

## My Way or His Way

Do you tend towards self-reliance in your life—handling things without the help of others or God? Or, are you the person who tends to do the “right thing” no matter what? Struggling to answer that? There are some signs and symptoms of “my way” and “God/higher power’s way”.

The illustration of a slide helps us picture it more simply. Do you attempt again and again in your life situations to climb the slide from the slide end, climbing a little and sliding back down again and again all the while believing that at some point it will work this way? Or, do you just take the stairs (doing the harder thing) knowing it is the given way to climb and knowing that it will be more work but you’ll get the reward of the slide down? Here’s some more signs of “my way” and “God/HP way”:

### MY WAY

- Playing it safe
- The easier choice/route
- The thng that makes more sense
- Its less challenging to growth
- Its more comfortable
- I have more control—of outcomes
- Homeostatic-keeping it the same
- Allows vice/s: gluttony, lust, greed, pride, despair, wrath, vainglory, and laziness, etc.
- Is an illusion/keeps up an illusion
- “I will not....” attitude
- Following fear
- Playing the victim
- Defying the world, a circumstance, person
- Living a narrative/story you tell yourself
- Justifications give you reason to...



### God’s/HP Way

- Facing my fears
- Obedient actions
- Obedience to conscience
- Using courage
- More/a lot challenging
- Forces me to trust God/others to do it
- Deeply rewarding throughout
- Gives personal growth
- Takes virtue: love, joy, peace, patience, kindness, goodness, faithfulness, self-control, forgiveness, prudence, justice, fortitude, temperance, faith, hope, and love.
- Must let go of outcomes.
- “I know I need to...”, and following through on that.