

Mid-America Buddhist Association

March 2022 eNews



Blue Lotus House in the Spring

Calm is his thought, calm his speech, and calm his deed,
who, truly knowing, is wholly freed,
perfectly tranquil and wise.

—Dhammapada v. 96

Greetings from MABA

Join us every **Sunday** for meditation, chanting, and discussions
on **Zoom** and **Facebook**, all are welcome!

Dear Dharma Friends,

Happy Spring! Our monastics' winter retreat has ended and we find the early spring flowers breaking ground; all are refreshed. We have a lot to share with you this month!

First, we return to our regular **Sunday Mornings at MABA** schedule, with weekly Dharma Talks and Study Group (more information below). Master will give the first talk on March 6. For now, **MABA continues to be closed**, and while we continue our Sunday practice on Zoom and Facebook, we are looking forward to re-opening soon, stay tuned.

Next Saturday you are invited to attend, via Zoom and Facebook, **Socially Engaged Buddhism**, sponsored by the Buddhist Council of Greater St. Louis. An afternoon of thought-provoking talks and discussions, all are welcome, more information, including Zoom link, is below.

As our first class of DPBS students are graduating (*Congratulations!*), we welcome our second class of DPBS students to the two-year program as they begin classes on March 12. Good luck to all!

Join us on March 23 as MABA's Book Study Group welcomes back Ajaan Thanissaro Bhikkhu for a fourth virtual visit. We will be discussing the [Salayatana-vibanga Sutta \(MN 137\)](#), the Six Sense Bases (*click on title to download the .pdf*).

We invite you to join us every **Sunday Morning** on Zoom and Facebook for meditation, chanting, and discussions.

As always, we are grateful for your ongoing support. May all beings be well and happy, please continue to stay safe. We'll see you soon!

Your Friends in the Dharma,
The Community at MABA

Relieving Suffering in the World

現在，烏克蘭和俄羅斯正在打戰。打戰最受難的卻是人民。我們應該將心比心救助這些受苦的難民。

Ukraine and Russia are at war. In all conflicts, it is always the common people who suffer the most. Putting ourselves in the same condition, we should be heartfelt and help these suffering refugees.

我呼籲美中佛教會的信眾朋友們，請大家齊心合力，慷慨解囊，無論你身在世界上的任何國度，請為這些受苦受難的難民盡一份心力，盡一份責任去資助這些難民，免得他們陷入水深火熱之中。

I appeal to all friends of MABA to work together to help them and donate generously. No matter what country of origin, we should do our best to support our friends so that they do not fall into dire straits.

烏克蘭戰爭將會對世界造成重大影響，身為佛教徒的我們應該懷著慈悲的心去救助這些受苦的難民。

The war in Ukraine will affect the world.

As Buddhists, we should help these suffering refugees with compassion.

我感恩大家的鼎力捐助，使難民有个光明的明天，谢谢大家。

Thank you for your generous donations, for a brighter tomorrow to these refugees, thank you all.

Please consider making a donation for Relief Efforts today to help those who are affected by, and are suffering from, this conflict. [Donate here](#) (also through Zelle), please specify **Relief Effort**. Thank you for your compassion!

Remembering Thầy



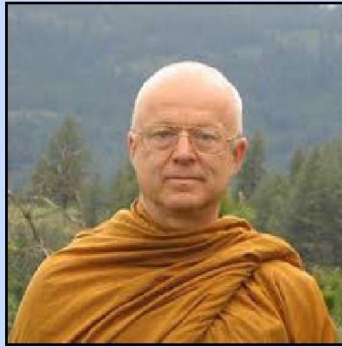
Memorial for the late Venerable Master Thích Nhất Hạnh

As you may already know, the much beloved Thích Nhất Hạnh passed away at the age of 96. On February 27, MABA held a memorial honoring Thầy's life and work via Zoom and FB, with over 50 presenters and attendees. The morning session was filled with meditation, chanting, and talks by Master Jiru, Xiankuan Don Yeye, Dr. Todd Braver (WUSTL), Dr. Elise DaVido (an author on Humanistic Buddhism, living in Taiwan), and Jeanne Kloeckner (WUSTL). The afternoon session was filled with sharing by Sangha members Stacey, John, Eileen, Elaine, and Tracy. A wonderful program, you can find the morning video on our [Facebook page](#), and the afternoon video will be on our [YouTube channel](#) soon.

Our thanks to the presenters and Sangha members from all over, through whose heartfelt talks and stories allowed us to see the depth of the impact Thầy made in their lives. Sadu! Sadu! Sadu!

Thanissaro Bhikkhu ~ March 23

MABA's
Book Study Group
Welcomes Back via Zoom:



Ajaan
Thānissaro Bhikkhu

Wednesday, March 23, 2022
7:30–9:00 pm

Studying:
Salāyatana-vibhaṅga Sutta
An Analysis of the Six Sense-Media

Ajaan's teachings on Zoom last year were well received by our group. We are thankful Ajaan has accepted our invitation to join us for a fourth virtual visit during our series of Dhamma Talks.

Since Ajaan seldom travels, this is a rare opportunity to learn from one of the great present-day Buddhist translators and commentators.

Everyone is welcome!

Registration suggested, please email
Don Shūshu: donshushu@cbt-stl.com

Donations gratefully accepted:
maba-usa.org/contribute

Socially Engaged Buddhism ~ March 5

for their annual **Socially Engaged Buddhism** series of talks. All are welcome!

Click to join Zoom Meeting on March 5

Meeting ID: 857 4983 9535
Passcode: 834346

SOCIALLY ENGAGED BUDDHISM

**The Buddhist Council
of Greater St. Louis**

presents an afternoon of
thought-provoking talks and
panel discussions about the
application of Buddhist
teachings to the social
and economic issues
we face every day.

Saturday, March 5, 2022

1:30 pm – 3:45 pm CST

Via Zoom

Paradigm Shift: From Fear to Freedom

SCHEDULE:

1:30 – 1:35	Introduction: Leonora Kham, <i>Cherokee Buddhist Temple</i>
1:35 – 1:55	Dr. Rosan Yoshida, Director, Missouri Zen Center <i>Shift: From Karma to Dharma</i>
1:55 – 2:15	Prof. Benjamin de Foy, PhD, Atmospheric Science, SLU <i>Shift: From Ego to Eco</i>
2:15 – 2:35	David Swanson, Executive Director, World Beyond War <i>Shift: From War to Peace</i>
2:35 – 2:55	Steven Starr, University of Missouri, Columbia <i>Shift: From Nukes to Life</i>
2:55 – 3:15	Kongsak Tanphaichitr, M.D., Thai Buddhist Temple <i>Shift: From Sickness to Health</i>
3:15 – 3:45	Panel Discussion – Q&A
3:45	Dedication of Merit & Conclusion, Dr. Kongsak Tanphaichitr

To join us live via Zoom: email [cibtstl@gmail.com](mailto:cbtstl@gmail.com) for a Zoom invitation
Or join us live via Facebook: www.facebook.com/BuddhistCouncilSTL/

FREE & OPEN TO THE PUBLIC ~ ALL ARE WELCOME!

Donations are welcome to support St. Louis Area Food Bank during COVID-19 Pandemic

Qing Ming Memorial ~ April 3

Qing Ming Memorial Service
ON FILIAL PIETY AND GRATITUDE
美中佛教會清明孝親報恩法會

Sunday, April 03rd, 2022

星期日 2022 年 4 月 03 日
10:00 AM ~ 11:30 AM

"Diamond Sutra," "Heart Sutra,"
"Transferring of Merit"
【金剛經】、【心經】、回向

注：MABA 當天（只限 4 月 03 日，10AM-4:30PM）將開放地藏殿讓人們前往追思往生者。（全程務必戴口罩及遵守 MABA 列下的防疫措施。）

有興趣線上參加清明法會者：請在點燈表格填上您的 Email。

To participate online:
please fill in your email address on the candle's registration form,
we will send you the Zoom link.

有興趣長期收到 MABA 活動和訊息，
請掃描微信 ID 加入。

To receive MABA news via WeChat,
please scan the bar code.

299 Heger Ln, Augusta, MO 63332
Website: <https://www.maba-usa.org>



Please click on flyer to download .pdf

Mid-America Buddhist Association
2022 年清明節祈福法會點燈登記表
2022 Qingming Dharma Assembly Blessing Candles
Registration Form

祈福消災平安燈：點燈日期 04/03/2022 一永日。每盞燈以登記兩名為限，每盞燈\$30。
Blessing Candles: Candle will be lit on 4/3/2022 for a day, each candle lit is limited to two names, \$30 per candle lit.

平安祈福燈 1
Blessing Candle _____
平安祈福燈 2
Blessing Candle _____
平安祈福燈 3
Blessing Candle _____
平安祈福燈 4
Blessing Candle _____

為往生者點燈：點燈日期 04/03/2022 一永日。每盞燈以登記兩名為限，每盞燈\$30。
Blessing Candles for Departed: Candle will be lit on 4/3/2022 for a day, each candle lit is limited to two names, \$30 per candle lit.

往生燈 1
Deceased Candle _____
往生燈 2
Deceased Candle _____
往生燈 3
Deceased Candle _____
往生燈 4
Deceased Candle _____

Please make check payable to MABA. Please fill in the form and send together with the check to
MABA, 299 Heger Lane, Augusta, MO 63332 on or before 3/31/2022 for our preparation purpose.
If you wish to send via zelle, please use email: office@maba-usa.org

Applicant Name: _____ Tel: (____) _____ Total Amount: \$ _____
Received By: _____ Receipt # _____ Date: ____/____/2022

Email: _____

Please click on flyer to download .pdf

The Pāramitā Challenge □□□□□ ~ Now Online!

Pāramitā Challenge!

Join us for a 10-month meditation, study, and
application of the Ten *Pāramitās* (Perfections),
including the Ten Major Bodhisattva Vows!

Receive a monthly guide of this practice based on:
Sutra on Understanding the Profound and Esoteric
Doctrine (解深密經 *Jiě shēnmì jīng*), *Doctrine of*
Mere-Consciousness (成唯識論 *Chéng wéishí lùn*),
and the *Brahmā's Net Sutra* (梵網經 *Fǎnwǎng jīng*).

The material is easy to understand and
enjoyable to practice!

Contact Don Yéye at
donshushu@cbt-stl.com to sign up.

Now you can find prior months of the **Pāramitā Challenge** online at our **website!**

MABA Calendar

February 28 -- Monastic Winter Retreat ends

March 5 -- **Socially Engaged Buddhism** - sponsored by **The Buddhist Council of Greater St. Louis**

March 6 -- **Sunday Mornings at MABA** - Dharma Talk by Master Jirú

March 12 -- DPBS Classes Begin -- Welcome, students!

March 13 -- **Sunday Mornings at MABA** - Dharma Talk by Xiankuan Don Yeye

(DST Begins)

March 20 -- Sunday Mornings at MABA - Samantabhadra Blessing - Dharma Talk by Xianzhi Katty

March 23 -- Ajaan Thanissaro Bhikkhu via Zoom at 7pm (**Sunday Mornings at MABA** link below)

March 27 -- Sunday Mornings at MABA - Dharma Talk by Xianxing Sherrie

April 3 -- Qing Ming Memorial Ceremony - Dharma Talk by Xianhuan Francesca

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### Sunday Mornings at MABA Schedule:

- 9:15 am -- Meditation Instruction Video
- 9:30 am -- Guided Sitting Meditation
- 10:00 am -- Dharma Talk
- 10:40 am -- Chanting (in English), Announcements, and short break
- 11:00 am -- Study Group
- 11:45 am -- Conclude

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Sunday Mornings at MABA and Study Group meet every Sunday morning via Zoom. All are welcome, no experience necessary! If you would like to receive a weekly email reminder, please send an email to **Xiankuan Don Yeye** to subscribe.

Zoom link for Sunday Mornings at MABA:

<https://us02web.zoom.us/j/86110188493?pwd=NnhzQ0FxcWZCTzljZHFIMHVxLzc4UT09>

Meeting ID: 861 1018 8493
Passcode: 828040

Or, find **Sunday Mornings at MABA Live** on Facebook at www.facebook.com/MABAAugusta



On Sundays our **Book Study Group** continues to read and discuss the *Śūraṅgama Sūtra* (□□□□ *Shǒulèngyǎn Jīng*) during our regular **Sunday Morning** program. This month we plan to cover Chapters Two and Three. All are welcome, no experience necessary. To sign up for these classes, contact Xiǎnxǐng Sherrie at retreat@maba-usa.org to receive the free .pdf book. Or join us on **Sunday Morning** and download it then.

Come join us **Sunday Mornings** on Zoom!

MABA Cares

The MABA community is happy to be of benefit to any of our sangha members in difficulty, and we are able to help in several ways.

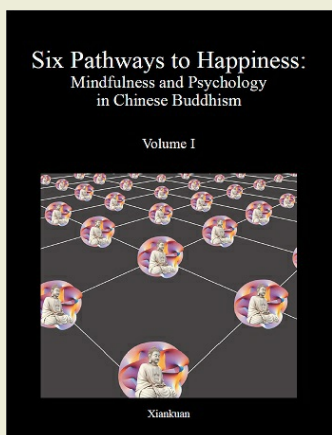
If you are in a food emergency, MABA can provide supplies from MABA's pantry; if you cannot make it out to the monastery, we can deliver. For longer-term food assistance, we can help you find a food pantry.



Whether spiritual counseling and moral support, professional mental health counseling, end-of-life questions, or legal assistance, we can help you find a provider. If you feel unsafe, let us know.

Please have no fear of reaching out; anyone can fall into difficulty, and there is no shame in a helping hand from a friend. Reach out to MABA at www.maba-usa.org/contact-us if you need assistance.

Dharma Talks and Guided Meditations



This month's guided meditation from Xiānkuān Don Yéye: **Patience**

Xiānkuān continues to post new guided meditations on YouTube. Learn how to calm the mind, gain insight, and cultivate loving kindness and compassion at:

Six Pathways

Six Pathways is available in both softcover and e-book at Amazon.com. Stay tuned for Volume II this fall!

MABA continues to upload past Dharma Talks, and can be found at MABA's YouTube channel (more to come):

[Dharma Talks at MABA](#)

Photos, Events, and More!

To view more photos from events at MABA, please visit our [Media page](#).


Please visit our [Event Calendar](#) for upcoming events.

[Donate Now](#)

**Please consider making a donation today
to support our on-going programs.**

All donations are tax-deductible to the extent allowed by law.

You may make secure contributions directly to MABA via PayPal, [PayPal Giving Fund](#),



Zelle, or by sending a check made payable to "MABA" to
299 Heger Lane, Augusta, MO 63332

Thank you for your continued support!

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