

Mid-America Buddhist Association

November 2021 eNews



Standing Buddha and Chan Hall ~ Fall at MABA

**"Overcome the angry by non-anger;
Overcome the wicked by goodness;
Overcome the miser by generosity;
Overcome the liar by truth."**

–Dhammapada v.223

Greetings from MABA

Please note: Although [MABA](#) continues to be closed to the public, a limited number of visitors will be allowed on Saturdays and Sundays, by appointment only. Please contact the [office](#) for more information and COVID protocols before you visit.

Join us every [Sunday](#) for LIVE Guided Meditations, Dharma Talks, and Discussions on [Zoom](#) and [Facebook](#), all are welcome!

Dear Friends,

With the shorter days and cooler weather come the final harvests and garden clean-up. We see both successes and failures: flowers and weeds are inevitable, all is impermanent. Understanding the importance of nurturing what is laid before us allows us to move forward

on our path with confidence and ease. May you and yours be well and happy.

We have a lot to share with you this month! First is an exciting series of Dhamma Talks and meditations on Zoom which will be held **November 3rd through 7th**. More information is below. Please note that **Sunday, November 7th** will be the end of Daylight Saving Time (set clocks back an hour) AND that our program will begin a little earlier, at **9am**, with Venerable Bhikkhu Bodhi. His teaching will be on **Dhammapada verse 223**, which is the featured verse this month (at top of this eNews). Everyone is welcome, join us!

Next, mark your calendar for November 14, when we again hold our annual **Kathina Ceremony** online. This year as the lay community make donations to support our monastics during Kathina, note that the typical requisites have changed: monastics health care, monastery upkeep, education fund. Due to COVID-19, Master Jiru has been unable to travel and give teachings, and MABA has been unable to host Sunday services, various groups, visitors, and retreats in person. All of this has resulted in a loss of income for MABA's day to day expenses. **Please help us support our monastics and donate now.** Thank you for your generosity, MABA wouldn't be MABA without you!

Welcome Home!

The community at MABA welcomes our newest monastic, Venerable Kongke, who has returned from her studies in Taiwan. You may remember Venerable Kongke as Katya, who began her studies at MABA three years ago.

We're happy you're back!



This month's guided meditation from Xiānkuān Don Yéye: Patience

If you receive Mindful Magazine or Tricycle Magazine, you may notice that the latest issues have ads for MABA's new **Mindfulness Program** (more info below), which begins in March 2022. Registration is open.

Again, now is the time to get a regular flu shot, especially if you're in a high risk group, the **CDC** advises. If you have questions or fears about vaccinations, please contact the **office**. We are here to help.

As always, we are grateful for your ongoing support. Please stay well, we'll see each other soon. We invite you to join us every **Sunday** for meditation, Dharma Talks, and discussions.

Your Friends in the Dharma,
The Community at MABA

Dhamma Talk Series ~ November 3–7

Please click on an image below to open the [Zoom link](#) for this exciting series of Dhamma Talks by some of the most well-respected Buddhist translators and commentators in this modern era. Our [event calendar](#) will have more information.

Opening the Gate to Awakening

Special MABA Zoom Series

Wednesday, November 3 – Sunday, November 7, 2021

This is an exceptional opportunity to deepen our practice, and to listen, ask questions, and learn.

We hope you can join us for all or part of the series.

All are Welcome! Use Sunday Morning Zoom link

Wednesday, November 3, 7:30 pm CT • Ajaan Ṭhānissaro Bhikkhu
Thursday, November 4, 2:00 pm CT • Bhante Gunaratana
Friday, November 5, 5:30 pm CT • Bhante Sujato
Saturday, November 6, 1:00 pm CT • Bhikkunī Dhammadinnā
Sunday, November 7, 9:00 am CT • Ven. Bhikkhu Bodhi
(DST ends)

Join us at 7:00 pm
Thu., Fri., & Sat. for
Meditation with Master Jirú



Special Zoom Dhamma Talk Series Sponsored by MABA

~ Opening the Gate to Awakening ~

Wednesday November 3 7:30 pm CT	Thursday November 4 2:00 pm CT	Friday November 5 5:30 pm CT	Saturday November 6 1:00 pm CT	Sunday November 7 9:00 am CT (DST ends)
Ṭhānissaro Bhikkhu	Bhante Gunaratana	Bhante Sujato	Bhikkunī Dhammadinnā	Bhikkhu Bodhi
Ajaan Geoff is one of the great present-day Buddhist translators and commentators, author of many books, including <i>On the Path</i> .	Bhante G, now in his mid-90s, is the author of many books, including <i>Mindfulness in Plain English</i> and the <i>Four Foundations of Mindfulness</i> .	Bhante Sujato lives in Australia and co-created the website SuttaCentral. His spirited talks on contemporary topics are an inspiration worldwide.	Bhikkunī Dhammadinnā lives in Italy and works with the Āgama Research Group translation team.	Bhikkhu Bodhi is one of the great present-day Buddhist translators and commentators, author of numerous books, including <i>In the Buddha's Words</i> .

All are Welcome!

Use our Sunday Morning Zoom link at:
maba-usa.org/sunday-morning

Join us at 7:00 pm
Thu., Fri., & Sat. for
Meditation with Master Jirú



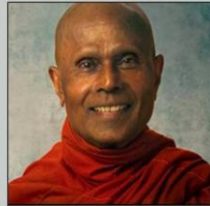
~ Opening the Gate to Awakening ~



Thānissaro Bhikkhu

*On the Path:
Right Concentration*

Wednesday
November 3
7:30 pm



Bhante Gunaratana
"Bhante G"

Mindfulness

Thursday
November 4
2:00 pm



Bhante Sujato

*Stories of
Monastic Life*

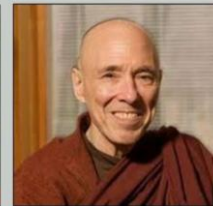
Friday
November 5
5:30 pm



Bhikkunī
Dhammadinnā

*The Buddha's
Awakening*

Saturday
November 6
1:00 pm



Bhikkhu Bodhi

*Dhammapada
verse 223*

Sunday
November 7
9:00 am (DST ends)

Use our Sunday Morning Zoom link at www.maba-usa.org ~ All are welcome!

Kathina Ceremony ~ Nov. 14

Please click on an image below to go to our [contribute](#) page. From there you may select how you would like your donation to be used. Thank you!

Nov. 14

Kathina

供僧日

The time traditionally set aside
to offer heartfelt *Dāna* (Generosity)
to our treasured Monastics.

We have great respect for
the Saṅgha community and
all they do for us.

This is our chance show our
appreciation by donating to them.

*Please join us by
pledging your support!*

www.maba-usa.org/contribute

Supporting
MABA's Property
&
Monastics'
Health Insurance



www.maba-usa.org/contribute

Thank you for donating!

Supporting
Monastics
General Personal
Needs

www.maba-usa.org/contribute

Supporting Online
Educations & Teachings
Zoom Subscription
Expenses



*Thank you for
your generosity!*

Kathina Ceremony ~ Nov. 14



Master Jirú



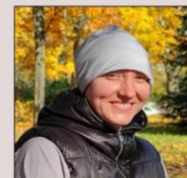
Venerable Kōngshí



Venerable Kōngyán



Venerable Zhàozhàn



Venerable Kōngkē

Venerable Chimiú

Venerable Kōngzhēng

Join Us! All Are Welcome As Our Lay Community Honors Our Monastics

Spring 2022 Classes

Registration is Open!

Click on the images below for more information on these two very worthwhile programs. We hope you will join us for one, or both, of these educational opportunities that are unique to the St. Louis (and Midwest) area.

MID-AMERICA BUDDHIST ASSOCIATION (MABA)
299 Heger Lane, Augusta MO 63332, USA
www.maba-usa.org Tel: (636) 482-4037

Now Open for Application
Mindfulness & Dharma Training Program
Fall Term 2021

Visit our website for a description of our facility located on a 76 acres land in the beautiful rolling hills of the Missouri River Valley.

PROGRAM FEATURES:

- * Combination of online lectures for Dharma learning and in-person retreat for mindfulness practice at MABA Monastery in Augusta, Missouri (45 minutes from St. Louis).
- * Dates & times for online courses: Every Sunday 1:30-4:30 PM CT starting Sept 12 till Nov 28, 2021
- * 4-day In-person retreat: Dec 2-5, 2021.
- * For details of the program, visit our website or email to ybfacecademy@gmail.com

Scan here for online application form: 

COURSES OFFERED:

1. Establishing A Moral Foundation & Mindfulness of the Body
2. Four Noble Truths
3. History of Indian Buddhism
4. History of the Buddha and His Great Disciples

REQUIREMENTS:

- * Determination, sincerity, self-discipline in learning and practice.
- * Proof of COVID-19 vaccination prior to join the in-person retreat.

TUITION FEE FOR ONE TERM: USD \$499

- * Discount if early registration by Aug 1: USD \$449
- * Discount for subsequent terms, visit our website for the details.

DIPLOMA IN PĀLI & BUDDHIST STUDIES (DPBS)

Admission 2022

Now Open for Application

Jointly Offered by University of Kelaniya (UoK) & Right Mindfulness Training Academy (RMTA)

About The Program

- This Associate-equivalent program consists of 16 compulsory credits and 14 optional credits for the total of 450 class hours
- Taken over two years period at part-time basis
- Taught primarily by qualified monastic and lay teachers
- Certificate will be conferred by the university upon completion of the program
- Classes will be held by RMTA through Zoom on two weekends each month, total of four months/semester, two semesters/year.

Commencement Date: MARCH 12, 2022

Fee: One-Time Registration USD \$500.00

To Apply: Email to ybfacecademy@gmail.com for application form

Welcome to the Pāramitā Challenge! □□□□□□

Pāramitā Challenge!

Join us for a 10-month meditation, study, and application of the Ten Pāramitās (Perfections), including the Ten Major Bodhisattva Vows!

Receive a monthly guide of this practice based on: *Sutra on Understanding the Profound and Esoteric Doctrine* (解深密經 Jiě shēnmì jīng), *Doctrine of Mere-Consciousness* (成唯識論 Chéng wéishí lùn), and the *Brahmā's Net Sutra* (梵網經 Fànwǎng jīng).

The material is easy to understand and enjoyable to practice!

Contact Don Yéye at
donshushu@cbt-stl.com to sign up.

MABA Calendar

November 3 - 7:30 pm - An Evening with Thanissaro Bhikkhu

November 4 - **2:00 pm** - **An Afternoon with Bhante Gunaratana**
November 4 - **7:00 pm** - **Meditation with Master Jiru**

November 5 - **5:30 pm** - **An Evening with Bhante Sujato**
November 5 - **7:00 pm** - **Meditation with Master Jiru**

November 6 - **1:00 pm** - **An Afternoon with Bhikkhuni Dhammadina**
November 6 - **7:00 pm** - **Meditation with Master Jiru**

November 7 - **9:00 am** - **Sunday Morning** - **Special Guest Bhikkhu Bodhi**
November 7 - **Four Foundations of Mindfulness Class**, part 3

November 14 - **Sunday Morning** - **Kathina Ceremony**

November 21 - **Sunday Morning** - Dharma Talk by Xiānhuān Francesca

November 28 - **Sunday Morning** - Dharma Talk by Xiǎnji Lee

December 1 - *Monastic Winter Retreat Begins*

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**Sunday Mornings at MABA** and Book Study Group meet every Sunday.

All are welcome! (use Zoom link below).

If you would like to receive a weekly email reminder,  
please send an email to **Xiankuan Don**.

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Sunday Mornings at MABA Schedule (Central Time-US):

- 9:15 am - Meditation Instruction Video
- 9:30 am - Guided Sitting Meditation
- 10:00 am - Dharma Talk
- 10:40 am - Chanting (in English), Announcements, and Short Break
- 11:00 am - Book Study Group (reading *On the Path*)

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**Zoom link for Sunday Mornings at MABA:**

[https://us02web.zoom.us/j/88072392264?](https://us02web.zoom.us/j/88072392264?pwd=a3htWG02Z0x1RzYvbTUvc0hnT1V5Zz09)  
[pwd=a3htWG02Z0x1RzYvbTUvc0hnT1V5Zz09](https://us02web.zoom.us/j/88072392264?pwd=a3htWG02Z0x1RzYvbTUvc0hnT1V5Zz09)

**Meeting ID: 880 7239 2264**

**Passcode: 130185**

Or, find **Sunday Mornings at MABA** Live on **Facebook** at  
[www.facebook.com/MABAAugusta](https://www.facebook.com/MABAAugusta)

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Our **Sunday Book Study Group** continues reading and discussing Thānissaro Bhikkhu's *On The Path* on Sundays during our regular Sunday Morning program.

We are currently reading **Chapter Nine: Right Concentration**. All are welcome, no experience necessary. To sign up for these classes, contact Xiānxǐng Sherrie at

retreat@maba-usa.org to receive the free .pdf book. Or join us on **Sunday Morning** and download it then.

**Join us on Wednesday, November 3 at 7:30pm
with special guest Thānissaro Bhikkhu!
~ Part of our Zoom Dhamma Talk Series ~**

MABA Cares



The MABA community is happy to be of benefit to any of our sangha members in difficulty, and we are able to help in several ways. If you are in a food emergency, MABA can provide supplies from MABA's pantry; if you cannot make it out to the monastery, we can deliver. For longer-term food assistance, we can help you find a food pantry.

Whether spiritual counseling and moral support, professional mental health counseling, end-of-life questions, or legal assistance, we can help you find a provider. If you feel unsafe, let us know.

Please have no fear of reaching out; anyone can fall into difficulty, and there is no shame in a helping hand from a friend. Reach out to MABA at www.maba-usa.org/contact-us if you need assistance.

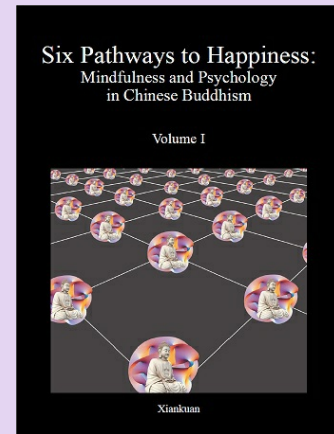
Dharma Talks and Guided Meditations

**This month's guided meditation from
Xiānkuān Don Yéye:
Patience**

Xiānkuān continues to post new guided meditations on YouTube. Learn how to calm the mind, gain insight, and cultivate loving kindness and compassion at:

Six Pathways

Six Pathways is available in both softcover and e-book at Amazon.com. Stay tuned for Volume II later this year!



MABA continues to upload past Dharma Talks, and can be found at MABA's YouTube channel (more to come):

[Dharma Talks at MABA](#)

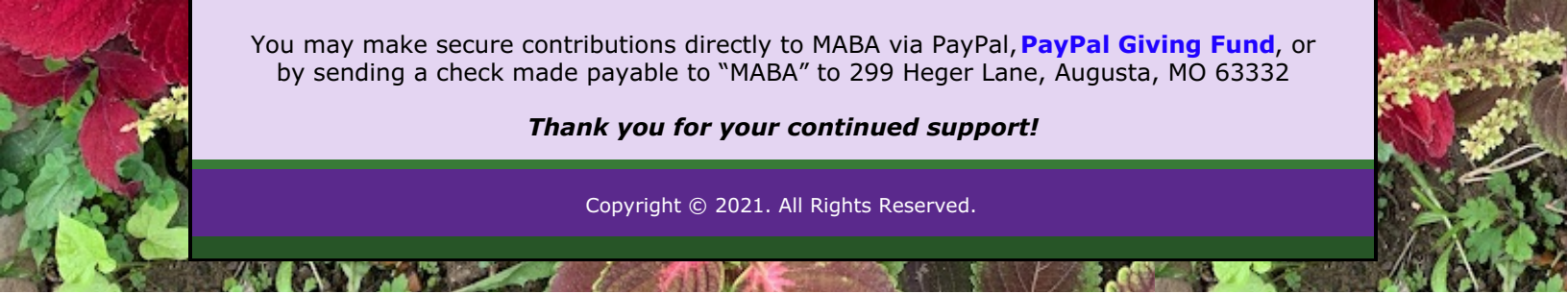
Photos, Events, and More!

To view more photos from events at MABA, please visit our **[Media page](#)**.

Please visit our **[Event Calendar](#)** for upcoming events.

[Donate Now](#)

Please consider making a donation today.
All donations are tax-deductible to the extent allowed by law.



You may make secure contributions directly to MABA via PayPal, [PayPal Giving Fund](#), or by sending a check made payable to "MABA" to 299 Heger Lane, Augusta, MO 63332

Thank you for your continued support!

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