

Mid-America Buddhist Association

Join us every Sunday



for meditation, chanting, and study
in-person at MABA
(299 Heger Lane, Augusta, MO)

MABA is open to the public
on Friday, Saturday, and Sunday.



[Visit our Website](#)

Sunday Morning at MABA schedule:

09.30 - 10.00 Sitting meditation
10.00 - 10.10 Walking meditation
10.00 - 10.45 Dhamma talk
10.45 - 11.00 Chanting
11.00 - 11.45 Study Group
11.45 Vegetarian Lunch

May Dhamma talk schedule:

May 6th Dynamic Meditation (please sign-up)
May 7th Sunday Morning at MABA (talk by Xiǎnzhi Katty)
May 14th Sunday Morning at MABA (talk by Xiǎнкуān Don)
May 21st Sunday Morning at MABA (talk by Xiǎnzé Jeff)
May 26th [Chicago] IBFA Blessing Ceremony
May 27th [Chicago] IBFA Blessing Ceremony
May 28th [Chicago] IBFA Blessing Ceremony
May 28th Sunday Morning at MABA

Event Calendar



VOLUNTEERS ARE WELCOME!

SEW THE SEEDS OF GOOD DEEDS

The spring season is here. Our monastery is happy to receive any help in cleaning the Chan Hall, yard work and gardening. Join

us on Saturdays, with vegetarian lunch provided. Please let us know you are willing to come and help.

Volunteer



Vesak Day

衛塞節

Sunday, June 11, 2023

9.30 am to 11.30 a.m

at MABA (Mid-America Buddhist Association)

299 Heger Lane, Augusta, MO 63332

Free and Open to the Public



Vesak Day Schedule

9.30 Arrival

9.35 Introduction

9.40 Opening Chanting of the Heart Sutra led by
Ven. Jue Huang (Fo Guang Shan St. Louis Buddhist Center) and
Rev. Daigaku Rumme (Zen Confluence Center)

9.50 Ceremony of Bathing the Buddha

10:05 Dharma Talk by Will Holcomb, Heartland Zen Center

"The Way of Metta: Visions of a Kinder World"

10:40 Dharma Talk by Ven. Master Jirú, MABA

"The Path to Enlightenment"

11:10 Dedication of Merit led by MABA

11:30 Vegetarian Lunch

Commemorating the Birth,
Enlightenment, and Death
of the Buddha
Sponsored annually by
the Buddhist Council
of Greater St. Louis

Donations are welcome to support St. Louis Area Food Bank

To donate to St. Louis Area Foodbank, visit MABA's website:

www.maba-usa.org/contribute

Thank you for your generosity!

MABA invites volunteers to help prepare for the Vesak on the Saturday, June 10th. For setting up tables, tents and other work we genuinely need some help. Please [contact us](#) if you would like to join.



MABA CHILDREN'S SUMMER PROGRAM: 1ST DATE, JUNE 17TH



- Mid-America Buddhist Association will be hosting this years first kid's summer event on **June 17th!**
- The event features fun outdoor activities, arts & crafts, Dhamma sharing & story time, as well as meditation and mindfulness activities. Activities start at 9:45a.m. with lunch at a 11:30, ending mid-afternoon (around 2). Space is limited to 20 children, **registration for this event ends June 4th.**
- Lunch is provided; **registration is required.** Please email the office at office@maba-usa.org.
- These programs work to inspire community and friendship among MABA's youth, as well as provide fun opportunities for youth Buddhist engagement.
- **Parents are asked to bring a dish to share at lunch.** During activities they are welcome to help, or they may feel free to enjoy MABA facilities.



MINDFULNESS

Beginner's retreat

MEDITATION & BUDDHIST TEACHINGS



Meditation

Learn how to meditate
Further your practice
Personal instructions
Quiet place for practice



Dhamma talks

Four Foundations of Mindfulness
Mindfulness of breathing



Personal interviews

A chance to ask experienced practitioners any meditation and Dhamma related questions



REGISTER NOW

299 Heger Lane, Augusta, MO 63332

636-4824-037

www.maba-usa.org

to register: office@maba-usa.org

July 7-9

September 29-1

November 10-12



MID-AMERICA BUDDHIST ASSOCIATION

A LEARNING PROGRAM FOR
YOUNG ADULTS

MONASTIC EXPERIENCE



*HAVE YOU EVER WISHED TO
LIVE AS A MONK OR A NUN?*

Join a training program at MABA

Time: not less than 2 weeks

Age: from 17 till 36 years old

Requirements: good physical and mental health,
alcohol and drug free, health insurance

Inquiry: office@maba-usa.org





MABA Mindfulness Program

Dynamic meditation day

With certified Chinese
Martial Art instructor
Rev. Kongke



Time: to be discussed

Location: Sudhana Pavilion

**For registration and
inquiries:**

kongke.maba@gmail.com



We are happy to share the ancient Chinese techniques of Body-and-Mind transformation, through the practice of Qigong, Taichi, Breathing Exercises and Mindfulness. Due to conflicts of schedule, regular time for classes can not be provided yet. Please [reach out to us](#) if you are interested. Next class is Saturday May 6th, 10 a.m.



Chicago IBFA temple

will be hosting weekend mindful retreats once a month.



WEEKEND MINDFULNESS RETREAT

June 3-4
July 22-23
August 19-20

Rev. Kongke
Rev. Kongjin
Taught by
buddhist monks

Mindfulness / Meditation /
Yoga / Taichi / Dhamma Talks

MABA
Augusta, Missouri
www.maba-usa.org
office@maba-usa.org
636-4824-037



IBFA
Chicago, Illinois
ibfachicagotemple.org
ibfa2251@gmail.com
312-265-1111

DISCIPLINES

What are we going to learn

- Four Foundations of Mindfulness
- Four Noble Truths
- Cause and Effect
- Noble Eightfold Path
- Five aggregates
- Six senses
- Five hindrances
- Five factors of jhana
- Seven factors of awakening

01 Meditation

02 Dhamma talks

03 Taichi & Qigong & Yoga

04 Mindfulness practice

05 Buddhist Chanting

SCHEDULE

- 08.00 Arriving
- 08.15 Chanting
- 08.30 Taichi
- 09.30 Dhamma Talk
- 10.30 Meditation
- 12.00 Lunch break
- 13.00 Q&A
- 14.00 Qigong & Yoga
- 15.00 Meditation
- 16.00 Meditation
- 17.00 Chanting
- 17.15 Departure

To register:

Fill out the google form:
<https://forms.gle/VTArAPYFZgimLaFZ8>

Or retrieve the link through
MABA or IBFA websites
e-mail: kongke.maba@gmail.com

Important to know:

Lunch: please bring your own lunch
Clothes: wear comfortable, not revealing,
not very tight clothes
Price: suggested amount
60\$ for 2 days, 40\$ for 1 day
Give more or less according to your conditions

May all beings be
liberated from bondages
May all beings experience
nibbanic peace within



Dana

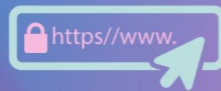
is the virtue of giving. Monastic community is fully dependent on the lay community support. As for now MABA almost fully relies on the support of traditional Asian community. It is very important for us to help Western community to develop six paramitas (perfection), first of which is the virtue of giving. The importance of practicing Dana is known through it's benefit for overcoming lower fetters, such as greed and ignorance, and the way to accumulate merits, that will support the practice of meditation. Without preliminary effort to establish virtuous actions, the practice of meditation often become fruitless. Do not hesitate and seize any opportunity to develop this virtue.

Thank you for your outgoing support!

[Donate Now](#)



Find past Dharma Talks on our YouTube channel



www.youtube.com/MABAAugusta



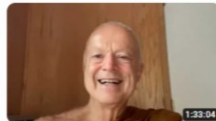
MABA AUGUSTA

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www.maba-usa.org

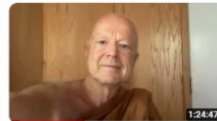
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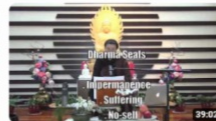
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[Dharma Talks](#)



Offered Jointly by U of Kelaniya, A Renown Buddhist U in Sri Lanka
and Right Mindfulness Training Academy (RMTA), USA

DIPLOMA IN BUDDHIST STUDIES

ADMISSION Now Open for 2024-2025

Commencing Mar 2024

**2-Year
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Buddhist U

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For more info, visit our website:

Or Email Us: ybefacademy@gmail.com

Don't Miss the Chance! Register Now!



<https://maba-usa.org/dbs-2024-2025>

Learn more



International Buddhism Friendship Association

2251 S Wentworth Ave, Chicago IL 60616

(312) 265-1111

ibfa2251@gmail.com

Opening Ceremony & Ceremony of Conferring Three Refuges & Five Precepts, Bodhisattva Precepts May 26-28, 2023

IBFA is scheduled to hold the **Opening Ceremony** for the new building and the **Ceremony of Conferring the Three Refuges and Five Precepts, and Bodhisattva Precepts** on May 26-28, 2023.

We are pleased to invite 92-year-old **Ven. Master Jan-hai** of Jade Buddha Temple in Houston TX to officiate at the opening ceremony and to be the precept master of the precept-conferring ceremony. You can become an official Buddhist disciple by taking the Three Refuges and Five Precepts. It is a rare opportunity, don't miss it!

We are now accepting applications for taking the Three Refuges and Precepts, please pick up the application form at IBFA or scan the QR code to download the form:



Opening Ceremony: May 26, 2023 (Fri)

Precepts-conferring: May 27-28, 2023 (Sat, Sun)

Brief intro of Ven. Master Jan-hai:

1931: Born in Jiangsu, China, he became a monk at the age of 9, received his ordination at the age of 16, and then studied at the Buddhist College of Wuzhen Tianning Temple.

1949: He went to Taiwan to learned from Ven. Ci-hang for ten years.

1960: Went to Thailand to study Thai and Pāli, received the Bhikkhu precepts of Thai Theravada tradition, and studied at Chulalongkorn Buddhist University.

1969: Transferred to Japan and studied at Rissho University, where he received a MA in Buddhist studies.

1972: Invited to New York to teach.

1978: He went to Houston TX where he co-founded the Texas Buddhist Association with his friends and teachers, and later built the Jade Buddha Temple and the American Bodhi Center to carry out various modernized Dharma activities.



He is the author of *The First Lesson of Mere Consciousness - A Brief Explanation of Extensive Mahāyāna Treatise on the Five Skandhas* [in Chinese], *A Brief History of Buddhism in Western Countries* [in Chinese], *A Scattered Collection of Buddhist History* [in Chinese], *A History of Southern Buddhism* [in Chinese], etc. He has also translated books into Chinese such as *The Pictorial Biography of the Buddha* and *The Language of Truth – Dhammapada*.





2023 AUGUSTA COMMUNITY FOOD DRIVE

April 9— May 28
Easter - Pentecost



Let's help stock the shelves of our
Neighborhood Food Pantries

Peanut Butter/Jelly, Canned Fruit, Cereal, Tuna/canned meats,
Box mixes, Cake & Brownie Mix, Frosting, Sugar, Cooking oil, Pancake Syrup,
Mac & Cheese, Tea, Creamer, Catsup,
Laundry Detergent & Bleach, Paper Products & Personal Hygiene Items,
Non Perishable items only & No Glass Please

Collection Boxes:

S& R Convenience Center

K & R Market

Christ Lutheran

Immaculate Conception

Mid-America Buddhist Association

Bank of Dutzow

True Vine Fellowship

Ebenezer UCC

Augusta Shores (Berg House)

Donations will be distributed to

Augusta Community Outdoor Food Pantry

St. Vincent de Paul Food Pantry—New Melle

Southern Warren & St Charles County Food Pantry—Marthasville

For monetary donations,
please make your tax deductible checks payable to

Ebenezer U.C.C.

5541 Walnut St.

Augusta, MO 63332

(Be sure to include FOOD PANTRY in memo on check)

Questions?

Call: Debbie Smith 636 228-4831

Robert Aholt 636 221-4601

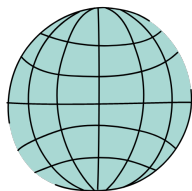
Diane Pieper 636 228-4417

Jan Mallinckrodt 636 228-4518

Ken Daming 314 799-8698



ADDITIONAL SERVICES



Interfaith
MABA accepts



Lanterns



Funeral services
Reservation of the niches,

invitations from schools, educational institutes and other religious organizations to introduce Buddhism and mindfulness practice, as well as to join interfaith dialogues that promote mutual understanding between practices.

[Learn more](#)

For our Dharma friends and supporters who wish to make a dedicated lantern offering, we will engrave a tablet in your name (or any name you wish) and place it at the pavilion.

[Lantern offerings](#)

ordering the urns, placing the urns, relocating the urns, chanting service for transference of merits, funeral services, placement of name tablet of ancestors, and visiting dying patients.

[Request a service](#)

[Mid America Buddhist Assosiation](#) | [6364824037](tel:6364824037) | <https://maba-usa.org/>



Mid-America Buddhist Association | 299 Heger Lane, Augusta, MO 63332

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