



Kicking Anxiety with Creativity

HELP US HELP THEM



What began as a way to help our daughter control her anxiety, has now become so much more. As of January 1st, we served over 800 children since opening our doors on April 29th, 2022 through various art classes/workshops, celebrations, open craft, community partnerships, community outreach events and camps.

Statistics in Chesapeake

- * Before the pandemic, CHKD averaged around 1,000 emergency room visits per year for mental health issues. In 2021, it was nearly double that.
- * Anxiety and depression are up among school-aged children, and suicide is the second most common cause of death among preteens and teenagers.
- * In October, experts declared the child mental health crisis a national emergency

Make a contribution to Our Daily Gnome Creative Arts Center for children and adults experiencing anxiety, depression and discontent. Help us promote acceptance for children's mental health.

www.odgcac.org

Our Impact in Chesapeake

May 1-Dec 31, 2022

800+

CHILDREN SERVED

>400

FAMILIES IMPACTED

