This slide deck and all information herein were prepared by Courage Candy Co. for the private use of attendees of SVSHRM Leadership Breakfast attendees on November 9, 2023. Contact us at hello@couragecandy.co if you would like to share this content.

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Good morning!

Courage Curator

Cultivate Courage: How Courageous Conversations Can Build A Culture People Celebrate, Not Tolerate.

SVSHRM Leadership Breakfast
November 9, 2023



Hi! I'm Antoinetta

I am a Courage Curator.
I help change agents reach their highest potential by teaching them the power of consistently cultivating courage.

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COURAGE
CANDY CO.
FUELING COURAGEOUS MOMENTS

COURAGE CONTEMPLATION

@COURAGECURATOR



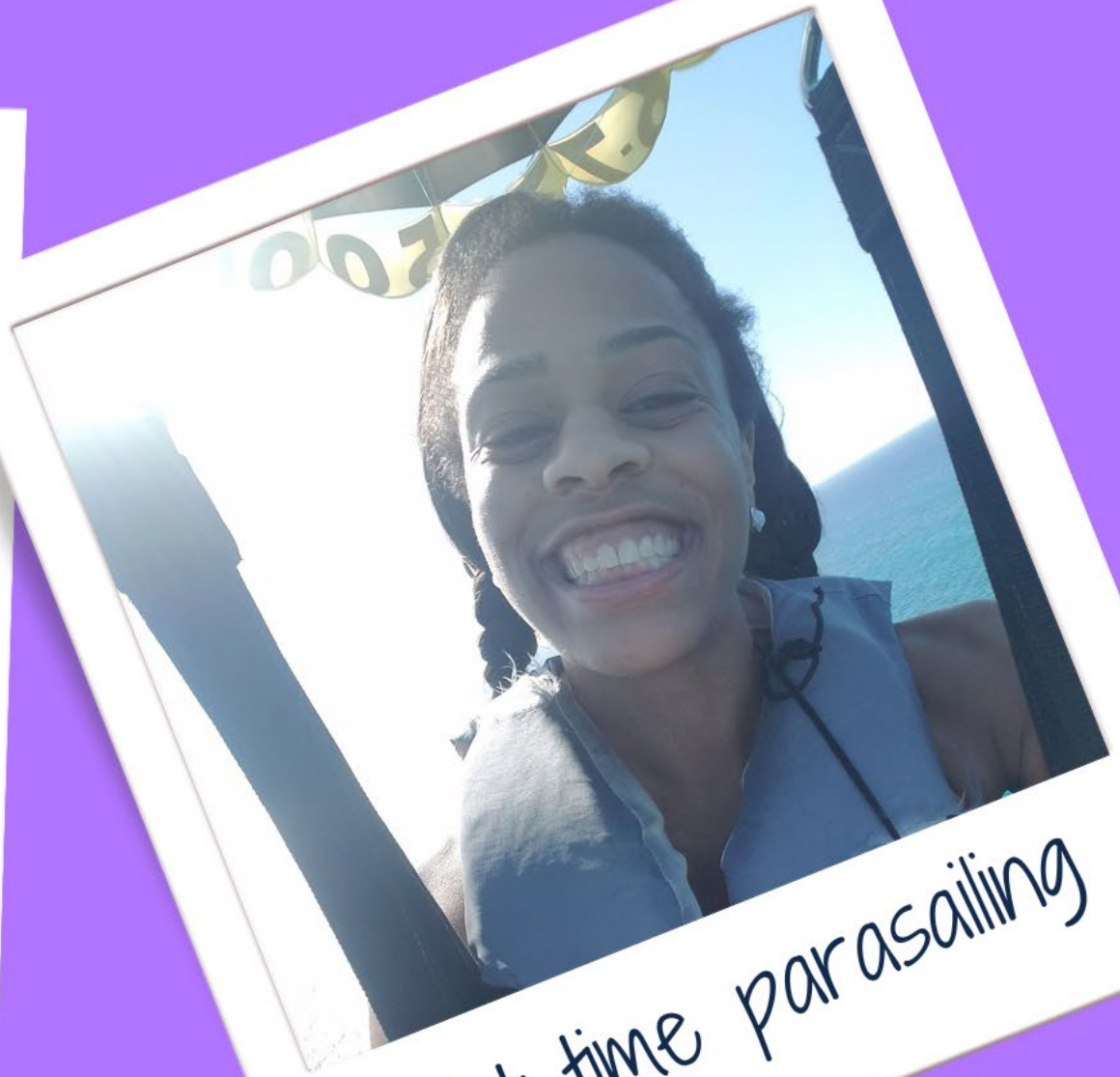
July '07



1st time wakeboarding



Jamaica Dec '17



1st time parasailing

COURAGE ISN'T JUST A VIRTUE; ITS A CATALYST FOR TRANSFORMATION!

@COURAGECURATOR



Dear Diary ...

DATE: 12-14-95

Today I think
was the worst day
of my life. The
first I got on the
bus. People started
calling me names.

I LOOK GOOD.
I FEEL GOOD.
TODAY IS GOING TO BE A GREAT DAY!

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CULTIVATE COURAGE:

How courageous conversations can build a culture people celebrate, not tolerate.

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COURAGE CONTEMPLATION

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CELEBRATE > TOLERATE

Courage Continuum Chart



0	5	10
Not Courageous	Moderately Courageous	Maximum Courage

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enCOURAGE

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7 Attributes of Courage

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Overcoming

Repetition

Gritty

Caring



Embracing

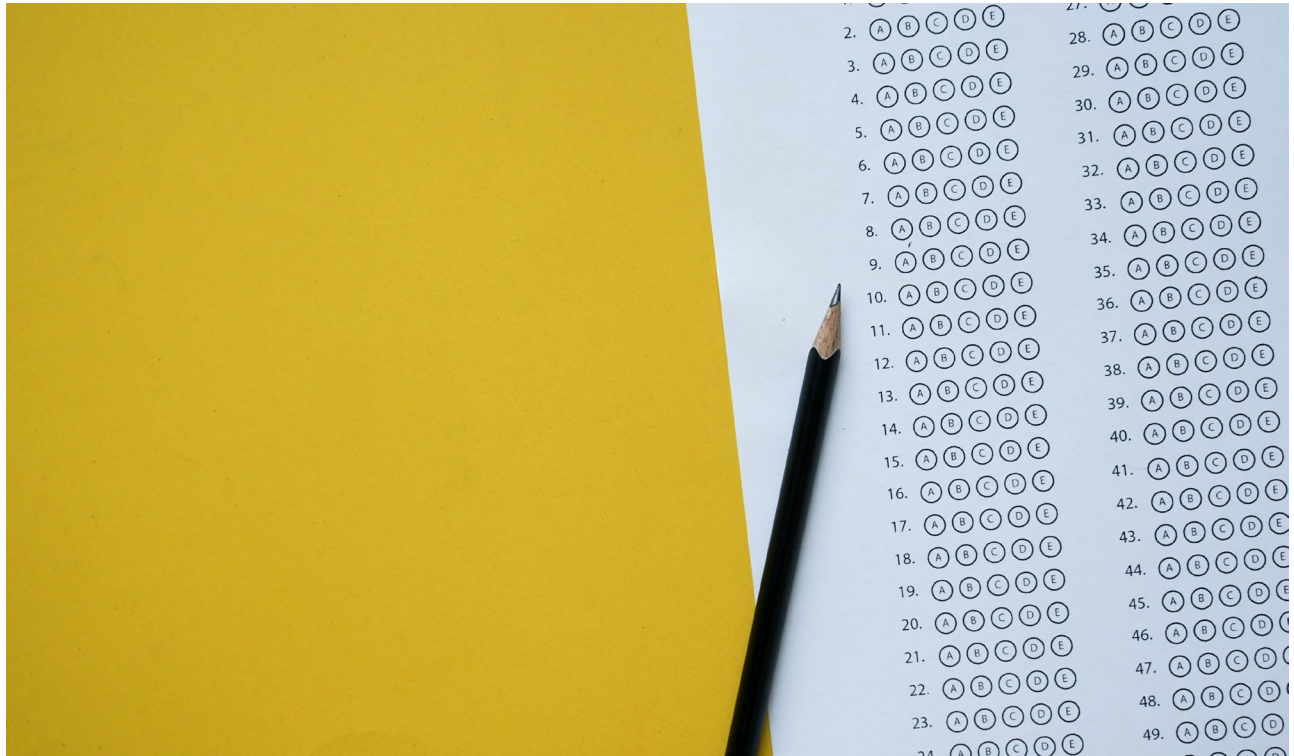
Unapologetic

Advocate

COURAGE IS A CHOICE.

@COURAGECURATOR

COURAGE CONTEMPLATION





COURAGEOUS



COMMONPLACE



Courage Candy

In the face of difficulties or inequities, if you don't choose courage, the alternative is complacency.

Antoinetta Mosley | @couragecurator

Text 919-647-7450 to receive daily #couragecandy

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TEXT
919-647-7450

COURAGE ≠ COMFORT

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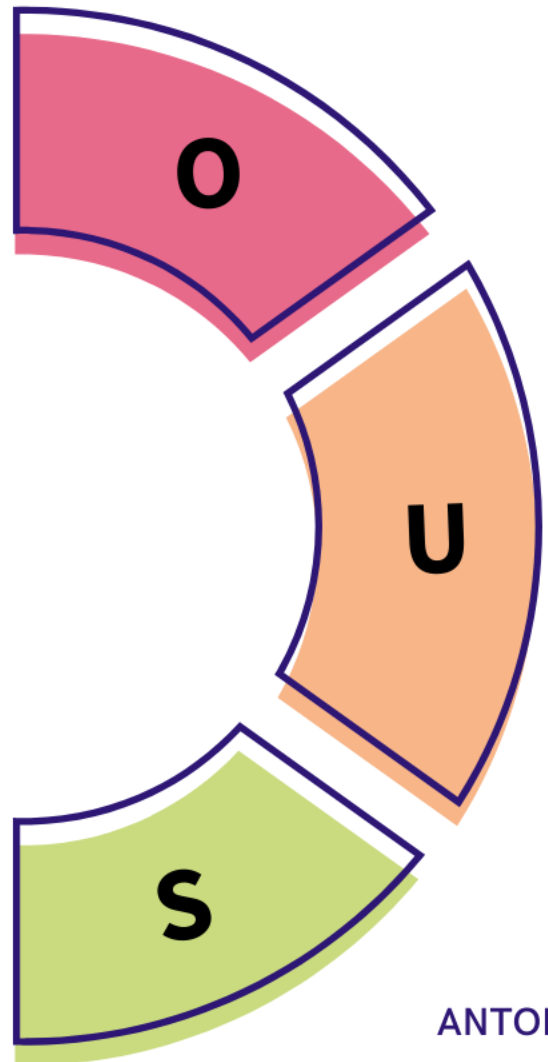
Courageous Consciousness Chart

TEAMS & ORGANIZATIONS

1. **O**ngoing Commitment.

2. **U**nified Purpose.

3. **S**afety Measures.



Courageous Consciousness Chart

TEAMS & ORGANIZATIONS

Ongoing Commitment.

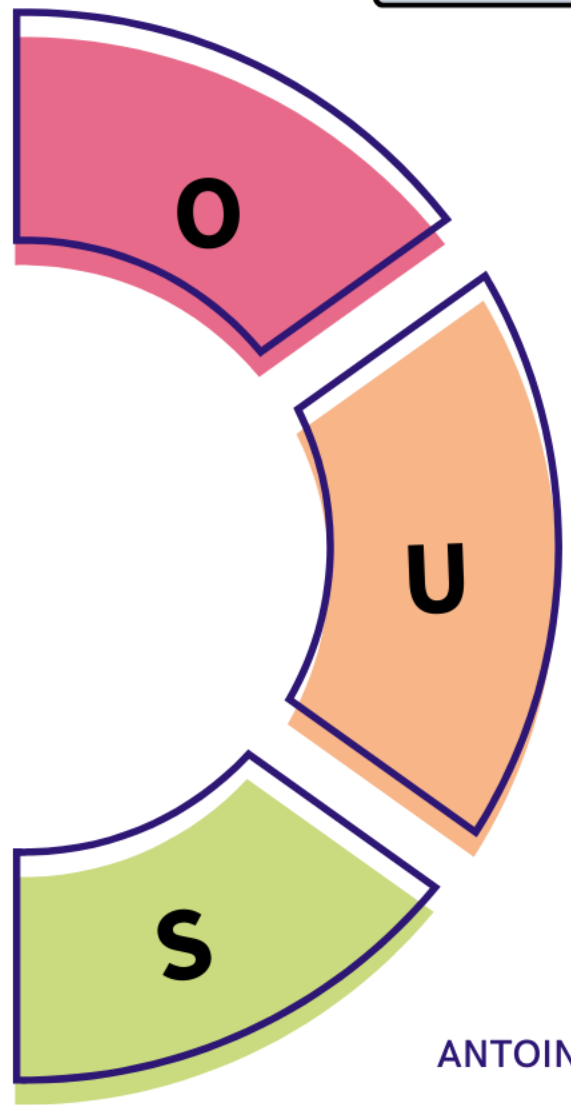
Effective courageous conversations start with making an ongoing commitment.

Unified Purpose.

Effective courageous conversations have a unified purpose as the foundation.

Safety Measures.

Effective courageous conversations seek to foster psychological safety.



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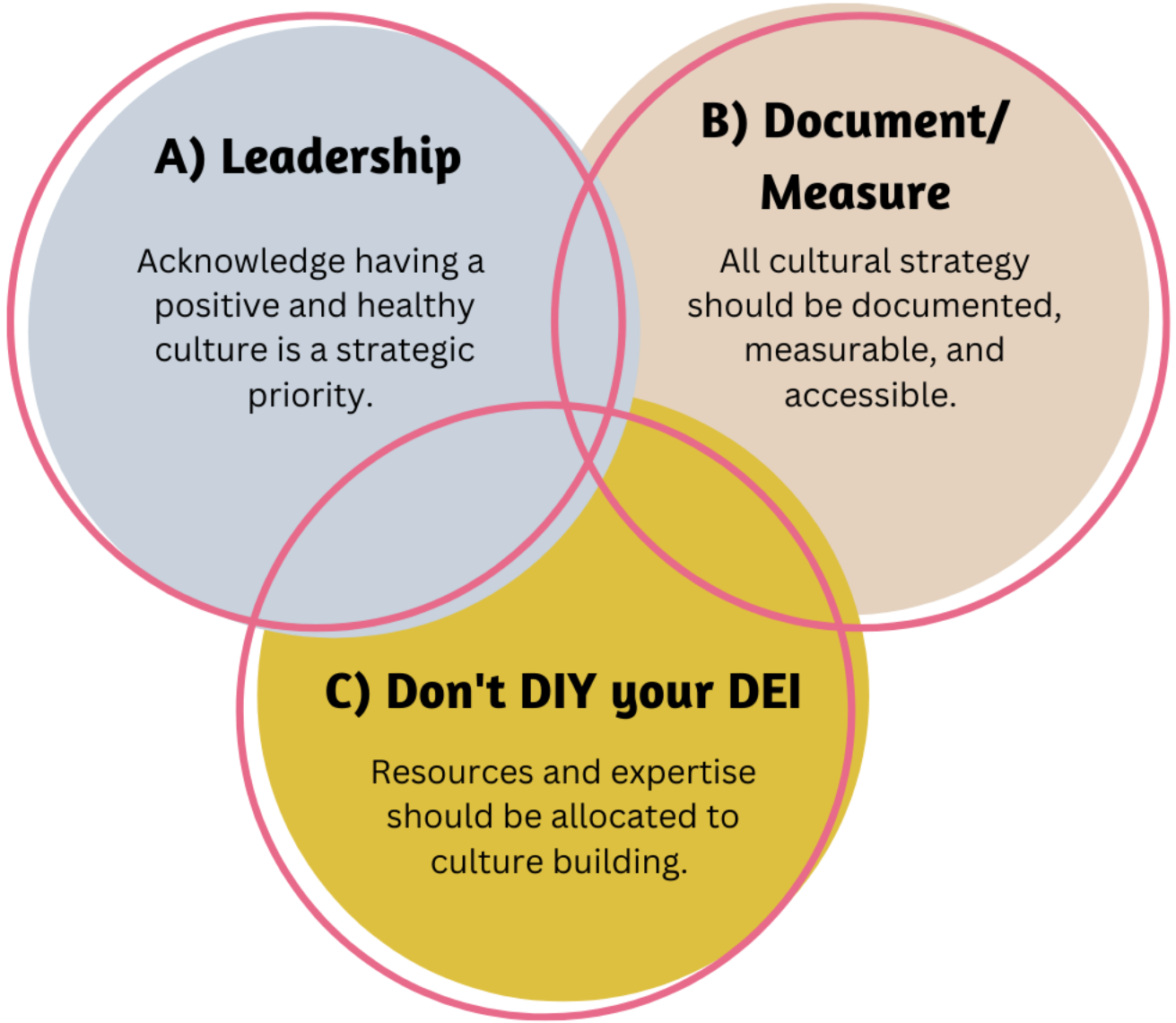
Ongoing Commitment

1. Ongoing Commitment

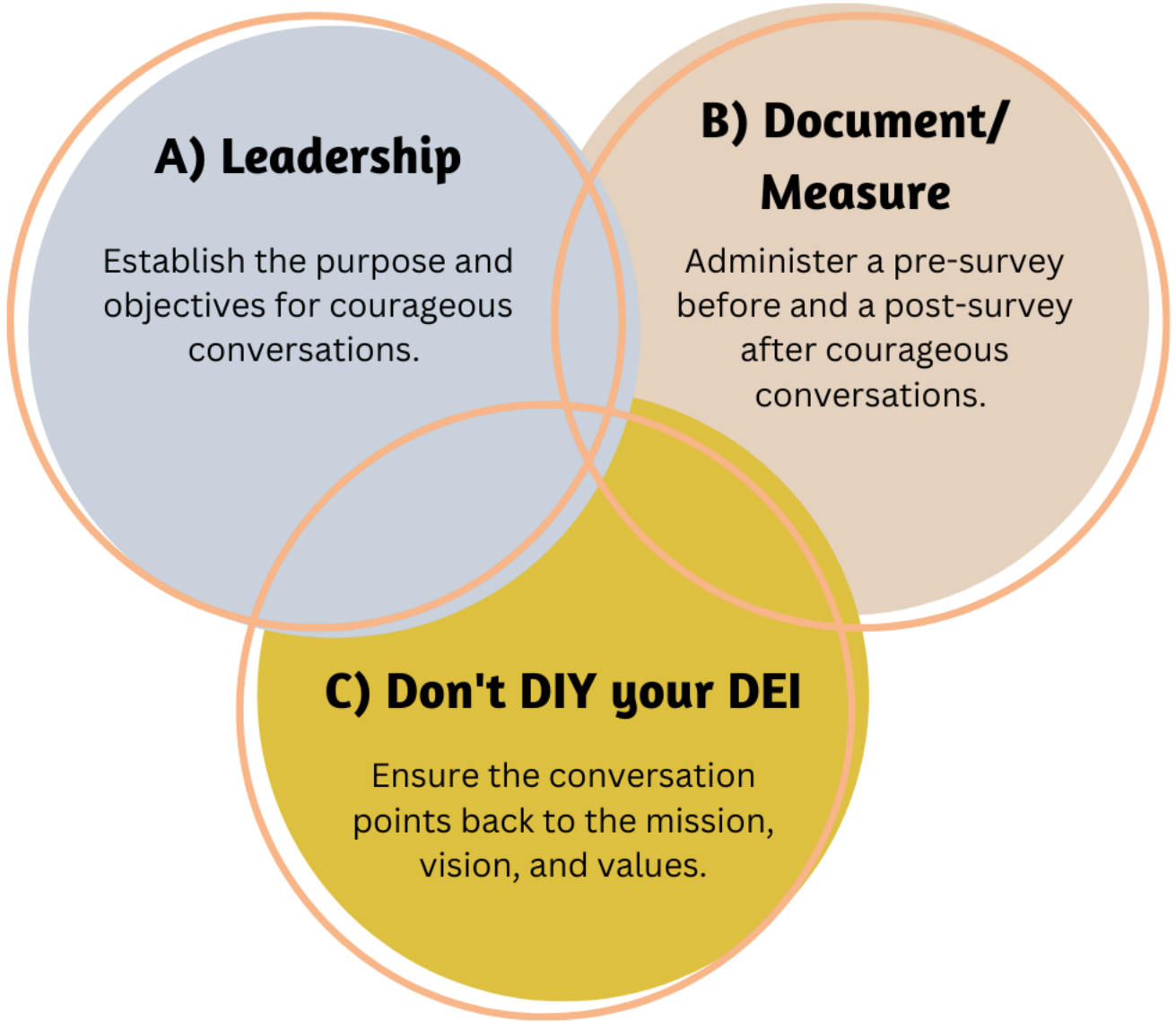
TEAMS & ORGANIZATIONS



Unified Purpose

2. Unified Purpose

TEAMS & ORGANIZATIONS



Safety Measures

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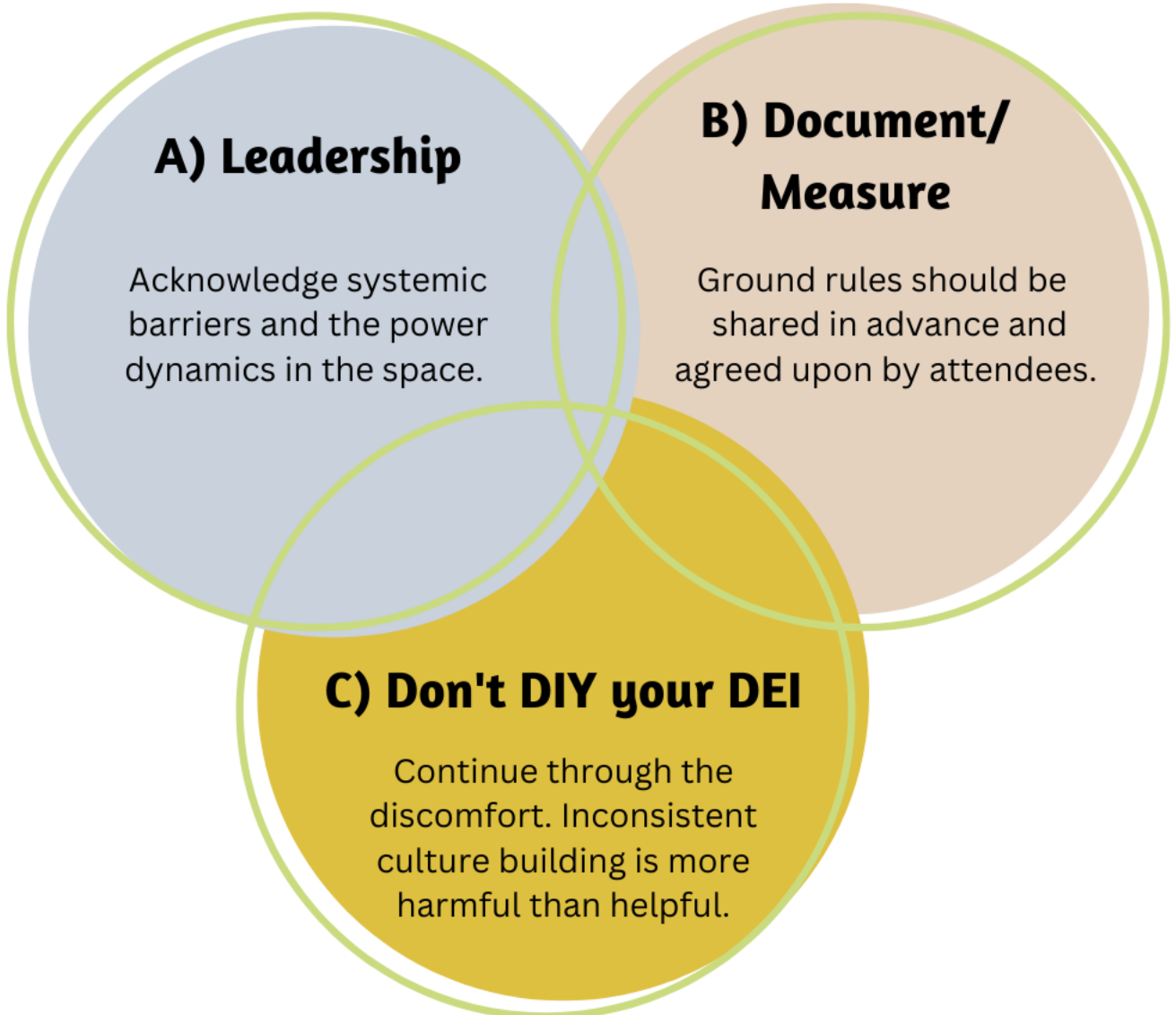
3. Safety Measures

TEAMS & ORGANIZATIONS



COURAGE IS CONTAGIOUS

@COURAGECURATOR

COURAGE SHOULD BE CELEBRATED!

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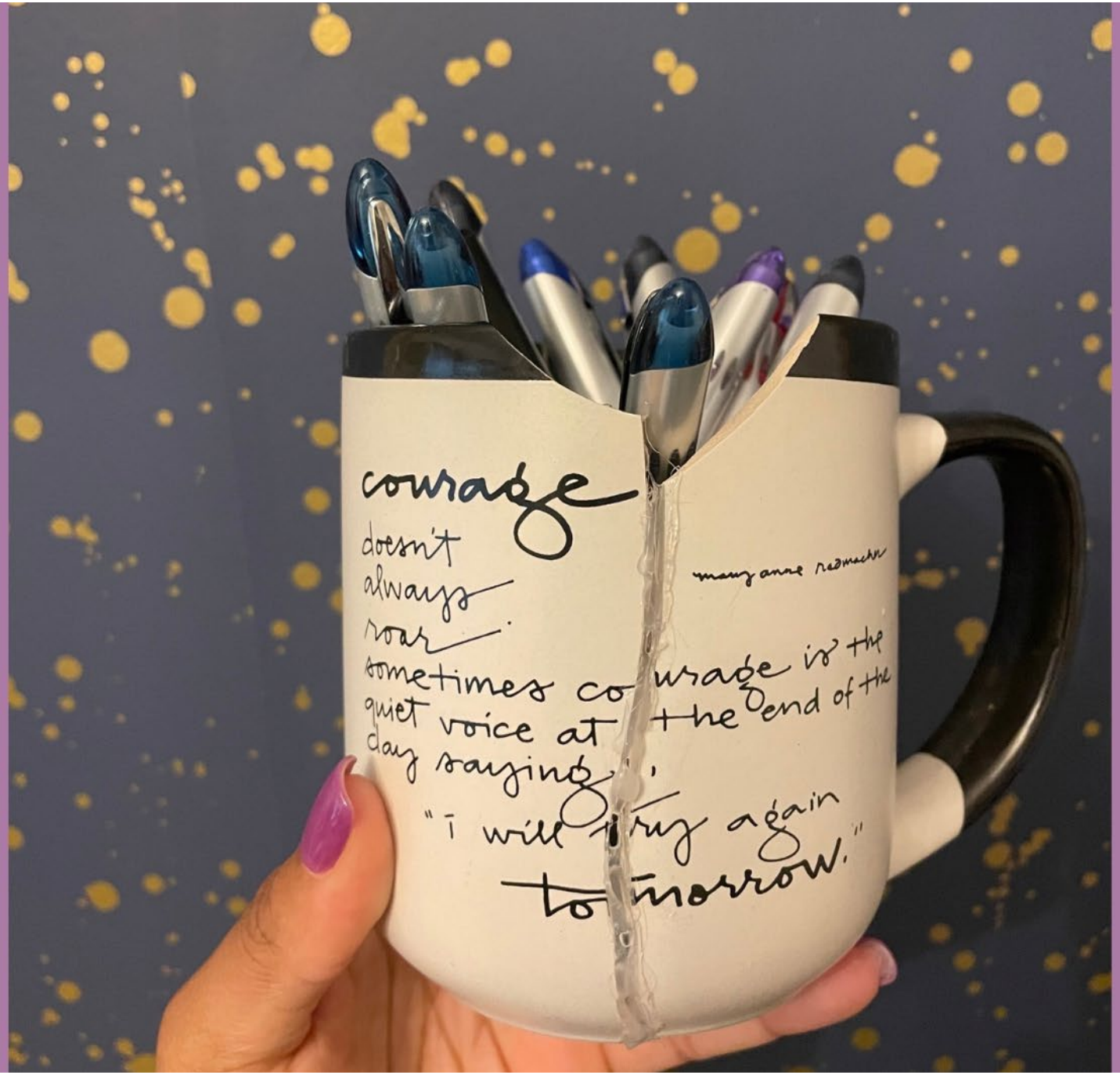

courage
doesn't
always
roar.
sometimes courage is the
quiet voice at the end of the
day saying,
"I will try again
tomorrow."
mary anne radmacher

- “Without bypassing difficult conversations, indeed through them, IFL helped us lower the temperature of conflict between and among board and staff and raise our trust and mutual expectations.”

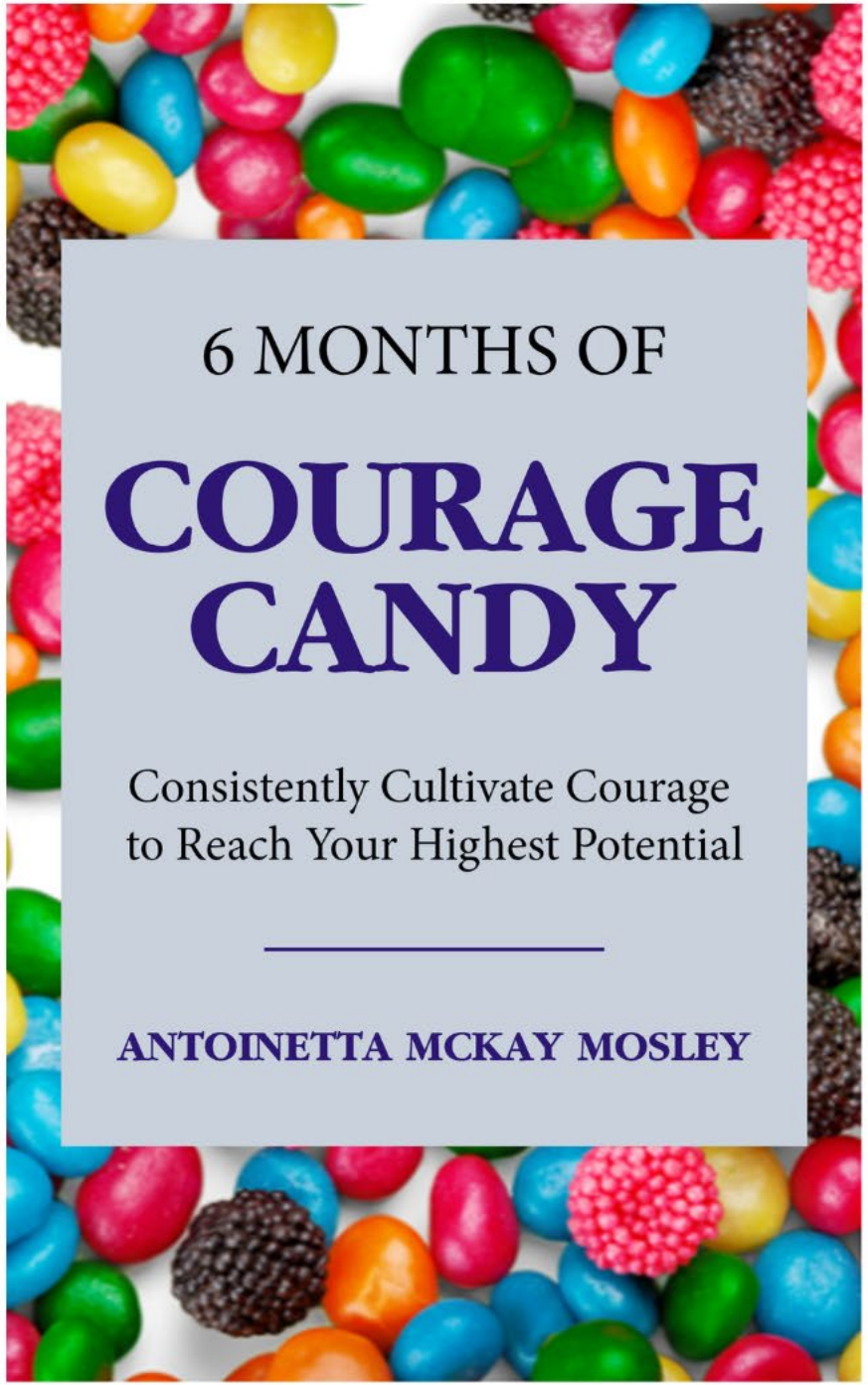
- “The Staff and Board members interact with each other on a more personal level now as a result of getting to know one another's stories; our DEI Committee is more structured and has increased in perceived legitimacy with Staff/Board members; the completion and approval of our DEI Action Plan is one of the most comprehensive I have ever had the privilege of being a part of (and I have been a part of many DEI organizational efforts)! The best part is that IFL will continue to be engaged with us during this first year of plan execution.”

COURAGE CAN BE CULTIVATED.

@COURAGECURATOR

COURAGE CONTEMPLATION

@COURAGECURATOR



Want to make more courageous choices and reach your highest potential? 6 Months of Courage Candy includes over 130 pieces of encouragement and weekly courage contemplation prompts to help you consistently cultivate courage.

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(Optional) Cultivate Courage Challenges & Raffles

1. Take the brief feedback survey at couragecandy.co/svshrm.

2. If receiving courage candy texts Mon-Fri would be beneficial to you, text 919-647-7450 to sign up. Text courage + Sun to also receive scripture references on Sun. Learn more about the purpose at antoinettamosley.com/courage-candy.

**Both raffles will occur on 11/9 15 mins following the keynote. Complete 1, 2, or both above to be eligible. Winners will receive their choice of a 30-minute courage cultivation chat or a copy of *6 Months of Courage Candy.*



Thank you!

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