



Making
Advanced
Healthcare
Accessible



How Telemedicine Can Help Lower Employer Healthcare Costs

Why Telemedicine Matters

Healthcare costs are rising—and employers are feeling the pressure. Telemedicine offers a modern, affordable solution to improve access to care while reducing expenses.

Top Ways Telemedicine Saves You Money

- Avoid unnecessary ER and urgent care visits (\$300–\$1,500 savings per visit)
- Reduce employee absenteeism with virtual visits
- Support chronic disease management through ongoing check-ins
- Offer accessible, lower-cost mental health services
- Help lower insurance premiums over time by decreasing claims

Key Implementation Tips for Employers

- Ensure telemedicine is included in employee health plans
- Communicate the benefits clearly to your team
- Encourage employees to use virtual visits for non-emergencies
- Provide access to mental health teletherapy options

The Bottom Line

Telemedicine isn't just convenient—it's cost-effective. Companies that embrace virtual care gain a competitive edge through lower costs, better employee health, and increased satisfaction.

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