

Ask Better Questions

20 Tarot Reframes for
Clearer, More Grounded
Answers

By My Taropist®



Thoughtful tarot for real life.

Why the Question Matters

Hi, I'm Jess, the creator of My Taropist®. I'm a trained tarot reader, writer, and communications strategist who has been reading tarot professionally for over six years. My personal readings provide intuitive guidance for relationship clarity, life transitions, personal growth, and emotional processing. I'm all about peeling back the layers to explore the depth of your situation and get to the root of what you're struggling to see. It's not always pretty, but it's the deeper work that facilitates real change and transformation.

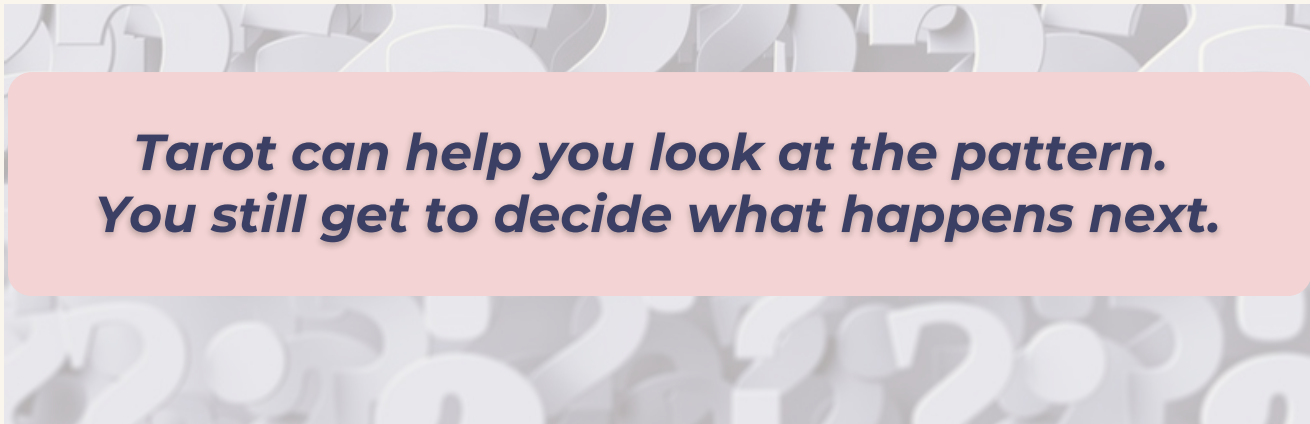
As I've spent literally thousands of hours providing readings on social media, virtually, and in person, one thing I keep coming back to is, "If only they asked the question this way, maybe they'd get closer to the truth of what they're seeking."

Many of the questions contained in this guide have been adapted from real client readings over the years.

Over the years, I've noticed that changing the question, even slightly, can completely change the usefulness of a reading. Now, I'm finally sharing why asking better questions really matters when it comes to getting to the deeper roots of what's tethering you to uncertainty so that you can turn ambiguity into clarity and questions into a path toward what you're actually trying to understand.

Think of the pages that follow not as a black-and-white manual on "don't ask this, ask that instead," but rather a gentle nudge towards reframing questions to enhance the message, clarify the outcome, and empower you to take back your agency.

Most importantly, you should never give your power away to any divination tools, or to any human being. Always remember, tarot can help you look at the pattern. You still get to decide what happens next.



***Tarot can help you look at the pattern.
You still get to decide what happens next.***

Predictive Questions

Predictive readings put you in the passenger seat; understanding how the current energy is affecting outcomes puts you in the driver's seat.

Here's why asking predictive questions often gives us a disappointing result in a tarot reading:

- ***They center binary thinking:*** Asking for a "yes" or "no" answer when the outcome is always dependent upon your own actions and choices.
- ***They can trigger cognitive biases:*** Answers can move toward wishful thinking (optimism bias) or incite fear, rather than looking at the actual facts.
- ***They remove personal agency:*** Relying on what a reading says could happen doesn't tell you what to do about it and often leads to inaction.

Understanding your patterns of behavior, decision-making processes, and true desires is what will help you shape the future outcome you're seeking. It's not woo-woo, it's human behavior. And the more you truthfully understand yourself, the more empowered you will feel.



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Predictive Questions → Clearer Question Examples

Question:
When is new love coming?

Reframe:
What can I do to attract more love into my life?

Question:
Will they reach out?

Reframe:
Is there something I still need to learn from this connection and if so, what is it?

Question:
What is coming toward me next?

Reframe:
What opportunities are in front of me right now that I may not be seeing? **Or:** How can I best prepare myself for the next phase of my life?

Question:
When is a new job coming?

Reframe:
What am I neglecting or overlooking in my current job search?

Question:
What are their future actions towards me?

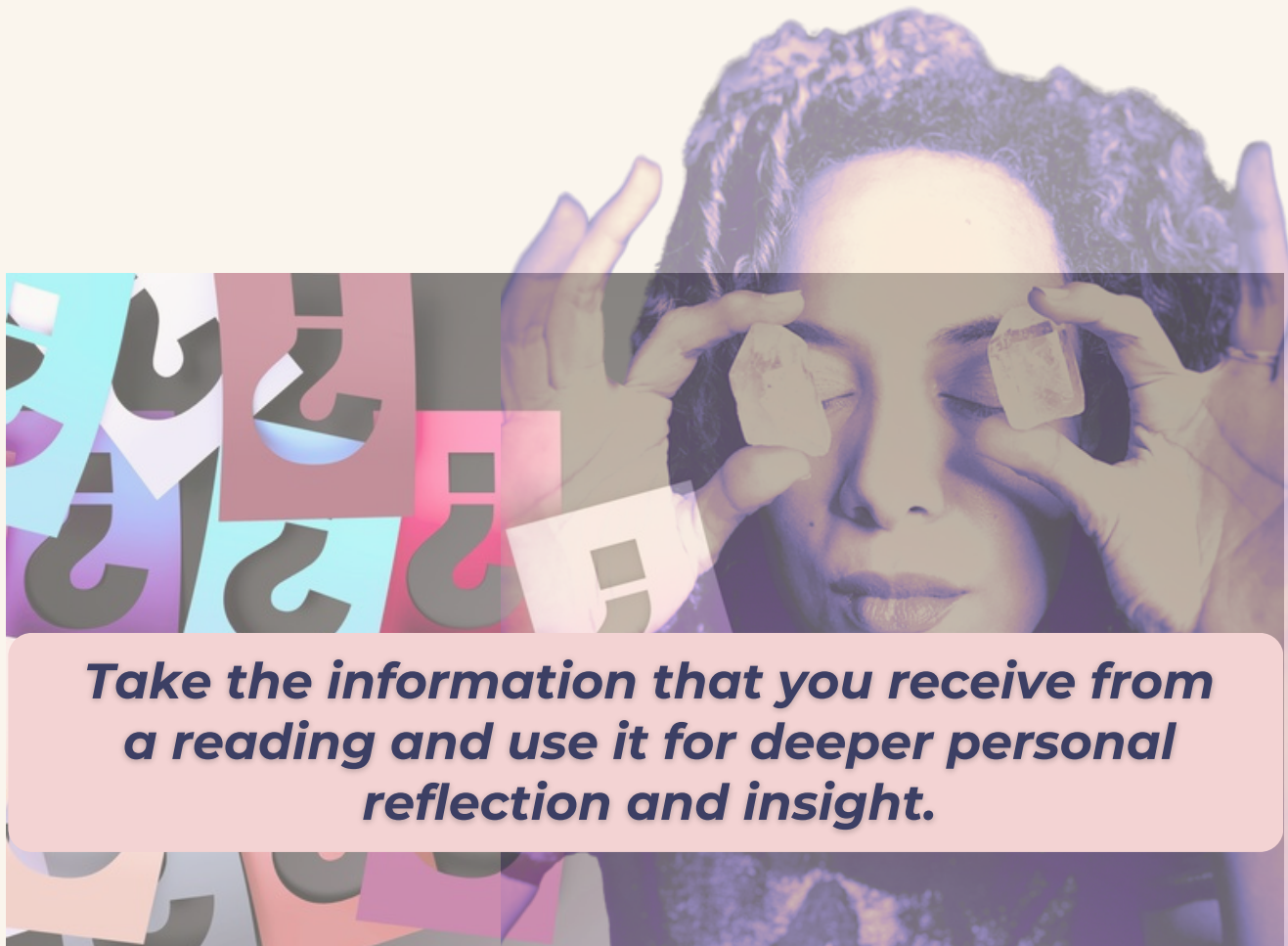
Reframe:
How can I prepare myself for any future actions that this person may take, while prioritizing my own self-care?

Love/Relationships

An important thing to note when inquiring about any connection that involves more than one person is this: the outcome is affected not only by your own free will, but also theirs. As a reader, I do not believe in taking away anyone's agency. It's natural to be curious about another person's thoughts, feelings, and any actions they take towards you. I don't see anything wrong with entertaining curiosity. But where I draw the line is doing anything that would try to manipulate or influence an outcome in your favor.

For example: it's a hard no for me when it comes to spell work of any kind that is done outside of someone's consent.

It's much better, in my experience, to take the information that you receive from a reading and use it for deeper personal reflection and insight, and to allow other people to grow, develop, and learn at their own pace. We cannot (and should not) control others, but we can — and should — take responsibility for our own actions and behaviors.



Take the information that you receive from a reading and use it for deeper personal reflection and insight.

Love/Relationship Questions → Clearer Question Examples

Question:
Do they love/like me?

Reframe:
What do I need to see in someone's actions in order to feel loved, appreciated, and pursued by them?

Question:
Will they ever leave the third party?

Reframe:
What is waiting for their availability costing me?

Question:
Should I stay in this connection or leave?

Reframe:
What am I sacrificing in order to keep this other person happy? **Or:** How would I feel if I prioritized my own needs?

Question:
How will this date go?

Reframe:
How can I show up on this date to help increase the capacity for fun and enjoyment? **Or:** What do I need in order to feel more at ease with this person?

Question:
What do they really want in this connection/from me?

Reframe:
What do I really need in a partner/connection, and what are their current actions showing me they're ready for?

Career/Life Decisions

Interestingly, work, career, and life decisions can be the most challenging for people to receive clarity about, because so much of our identity has been built around what we do to survive, rather than allowing our natural talents, abilities, and inclinations to speak for themselves. In other words, we spend so much of our lives performing roles rather than living in the fullness of our true selves.

Tarot can help drown out the external noise that makes it harder to hear our own inner voice, which is sometimes screaming from the depths of our soul to be heard. The reframed questions here are meant to help you better navigate current challenges, prepare for better opportunities, and reclaim your agency.



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Career/Life Decisions Questions → Clearer Question Examples

Question:

Will this business venture be successful?

Reframe:

How can I contribute to this business venture in a way that would help lead it to success?

Question:

Should I take this job offer/opportunity?

Reframe:

What would this work environment feel like on a day-to-day basis?

Or: Is this offer leading me closer to my career goals?

Question:

Which career path should I follow?

Reframe:

Which skills, talents, and abilities do I have that would translate into a meaningful and fulfilling career of my choosing?

Question:

Should I change careers?

Reframe:

What will staying in this career continue to bring me, and what will leaving open up?

Question:

Am I on the right path/living my purpose?

Reframe:

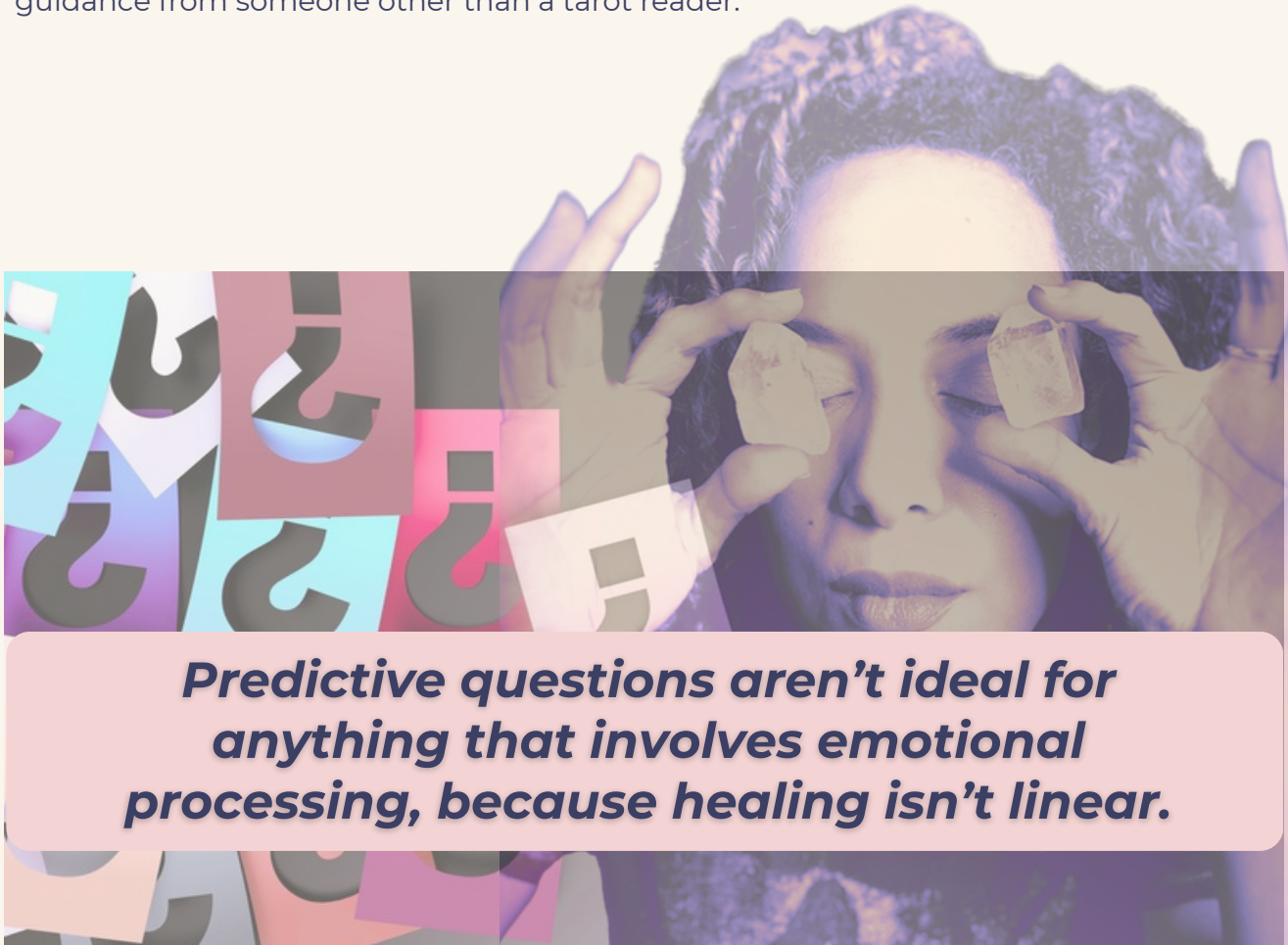
What needs to change in my current path in order for me to feel more in alignment?

Emotional Processing/Next Steps

These are some of the most nuanced and deeply personal types of tarot readings. The questions asked should be approached with care, empathy, and unbiased guidance. How and what you ask here really makes a massive difference.

For example, predictive questions are never really ideal for anything that involves emotional processing, because healing isn't linear. Instead, focus on ways to safely process what you're feeling and find the next small steps forward. With questions regarding next steps, often I've found that clients already know which action they should take; the real work is in determining what is holding them back or keeping them stuck in decision mode. *Note: if you've ever considered adding an oracle message to your reading, these are the types of questions that are perfect for oracle readings.*

Please keep in mind that if you need professional support to navigate a deeply difficult situation or are struggling with mental health issues, I lovingly suggest you seek guidance from someone other than a tarot reader.



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Emotional/Next Steps Questions → Clearer Question Examples

Question:

Which next step should I take?

Reframe:

What is holding me back from taking action in my life right now?

Question:

When will I feel better?

Reframe:

What is a small action or step that I can take today to support my emotional well-being?

Question:

Everything is overwhelming right now. What should I do?

Reframe:

How can I hold space for my feelings without being entirely overwhelmed by them?

Question:

I'm so angry/heartbroken/bitter — what should I do?

Reframe:

What am I holding onto that is ready to be gently released?

Question:

Should I move?

Reframe:

What will moving to (BLANK) cultivate in my personal growth? *Or:* What am I looking for in a new location that my current home is lacking?

Thank You!

Got your question?

Let's look at it together!

If one of these reframes brought a real situation to mind, my **Quick Insight Reading** helps you explore it more deeply with guidance from an experienced reader (Me!) who is an emotionally perceptive communicator and a relatable, *real* human who helps people make sense of complicated situations.

Quick Insight Reading: \$25

- One focused question
- Delivered in the format of your choice: written, audio, or video.

BOOK YOUR READING

Have multiple questions? Let's give you more room to unpack the situation.

Explore the 45-minute **Clarity Session**: \$66.