



Jr. Cougar Cheerleading Emergency Medical and Release from Liability Form

In case of emergency, this form will serve as permission to have the child treated by an adult in charge.

Complete Release from Liability:

Cheerleading involves a variety of movements, motions, rotations, leaps, tumbling, jumps, partner stunts, and pyramids, therefore, participation in these athletic activities may result in personal injury.

Parent/legal guardian totally assumes the risks involved with the participating cheerleader in participating in these activities.

Our child has our full permission to engage in tumbling activities during football games and/or other events engaged in by the Jr. Cougar Cheerleading squads. I understand that no tumbling mats or other floor or ground coverings may be present during these events, and that such tumbling activities can result in serious injuries. I will not hold liable in any way or seek any damages from any sports team, cheerleading coaches, or any team parents associated with such events for injuries sustained by our child as a result of engaging in tumbling/cheering/stunting activities during such events. This is a complete release from all liability.

I certify that my child has had a recent physical from her physician and is physically able to participate in the Jr. Cougar Cheer Program.

Statement: I have carefully read this document and I understand and accept the information and requirements therein.