



**UPDATED
Nov. '20**

Rec. Black/Black Belts Schedule

In Person

Monday

Tuesday

Wednesday

Thursday

Time

6:15 PM

3:00 PM

6:15 PM

3:00 PM

Zoom

Tuesday

Thursday

Friday

Time

3:00 PM

3:00 PM

1:30 (1Hr.)

In Person - 60 Minutes Classes Zoom - 60 Minute Classes

7 years old and up who's belts are Rec. Black and Black