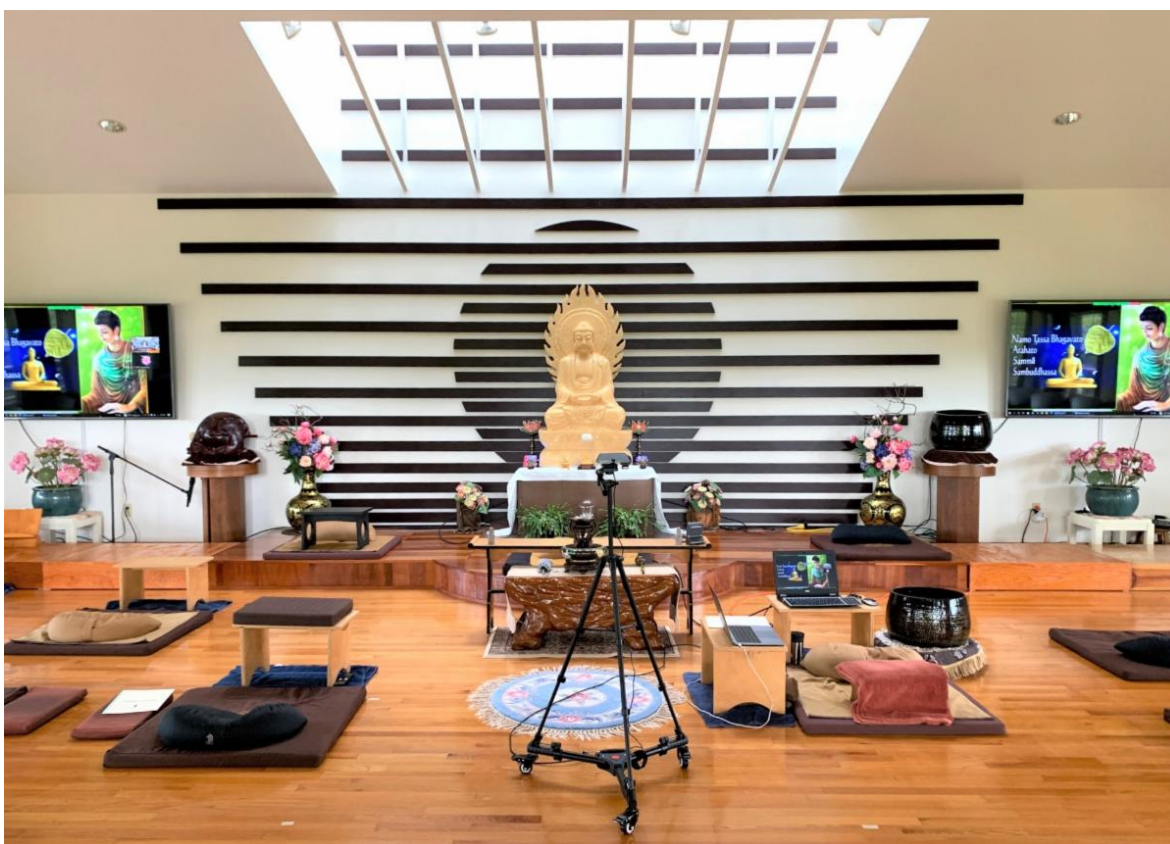


# Mid-America Buddhist Association September 2022 eNews



Join us every **Sunday** for meditation, talks, chanting, and discussions  
In-person and live on **Zoom!**

***MABA is open to the public on Friday, Saturday, and Sunday.  
Please wear masks indoors, be vaccinated, and maintain social distancing.***

"One is one's own protector, one is one's own refuge.  
Therefore, one should control oneself,  
even as the trader controls a noble steed."

—Dhammapada 380

## ***Greetings from MABA***

*Again, we are gently reminded of a few guidelines when visiting the monastery. Along with COVID precautions, please refrain from wearing fragrances, speak in low tones, wear respectful clothing (plain colors, no bare knees or shoulders), remove shoes before entering buildings, and leave pets at home.*

**All are welcome to join us for lunch at 11:45am in Blue Lotus House**

Dear Dharma Friends,



Warm weather slows summer growth in the garden—and as with all life—progress ebbs and falls, rises and ceases. Successes and setbacks go hand-in-hand. Keeping in mind that all is impermanent, unsatisfactory, and not-self helps to sustain us through our challenges along the path.

We have a lot to share with you this month, including **An Evening with Heng Sure** on Sept 14, and we have a number of events coming up this fall, so stay tuned!

Our Bodhisattva Retreat will be held on October 14-16 and is by invitation to those who have taken Bodhisattva Vows *or* have taken Refuge and Precepts and are interested in taking Bodhisattva Vows. Details are being finalized and information will be emailed later in the month. Contact **Don Yeye** if you are interested in taking Bodhisattva Vows this year.

# Children's Half-Day

Ages 5–12

July 10 & 24 ~ August 7 & 21 ~ September 11 & 25

9:30am – 11:45am

(same time as our *Sunday Mornings* program;  
we come together for lunch at 11:45am)

Topic: Noble  
Eightfold Path

For more information and to sign-up  
Please contact: [office@maba-usa.org](mailto:office@maba-usa.org)

Our Children's Half-Day program continues to meet, and our theme for September is the Four Noble Truths, with emphasis on the Noble Eightfold Path. We welcome children ages 5 through 12 with their own program in Manjusri Hall, while our regular **Sunday Mornings** program is held in Chan Hall. Then we all meet for lunch at 11:45am at the Blue Lotus House.

Facilitated by Ven. Kongke, Stacey, Jennifer, and with adult helpers, the program includes short meditations, story-telling, a short walk or yoga, crafts, and sharing. Those younger than five-years old are welcome when accompanied by an adult, while those older than 12 are welcome to be helpers. Adult helpers are always welcome as well. For more information and to sign-up, please email the **MABA office** with "children's group" in the subject line.

## MABA invites you to join us!



Rev. Heng Sure

### *An Evening with Rev. Heng Sure*

Wednesday, Sept. 14, 2022

7:30–9:00 pm CT (USA)

Topic: **Does the Buddha Speak English?**  
*Reflections on Translating Mahāyāna Sūtras*

*Part of our Zoom Dhamma Talk Series*

All are welcome! Register at [EventBrite](#) link on this page

Registration for *An Evening with Rev. Heng Sure* takes only a minute.  
You will receive the Zoom link in your confirmation email from Eventbrite.



This month's guided meditation from Xiānkuān Don Yéye:  
**Mindfulness of the Breath**

# Diploma in Buddhist Studies

Offered jointly by University of Kelaniya, a renown Buddhist University in Sri Lanka and Right Mindfulness Training Academy (RMTA), USA.

## Admission 2023-2024 is Now Open for Application

### Features

- Associate-equivalent program taken over two years period at part-time and online basis.
- Unique online learning opportunity offer courses taught by qualified monastic and lay Buddhist teachers.
- Certificate will be conferred by University of Kelaniya.

### Courses offered

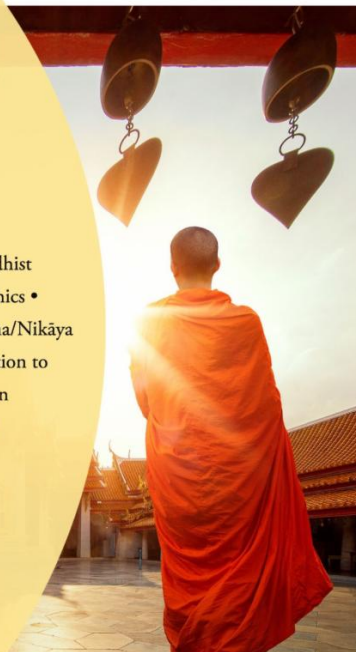
Historical Background of Buddhist Culture • Fundamental Teachings of Buddhist Philosophy • Selected Readings in Buddhist Sanskrit Literature • Buddhist Ethics • Buddhist Meditation • Theravada and Mahayana • Selected Readings in Āgama/Nikāya Literature • Abhidhamma and Development of Buddhist Thought • Introduction to Buddhist Psychology • Buddhist Analysis of Mind and Mental States • Modern Movements of Humanistic Buddhism • Mindfulness Practice and Its Modern Applications

### For more information, please visit our website:



<https://maba-usa.org/dbs-2023-2024>

Email: [ybefacademy@gmail.com](mailto:ybefacademy@gmail.com)



We invite you to join us live every **Sunday Morning**, either in person or on **Zoom**, for meditation, Dharma talks, chanting, and discussions. All are welcome. Past Dharma talks and special event speakers will be uploaded to both our **YouTube channel** and **Facebook** page.

As always, we are grateful for your ongoing **support**. Please continue to stay safe, we look forward to seeing you soon. May all beings be well and happy!

Your Friends in the Dharma,  
The Community at MABA



# Chinese Study Group

in Mandarin

Wednesdays 8–10 pm CT

Skype Host: Sin EE

Current topic of study: Discourse by Master Yin Shun –  
the “**Extensive Commentary on the Five Skandas of the Mahayana Tradition**”  
大乘廣五論講記

Contact: Katty Choi

Email: [kattymetta2you@gmail.com](mailto:kattymetta2you@gmail.com) OR: [lktan\\_sinee@yahoo.com](mailto:lktan_sinee@yahoo.com)

*All who are interested are welcome to join us!*

Mid-America Buddhist Association  
2022 年地藏王菩薩祈福燃燈登記表

## 2022 Dizang Dharma Assembly Blessing Candles Registration Form

祈福消災平安燈：點燈日期從 8/31/2022 至 9/4/2022 共計五日。每盞燈以登記兩名為限，每盞燈\$30。

Blessing Candles: Candle will be lit from 8/31/2022 to 9/4/2022. Total of 5 days, each candle lit is limited to two names, \$30 per candle lit.

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Please make check payable to MABA. Please fill in the form and send together with the check to MABA, 299 Heger Lane, Augusta, MO 63332 on or before 8/30/2022 for our preparation purpose. If you wish to send via zelle, please use email: [office@maba-usa.org](mailto:office@maba-usa.org).

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## DIZANG BLESSING CEREMONY

美中佛教會地藏祈福法會

Sunday, September 4<sup>th</sup>, 2022

星期日 2022 年九月四日

10:00 AM ~ 11:30 AM

Reciting *Diamond Sutra*, *Heart Sutra*,

Name of Amitabha Buddha

Offering & Transferring of Merit

念誦金剛經、心經、佛號；

上供、回向

注：歡迎您和家人親友們共同來參與法會追思往生者。全程務必戴  
口罩及遵守 MABA 列下的防疫措施。本會準備午齋與大家共享。

Note: MABA welcome you and your family, relatives, and friends to participate in this Dharma  
Assembly to commemorate the departed. Please wear mask at all time & follow the restriction  
rules set by MABA. Vegetarian lunch will be served.

有興趣長期收到 MABA 活動和訊息，

請添加 MABA 的微信 ID: MABAAugustaMO

To receive MABA news via WeChat,

please add MABAAugustaMO to your WeChat contact.

299 Heger Ln, Augusta, MO 63332

Website: <https://www.maba-usa.org>

Click image to download form in .pdf

Click image to download flyer in .pdf

Coming Up This Fall!



# 美中佛教會觀世音菩薩 祈福燃燈供佛

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## Avalokitêsvara (Guān Yīn) Bodhisattvas Lanterns Offering Blessing Ceremony

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**Sunday, October 16<sup>th</sup>, 2022**

星期日 2022 年 10 月 16 日

**8:40 AM ~ 10:30 AM**

Chanting:

The Gatha from Chapter 25 of the *Lotus Sutra* and *Heart Sutra*

**Dharma Talk by Master Jiru**

誦《觀世音菩薩普門品》偈頌及《心經》  
為燃燈者及大眾祈福。

上繼下如法師開示

There will be a Bodhisattva Vows Ceremony conferred by Master Jiru at 10:30 AM, if you would like to take the Bodhisattva Vows, please email to [office@maba-usa.org](mailto:office@maba-usa.org).  
**Note:** MABA welcome you and your family, relatives, and friends to participate in this Dharma ceremony. Please wear mask at all time & follow the COVID-19 prevention measures set by MABA. Vegetarian lunch will be served.

上繼下如法師將於當天早上十點半傳授菩薩戒。您如有意受持菩薩戒，可電郵至 MABA 辦公室：[office@maba-usa.org](mailto:office@maba-usa.org)。

注：歡迎您和家人親友們共同來參與法會。全程務必戴口罩及遵守 MABA 列下的防疫措施。本會將提供午齋與大眾共享。

299 Heger Ln, Augusta, MO 63332.  
<https://www.maba-usa.org/>

Tel: 636-4824037 Fax: 636-3232298  
<https://www.facebook.com/MABAAugusta>



# Opening the Gate to Awakening II

## Special MABA Zoom Series

Tuesday, November 8 – Monday, November 14, 2022

This is an exceptional opportunity to deepen our practice, and to listen, ask questions, and learn.

We hope you can join us for all or part of the series.

### All are Welcome!

- |                                   |                      |
|-----------------------------------|----------------------|
| Tuesday, November 8, 7:30 pm CT   | • Karma Lekshe Tsomo |
| Wednesday, November 9, 7:30 pm CT | • Bhante Sujato      |
| Thursday, November 10, 7:30 pm CT | • Ven. Yanrong       |
| Friday, November 11, 7:30 pm CT   | • TBA                |
| Saturday, November 12, 2:00 pm CT | • Ven. Bhikkhu Bodhi |
| Sunday, November 13, 9:30 am CT   | • Master Jirú        |
| Monday, November 14, 7:30 pm CT   | • Thubten Chodron    |

Join us (TBA) for

Meditation with Master Jirú



*The teachings are free,  
Join us for one or all days.*

Register at [EventBrite](#) beginning Oct. 1

## Taking Refuge & Precepts

On **November 13**, Master Jiru will be conferring **Refuge and Precepts** to those who are interested, either for the first time or for those who would like to renew their vows.

This month we invite you to join our study group at 11am **Sunday Morning** for a better understanding of taking refuge and precepts. All are welcome!

For more information (including study materials), and to sign-up, please contact Ven. Kongshi at [office@maba-usa.org](mailto:office@maba-usa.org) or Don Yeye at [donshushu@cbt-stl.com](mailto:donshushu@cbt-stl.com).

## MABA Calendar

- Sept. 4 -- **Sunday Mornings at MABA** - Dharma Talk by Xiǎnzhi Katty
- Sept. 11\* -- **Sunday Mornings at MABA** - Dharma Talk by Xiǎnhuān Francesca
- Sept. 14 -- **An Evening with Rev. Heng Sure** - 7:30pm - **Register at Eventbrite**
- Sept. 18 -- **Sunday Mornings at MABA** - Dharma Talk by Xiǎnchū Cory
- Sept. 25\* -- **Sunday Mornings at MABA** - Dharma Talk by Xiǎnjí Lee

- Oct. 1 -- Eventbrite registration opens for **Opening the Gate to Awakening II**
- Oct. 2 -- **Sunday Mornings at MABA** - Dharma Talk by Xiǎnxǐng Sherrie
- Oct. 9 -- **Sunday Mornings at MABA** - Dharma Talk by Xiǎnzé Jeff
- Oct. 14-16 -- **Bodhisattva Retreat**
- Oct. 16 -- **Guanyin Blessing** and **Bodhisattva Vows Ceremony**  
**Sunday Mornings at MABA** - Dharma Talk by Master Jirú
- Oct. 23 -- **Sunday Mornings at MABA** - Dharma Talk by Ven. Kōngyán
- Oct. 30 -- **Sunday Mornings at MABA** - Dharma Talk by Ven. Kōngke

\* = Children's Half-Day (October is TBA)

Topic: *Dharma for Difficult Times*

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### Sunday Mornings at MABA Schedule:

- 9:15 am -- Meditation Instruction Video



- 9:30 am -- Guided Sitting Meditation
- 10:00 am -- Dharma Talk
- 10:30 am – Chanting (in English), Announcements, and short break
- 11:00 am -- **Study Group: *On Taking Refuge and Precepts***
- 11:45 am -- Conclude

**Zoom link for *Sunday Mornings* at MABA:**

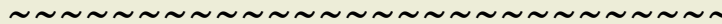
**<https://us02web.zoom.us/j/86110188493?pwd=NnhzQ0FxcWZCTzIjZHFiMHVxLzc4UT09>**

**Meeting ID: 861 1018 8493  
Passcode: 828040**

**Find past Dharma Talks on our YouTube channel:  
[www.youtube.com/MABAAugusta](http://www.youtube.com/MABAAugusta) or  
Facebook page: [www.facebook.com/MABAAugusta](http://www.facebook.com/MABAAugusta)**



This fall our **Study Group** will discuss what it means for Buddhists to take refuge and precepts as part of our regular **Sunday Morning** program. If you are interested in taking refuge and precepts or renewing your vows, please attend some of this informative series. Master Jiru will next confer Refuge and Precepts on November 13 during our Kathina, contact **Xiankuan Don Yeye** for more information or to sign-up.



**Sunday Mornings** at MABA and our **Study Group** meet every Sunday morning in person and via Zoom. All are welcome, no experience necessary. If you would like to receive a weekly email reminder, please send an email to **Xiankuan Don Yeye** with "subscribe to weekly email" in the subject line.

Come visit with us on **Sunday Mornings!**

## *MABA Cares*

The MABA community is happy to be of benefit to any of our sangha members in difficulty, and we are able to help in several ways.

If you are in a food emergency, MABA can provide supplies from MABA's pantry; if you cannot make it out to the monastery, we can deliver. For longer-term food assistance, we can help you find a food pantry. Whether spiritual counseling and moral support, professional mental health counseling, end-of-life questions, or legal assistance, we can help you find a provider.

If you feel unsafe, let us know.

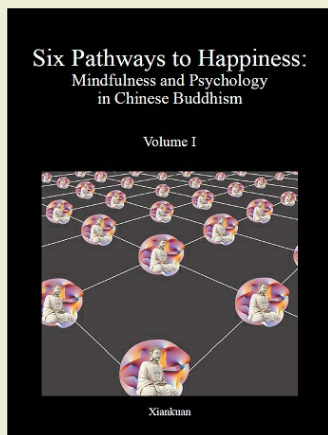
*Please have no fear of reaching out, anyone can fall into difficulty, and*



there is no shame in a helping hand from a friend. Reach out to MABA at [www.maba-usa.org/contact-us](http://www.maba-usa.org/contact-us) if you need assistance or have questions.



## *Dharma Talks and Guided Meditations*

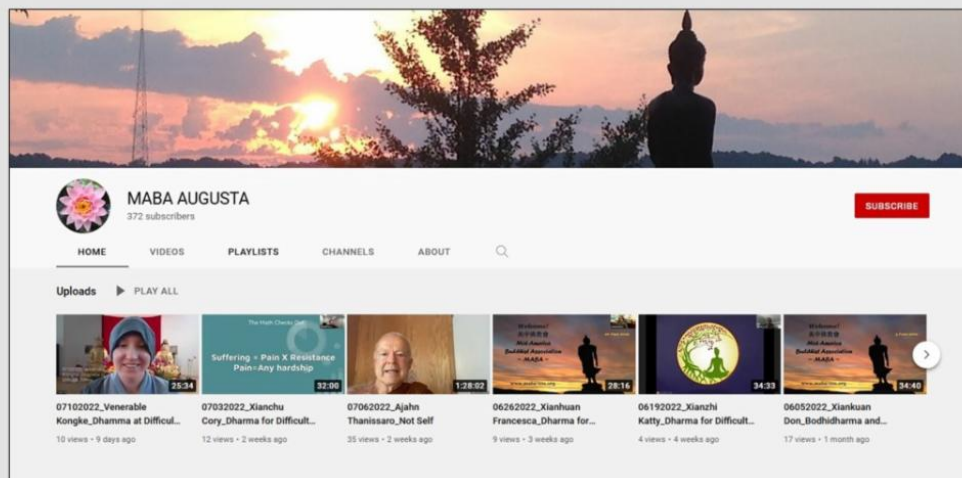


### This month's guided meditation from Xiǎnkuān Don Yéye: **Mindfulness of the Breath**

Xiǎnkuān continues to post new guided meditations on YouTube. Learn how to calm the mind, gain insight, and cultivate loving kindness and compassion at:  
**Six Pathways**

*Six Pathways* is available in both softcover and e-book at [Amazon.com](http://Amazon.com). Stay tuned for Volume II this fall!

*See our YouTube channel for Dharma Talks and Special Speaker Events*



[www.youtube.com/MABAAugusta](http://www.youtube.com/MABAAugusta)

## *Photos, Events, and More!*

To view more photos from events at MABA, please visit our [Media page](#).

Please visit our [Event Calendar](#) for upcoming events.



[Donate Now](#)

**Please consider making a donation today  
to support our on-going programs.**

*All donations are tax-deductible to the extent allowed by law.*

You may make secure contributions directly to MABA via PayPal, [\*\*PayPal Giving Fund\*\*](#),  
Zelle, or by sending a check made payable to "MABA" to  
299 Heger Lane, Augusta, MO 63332

***Thank you for your continued support!***

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