIGHT CALL (45 mins)

- **Medication assistance:** help with your medication administration, management and reminders
- **Support with toileting needs:** support going to toilet or changing incontinence pads
- **Support with getting ready for and going to bed:** get tucked in!

**TOTAL HOURS: 17.5 hours p/wk**



# VYBRANT LIVE-IN CARE BESPOKE CARE PACKAGE

...support includes personal care and domestic tasks!

## Better and cheaper than a nursing home because...

- receive one-to-one care or support
- live in an environment familiar to you
- you direct the way you want to be cared for or supported
- have visitors visiting you as you wish
- make your own choices; decisions and voice your preferences
- only pay for the care you receive - no bills included

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## Benefits of Using Our Service

- **Maintain your independence:** have liberty to choose when you wish you eat, sleep, drink, bathe or even when to leave the house. *This is something that is restricted when opting for a care home.*
- **Have flexibility of the care you receive:** choose how much, or how little care you would like to receive, as well as what times and how often you want to receive it. *In a care home, you simply don't have this option, it is an 'all or nothing' package.*
- **Save money over time for your care:** Due to the flexibility of care as mentioned above, you simply pay for what you need, and nothing more.
- **Receive personalised, one-to-one care:** your needs are always put first, simply because you are one-to-one with the carer. *In care homes, more often than not, the ratio of staff to residents is very low.*
- **Receive consistent care:** by building a relationship with your carer/s you are able to maintain optimal physical, mental, emotional, and social health through meal preparation, medication reminders, and companionship.

**TOTAL HOURS: 24/7**



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We want to give you the best experience!

CHOOSE YOUR PACKAGE  
& GET

**10% OFF!**

YOUR FIRST WEEK