



Central Oregon Emergency Information Network

Monday, March 2, 2020
Elected Officials Tour

What your agencies are doing.

We understand that the reported cases in Oregon can be alarming, local agencies and organizations are working together to provide and maintain the best possible service to the community. We are committed to the safety of our community.

Central Oregon public health departments are encouraging everyone to take general health precautions, and are continuing to step up planning and preparation for the potential that COVID-19 could affect our region.

Central Oregon Emergency Information Network (COEIN) has set up a Joint Information Center (JIC) to provide our community with accurate, timely information about COVID-19.

COEIN partners include Deschutes County Health Services, Deschutes County Sheriff's Office, St. Charles Health System, Crook County Health Department, Crook County Sheriff's Office, Jefferson County Health Department, Jefferson County Sheriff's Department, tri-county public schools, City of Bend, Bend Police, Bend Fire & Rescue, and others.

Advice for the community.

Just because you're sick doesn't mean you have COVID-19. It's cold and flu season, too. If you have a fever and cough, get plenty of rest, drink fluids, take over-the-counter medications to reduce fever and ease your symptoms.

If you feel sick, **call ahead to your healthcare provider** to discuss whether or not you need to be seen. You may not need to come in and infect others.

If you're having difficulty breathing that doesn't mean you have COVID-19 but you should call 911.

If you feel ill, stay home until you are free of fever and any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines.

If community members have questions about COVID-19, they can call 2-1-1 for general information.

For healthy people, there isn't much evidence that wearing a mask around town is necessary or effective. People who are ill with fever and a cough should wear a surgical mask to prevent the spread of infection to others.

As with earthquakes and other natural disasters, it's important for all Oregonians to be 2 Weeks Ready, with an ample supply of food, water, prescription medications, pet food, sanitation supplies, and anything else they would need. Learn more at: <https://bit.ly/2TgzkOf>

Where to get more info.

For the most up-to-date information on COVID-19, visit:

- Central Oregon Emergency Information Network (COEIN) for local updates: <http://coemergencyinfo.blogspot.com/>
- OHA for statewide updates: www.healthoregon.org/coronavirus
- CDC for U.S. updates: www.cdc.gov/covid19
- Community members can call 2-1-1 for general information and questions about COVID-19.