

Visit our Website

Mid-America Buddhist Association (MABA)

Join us every Sunday

for meditation, chanting, and study in-person at MABA (299 Heger Lane, Augusta, MO)

Hello Friends!

May has come and gone, and as spring is coming closer to an end, we prepare for summer! Venerable KongYan has come back for summer break and Master JiRu has gone to Chicago most weekends to give teachings at IBFA. See his schedule for IBFA and plan your visit <u>here</u>.

MABA will be closed on June 9th. Please join us at Fo Guang Shan for Vesak Day celebration.

WISHING YOU

a Very Peaceful &

Happy Vesak Day

"Do not dwell in the past. Do not dream of the future. Concentrate the mind on the present moment" -Be Peaceful! Treasure Life!

Blessings from Master Jì Rú & the community of MABA & IBFA 2024



University of Kelaniya (Sri-Lanka) and Right Mindfulness Training Academy (USA)

> 2-years program Certified by a renown Buddhist University

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Learn More

Y

Sunday Morning at MABA schedule:

9:30 – Silent Meditation

10:10 - Dharma Talk by Master Ji Ru (if there is no dharma talk, then we will continue

silent meditation) 10:45 - Chanting 11:10 - group discussion at the Manjushri Hall 11:45 - Vegetarian Lunch at Blue Lotus House

Event Calendar

Buddhist Teaching of the Month

The wise are controlled in bodily action, controlled in speech, and controlled in thought. They are truly well-controlled.

-Dhp 234 Kodhavagga: Anger by

Acharya Buddharakkhita



VOLUNTEERS ARE WELCOME! SOW THE SEEDS OF GOOD DEEDS

The spring season is here! Our monastery is happy to receive any help in cleaning the Chan Hall, yard work and gardening. Join us on Saturdays, we provide a vegetarian lunch. Please let us know if you are willing to come and help.

Vladimir cutting back the 2 rows of overgrown junipers in front of the Chan Hall.

Upcoming Events!

MABA is still in deep reflection, so events will be fewer and far between, if you would like to see us before then visit us on Sundays or volunteer on Saturday

June 9th Vesak Day

Hosted by Fo Guang Shan St. Louis Buddhist Center Organized by the Buddhist Council of Greater St. Louis, MO <u>MABA will be closed on June 9th</u>, Please join us at Fo Guang Shan for Vesak Day celebration.



Volunteer



Vesak Day Commemorating the Birth, Enlightenment, and Death of the Buddha

Sunday, June 9, 2024 9:00 - 11:30am

@ Fo Guang Shan St Louis Buddhist Center 3109 Smiley Road, Bridgeton, MO 63044



Free and Open to Public Sponsored annually by the Buddhist Council of Greater St. Louis

detailed schedule



Master Ji Ru's Upcoming Teaching Events

6/2-23/24 -Sundays ONLY - Dharma Teaching at IBFA Chicago (in Chinese) https://www.ibfachicagotemple.org/events 9/15/24 -Teaching at BAUS, New York, in Memory of Dr. CT Shen https://www.baus.org/en/activities/chuang-yen-monastery activities/diamond-sutrastudy-retreat-series-2-ven-ji-ru-9-15-9am-3pm/ 10/16 /24- 11/13/24 - Teachings in Malaysia



What's happened?

Keep Up With the Latest News at MABA!



Teachers and long time supporters of MABA having a day of learning, practice, and <u>dharma discussions</u>.

Venerable KongShi and Venerable KongYan went to a health summit in Jefferson City on May 2-3 and learned about Senior healthcare. Here is a list of resources they shared at the Faith and Health Summit. <u>Faith and</u> <u>Health Summit Resources</u>.



After the rain come the beautiful array of flowers and berries! The peonies are in full bloom and it is time for the strawberries to be picked. We are hard at work tending to the garden!





2024 is a special year for periodical cicadas:





After Sunday Morning service, we head down to the Blue Lotus house for tea time and Dharma discussion with the master.

If you miss Sunday Dharma Talks, you can always listen to them on MABA's YouTube. For the first time since 2015 a 13-year brood emerged in the same year as a 17year brood.

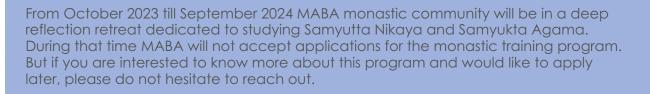
Read more about them here.



Monastic "Deep Reflection" Retreat

This year from October 2023 till September 2024 MABA monastic community will take time to have a deep reflection retreat, dedicated to studying Samyutta Nikaya and Samyukta Agama. During that time few changes will happen, including:

- MABA is open to the public on Sundays only.
- Events that MABA will organize during this period are Sunday Mornings, Qingming Blessing and Dizang Blessing. New events and retreats after October will be announced later.
- MABA will begin accepting overnights requests on October 1, 2024.



Contact us

Dana

is the virtue of giving. The monastic community is fully dependent on the lay community's support. For now MABA relies almost fully on the support of traditional Asian community. It is very important for us to help the Western community develop the six paramitas (perfections), the first of which is the virtue of giving. The importance of practicing Dana is known through its benefit for overcoming lower fetters, such as greed and ignorance, and as the way to accumulate merits that will support the practice of meditation. Without preliminary effort to establish virtuous actions, the practice of meditation often becomes fruitless. Do not hesitate to seize any opportunity to develop this virtue.

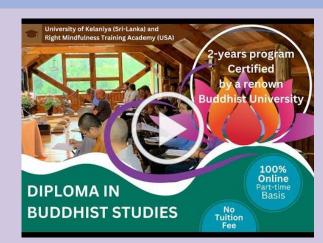
Thank you for your ongoing support

Donate Now

Check Out DBS

Video of the Month

Learn about the two-year program in Buddhist studies, taught by experienced Buddhist teachers.



繼如法師粵語開示「佛說老女人經」

第一講:

6月7日 美国东部-星期五晚上8:30-9:30 6月7日 美国西部-星期五晚上5:30-6:30 6月7日 美国中部-星期五晚上7:30-8:30 6月8日 亚洲 (香港)-星期六早上9:30-10:30

第二講:

6月8日 美国东部-星期六晚上8:30-9:30 6月8日 美国西部-星期六晚上5:30-6:30 6月8日 美国中部-星期六晚上7:30-8:30 6月9日 亚洲 (香港)-星期日早上9:30-10:30

開課前,我們也會發YouTube的直播連線給大家 講經連線將以Zoom直播.請聯絡office@maba-usa.org取得Zoom 的連線,或加入WhatsApp或微信的"繼如法師講經群組"里.



美中佛教會 MABA 299 Heger Ln, Augusta, MO 63332 Tel: 636-4824037 Email: office@maba-usa.org









佛法开示

妙云集之《佛法概论》解读 (普通话)

主讲:继如法师 日期:6/2,6/9,6/16,6/23 (六月份的每周日) 时间:10:00-11:30 AM CT 地点:正觉寺三楼

芝加哥正觉寺 (2251 S Wentworth Ave, Chicago IL 60616) 如有任何询问,请联络我们:Email: ibfa2251@gmail.com; Tel: 312-265-1111

Volunteer of the Month

Mak

The original architect of MABA, he has designed The Blue Lotus House, Dizang Hall, Chan Hall, Buffalo Lodge, Guan Yin Pavilion, the Kong Hut and so much more! He has always lent a helping hand. After his retirement, Mak



enjoyed coming to the Sunday Morning Services with his wife Christina, and sister-in-law, Winnie, to meditate and listen to Dharma Talks. He has frequently volunteered after every Sunday morning service.

Introducing Herbal Plants at MABA



Wild Chamomile growing everywhere at MABA! The flowers can be picked and dried for making tea. For how to harvest, dry, and store, you could check online for more information and its medicinal uses.





Honeysuckle (Lonicera caprifolia) is a flowering shrubs or vine growing very wild at MABA. It has many potential medicinal uses. However, mostly flowers from vine are picked and dried for medicinal uses. You could check more of its uses online.







Interfaith

MABA accepts invitations

from schools, educational

institutes and other

religious organizations to

introduce Buddhism and

mindfulness practice, as

well as to join interfaith

dialogues that promote

mutual understanding

between practices.



Lanterns

For our Dharma friends and supporters who wish to make a dedicated lantern offering, we will engrave a tablet in your name (or any name you wish) and place it at the pavilion.

Lantern offerings



Funeral services Reservation of the niches, ordering the urns, placing the urns, relocating the urns, chanting service for transference of merits, funeral services, placement of name tablet of ancestors, and visiting dying patients.

Request a service



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