



# *Pāramitā* Challenge!

Join us for a 10-month meditation, study, and application of the Ten *Pāramitās* (Perfections), including the Ten Major Bodhisattva Vows!

Receive a monthly guide of this practice based on: *Sutra on Understanding the Profound and Esoteric Doctrine* (解深密經 *Jiě shēnmì jīng*), *Doctrine of Mere-Consciousness* (成唯識論 *Chéng wéishí lùn*), and the *Brahmā's Net Sutra* (梵網經 *Fànwǎng jīng*).

The material is easy to understand and enjoyable to practice!

Contact Don Yéye at  
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