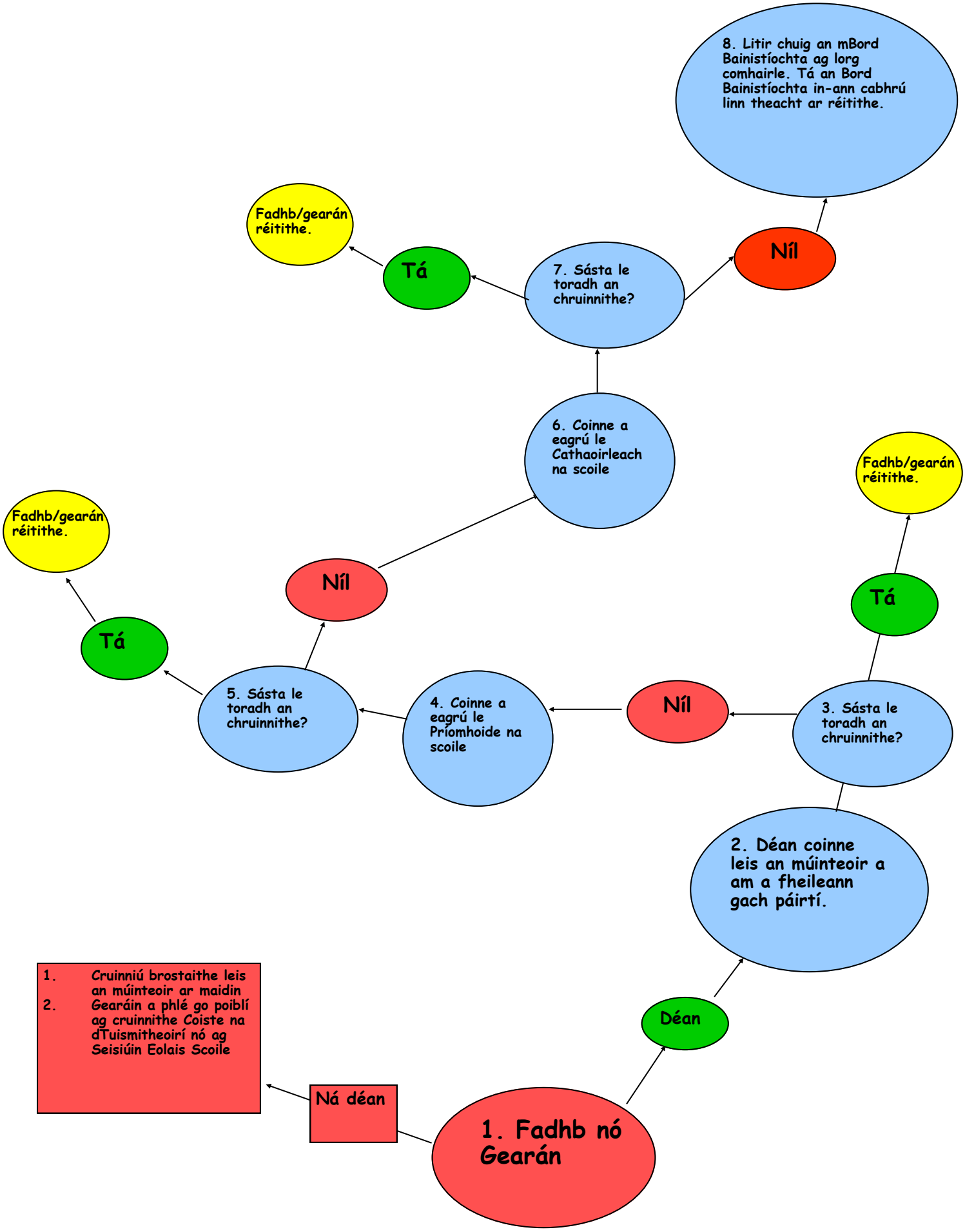Nós imeachta maidir le gearáin a dhéanamh