

THE ULTIMATE

peanut butter cookie



TRACY GRIBBEN NUTRITION



recipe

PEANUT
COOKIE

PREP TIME:

SERVINGS:

10 mins

10

ingredients

300g ground almonds

135g melted butter

1 egg

1 tsp xanthan gum

55g xylitol

1/4 tsp salt

300g crunchy peanut
butter

method

Add all the ingredients into a food processor and combine well. Make into around 10 balls and flatten to make a cookie shape. Cook in the oven at 150 degrees for around 25mins