



Young Adult Ministry Newsletter



St. Athanasius, St. Joan of Arc, St. Nicholas Parishes



September 1st, 2019

Twenty-second Sunday in Ordinary Time

Humility

By Samuel Carlson, Coordinator of Young Adult Life

A couple of months ago, I was flying back to Chicago from a service trip in Arizona. My girlfriend had, somewhat unexpectedly, decided to visit. I was overjoyed to see her, and as I walked over to my car we talked about the next time we would be able to see each other- at a friends wedding on September 1st in San Diego. However, when we got to my car, I noticed a strange yellow metal contraption on my rear wheel. My car had been booted due to a number of parking tickets I had yet to pay off. I was absolutely and utterly humiliated! How was I going to ever make it to my friends wedding with this huge bill to pay?

We often think of humility as considering oneself insignificant or unimportant. However, I think Aquinas says that humility “consists in keeping oneself within one's own bounds, not reaching out to things above one”. Under this definition, we might better understand humility as self-awareness: aware of our gifts and talents, strengths and weaknesses, knowing both our abilities and our inabilities. If we can come to love ourselves because of these things, even better.

In many ways, the young adult experience is an ongoing lesson in humility. While on social media we may post that perfect selfie, we may share moments of accomplishment or achievement, or we may share that article when we're feeling intelligent and sophisticated. However, most of us are well aware that the bulk of life is full of moments when we have struggled, or when we failed- and had to reach out for help from an older, wiser loved one, friend, or colleague.

Oftentimes our experiences of humility come in moments when out of a lack of self-awareness, we ignore the reality of our weaknesses, and our reminded of them in difficult and painful ways (which is why “humility” and “humiliation” are so similar in etymology). However, with the self-awareness the Gospel suggests our humility can paradoxically be a source of pride. When we conduct our affairs with humility- when we know, accept and even love our weaknesses- we will indeed find favor with God.



Samuel Carlson



James Holzhauser-Chuckas, ObsB



Crystal Patino



Jenna Meyer



Don Miro

Christian Life Communities

CLC groups are small and meet regularly in order to pray, share life experiences, and support each other in our faith and our daily lives.



YOUNG ADULT POTLUCK

Saturday, September 21st
5:30pm (after the 4:30pm Mass)
Oldershaw Hall

Babysitting Available



New to the Parish? In your 20's & 30's?
Join our Young Adult Mailing List!

Please Contact:

Sam: SAM@ucym.org

James: JAMESHC@ucym.org