

Prep Your “Go Bag” Today!

What is a “Go Bag?”

A “go bag” (bug-out bag or an emergency bag) is a pre-packed bag with essential items you'd need to survive for **a day or two** in case of an emergency that requires you to leave your home quickly. It's commonly used for natural disasters, evacuations, or other crises. The purpose of the items in the bag is to keep you **safe, warm, fed, and informed** during the critical period immediately following a disaster or emergency.

Emergency Items

- Antiseptic Wipes
- Emergency Contact List ([PDF Example](#))
- [Flashlight](#)
- [Headlamp](#)
- [Hard hat with visor & ear muffs](#)
- Masks: 2 light, 2 heavy N95
- [Map](#)
- Personal ID Card (ex., driver's license)
- [Protective Glasses](#)
- Plastic Gloves
- [Swiss Army Knife](#)
- [Whistle](#)

Clothing

- Shorts & Top
- Pants & Warm Top
- Undergarments
- Jacket: [waterproof](#) & reflective
- Sweater/Vest
- Sandals
- Sneakers
- Glasses
- Sunglasses
- Hat/Visor

Food/Water

- Dried Proteins & Fruit, Protein Bars, Etc.
- Water
- Plasticware/Napkin
- Travel Mugs

Medical Items

- [Covid Test](#)
- First Aid Kit
- Insurance Cards
- Key Medical Information (written card)
- Personal Meds

Miscellaneous Items

- Cash and Credit/Debit Cards
- [Duffle](#)
- [Blanket](#)
- Fire Blanket
- Laptop & Charger
- Luggage Tag
- [Towels Microfiber](#)
- [Packing Cubes](#)
- Paper and Pen
- Phone & Charger
- Portable Charger
- [Power Strip](#)
- [Radio](#)
- [Waterproof Small Sack](#)
- [Toiletry Bag](#)
- [Toothbrushes](#), Toothpaste
- [Trolley \(foldable hand cart\)](#)
- Ziplocs

Helpful Tips!

- Be sure to prepare for your entire household, [including pets](#).
- Keep the packed bags by the primary exits of your home so you can easily grab them on your way out!
- Color-code the bag or a bag tag for each family member.