

LIVER PRO

Understanding the unique creation of Plant kingdom for the benefit of human health, Revolution Chennai, India formulated this product which is the water based vegetable extract. Modern day human population are subjected to unhealthy environmental living. The five vegetables are the key to promote healthy leaving. Liver Pro is a water based food substance not a medication.

INGREDIENTS....

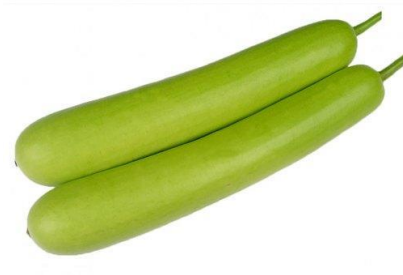
Ash Gourd



Nutrient Components	Value/100 grams
Carbohydrate	3.96 g
Protein	12 g
Fibre	2.9 g
Zinc	0.6 mg
Calcium	30 mg
Iron	11.8 mg
Vitamins B1	0.04 mg
Vitamin B3	0.528 mg
Vitamin B2	0.145 mg
Vitamin C	17.2 mg
Vitamin B6	0.046 mg
Vitamin B5	0.176 mg

In addition to vitamin C, ash gourd is a good source of flavonoids and carotenes, two antioxidants believed to help protect your body against cell damage and certain conditions like type 2 diabetes and heart disease, mainly promote Liver Function with the availblity of 8 of the Vitamin E.

Bottle Gourd



See the table below for in depth analysis of nutrients:

Bottle gourd (white flowered Calabash) (*Lagenaria siceraria*), fresh, raw, Nutritive value per 100 g.
(Source: USDA National Nutrient database)

Principle	Nutrient Value	Percentage of RDA
Energy	14 Kcal	<1%
Carbohydrates	3.39 g	2.50%
Protein	0.62 g	1%
Total Fat	0.02 g	0.50%
Cholesterol	0 mg	0%
Dietary Fiber	0.5 g	1%
Vitamins		
Folates	6 µg	1.50%
Niacin	0.320 mg	2%
Pantothenic acid	0.152 mg	3%
Pyridoxine	0.040 mg	3%
Riboflavin	0.022 mg	2%
Thiamin	0.029 mg	2.50%
Vitamin A	16 IU	0.50%
Vitamin C	10.1 mg	17%
Electrolytes		
Sodium	2 mg	<1%
Potassium	150 mg	3%
Minerals		
Calcium	26 mg	2.60%
Copper	0.034 mg	4%
Iron	0.20 mg	2.50%
Magnesium	11 mg	3%
Manganese	0.089 mg	4%
Phosphorus	13 mg	2%
Selenium	0.2 mg	<1%
Zinc	0.70 mg	6.50%

- *Reduces stress, benefits the heart, Helps in weight loss and helps in treating sleeping disorders. Prevents premature greying of hair, Helps in digestion. Benefits the skin. Good for the Kidney due to Low in Sodium and Potassium.*

Ivy Gourd



Principle	Nutrient Value	Percent of RDA
Energy	21 Kcal	1%
Carbohydrates	3.4 g	2.6%
Protein	0.2 g	1%
Total Fat	0.2 g	1%
Cholesterol	0 mg	0%
Dietary Fiber	2.9 g	7.6%
Minerals		
Calcium	24 mg	2.4%
Iron	0.9 mg	11%
Phyto-nutrients		
Carotene-β	2.24 mg	--
Lycopene	5.68 mg	--

Ivy gourd contains chemicals that may reduce blood sugar levels. Chemicals in ivy gourd might also help heal skin wounds by killing bacteria, reducing swelling (inflammation), and rebuilding skin tissue.

Ridge Gourd



Principle	Nutrient Value	Percent of RDA
Energy	20 Kcal	<1%
Carbohydrates	4.35 g	3
Protein	1.20 g	2%
Total Fat	0.2 g	1%
Cholesterol	0 mg	0%
Dietary Fiber	0.5 g	1%
Vitamins		
Folates	7 µg	2%
Niacin	0.400 mg	2.5%
Pyridoxine	0.043 mg	3%
Riboflavin	0.060 mg	4.5%
Thiamin	0.050 mg	4%
Vitamin-A	410 IU	14%
Vitamin-C	12 mg	20%
Electrolytes		
Sodium	3 mg	<1%
Potassium	139 mg	3%
Minerals		
Calcium	20 mg	2%
Iron	0.36 mg	4.5%
Magnesium	14 mg	4.5%
Phosphorus	32 mg	4.5%
Zinc	0.07 mg	%lt;%

Benefits Of Ridge Gourd

Enhances Vision, Remedies Anemia, Promotes Weight Loss, Relieves Constipation, Protects Liver Function, Manages Diabetes Symptoms, Revitalizes Skin Texture, Lowers Body Heat.

CUCUMBER



- Calories: 30
- Total fat: 0 grams
- Carbs: 6 grams
- Protein: 3 grams
- Fiber: 2 grams
- Vitamin C: 10% of the recommended daily value (DV)
- Vitamin K: 57% of the DV
- Magnesium: 9% of the DV
- Potassium: 12% of the DV
- Manganese: 9% of the DV



CKN INNOVATIONS

Antioxidants such as beta carotene in cucumbers can help fight free radicals in your body, unpaired electrons that damage cells and can lead to disease.

The nutritious value of the above mentioned veg-kingdom is extracted using water without chemicals and solvents. A specific proportion of the extraction from each vegetable is added to water to produce Liver Pro. Disadvantage of cooking these five vegetables with heat and adding cooking salt destroy most of the vital components needed to the human physical wellbeing.

Liver Pro Shelf life - One Year from the date of manufacturing.

Liver Pro storage specification – Store in room temperature below 40 C.

Usage:

Liver Pro should be taken only once a day. Quantity 50 ml – Empty stomach in the morning as you wakes up. After taking 50ml of Liver Pro, One should provide 30 minutes gap for the intake of any beverage or food.

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