

Mid-America Buddhist Association

April 2022 eNews



Forsythia Blooming Outside Chan Hall

*"Let him associate with friends who are noble, energetic, and pure in life,
let him be cordial and refined in conduct.
Thus, full of joy, he will make an end of suffering."*

—Dhammapada v. 376

Greetings from MABA

Join us every **Sunday** for meditation, chanting, and discussions
on **Zoom** and **Facebook**, all are welcome!

***Note that for now, MABA continues to be closed to the public.
We are looking forward to re-opening in June, stay tuned!***

Dear Dharma Friends,

*As we watch COVID numbers continue to drop, we are optimistically looking forward to re-opening in June, stay tuned! In the meantime, if our Sangha members would like to visit MABA this spring on Saturday or Sunday, please make an appointment with our **office** ahead of time. Please wear masks while at MABA, be vaccinated, and maintain social distancing.*

Flowering trees and spring bulbs are blooming in abundance at MABA this time of year, annual reminders of Nature's renewal. The sky is bright, clean, and clear, like the Buddha's teachings, which we can see reflected in all that surrounds us. We remember our wish to be

kind to ourselves, by developing our meditation practice, even if only for three breaths. And the joyful energy we bring to our daily activities assures us we are on the right path.

Our **Qing Ming Memorial** is April 3, more information, including .pdfs of the flyers, is below.

The annual ***Socially Engaged Buddhism*** event sponsored by **The Buddhist Council of Greater St. Louis** last month on Zoom and Facebook was well attended, with several hundred dollars in donations raised for the **St. Louis Area Foodbank**. The topic was *Paradigm Shift: From Fear to Freedom*, and video may be found at the **Buddhist Council Facebook** page.

Construction at MABA's sister temple, **IBFA Chicago Temple** in Chicago's Chinatown, has made great progress in the last year. Their new four-story building is currently taking shape with windows, doors, electrical, plumbing, and drywall installations. In the coming weeks IBFA needs a few volunteers to help paint the interior, please contact **IBFA here**. Meals and lodging can be provided for those who would like to stay a few days. Photos showing progress on the new temple construction are on the **IBFA homepage**. Funds are needed to complete the Temple, which is anticipated to reopen in late May/early June. For more information on how to donate, click: **IBFA – Donate**. Thank you for your support!

Congratulations to our sangha friends at **Confluence Zen Center**. Led by Rev. Daigaku Rummé, CZC recently purchased a building a few minutes away from their current location in Maplewood and are in the process of moving.

As our second class of students have begun their first semester of our two-year **DPBS** program, MABA's RMTA would like to announce that registration is now open for our next class of DPBS students beginning in March 2023. For more information, see our **DPBS-2023-2024** webpage.

MABA's **Book Study Group** welcomed **Ajaan Thanissaro Bhikkhu** for a fourth virtual visit via Zoom last month. We discussed equanimity in the *Salayatana-vibanga Sutta* (MN 137), the *Six Sense Bases* ([click to download the .pdf](#)). Video of our evening with Ajaan may be found on **MABA's YouTube channel**.

Looking ahead, on Sunday, May 22 MABA will welcome **Bhikkhu Amaro** virtually as part of our Zoom Dharma Talk Series. He will be giving a Dharma Talk on the *Niramisa Sutta*, more information next month.

This month's guided meditation from Xiānkuān Don Yéye: Passive Relaxation

We invite you to join us every **Sunday Morning** on Zoom and **Facebook** for meditation, chanting, and discussions. All are welcome.

As always, we are grateful for your ongoing **support**. And thank you to those who have donated to our food pantry during the pandemic. May all beings be well and happy, please continue to stay safe. We'll see you soon!

Your Friends in the Dharma,
The Community at MABA

Qing Ming Memorial ~ April 3



Qing Ming Memorial Service
ON FILIAL PIETY AND GRATITUDE
美中佛教會清明孝親報恩法會

Sunday, April 03rd 2022

星期日 2022 年 4 月 03 日
10:00 AM ~ 11:30 AM

"Diamond Sutra," "Heart Sutra,"
"Transferring of Merit"
【金剛經】、【心經】、回向

注: MABA 當天 (只限 4 月 03 日, 10AM-4:30PM) 將開放地藏殿讓人們前往追思往生者。(全程務必戴口罩及遵守 MABA 列下的防疫措施。)

有興趣線上參加清明法會者, 請在點燈表格填上您的 Email。

To participate online:
please fill in your email address on the candle's registration form,
we will send you the Zoom link.

有興趣長期收到 MABA 活動和訊息,
請掃描微信 ID 加入。

To receive MABA news via WeChat,
please scan the bar code.
299 Heger Ln, Augusta, MO 63332
Website: <https://www.maba-usa.org>



Please click on flyer to download .pdf

Mid-America Buddhist Association
2022 年清明節祈福法會點燈登記表
2022 Qingming Dharma Assembly Blessing Candles
Registration Form

祈福消災平安燈: 點燈日期 04/03/2022 一永日。每盞燈以登記兩名為限, 每盞燈\$30。
Blessing Candles: Candle will be lit on 4/3/2022 for a day, each candle it is limited to two names, \$30 per candle lit.

平安祈福燈 1
Blessing Candle _____
平安祈福燈 2
Blessing Candle _____
平安祈福燈 3
Blessing Candle _____
平安祈福燈 4
Blessing Candle _____

為往生者點燈: 點燈日期 04/03/2022 一永日。每盞燈以登記兩名為限, 每盞燈\$30。
Blessing Candles for Departed: Candle will be lit on 4/3/2022 for a day, each candle it is limited to two names, \$30 per candle lit.

往生燈 1
Deceased Candle _____
往生燈 2
Deceased Candle _____
往生燈 3
Deceased Candle _____
往生燈 4
Deceased Candle _____

Please make check payable to MABA, Please fill in the form and send together with the check to
MABA, 299 Heger Lane, Augusta, MO 63332 on or before 3/31/2022 for our preparation purpose.
If you wish to send via zelle, please use email: office@maba-usa.org

Applicant Name: _____ Tel: (____) _____ (ZelleCashCheck) # _____
Received By: _____ Receipt #: _____ Date: ____/____/2022
Email: _____

Please click on flyer to download .pdf

MABA Calendar

April 3 -- Qing Ming Memorial - Dharma Talk by Xianhuan Francesca
April 10 -- Sunday Mornings at MABA - Dharma Talk by Xianji Lee
April 17 -- Sunday Mornings at MABA - Dharma Talk by Ven. Kongke
April 24 -- Sunday Mornings at MABA - Dharma Talk by Xianchu Cory

May 1 -- Sunday Mornings at MABA - Dharma Talk by Master Jiru
May 8 -- Manjusri Blessing - Dharma Talk by Xiankuan Don Yeye
May 15 -- Sunday Mornings at MABA - Dharma Talk by Master Jiru
May 22 -- Sunday Mornings at MABA - Dharma Talk by Bhikkhu Amaro
May 29 -- Sunday Mornings at MABA - Dharma Talk by Xianxing Sherrie

Spring topic: Dharma for Difficult Times

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### Sunday Mornings at MABA Schedule:

- 9:15 am -- Meditation Instruction Video
- 9:30 am -- Guided Sitting Meditation
- 10:00 am -- Dharma Talk
- 10:30 am -- Chanting (in English), Announcements, and short break (Facebook streaming ends)
- 11:00 am -- Study Group
- 11:45 am -- Conclude

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Sunday Mornings at MABA and our **Study Group** meet every Sunday morning via Zoom and Facebook. All are welcome, no experience necessary. If you would like to receive a weekly email reminder, please send an email to **Xiankuan Don Yeye** with "subscribe to weekly email" in the subject line.

Zoom link for Sunday Mornings at MABA:

<https://us02web.zoom.us/j/86110188493?pwd=NnhzQ0FxcWZCTzIjZHFIMHVxLzc4UT09>

Meeting ID: 861 1018 8493
Passcode: 828040

Or, find **Sunday Mornings** at MABA on Facebook at
www.facebook.com/MABAAugusta



On Sundays our **Book Study Group** continues to read and discuss the *Śūraṅgama Sūtra* (□□□□ *Shǒulèngyǎn Jīng*) during our regular **Sunday Morning** program. This month we plan to cover Chapters Two and Three. All are welcome, no experience necessary. To sign up for these classes, contact Xiǎnxǐng Sherrie at retreat@maba-usa.org to receive the free .pdf book. Or join us on **Sunday Morning** and download it then.

Come visit with us on **Sunday Mornings**!

MABA Cares

The MABA community is happy to be of benefit to any of our sangha members in difficulty, and we are able to help in several ways.

If you are in a food emergency, MABA can provide supplies from MABA's pantry; if you cannot make it out to the monastery, we can deliver. For longer-term food assistance, we can help you find a food pantry.



Whether spiritual counseling and moral support, professional mental health counseling, end-of-life questions, or legal assistance, we can help you find a provider. If you feel unsafe, let us know.

Please have no fear of reaching out; anyone can fall into difficulty, and there is no shame in a helping hand from a friend. Reach out to MABA at www.maba-usa.org/contact-us if you need assistance.

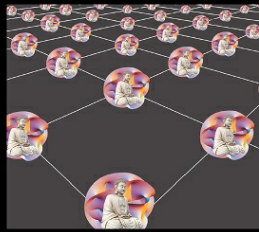
Dharma Talks and Guided Meditations

This month's guided meditation from
Xiǎнкуān Don Yéye:
Passive Relaxation

Xiǎнкуān continues to post new guided meditations on

Six Pathways to Happiness:
Mindfulness and Psychology
in Chinese Buddhism

Volume I



Xiankuan

YouTube. Learn how to calm the mind, gain insight, and cultivate loving kindness and compassion at:

[Six Pathways](#)

Six Pathways is available in both softcover and e-book at [Amazon.com](#). Stay tuned for Volume II this fall!

MABA continues to upload past Dharma Talks, and can be found at MABA's YouTube channel (more to come):

[Dharma Talks at MABA](#)

Photos, Events, and More!

To view more photos from events at MABA, please visit our [Media page](#).

Please visit our [Event Calendar](#) for upcoming events.

[Donate Now](#)

**Please consider making a donation today
to support our on-going programs.**

All donations are tax-deductible to the extent allowed by law.

You may make secure contributions directly to MABA via PayPal, [PayPal Giving Fund](#), Zelle, or by sending a check made payable to "MABA" to
299 Heger Lane, Augusta, MO 63332

Thank you for your continued support!

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