

# NINA'S PDX ADVENTURE

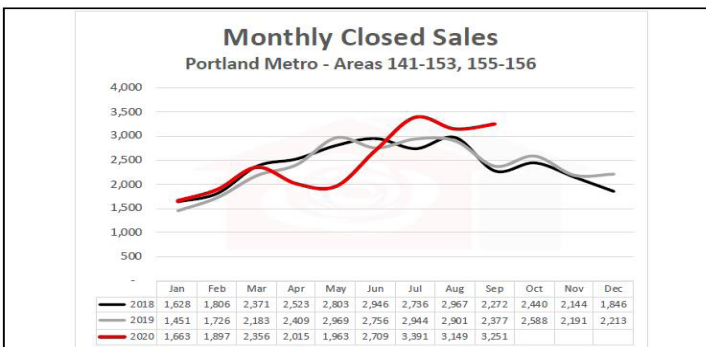
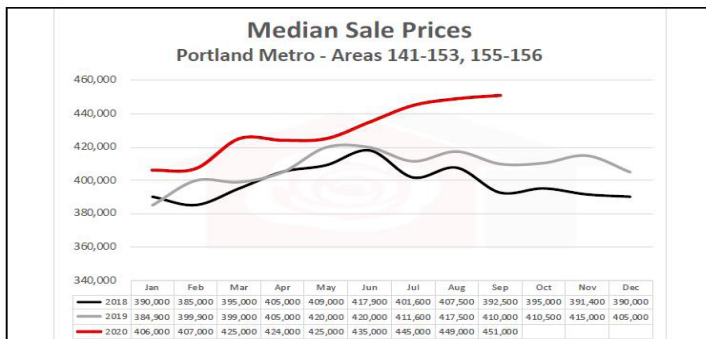
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## What's Happening In The Market?

This has been an interesting year to say the least. The real estate market has thrived while many have struggled. There was a drop in all real estate activities in March and April and then it started taking off in May and it has soared ever since. Interest rates are low and buyers are taking advantage of the buying power. The demand has driven prices well over asking prices making this a great time for sellers. Win Win.

Below are graphs that show the median price of homes and the number of sales in the in the Portland metro area.



## What I've Been Thinking About

My children are adults so I haven't had the added challenge of being the school teacher and juggling work. THE QUESTION: How do I as a person who has adult children serve and help other people's children succeed and thrive in their education?

## Recipe Corner



### NAVY BEAN SOUP

#### Ingredients

- 1 Package dried Navy Beans
- 4 Cups water
- 4 Cups chicken broth
- ½ Medium size onion chopped
- 1 Cup chopped carrots
- Smoked pork neck bones, ham hock, or turkey leg
- 2 Teaspoons salt
- 1 Tablespoon black pepper
- 2 Teaspoons poultry seasoning
- 1 Teaspoon chopped fresh rosemary

Soak beans overnight. Drain and put in crock pot or large pot. Add liquid and seasoning. Cook on low for approximately 3 hours (until half done) add smoked meat.

Cook another 90 minutes sweat (lightly sauté) vegetables, add to beans. Cook another hour to 90 minutes or until done. Adjust seasoning to taste.

Enjoy !

One of the solutions that some parents have engaged in is "School Pods" or "Micro Schools," a small group of kids who meet and are taught by parents or hired teachers. I love this idea!

I'm not sure how to get involved, but I am doing some research to find out. If Pod or Co-op learning is something you are doing or would like to be a part of as a parent or as a teacher, I would like to talk to you. Let's work together to help children get their education and make it an enjoyable and positive experience for them.



Photo By: Aaron Burden