

#### Increase your chances of success

## By GIVING before ASKING



## In the 1970s, there was a Hare Krishna group in San Francisco. They used an interesting technique to :-



## increase donations on the street.



# First... they would give someone a flower



# And only then they would ask for a donation in return.

#### The result?



#### A much higher donation rate.

#### Why does this work?



# Because of reciprocity



# Reciprocity is the principle of influence that describes:

#### The human tendency to want to repay what another person has provided for us.



#### In other words: People tend to return a favor



#### **Reciprocity is rooted in the** social norms of giving and receiving, which are deeply ingrained in many cultures around the world.



When someone gives us something, we feel obligated to reciprocate in some way.

**Even if the thing we received was small or inconsequential.** 



# Reciprocity can be used as a tool for persuasion, because:

## Reciprocity will increase the likelihood that someone will comply with your request.



# How to apply this yourself?



#### **1. Provide value first**

Before asking for something in return, give something of value like free content, advice, or a small gift.



## 2. Personalize your acts of reciprocity. **People are more likely to feel a** sense of obligation when they receive a gift or favor that feels tailored to their interests or needs.



#### **3. Be authentic in your giving.**

Reciprocity works best when the other person feels that you genuinely care about their well-being.



## I hope this was useful for you.

#### A like or comment is greatly appreciated