#### **Unleash Your Child's Inner Acrobat!**

Get ready to flip, roll, and giggle! A Jazz Attack's Tiny Tumblers program is designed to introduce children aged **3 to 6 years** to the wonderful world of acrobatics in a safe and super fun 45 minute class.

We focus on building **fundamental movement skills**, **coordination**, and **confidence** through exciting acrobatic activities.

Tiny Tumblers is an independent class where children participate on their own, without parent involvement.

#### Why Choose Acro Stars?

- \*Boosts Confidence: Conquering new skills builds self-esteem.
- Enhances Coordination: Improves motor skills and body awareness.
- **Lesson Serve Strength:** Builds muscles and improves physical fitness.
- Promotes Social Skills: Encourages interaction and teamwork.

- **Fosters Creativity:** Encourages imaginative movement and play.
- **K** Increases Flexibility: Gently stretches and improves range of motion.
- Introduces Acrobatic Basics: Provides a foundation for future acrobatic pursuits.
- b It's FUN! Keeps kids active and engaged in a positive way.

# What to Expect in a Acro Stars Class

Each class is carefully structured to provide a balance of fun, learning, and safety:

- 1. **Warm-up**: Get those little bodies moving and grooving! We'll build strength and flexibility through playful movement and music.
- 2. **Acrobatic Skill Development:** Students will work on foundational acrobatic skills, including body shapes, strength-building exercises, basic rolls (forward and backwards), partner balances, handstands, cartwheels, and more, using mats and supportive props to ensure safety and fun.
- 3. Cool-down: Relax and stretch to wind down after all the excitement. >>

## **Class Timetable**

Busselton - 13A Cook Street, Busselton WA 6280

- MONDAY 4:45pm Level 2
- SATURDAY 11:45am Level 1 & 2

**Bunbury-** 2 Armitage Street, East Bunbury WA 6230

- MONDAY 4:45pm Level 2
- SATURDAY 11:45am Level 1 & 2

## **Fees**

\$160-10 week Term

Annual Enrollment Fee- \$45 one off Payment

# Ready to Enroll Your Acro Star?