

FUNDACIÓN M*A*S*H

NIT 901.816.317

FUNDACIÓN

MISIÓN AL SERVICIO HUMANO



WE ARE AN INITIATIVE OF CIVIL SOCIETY AND PRIVATE ENTERPRISE, OUR PURPOSE IS TO SAVE MINDS, HEARTS AND LIVES OF OUR YOUNG SOLDIERS.

THE



América Colombia

EL PAÍS

SALLO MENTA

La salud mental de los militares es un problema en ascenso

Las cifras sobre suicidios y casos de enfermedades mentales dentro fuerzas militares generan preocupación y alertan vacios en las estra para combatirlas

OPPORTUNITY

"ACCORDING TO THE NEWSPAPER EL PAÍS OF MADRID IN ITS LATIN AMERICA SECTION - COLOMBIA WARNS ABOUT THE RISE OF THE PROBLEM OF MENTAL HEALTH WITHIN THE MMFF".



"OF THE 1 BILLION YOUNG PEOPLE IN THE WORLD 20% ARE AFFECTED IN THEIR MENTAL HEALTH." UNICEF

"50% OF LATIN AMERICA'S YOUTH ARE DISTRESSED, STRUGGLING AND ENDURING" SAPIENS LAB

ALMOST 13,000 SOLDIERS OF THE ARMED FORCES HAVE BEEN AFFECTED BY MENTAL HEALTH AND 30 SUICIDES HAVE BEEN REGISTERED, OCTOBER 2023".
PROCURATOR'S OFFICE



"66.3 % OF COLOMBIANS DECLARE TO HAVE FACED SOME MENTAL HEALTH PROBLEM".
MINSALUD



TO DATE WE HAVE WORKED WITH 15,000 SOLDIERS, WE NEED CONTINUITY TO TRANSCEND SAVING MINDS, HEARTS AND LIVES.

WHAT WE DO...







WE SAVE MINDS, HEARTS AND LIVES

WE WORK ON THE EMOTIONAL AND SPIRITUAL DIMENSION

WE SUPPORT MENTAL HEALTH PREVENTION

WE TRAVEL TO FARAWAY PLACES TO THEIR BATTALIONS



#URNOTALONE

HOW



WE DO IT?





YOUNG VOLUNTEER
MISSIONARIES WITH A
CLEAR CONCEPTUAL
FRAMEWORK SHARE
WITH THE SOLDIERS.
THEY EXCHANGE
EXPERIENCES THAT
MAKE THEM GROW AS
HUMAN BEINGS.

WE BREAK THE ROUTINE AND THEY APPRECIATE IT. WE HAVE A OWN METHODOLOGY DEVELOPED IN THE 15 YEARS OF HISTORY OF OUR WORK.





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WHY SUPPORT US?

BECAUSE INSIDE ALL UNIFORM IS A YOUNG MAN WHO LEFT HIS ENVIORMENT BEHIND TO SERVE OUR COUNTRY-HIS HOME. HIS FAMILY. HIS FRIENDS. AND HIS LAND. HIS NATURAL SUPPORT NETWORK.

TODAY. MANY OF THESE BRAVE INDIVIDUALS FACE SILENT BATTLES-STRUGGLES THAT REMAIN UNSEEN. DEPRESSION, STRESS, AND ANXIETY DO NOT DISTINGUISH BETWEEN RANK OR COURAGE.

WE ARE ALSO YOUNG PEOPLE WHO. WITHOUT BEING EXPERTS. HAVE CHOSEN TO GIVE OUR TIME AND OUR HEARTS IN A SIMPLE YET PROFOUND ACT OF KINDNESS. BECAUSE THEY PROTECT US. AND NOW IT IS OUR TURN TO PROTECT THEM-NOT WITH WEAPONS, BUT WITH LOVE, NOT WITH ORDERS, BUT WITH HOPE.

EVERY DAY. FRIENDS IN ARMS MUST BE MORE THAN JUST SOLDIERS: THEY MUST BE BROTHERS. THEIR GREATEST STRENGTH LIES IN LOOKING OUT FOR ONE ANOTHER BECAUSE NO ONE SHOULD HAVE TO FIGHT THEIR BATTLES ALONE. THAT'S WHY WE REMIND THEM THAT THEIR LIVES MATTER. THEIR SACRIFICES ARE VALUED. AND FAITH CAN BE THEIR REFUGE IN THE DARKEST MOMENTS.

A LETTER. A DRAWING. A MESSAGE OF ENCOURAGEMENT-WHAT SEEMS LIKE A SMALL GESTURE TO US CAN BE A LIFELINE TO THEM. IT IS TANGIBLE PROOF THAT THEY ARE NOT FORGOTTEN. THAT WE CARRY THEM IN OUR HEARTS. AND THAT THEIR SACRIFICES ARE SEEN. THEIR MOTHERS REMAIN THEIR MOTIVATION. AND WE STAND BESIDE THEM AS THEIR UNWAVERING SUPPORT.

SUPPORTING M*A*S*H IS MORE THAN JUST MAKING A DONATION. IT IS AN ACT OF JUSTICE. GRATITUDE, AND HUMANITY. IT IS A PRACTICAL WAY TO REMIND A SOLDIER THAT HIS LIFE HAS MEANING, THAT HIS FIGHT IS NOT IN VAIN, AND THAT #URNOTALONE.

TODAY. IS THE OPPORTUNITY TO SUPPORT THOSE WHO GIVE THEIR ALL FOR YOU. BE PART OF THEIR HOPE. WE INVITE YOU TO JOIN US. REACH OUT. OR MAKE A CONTRIBUTION. BECAUSE TOGETHER. WE CAN REMIND EACH ONE THAT #URNOTALONE.

CONTACT US



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F- MASH. ORG



DONATIONS

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