

# REIGN DANCE STUDIOS COMPANY

## 2020-2021 HANDBOOK



Welcome to Reign Dance Studios! Please read the following information carefully and keep this handbook for your records.

If you have any questions or concerns, please feel free to email or call us at:

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913-717-9687

### REIGN DANCE STUDIOS' COMPANY PROGRAM

Reign Dance Studios' Company program is designed for dancers who love to perform and compete, and who desire a more intense level of training. This training goes well above just dance education; it's a total education. Dancers grow in confidence and competence through dance classes, rehearsals, community involvement, competitions, and more! Older dancers mentor younger dancers, and all participants are a part of a team of friends where everyone strives to be the best they can be.

Dancers are placed in Company based on their ability. Because placement is done by ability, routines may be mixed ages. We feel strongly that by using ability as the deciding factor in placement we are able to build a well rounded program.

### PURPOSE

The purpose of the RDS Company is to provide our most dedicated dancers with a well-rounded, professional dance experience. That experience includes 4 key elements:

1. **Accelerated Training:** Company dancers learn skills earlier, at an accelerated pace, and with higher standards of perfection. The mandatory classes and rehearsals give the dancers the opportunity to develop their skills and technique while learning challenging and creative choreography
2. **Additional Performing Opportunities:** Company dancers will compete at at least 5 competitions (4 regionals and 1 nationals) and attend 1 convention per season, as well as performing at community events and our annual Friends and Family event
3. **Additional Learning Opportunities:** Company dancers gain insight from the judge's comments and critiques after each competition. These critiques and the high standard of competitive dance give our dancers the impetus to work hard, dream big and become the best they can be! Dancers also learn from our in-house intensives and master classes with guest artists from across the country.
4. **A Family Environment:** Company dancers enjoy a sense of belonging. A positive and encouraging family atmosphere leads our dancers on their way to adulthood. Giving back to our community through service and our talents creates a strong bond between the dancers we serve and the community we reside.

Our main goal is to use dance as a vehicle to teach life lessons that will have value in any vocation our dancers may choose, whether they dance professionally or not. Other goals include teaching them about all aspects of performing, helping them to become comfortable experiencing new things, guiding them in learning to set and work intelligently towards achieving goals, and encouraging them to compare themselves not to others, but to who they were yesterday!

## BENEFITS OF THE RDS COMPANY PROGRAM

There are not enough pages in this packet to detail all of the good things that dancers and their families gain from being a part of our Company Program! The list below is just a handful of things your dancer and family can look forward to and will gain from your experience:

Confidence – Positive body image – Physical fitness: strength, stamina, flexibility – Exposure to different dance & teaching styles – Stage experience, which builds artistry – Accelerated training – Enhanced ability to work in a group – Awareness of the needs of others – Time management skills – Independence – Sense of personal responsibility – Feedback from other industry professionals – Exposure to new experiences – Sportsmanship – Patience – Strong work ethic – Lifelong friendships – Problem-solving skills – Ability to identify ones strengths and weaknesses & a healthy attitude towards both – Social skills – Sense of belonging to a group – Strong moral character – Skills for encouraging others – Respect for peers, adults/authority – Creativity – Setting and achieving goals – Understanding of & willingness to accept consequences for choices made – good or bad! Drive for personal excellence – Adaptability – Quick learning and retention of material – Punctuality – Ability to handle success with grace – Travel opportunities with family – Becoming a role model – Treasured memories – Family friendships – and SO MUCH MORE!

## PLACEMENT

We are very careful to place dancers where we believe they will grow the BEST. We know that each dancer wants to make a top level routine, that gives everyone a goal to strive for, but our first and foremost concern is placing your child in routines that will build their self-esteem, challenge them, and help them grow.

As dance professionals, our staff will place your dancer where he/she fits best. Placement is determined by many factors including level of ability, work ethic, taking and applying corrections, rate at which they pick up choreography, musicality, flexibility, and the dancers overall attitude.

Sometimes in dance, your child will be the role model and sometimes they will need a role model. Both are valid and important aspects of being a dancer and of being a part of any group. We want to build dancers who are not just technically proficient but are also team players. Understanding that everyone's role is important is a key element that we want to instill!

## A COMPETITIVE DANCERS AFFIRMATION

1. There are those who have danced for many years who will never reach the level I have
2. There are those who have danced for fewer years who will reach the level before I will.
3. I must compete with only myself, view my progress positively, and set goals for my improvement
4. I will view my and other dancer's accomplishments in a positive manner
5. I must compete with myself to get better, and not others out of envy.
6. I must encourage and applaud others who share my dreams and goals.
7. I must fix the skills that need to be improved and practice those corrections.
8. I must remember that the road to accomplishment is a long road with many detours, but commitment and perseverance will keep me heading in the right direction.
9. I must put my heart and passion into all I do, and remember that my talent is a gift to be nurtured, developed and shared.
10. Most of all, I must take pride in what I do and BELIEVE in myself!

**WE BELIEVE THAT DANCE LESSONS TEACH LIFE LESSONS.** . . we teach dance to not only create wonderful dancers, but to also teach life lessons that are invaluable to them throughout their lives. Understanding commitment, responsibility, respect, and time management are just a few of the values that we are instilling in our dancers. Parents, we thank you for supporting us and teaching these values to your children. We know they will go far!

## CODE OF CONDUCT

It is important that parents, students, and faculty alike review and understand the code of conduct. These guidelines are for the good of our dance family. We strive to create a healthy environment for not only the dancers, but also the parents, teachers and staff. When the lines are crossed it hinders growth and takes away precious time and energy that can be given to make the best program for our dancers. We ask that you sit down with your dancer and review these guidelines. If you have any questions or concerns regarding guidelines please contact us and we will be happy to go over them with you.

**For our dancers** we expect that they come to class with a "can do" attitude. Dancers must work to leave school/friend drama and stress at the door. We expect our dancers to give their best in class for themselves and for their teammates. You not only let yourself down but your teammates and your instructors if you do not put the effort in to being prepared for your classes/performances. Dancers are committing to working hard, focusing in class, doing whatever it takes to be prepared for competitions/performances, supporting their teammates, respecting their teachers and taking constructive corrections and applying them. Dancers are expected to make their class times a priority. Be well rested, pack food/water and give yourself the best chance to succeed!

Dancers, please speak to your instructor if there is some reason that you are not able to fully participate in class. We understand that everyone has days that they do not feel well or have difficult life situations.

**Parents**, by supporting your dancer in becoming a member of Reign Dance Studios' Company you entrust us with your dancer's education, a role that each instructor at RDS takes very seriously. We ask that you respect our decisions as dance professionals and experts in our field when placing you dancer in his/her classes. As teachers, we promise that each dancer will be given our best instruction, most energy and the best experience we can give! We thank you for allowing us to be a part of YOUR dancer's life.

## REIGN DANCE STUDIOS COMPANY DANCER'S CODE OF CONDUCT

I accept responsibility for my behavior at RDS. I understand that what I do and say affects my teammates, studio, and other people either positively or negatively.

I live with integrity. I encourage others to live with character by leading by example in what I say and do.

I act with respect toward myself and the people and things around me including my parents, my instructors, my teammates, other dancers from RDS and other studios and the judges and audience at competitions.

I treat everyone in the studio as equal.

I act with empathy. I try to understand what is going on in the hearts and minds of others and what is causing those feelings so that I can be supportive and encouraging. I ask, "How can I help *you*?"

I serve as a role model at all times by talking politely and acting courteously toward instructors, teammates, parents, RDS staff, and our competitors. I understand that it is a privilege to represent my family, studio and community as an RDS Company Dancer.

I give 100% effort to practices, performances, and events. I understand that effort demonstrates my commitment to the performance team/company and my respect for my instructors and teammates.

I commit to showing up for classes each week in the proper attire for each class and my hair neat. I show respect for the professional atmosphere I am training in and for the art of dance by always wearing the specified dress code.

I will commit to leaving drama at the door. When I come to class I am focused on giving my best effort. I understand that my attitude affects my teammates and instructors.

I will refrain from gossip. I will discuss any situations with the individual directly or with my parents and work to resolve the conflict. Gossip is destructive to teams and tears relationships apart.

I will speak with my instructors directly about any issues I have with the classes or any concerns I have.

I will display good sportsmanship. I acknowledge and applaud the efforts of others. I encourage my teammates with positive statements. I refrain from boasting to my teammates and 'trash-talking' members of other studios.

## RDS COMPANY PARENTS CODE OF CONDUCT

I understand and endorse the purpose of the RDS Company program: *to help our dancers build integrity and character through dance training. To provide an accelerated dance program to help dancers become the best they can be. To give dancers a positive and safe environment for their dance training.*

I support the instructors at RDS by applauding behaviors in my child and other dancers that demonstrate characteristics of hard work, integrity, empathy and responsibility.

I acknowledge and appreciate every dancer's growth towards maturity and efforts toward establishing stronger relationships with teammates and instructors.

I affirm my child and other dancers when good character, healthy sportsmanship, and other behaviors are displayed. I will affirm my dancers progress and applaud his/her growth regardless of whether or not he/she wins.

I serve as a role model for our dancers talking politely and acting courteously towards instructors, RDS staff, other parents, other studios, and spectators at classes, competitions and performances.

I model good sportsmanship. Acknowledge and applaud the efforts of dancers and competitors. Support the RDS team regardless of how much or how little my child dances or wins.

I encourage my child and other dancers with positive statements, even when they make mistakes. At every class and competition they are growing physically and emotionally. At every practice and performance they are learning moral and ethical lessons. At every practice they are developing their dance skills and learning many life lessons about hard work and perseverance.

When problems or questions arise, my child will present the problem to the instructors. This develops self-advocacy. After meeting with their instructor, if the issue requires more clarity, I will contact the instructor.

I respect Reign Dance Studios instructor's placement of my child in their levels and classes. I trust and understand that my child/children are being placed in a level that will best foster growth and will discuss any concerns in a positive and non confrontational manner.

I commit to making every effort to get my dancer to class on time each week.

I support RDS's program and work to build up all the dancers on the team, the instructors and staff. Together we can make this studio a beautiful, healthy place for everyone!

## REIGNDANCESTUDIOSCOMPANYII

At RDS, we believe that we have the talent, ability, and desire so that every child who wants to compete, can. The RDS Company II program was designed for novice dancers, grades K-12. The RDS Company II team will have the opportunity to compete at 3 regional competitions, showcase their dance in the Friends and Family showcase(s), and participate in all the team building activities that the Company program boasts. Everyone who wants to be a member of the RDS Company II program can. Dancers will need to attend auditions for placement.

## ACCEPTANCE FEE

All dancers on the RDS Petite Company, Company, and Company II are responsible for paying a **\$250 acceptance fee to secure their placement on the team**. Custom team jackets are included in the acceptance fee price.

## AUDITIONS/PLACEMENT

All dancers interested in the Petite Company, Company, and Company II teams are required to attend tryouts at the time and date listed below. **There will be a \$20 audition fee to cover the judges rates.**

**Auditions: August 8**

**6 and under: 9:00-9:45 AM**

**7-11: 10-11:30 AM**

**12 and over: 12:00-1:30 PM**

## 2020-2021 PERFORMANCE TEAM REQUIREMENTS & FEE

### Petite Company Ages 6 and under

#### SUMMER COMMITMENT:

Mini Intensive – July 20-24, 10-10:45 AM, \$60

#### SCHOOL YEAR COMMITMENT:

September 7-July 15

Production and Group Rehearsals: Tuesdays

#### Required classes (choose one):

Discover Dance I (3-4): M 5:00PM, W 4:15PM, TH 6:15PM

Discover Dance II (4-5): M 4:15PM, W 6:15PM, TH 5:00PM

#### Optional Classes:

Tiny Tumblers I: M 4:30PM, W 5:10PM (\$40)

Tiny Tumblers II: M 5:15PM, W 5:45PM (\$40)

#### All Inclusive Pricing Includes:

- *Guaranteed placement in production number and 1 additional routine!*
- All rehearsal fees
- Choreography fee
- Costumes, rhinestones, and all accessories\*
- 4 regional entry fees
- 1 national entry fee
- All required monthly classes (combo)

*\*does not include shoes*

ONE MONTHLY PAYMENT: \$250

### Junior, Teen, and Senior Company Ages 7 and up

#### SUMMER COMMITMENT:

RDS Intensive – July 20-24, 10-12PM, \$120

#### SCHOOL YEAR COMMITMENT:

September 7-July 15

Production and Group Rehearsals: Tuesdays

#### Required classes (ballet + 1 Optional Class):

Introduction to Youth Combo (ages 6-7): M 6:30PM, W 5:30PM

Youth Combo (ages 8-9): M 6:05PM, TH 6:00PM

Pre-teen Ballet (ages 10-12): M 6:30PM

Ballet I (13+): M 5PM

Ballet II (13+): W 7:30PM

Ballet III (13+): TH 7:15PM

#### All Inclusive Pricing Includes:

- *Guaranteed placement in production number and 2 additional routines!*
- All rehearsal fees
- Choreography fee
- Costumes, rhinestones, and all accessories\*
- 4 regional entry fees
- 1 national entry fee
- All required monthly classes (ballet plus 1 additional)
- 1 convention

*\*does not include shoes*

ONE MONTHLY PAYMENT: \$350

Optional Classes can be found online. Add \$15/month for all acro classes.

## ADDITIONAL ROUTINES AND SELECTIONS

### ADDITIONAL GROUPS:

For each additional group, add \$75 per month

### DUET/TRIO:

For a duet/trio, add \$95 per month

### SOLO:

For a solo, add \$150/month (includes bi-weekly private rehearsals, does not include solo costume)

## RDS COMPANY II

Grades K-12

### SUMMER COMMITMENT:

RDS Intensive – July 20-24, 10-12PM, \$120

### SCHOOL YEAR COMMITMENT:

September 7-July 15

Production and Group Rehearsals: Tuesdays

### Required classes (1 ballet or combo class):

Introduction to Youth Combo (ages 6-7): M 6:30PM, W 5:30PM

Youth Combo (ages 8-9): M 6:05PM, TH 6:00PM

Pre-teen Ballet (ages 10-12): M 6:30PM

Ballet I (13+): M 5PM

Ballet II (13+): W 7:30PM

Ballet III (13+): TH 7:15PM

### All Inclusive Pricing Includes:

- *Guaranteed placement in 1 routine!*
- All rehearsal fees
- Choreography fee
- Costumes, rhinestones, and all accessories\*
- 3 regional entry fees
- All required monthly classes (1 ballet or combo class)

*\*does not include shoes*

**ONE MONTHLY PAYMENT: \$150**

## FUNDRAISERS

All fundraisers support your dancer's bills related to classes and competitions! You choose how you want the money allocated: want to take it out in a lump sum and not pay monthly fees for a few months? Or, maybe you want to reduce your monthly payment for the remainder of the year...you choose!

- **Individual sales:** Mane Drama Spa Package Raffle - you earn 100% of the profit you sell!
- **Team Dinner:** Sign up for to provide dinner to the competition team on a Tuesday evening. Competition team members can bring \$5 to purchase dinner on the night you provide. You earn 100% of the profits towards your child's account and dancers get a delicious meal on a busy dance night. You choose the date and the meal.
- **Parents Night Out:** For dancers ages 11 and over, come to the studio and help us run a fun activity night for kids ages 3-10! Watch a movie, hand out snacks, play games, and your dancer earns the profit split between everyone who signs up to work the event!
- **Casino Night:** Hold your cards because the RDS signature event will be the talk of the town! This event will not only be a blast, but will earn your dancer split profit!

## DISCOUNTS

- No registration fee!
- Sibling Discount: 10% off
- Pay the full year in advance: 10% off
- Teacher Assistant: 1 free class

## THANKYOU!

Without the support of families like yours, our program will not survive. We thank you from the bottom of our hearts for your love, support, and for allowing us to be a big part of your dancers journey through life. Please know that we are always here with open ears and an eagerness to make your experience here at Reign Dance Studios the best it can possibly be. If you have questions or concerns, please do not hesitate to contact us. The keys to a successful relationship are communication, respect and trust. You will see this in everything we do!

Here's to an amazing and exciting 1<sup>st</sup> season!

Hannah Hasselquist, Misty Grayham, Bobbi Foudree, Ali Carlson, Jeremy Finney, and Cayla Casey

