**Holy Trinity, Cycle. C 2025.**

**Today, the Church celebrates the Solemnity of the Most Holy Trinity.** As we profess in **our creed**, we believe in one God, **in three persons**, in perfect, right relationship with one another. **St. Patrick while evangelizing Ireland** had great difficulty to explain the mystery of the Holy trinity: So, he used to hold a shamrock leaf and ask: **Is it three or one le**af. His audience would reply: “**It is one and thr**ee”. So with God”, **Patrick** would reply.

More than anything we could discover about God by observing the world around us- that God **is all powerful, all kno**wing- the doctrine of the Trinity reveals to so Gods’ inner life: **who He is, his “heart of hearts” or his “core**”, so to speak.

It is impossible to overestimate how groundbreaking this revelation is for humanity. God is not just “out there’ controlling the forces of nature and exacting punishment on some people; Gods’ love is such that it wishes to share itself. And our role as human beings is to receive that love and respond to it. Though with our puny minds we are unable to comprehend this august mystery, the **Trinitarian life of God is decisive for our li**fe. We can only receive this mystery with **pure hearts and humble intelligence**; it will remain infinitely beyond our capacity to grasp. With clear awareness of these limitations and serene confidence in the reasons of the heart and in the light of faith we should meditate on what the Holy Trinity means to us.

**God has so loved the world as to give His only So**n. In giving His Son, He has given Himself because the father and the Son are one in perfect communion; they are one in the Spirit. The **Holy Spirit is the origin of the mutual relationship of love between the father and the S**on. All of the Hebrew Scriptures guide the **people of Israel in coming into terms with the reality that there is but one G**od. God is seen as the creator, as the protector and as the judge of creation. In the **New Test**ament, we witness God’s promise to bring about salvation become a reality in the person of Jesus Christ. By his life, death and Resurrection, Jesus reveals the mysterious relationship between the Father and the Son.. **Jesus the Son of God, completes His mission on earth he makes another promise of sending the Holy Spiri**t. The promise is kept and the Holy Spirit comes upon us and a new Church is born.

Many seem to **believe that two people are enough for love**; for example, a beautiful married life. But if this love is not open to **welcome and cherish another person- a new life-it is a selfish love, and it is incomplete**. True love is generative and creative. It is other-oriented, be it at the divine or at the human level. **God is three persons because God is love.**

Each person is the perfect transparence of the other. Here Jesus reveals to us that the Spirit enters into this inter-play of total transparency. **The love relationship between the Three Persons has….no hiding places**, none of the three keeps anything as “**His own”;** everything is shared, communicated, given- and everything is welcomed, received…..Our human words are incapable of expressing the **ineffable quality of the relationship which makes Father, Son and Spirit One**. This is the source of all human relationships.

**If you try to understand the Trinity, you will lose your mind; but if you deny the Trinity, you will lose your so**ul. As rational beings we want to fully understand things, but from theological point the doctrine of the Trinity can be difficult to understand. **Our God is God for** us. He created us in his image, dwelt among us, and remains with us in truth and as our strength and guidance. **Everything he does, he does for** us. We are invited to respond in **kind to such a love by living in right relationship with him and with one another**.

O Divine Trinity, ocean of love, may I be immersed in You. Amen.